



Republic of the Philippines
Department of Education
National Capital Region
Schools Division Office – Muntinlupa City

SPECIAL PROGRAM IN TECHNICAL VOCATIONAL EDUCATION (SPTVE)
DRESSMAKING 9
Q3-Week-6

I. Topic: **How to Attach Set-in Sleeve**

II. Objectives:

1. identify the steps on how to attach the set-in sleeve.
2. follow the steps in attaching a set-in sleeve.
3. value the importance of applying the technique in attaching the set-in sleeve.

III. Brief Introduction of the Lesson

Set-in Sleeves are done the tailor's way and are based on your sleeve foundation pattern. A set-in sleeve should feature a smooth sleeve head that fits at the end of your shoulder accurately. This is achieved by the use of easy stitches, which are long used to tighten the fabric but not to gather it.

Steps on how to Attach Set –in Sleeves

1. Sew the side seams and the shoulder seams on the garment and press them open.
2. Sew the seam of the sleeve and press open. Neaten seams. Turn the sleeve to the right side.
3. Around the sleeve head, work two rows of long stitches between the notches – one row at $3/8$ in (1cm) from the edge and the second row at $1/2$ in (1.3 cm). These are the ease stitches.
4. Place the sleeve into the armhole, right side to right side. Match the underarm seams and the notches.
5. Match the highest point of the sleeve to the shoulder.
6. Pull up the stitches until the sleeve fits neatly in the armhole.
7. Pin from the sleeve side.
8. sew the sleeve in, starting at the underarm seam, using a $5/8$ in (1.5cm) seam allowance.
9. Sew so that the sleeve is uppermost and sew straight over the shoulder.
10. Overlap the seam at the underarm to reinforce the seam.
11. Sew around the sleeve again $3/8$ in (1cm) inside the seam allowance.
12. Trim the raw edges of the sleeve.
13. Neaten the seam with a zigzag then turn the sleeve through the armhole.

IV. Activities:

Activity 1

SEQUENCING

Directions: Arrange the following procedures chronologically by writing the right number based on their proper order.





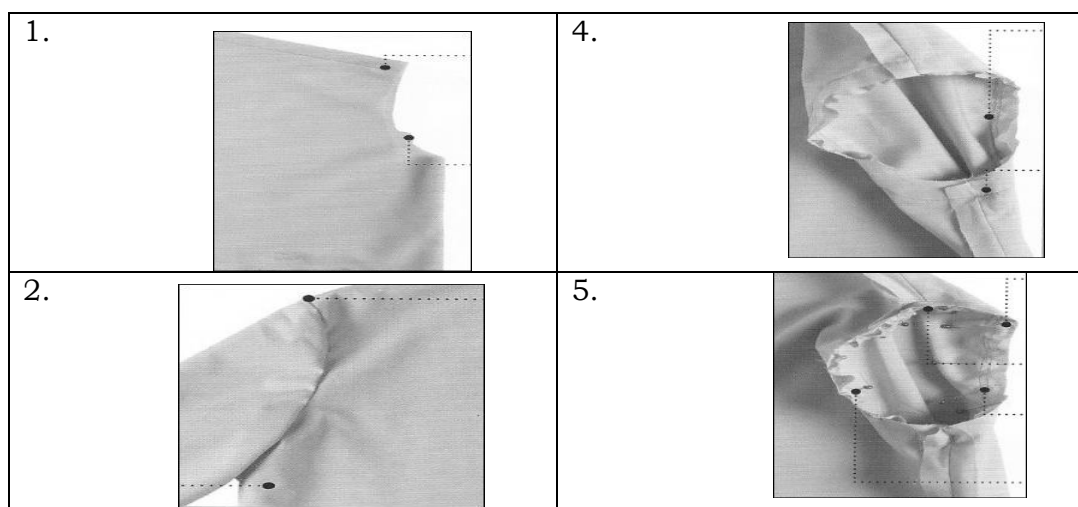
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Steps on how to attach Set-in Sleeves.

- _____ Sew the seam of the sleeve and press open. Neaten seams. Turn the sleeve to the right side.
- _____ Sew the side seams and the shoulder seams on the garment and press them open.
- _____ Sew around the sleeve again $\frac{3}{8}$ in (1cm) inside the seam allowance.
- _____ Around the sleeve head, work two rows of long stitches between the notches one row at $\frac{3}{8}$ in (1cm) from the edge and the second row at $\frac{1}{2}$ in (1.3 cm).
- _____ Trim the raw edges of the sleeve.
- _____ Sew so that the sleeve is uppermost and sew straight over the shoulder.
- _____ Place the sleeve into the armhole, right side to right side. Match the underarm seams and the notches.
- _____ Neaten the seam with a zigzag or serge stitch, then turn the sleeve through the armhole.
- _____ Pin from the sleeve side.
- _____ Pull up the stitches until the sleeve fits neatly in the armhole.
- _____ Match the highest point of the sleeve to the shoulder.
- _____ Sew the sleeve in, starting at the underarm seam, using a $\frac{5}{8}$ in (1.5cm) seam allowance.
- _____ Overlap the seam at the underarm to reinforce the seam.

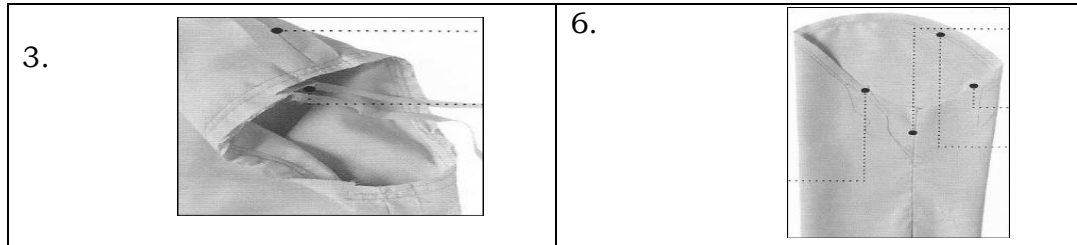
Activity 2

Directions: Give the steps on how to attach the set-in sleeve base on the illustration below.





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Activity 3

Directions: Prepare and attach the set-in sleeve following the steps. If there is no available sewing machine, you can use hand sewing.

Equipment	Tools	Supplies
Sewing Machine Ironing Board Flat Iron	Scissors Seam ripper Hand needle Thimble, Pins	Fabric Pins Thread

Scoring Rubrics for a Finished Sleeve

ITEMS	RATING SCALE			
	Outstanding 5 Neatly prepared/ done/correctly attached	Very Good 3 Neatly done but unbalanced	Good 1 Not nearly done and incorrectly attached	SCORE
A. Construction Processes (50%)				
<input type="checkbox"/> Seams				
<input type="checkbox"/> Hems				
B. Fitting (30%)	Well-fitted	Fitted but unbalanced	Not fitted at all	
<input type="checkbox"/> Armhole				
<input type="checkbox"/> Armgirth				
C. Work Habits (20%)	Most of the time	Sometimes	Not at all	
Organized, clean, and systematic				
Manipulated tools and equipment properly				





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Work within the time target	Finished 2 -5 days ahead of time	Finished just in time	Late by 2-5 days	
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TOTAL SCORE :

V. Assessment:

Directions: Write the letter of the correct answer on a separate sheet of paper.

1. An appropriate tool needed for the efficient cutting of the excess threads is _____.
A. bent- handed shears C. seam ripper
B. pinking scissor D. trimming scissor
2. Why we need to hem the bottom part and sleeve of the garment?
A. to cancel the raw edges C. to finish the garment
B. to prevent from ravelling D. all of the above
3. What is the purpose of staystitching?
A. To give reinforcement to the pocket mouths of pants.
B. To give support and body to the garment.
C. To give shape to the garment.
D. To prevent stretching of garment bias edges.
4. It is a part of the garment which covers the arm but shows no fullness.
A. collar B. placket C. plain sleeve D. pocket
5. The line that indicates where the hem will be turned is the
A. Hemline B. Layout Layer C. Layer D. Hem

VI. Reflection:

Directions: Answer the following questions briefly on a separate sheet of paper.

1. What significant learning did I gain from the lesson?

References:

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