



Republic of the Philippines
Department of Education
National Capital Region
Schools Division Office – Muntinlupa City

SPECIAL PROGRAM IN TECHNICAL VOCATIONAL EDUCATION (SPTVE)
DRESSMAKING 8
Q3-Week 8

- I. Topic: **Sewing Simple Apron**
- II. Objectives:
1. identify the steps on how to make a simple apron.
 2. make a simple apron.
 3. value the importance of following the steps in making simple apron.

Brief Introduction of the Lesson

PROCEDURE IN MAKING APRON

1. Place the apron pattern on the folded fabric and cut it out.
2. Fold the rectangle of coordinating fabric in half with right sides together. Stitch around three sides of the pocket using a 1/2" seam allowance, leaving a 3" opening at the bottom. Clip the corners. (Pattern for patch pocket may vary depending on the design).
3. Turn the pocket right side out and push out the corners of the pocket with an item like a chopstick. (Don't use something too sharp or you will poke a hole through the fabric.) Press the pocket flat, folding in the raw edges of the opening. Topstitch along the fold, which will be the top of your pocket.
4. Place the pocket on the center of the apron approximately 12" from the top. Stitch the sides and bottom of the pocket to the apron. (Placement of the pocket may vary).
5. Using a double fold hem (folding fabric in 1/2", pressing, then folding 1/2" again and pressing for a 1" hem), pin and stitch the sides and bottom of the apron.
6. Fold down 1/4" along top and press. Fold 1" again and press. Stitch facing down.
7. Stitch 28" piece of ribbon to the top left of the apron. Finish the raw edge of the ribbon by folding it over twice and stitching.
8. a Stitch 24" long piece of ribbon at the top of the straight side. Repeat for the other side. Finish the raw edge of the ribbon by folding it over twice and stitching.

III. Activities:

Activity 1

SEQUENCING

Directions: Arrange the following procedures chronologically by writing the right number based on their proper order.

Steps on how to make apron;

- _____ Place the apron pattern on the folded fabric and cut out.
- _____ Fold down 1/4" along top and press. Fold 1" again and press.
- _____ Place the pocket on the center of the apron approximately 12" from the top.
- _____ Stitch 24" long piece of ribbon at the top of the straight side. Repeat for the other side. Finish the raw edge of the ribbon by folding it over twice and stitching.
- _____ Fold the rectangle of coordinating fabric in half with right sides together.



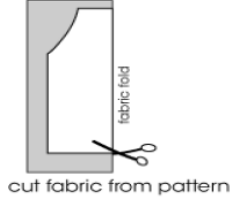

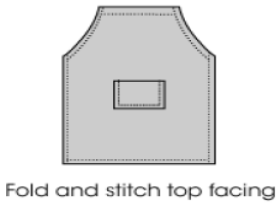
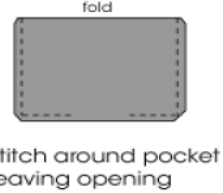
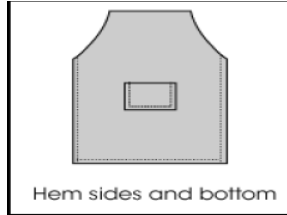
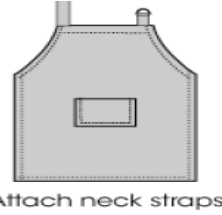

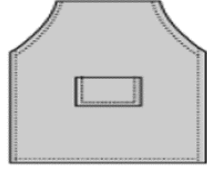
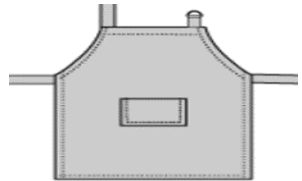


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- _____ Using a double fold hem (folding fabric in 1/2", pressing, then folding 1/2" again and pressing for a 1" hem), pin and stitch the sides and bottom of the apron.
- _____ Turn the pocket right side out and push out the corners of the pocket with an item like a chopstick.
- _____ Stitch 28" piece of ribbon to top left of apron. Finish the raw edge of the ribbon by folding it over twice and stitching.

Activity 2

Directions: Sew the apron following the procedure below. If there is no available sewing machine, you can do it using hand sewing.

Equipment	Tools	Supplies
Sewing Machine Ironing Board Flat Iron	Scissors Seam ripper Hand needle Thimble Tape Measure	1 yard of fabric Piece of coordinating fabric for the pocket 7/8" ribbon Apron Pattern
PROCEDURE		
1. 	4. 	7. 
2. 	5. 	8. 
3. 	6. 	9. 



Name:		Section:		Date:
ITEMS	20	15	10	SCORE
TOOLS	Tools were complete, appropriate, and correctly used.	Lack of one tool, some are appropriate and correctly used.	Lack of two tools, some are appropriate and correctly used.	
PROCEDURE	Correct methods and procedures correctly followed	Correct methods and procedures incorrectly followed	Failed to follow the correct method and procedures	
SPEED	Finished ahead of time.	Finished on time	Finished beyond the allotted time	

Activity 3

Organizer	Short Pants



