



Republic of the Philippines

National Capital Region
Schools Division Office – Muntinlupa City

SPECIAL PROGRAM FOR TECHNICAL VOCATIONAL EDUCATION (SPTVE) BEAUTY CARE 9 Quarter 3 Week 3

I. **Topic:** Things to do prior to Facial Treatment.

II. **Objectives:** At the end of this module, the Learners should be able to:

1. find out the things to do prior to give facial treatment;
2. distinguish the do's and don'ts for facial treatment; and
3. follow the proper steps on how to prepare the client for facial treatment services.

III. Brief Introduction of the Lesson

By the time the patron is shown through to the treatment cubicle, the record card would already have been partly in at the reception. The card should be collected by the beautician, who will add to it during and after the treatment.

How to Prepare the Client

1. Greet clients by name, with a warm hello and smile at them before asking anything.
2. Once your client is seated, offer hospitality such as refreshments and magazines.
3. See to it that the personal belongings are attended to.
4. Take time for an appropriate consultation. It enables the Beautician to;
 - assess whether the patron is suited or whether treatment is contra-indicated;
 - ask the patron specific questions about the present skin-care condition and her general health;
 - treating patron who wear waterproof mascara; and removing wax or oil-based eye shadow.
5. Ask the patron to take off all jewelry and contact lenses for comfort and safety.
6. Always see to it that the comfort of the patron is provided.

Why is Draping important for facial treatment services? In your work as a Beautician, it is necessary for you to have knowledge and skills in Draping. This is both an art and skills that requires practice. **Draping** is serves to protect the client's clothing during the entire process. Comfort and protection of the client must always be considered. This is also a key to make your Client feel comfortable and relaxed during the Facial treatment.

- ❖ Place a towel over a pillow where you plan to do the facial Treatment.
- ❖ Let you Client wear a gown and help them to lie down in the position you need them in.
- ❖ Cover the client with a large bath towel. If necessary, drape a small hand towel across her shoulders.
- ❖ Remove the Client's shoes/sandals and place a sheet over their feet and tuck in the edges.
- ❖ Fasten a Clean Facial headband lined with tissue, another head covering to protect the client's hair.
- ❖ If facial, neck and shoulder massage is to be given, for female patron, ask her politely to remove bra straps from her arms in preparation, this avoids disturbance later.

What are the Do's and Don'ts of Facial Treatment?

✚ Do's in Facial Treatment;

- ✓ Always ask your Client about his/her medication history to avoid skin extra- sensitive to the treatment.
- ✓ Client is consulted to confirm health condition per instruction if any.
- ✓ The Client should seek expert advice, if he/she is allergic to anything.
- ✓ Prepare the treatment area that have excellent lighting to avoid client's skin a disservice.
- ✓ Wear proper PPEs when you perform the service.
- ✓ Wash hands using antibacterial soap and sanitized hands using 70% alcohol before the service.
- ✓ A female clients should take off her entire make-up and jewelries prior to the treatment.
- ✓ If you have any cuts or scrapes or scratches on your hands, it is good idea to wear thin surgical gloves while giving the treatment.
- ✓ Use clean and fresh towels (1 per client). Client is advised on post treatment pre-cautions and appropriate maintenance product procedure.



Republic of the Philippines

National Capital Region Schools Division Office – Muntinlupa City

✓ Use gently cleanser to allow your skin barrier to stay intact after the treatment.

✓ Stay away from the sun and stay hydrated after the treatment.

Don'ts in Facial Treatment;

✓ Do not give facial treatment without analyzing the client's skin condition.

✓ Anyone who has recent neck and head injury.

✓ When Client has recent sunburn, broken skin, Bruises or swelling, and recent scar tissue (less than 6 months old).

✓ Do not apply make-up for at least 8 hours after facial, if possible.

✓ Avoid any further overstimulation and heat treatments for at least 12 hours after the treatment.

✓ Avoid highly perfumed products, No depilation (hair removal) should take place after a facial treatment.



Preparation of tools, Supplies/Materials and Equipment for Facial Treatment;

- There should be a large towel to cover the client's body and a small hand towel to drape across the client's chest and shoulders.
- A clean Facial headband should be provided for each client. The trolley should carry a display of facial skin cleansing preparations to suit all skin types. A clean gown should be provided for each client as necessary.
- The surface of each shell can be protected with a sheet of 500 mm disposable bedroll.
- There should be a plentiful supply of both damp and dry cotton wool, sufficient for the treatment to be carried out. A dry cotton wool should be stored in a covered container, damp cotton wool is usually placed in a clean bowl.
- A Facial Tissues should be large and of a high quality. They should be stored in a covered container.
- A clean hand mirror should be available, for use in consulting with the client before, during and after her treatment.
- A covered container for waste may be placed on the bottom shelf of the trolley.
- A container for jewelry maybe provided in which the client can place her jewelry if she needs to remove it prior to treatment.
- Several clean spatulas (preferably disposable) should be provided for each client.

Preparing the Cubicle (Facial Room)-The correct set up of a treatment room is an indication of your professionalism and dedication to your client's comfort.

- ❖ Change the linens on the bed or treatment chair.
- ❖ Throw away any disposables used during the previous service.
- ❖ Clean and disinfect any used brushes or implements, such as mask brushes, comedone extractors, tweezers, etc.
- ❖ Clean and disinfect the counters and the magnifying lamp or lens.
- ❖ Replace the disposable implements you will need during the service, such as gloves, sheet cotton, gauze squares, sponges for cleansing and make up removal, disposable makeup applicators (mascara wands, lip brushes, other brushes), spatulas and tongue-depressor wax applicators, cotton swabs, facial tissue, and wax strips.
- ❖ Prepare to greet your next client. Review your client schedule for the day and decide which products you are likely to need for each service. Make sure you have enough of all the products you will be using that day. Check, clean and disinfect workstation and prepare for succeeding treatment. Keep the cubicle area tidy and organized.

IV. Activities.

Activity I. Directions: Draw  if the statement is "Do's" in facial treatment,  if "Don'ts" in facial treatment. Draw your answer on the blank before the number.

_____ 1. Anyone who has recent neck and head injury.



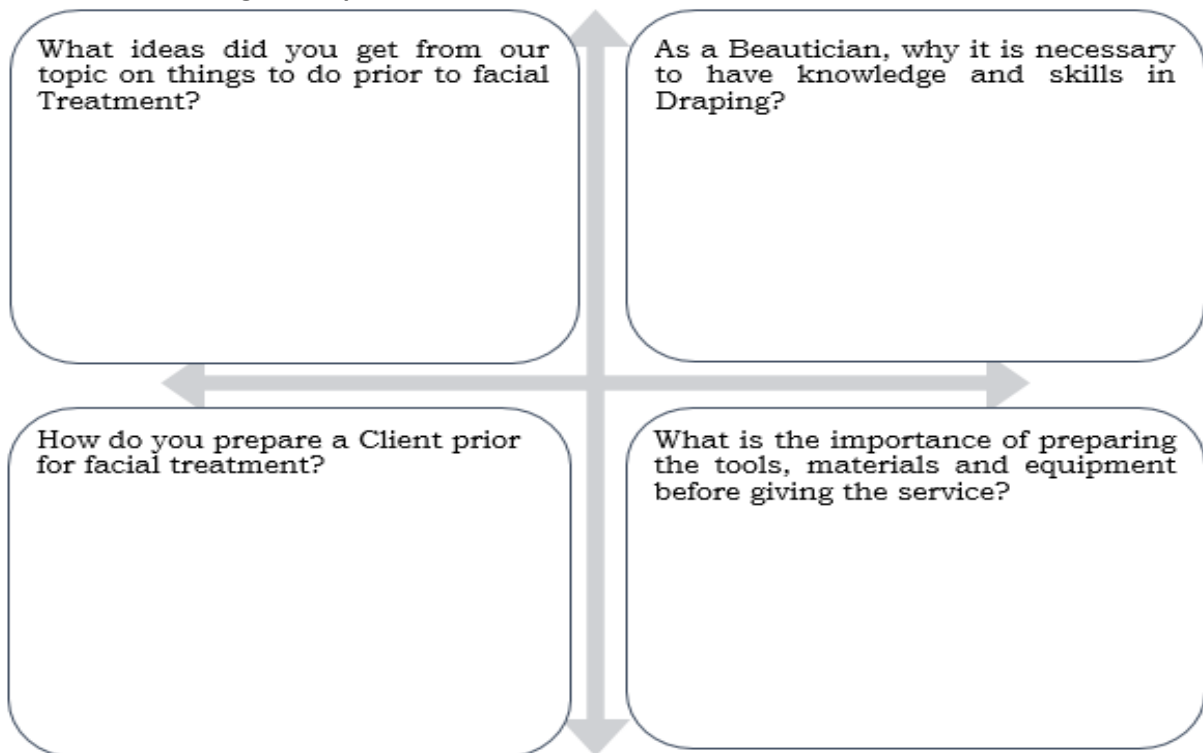
Republic of the Philippines

National Capital Region
Schools Division Office – Muntinlupa City

- _____ 2. Prepare the treatment area that have excellent lighting to avoid clients' skin a disservice.
- _____ 3. If you have any cuts or scrapes or scratches on your hands, it is good idea to wear thin surgical gloves while giving the treatment.
- _____ 4. Avoid any further overstimulation and heat treatments for at least 12 hours after the treatment.
- _____ 5. When Client has recent sunburn, broken skin, Bruises or swelling, and recent scar tissue (less than 6 months old).

Activity II.

Directions: Answer the given questions on graphic organizer below, relate your answer from our lesson in Things to do prior to Facial Treatment.



V. Assessment: Multiple choice. Directions: Read the question carefully. Encircle the letter of the best answer.

1. Which one is needed in preparing the client for facial treatment?
 - A. Cold compress is applied on treated area following salon policies and procedures.
 - B. Fasten a Clean Facial headband lined with tissue, another head covering to protect the client's hair.
 - C. Take time for an appropriate consultation.
 - D. To avoid any further overstimulation and heat treatments for at least 12 hours after the treatment.
2. Which of the following known as an art and skills that requires practice in applying facial treatment?
 - A. Draping
 - B. Skills
 - C. Technique
 - D. Talent
3. This is serves to protect the client's clothing during the entire process. Comfort and protection of the client must always be considered.
 - A. Bed linen
 - B. Bed sheets
 - C. Clothing
 - D. Draping
4. Why do you need to ask your client about his/her medication history prior to give facial treatment?
 - A. In order for the skin be glowing and youthful.
 - B. To avoid skin extra to the treatment.
 - C. To avoid client's skin a disservice.
 - D. To make the clients' skin in good condition.



Republic of the Philippines

National Capital Region
Schools Division Office – Muntinlupa City

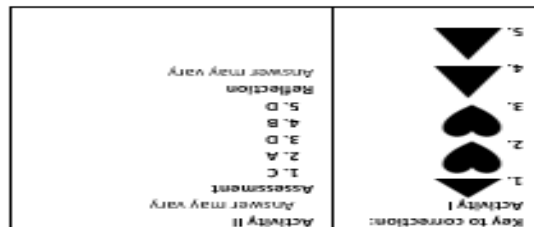
5. The following are the preparation in Cubicle or facial room, EXCEPT ONE;
- A. Change the linens on the bed or treatment chair.
 - B. Clean and disinfect the counters and the magnifying lamp or lens.
 - C. Do not give facial treatment without analyzing the client’s skin condition.
 - D. Review your client schedule for the day and decide which products you are likely to need for each service.

VI. Reflection

Directions: Read the questions carefully. Write your answers on the space provided. (5 points each)

1. What are the important things that you should bear in mind as Beautician in preparing the Client for Facial treatment services?

2. Why it is necessary to prepare the cubicle or Facial Treatment room before the treatment?



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Writer: **Mrs. Juleit A. Ponteres**

Validator/s: **Ms. Maria Teresa C. Resos**