



Republic of the Philippines
Department of Education
National Capital Region
Schools Division Office – Muntinlupa City

SPECIAL PROGRAM IN TECHNICAL VOCATIONAL EDUCATION (SPTVE)
DRESSMAKING 10
Q-3-Week-3

- I. Topic: **Assembling Polo Shirt**
- II. Objectives:
 1. identify the parts of a polo shirt.
 2. determine the steps in assembling the polo shirt.
 3. value the importance of determining techniques in assembling polo shirts.
- III. Brief Introduction of the Lesson

When the garment is cut, each piece is a unit. As work progresses, two or more pieces are combined to form a new unit.

This is called **the unit method of construction**. It is an organized way of assembling a garment. There are four units in bodice pattern: **front, back, sleeves, and collar**.

STEPS IN SEWING A POLO SHIRT

1. Zigzag all the raw edges.
2. Attach the finished pocket (left side only).
3. Insert and sew the interfacing (8') on the extended facing of the front polo shirt near the neckline downward.
4. Place the back bodice in between the yokes and sew at least $\frac{1}{4}$ inch on the wrong side.
5. Right side together place front bodice between the yokes and stitch on the wrong side.
6. Pull out the front bodice and check if it is neatly done.
7. Do the same on the other side.
8. Attach the finished sleeves. Be sure that the re-cut portion is attached to the front armhole starting from the notch of the yoke to the sleeve cap down the armpit.
9. Continue stitching the back portion of the sleeve starting from the notches going down to the armpit.
10. Check the sleeve. If smoothly done, sew the other sleeve.
11. Re-cut the neckline to fit the size of the collar.
12. Prepare and attach the finished collar.
13. Sew the side bodice with the plain seam up to the hem of the sleeve.
14. Fold the hem of the polo shirt.
15. Mark the buttonholes starting from the stand collar $3 \frac{1}{2}$ inches down and 3 inches thereafter with approximately five (5) buttons down.
16. Stitch the buttonholes and attach the buttons.





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IV. Activities:

Activity 1
Assembling Polo Shirt

Directions. Fill in the blanks. Choose your answer from the list below. Write your answer on the separate sheet of paper.

¼ inch raw edges	Unit Method of construction re-cut	3 ½ inches
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1. _____ is an organized way of assembling a garment.
2. Place the back bodice in between the yokes and sew at least _____ on the wrong side.
3. _____ the neckline to fit the size of collar.
4. Zigzag all the _____.
5. Mark the buttonholes starting from the stand collar _____ down.

Activity 2
Parts of Polo Shirt

Directions: Identify the parts of the polo shirt base on the picture below. Write your answer on the separate sheet of paper.

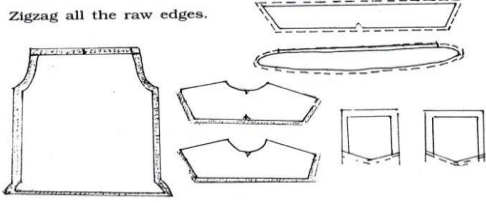
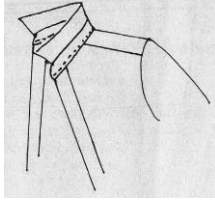
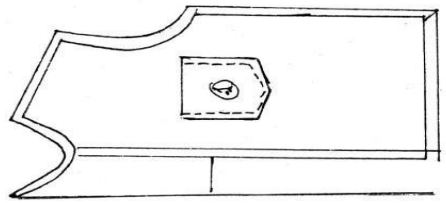
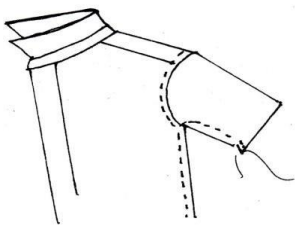
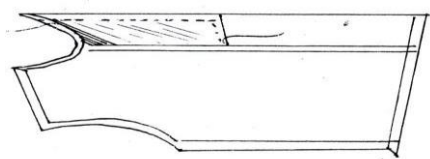
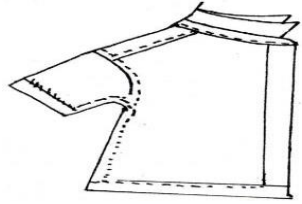
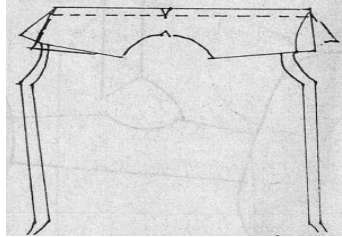
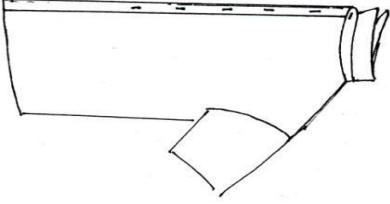
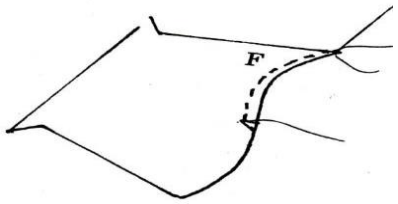
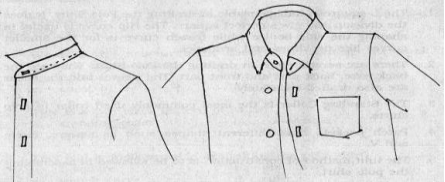




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Activity 3
Assembling Polo Shirt

Directions: Give the steps on assembling a polo shirt base on the illustration below. Write your answer on a separate sheet.

1. Zigzag all the raw edges. 	6. 
2. 	7. 
3. 	8. 
4. 	9. 
5. 	10. 



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V. Assessment:

Directions: Write the letter of the correct answer on a separate sheet of paper.

1. What kind of seam is the best applied for the shoulder seam of the polo shirt?
A. plain seam
B. edged turned seam
C. flat- felled seam
D. over-edge seam
2. It is an organized way of assembling a garment.
A. lay-outing
B. pattern drafting
C. pressing
D. unit method of construction
3. When constructing a polo shirt the first step to do before assembling is?
A. zigzag all the raw edges
B. press
C. sew
D. crease
4. Why we need to hem the bottom part and sleeve of the garment?
A. to cancel the raw edges
B. to prevent from revelling
C. to finish the garment
D. all the above
5. Special fabrics are used to stiffen or strengthen parts of the garment, such as collars, cuffs, facing, and pocket tops.
A. Facing B. Interfacings C. Bias facing D. Shape facing

VI. Reflection:

Directions: Answer the following questions briefly on a separate sheet of paper.

1. Why is there a need to put pelon inside the standing collar?
2. Why we to re-cut the neck cline when we attach the collar?
3. What is the importance of over edging?

References:

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Competency-Based Learning Material in Fourth Year Garments NC II
Department of Education

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