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I choose to trust You God. I choose to believe I am loved... I also choose to release and let it all go! I choose to forgive others for the hurt they caused me. For the trials that seem to entangle me. So I trust you my Lord as I unwind and let it go, resting in your love and kindness towards me. You are the only way and I follow You step by step one day at a time. Who else can I trust? There is no where else to go but to You!