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**Department of Education**  
National Capital Region  
Schools Division Office – Muntinlupa City

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**SPECIAL PROGRAM FOR TECHNICAL VOCATIONAL EDUCATION (SPTVE)  
COSMETOLOGY (HAIRDRESSING) 10 Quarter 3 Week 6**

**I. Topic:** Perform Finishing Touches

**II. Objectives:**

1. Use appropriate finishing tools;
2. Recommend proper hair care techniques and maintenance products; and
3. Follow safety precautions when blow styling.

**III. Brief Introduction of the Lesson**

The lesson deals with the appropriate finishing cutting tool, hair finishing touches, proper hair care and maintenance are also emphasized in this lesson.

**STYLING AIDS FOR FINISHING TOUCHES**

- Gels are best used at the roots for lifts.
- Mousse foams into the hair and provide ample hold.
- Pomades keep curly hair from looking frizzy. ☐
- Hair spray holds hairstyles longer.

**TIPS ON HAIR CARE**

- Keep your hair clean. Use a shampoo formulated for your hair type.
- Use crème rinse if necessary.
- Give your hair a deep conditioning or hot oil treatment once a month
- Brush your hair often. This distributes the oil evenly through the hair and adds shine.
- Never brush your hair when it is wet.
- Don't over use the blow dryer.
- Have your hair trimmed one half inch every month. Regular trimming keeps split ends to a minimum length.

**PRECAUTIONS WHEN BLOW STYLING**

- Use only professional tools.
- Never use electrical equipment with wet hands.
- Direct hair away from the scalp. ☐
- Do not keep dryer in one place too long.
- Do not attempt to shape hair when it is too wet.

**IV. Activities:**

**Activity 1:**

**Direction:** Draw your daily hair care routine in order based on the following:

- Combing
- Styling
- Cleansing
- Conditioning

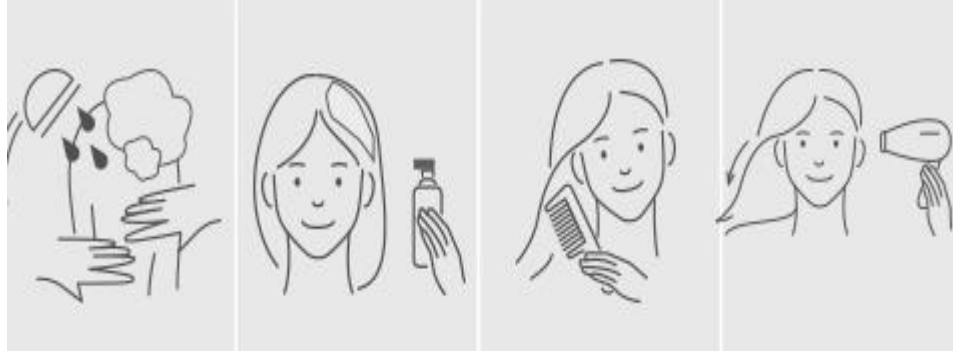




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Example:



1.	2.
3.	4.





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**Activity 2**

**Direction:** Form a word on the given jumbled letters, related to the topic.

1. NHIRES \_\_\_\_\_
2. ILOC \_\_\_\_\_
3. RISFSY \_\_\_\_\_
4. SEOMU \_\_\_\_\_
5. AVEW \_\_\_\_\_

**V. Assessment:**

**Direction:** Answer the questions that follow. Write the letter of your choice in capital letters before the number.

- \_\_\_\_\_ 1) What styling product is used for controlling super curly hair?  
A) hair spray                      B). gels                      C) mousse                      D) shiner
- \_\_\_\_\_ 2) How often should our hair receive hot oil treatment?  
A) everyday                      B) once a month                      C) once a week                      D) once a year
- \_\_\_\_\_ 3) What finishing tool is used to create variety of curly styles?  
A) blow dryer                      B) curling iron                      C) pick                      D) round brush
- \_\_\_\_\_ 4) What do you call the hair that has been formed into a circle?  
A) coil                      B) curl                      C) frizzy                      D) wave
- \_\_\_\_\_ 5) What do you call the step done after shampooing and other hair treatments?  
A) cleansing                      B) conditioning                      C) massaging                      D) rinsing

**VI. Reflection:**

What benefit does hair brushing have with your hair?

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**References:**

- Competency - Based Learning Material in Hairdressing (Fourth Year) May 2010 pages 19-21

Department of Education Public Technical Vocational High School  
Images in the lesson and activity 1 is taken from the same reference

- [https://www.google.com/search?q=hair+care+routine&tbm=isch&rlz=1C1CHBD\\_enPH866PH866&hl=en&sa=X&ved=2ahUKEwjKzNKJ88PuAhVPA14KHb5SRB-oQrNwCKAJ6BAgBEGQ&biw=1](https://www.google.com/search?q=hair+care+routine&tbm=isch&rlz=1C1CHBD_enPH866PH866&hl=en&sa=X&ved=2ahUKEwjKzNKJ88PuAhVPA14KHb5SRB-oQrNwCKAJ6BAgBEGQ&biw=1)

**Key to Corrections**

Assessment	Activity
1. C	1. SHINER
2. A	2. COIL
3. D	3. FRIZZY
4. B	4. MOUSE
5. A	5. WAVE

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