

ST STEPHENS BELMONT

NEWSLETTER 7
WINTER



“COME TO ME ALL WHO ARE WEARY AND HEAVY
LADEN AND I WILL GIVE YOU REST” MT:11.28

I wonder if like me you are feeling like we have taken one step forward and two steps back, regarding the covid19. I guess a second wave was inevitable, though we were all looking forward to the restrictions easing and things getting back to normal. Although I am not to sure what normal will look like when ever we get back there!!

The gospel reading for this week is particularly helpful in this climate of uncertainty, when we are all feeling a little stir crazy (or is that just me)

ANYWAY AS SOMEONE ONCE SAID “JESUS IS THE ANSWER” I’M NOT SURE WHAT THE QUESTION IS BUT JESUS IS THE ANSWER”.

So may I encourage you to ponder on that sentence and more than that take time to sit in the quiet with Jesus, and let him take any burden from you. If you are feeling weary, anxious, not sure what is going to happen next, the one thing you can be sure of is the promises we find in Jesus.

If by chance you are struggling, please remember that you are loved and precious , that the wonderful people at St Stephens are family and there to support each other.

For prayer requests you can always contact either

Helen Mclean 0408 025204

or myself Revd Liz 0437 524865

In our prayer meeting at church last week, we felt the Lord saying “open your eyes and look around, see what the Lord is doing.” And so we promised this week to do so. To try and see with our “spiritual eyes” what the Lord is doing. We plan to share those things this week to encourage one another.

And to remind ourselves to give thanks in all things..

My prayer this week is that you open your eyes, to see what the Lord is doing, to give thanks and share with others what you see.

Encouragement to open our “spiritual eyes” to give thanks for all our blessings. Praise God for his invitation to come to him all who are weary and heavy laden.

Read Isaiah Chapter 12. One of my favorite especially when feeling discouraged and out of control.

It reminds me that our God is Sovereign and that he is in control that he is merciful and compassionate





COME TO ME ALL WHO ARE WEARY AND HEAVY BURDENED AND I WILL GIVE YOU REST, TAKE MY YOKE UPON YOU AND LEARN FROM ME, FOR I AM GENTLE AND HUMBLE IN HEART AND YOU WILL FIND REST FOR YOUR SOULS, FOR MY YOKE IS EASY AND MY BURDEN IS LIGHT

ISAIAH CHAPTER 12

In that day you will say:

I will praise you o Lord,

Although you were angry with me

Your anger has turned away and you have comforted me

Surely God is my salvation, I will trust and not be afraid

The Lord, the Lord , is my strength and song; he has become my salvation

With joy you will draw water from the wells of salvation

In that day you will say;

Give thanks to the Lord; call on his name;

Make known among the nations what he has done

And proclaim that his name is exalted.











Sing to the Lord, for he has done glorious things;

Let this be know in all the world

Shout and sing for joy, people of Zion

ISAIAH HAS BEEN PROPHESYING DESTRUCTION, THE ISRAELITES WILL LOSE EVERYTHING THAT THEY HOLD DEAR THEY WILL BE TAKEN INTO EXILE BY THE BABYLONIANS ,JERUSALEM WILL BE DESTROYED ONLY A REMENANT WILL REMAIN , AND YET HERE IN THE MIDST OF ALL THAT IS TO COME IS THE PROMISE OF HOPE AND FUTURE . ENCOURAGINPASSAGE. I HOPE IT BLESSES YOU TODAY.

Are you weary ?

-  Sit with Jesus for awhile
-  Read the chapter from Isaiah and try to make it your prayer.
-  Keep in mind ISAIAH Is talking to the nation not just to individuals.
-  Yet his call and promise is for all.
-  Give thanks to the Lord, call on his name, Jesus
-  Tell him how you feel
-  Then shout out loud and sing for joy
-  Jesus is the living water,
-  I can guarantee that you will feel so much better.
-  You will find rest for your souls.