

# Carrot, egg, or coffee?

Bible Lesson taught on Saul and David in Sunday school. Obviously, for anyone that knows this story, it didn't turn out well for one of them.

I'll recap:

Saul was appointed King (after God *TOLD* the Israelites they didn't need one, He was all they needed....silly Israelites....), but soon got too big for his kingly britches.

So God told Saul He was finding someone else. Obviously, that didn't go over well with Saul.

In walks David: young, honest David.

Saul is jealous of Honest David. The people *LIKE* David and sing praises in his honor.

The gist of the story is, David is hated by Saul and pursued in order to kill him. Not a good scenario for David.

So my point to the Kids was:

Our faith should reflect in every aspect of our lives. And I asked them:

Are you a carrot?



Hard, strong, firm, not easily bendable?

Are you an egg?



Tough exterior,



Soft heart inside....

Or are you coffee beans?



strong, good aroma?

But when we add all of these things to the same pot of hot water, they all 3 change.

The carrot, once firm and strong becomes....



Weak.....doesn't stand up anymore.....it's strength is totally gone.

Or the egg, once having a soft heart, becomes



Shattered.....



Hard hearted....too tough to be used, cynical, callous...

But, the coffee beans when subjected to the hot water...

Becomes



Coffee....it changes the water. It is still strong, but it changed the water around it.

We all have those really tough times. It is not unique to anyone, everyone goes through them.

But when we go through that hot water, how do we react to it? Do we lose our strength? Do we grow hard-hearted? Or do we change those around us for the better?

Our faith should be strong enough, that when we go through those really tough times, we are able to change the world around us in a positive way.

With Christ, we can change our world.