

Kitchen tools needed:

medium sauce pan with lid, mixing bowl, medium stainless steel saute pan, spoon or scoop, metal spatula

Ingredients:

- 1.5 lbs Yukon gold potatoes (aprox. 6 med)
- 2 quarts cold water *enough to cover potatoes
- 2 teaspoons kosher
- 4 whole eggs
- 2 teaspoons kosher salt
- 2 cups bread flour
- 1 tablespoon neutral oil like rice bran or avocado oil.

Directions:

- 1. Place whole potatoes in medium large saucepan and cover with cold water and add 2 teaspoons sea salt and place pan of potatoes and salted water on stove top and turn burner to medium high.
- 2. Bring to a boil and cook partially covered until easily pierced with a fork or knife (boil for aprox. 20 minutes depending on size of your potatoes). Do not overcook.
- 3. Drain potatoes well and rinse with cold water
- 4. Remove peels if desired and mash by hand with eggs 2 teaspoons of kosher salt and eggs, add flour and mix well.
- 5. Heat pan till hot. Turn off pan to cool. *this allows your stainless steel sauté pan to be more like a non-stick pan.
- 6. Heat pan to medium, add oil and cook potatoes till brown and cooked through.

Serving suggestions:

- A wide variety of fillings can be mixed into potatoes after adding flour such as bacon bits, chives, herbs, cheese etc
- By adding an additional cup of flour this mixture could be made into gnocchi.
- Serve potato cakes with your favorite sauce such as pesto, garlic aioli etc...

Recipe makes aproximatly 12 dollar size potato cakes. Signature recipe by; ChefRon@ChefCultures.com