

Department of Education

National Capital Region Schools Division Office – Muntinlupa City

SPECIAL PROGRAM IN TECHNICAL VOCATIONAL EDUCATION (SPTVE) DRESSMAKING 8 O3-Week 8

- I. Topic: Sewing Simple Apron
- II. Objectives:
 - 1. identify the steps on how to make a simple apron.
 - 2. make a simple apron.
 - 3. value the importance of following the steps in making simple apron.

Brief Introduction of the Lesson

PROCEDURE IN MAKING APRON

- 1. Place the apron pattern on the folded fabric and cut it out.
- 2. Fold the rectangle of coordinating fabric in half with right sides together. Stitch around three sides of the pocket using a 1/2" seam allowance, leaving a 3" opening at the bottom. Clip the corners. (Pattern for patch pocket may vary depending on the design).
- 3. Turn the pocket right side out and push out the corners of the pocket with an item like a chopstick. (Don't use something too sharp or you will poke a hole through the fabric.) Press the pocket flat, folding in the raw edges of the opening. Topstitch along the fold, which will be the top of your pocket.
- 4. Place the pocket on the center of the apron approximately 12" from the top. Stitch the sides and bottom of the pocket to the apron. (Placement of the pocket may vary).
- 5. Using a double fold hem (folding fabric in 1/2", pressing, then folding 1/2" again and pressing for a 1" hem), pin and stitch the sides and bottom of the apron.
- 6. Fold down 1/4" along top and press. Fold 1" again and press. Stitch facing down.
- 7. Stitch 28" piece of ribbon to the top left of the apron. Finish the raw ethe edge of the ribbon by folding it over twice and stitching.
- 8. a Stitch 24" long piece of ribbon at the top of the straight side. Repeat for the other side. Finish the raw edge of the ribbon by folding it over twice and stitching.

III. Activities:

Activity 1

SEQUENCING

Directions: Arrange the following procedures chronologically by writing the right number based on their proper order.

Steps on how to make apron

on now to	make apron,
	Place the apron pattern on the folded fabric and cut out.
	Fold down 1/4" along top and press. Fold 1" again and press.
	Place the pocket on the center of the apron approximately 12" from the top.
	Stitch 24" long piece of ribbon at the top of the straight side. Repeat for the
other side	. Finish the raw edge of the ribbon by folding it over twice and stitching.
	Fold the rectangle of coordinating fabric in half with right sides together.







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Using a double fold hem (folding fabric in $1/2$ ", pressing, then folding $1/2$ "
again and pressing for a 1" hem), pin and stitch the sides and bottom of the apron.
Turn the pocket right side out and push out the corners of the pocket with an
item like a chopstick.
Stitch 28" piece of ribbon to top left of apron. Finish the raw edge of the
ribbon by folding it over twice and stitching.

Activity 2

Directions: Sew the apron following the procedure below. If there is no available sewing machine, you can do it using hand sewing.

Equipment	Tools	Supplies	
Sewing Machine	Scissors	1 yard of fabric	
Ironing Board	Seam ripper	Piece of coordinating fabric	
Flat Iron	Hand needle	for the pocket	
	Thimble	7/8" ribbon	
	Tape Measure	Apron Pattern	
PROCEDURE	Tape measure	Apron rattern	
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1. pgg_ggg_gggggggggggggggggggggggggggggg	Place pocket on apron and stitch.	7. Fold and stitch top facing	
2. stitch around pocket leaving opening	5. Hem sides and bottom	8. Attach neck straps	
Turn pocket, press and topstitch 3.	Hem arm holes	9. Attach ties to sides	





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RUBRICS

Name:		Section:	Date:	
ITEMS	20	15	10	SCORE
TOOLS	Tools were complete, appropriate, and correctly used.	Lack of one tool, some are appropriate and correctly used.	Lack of two tools, some are appropriate and correctly used.	
PROCEDURE	Correct methods and procedures correctly followed	Correct methods and procedures incorrectly followed	Failed to follow the correct method and procedures	
SPEED	Finished ahead of time.	Finished on time	Finished beyond the allotted time	

SCORE:

Activity 3

Directions: If you are task to make the following projects, what other materials would you need in addition to the fabric? Fill-in the needed materials for the projects indicated below.

Organizer	Short Pants





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	Directions: Write the let	ter of the correct an	swer on a separate	e sheet of paper.
1.	The line that indicates w	here the hem will b	e turned is the	
	A. hemline	B. layout Layer	C. layer	D. hem
2.	V-Shaped cut in a fabric	used to mark cente	er lines and end of	seam lines
	A. notch	B. clip	C. trim	D. blunt
3.	Forming a right angle wi	ith each other or wit	h a given line	
	A. diagonal	B. horizontal	C. vertical	D. perpendicular
4.	Which tool is best in sha	aping slight curves o	f pattern such as	hipline and hemline?
	A. french curve	B. hip curve	C. L- square	D. triangle

cuffs, facing, and pocket tops.

A. facing
C. interfacings
B. bias facing
D. shape facing

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V. Assessment:

1. What significant learning did I gain from the lesson?

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5. Special fabrics are used to stiffen or strengthen parts of the garment, such as collars,

References:

Hilario. Carmelita B. (2008). <u>Clothing and Technology Made Easy</u>. Revised Edition. Quad Alpha Centrum Bldg. Mandaluyong City: National Book Store. <u>Competency-Based Learning Material in Second Year Garments NC II</u>
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