

# MOOSIER MOHEL

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## **PREPARATION FOR THE CIRCUMCISION/JEWISH BRIT MILAH**

### **Location:**

For a Jewish Brit Milah...The ceremony should take place in a room suitable to the dignity of this service; living room or family room is quite appropriate. The actual circumcision can be done in this room or a separate, more private setting if you wish. In either case a sturdy table is necessary. The minimum size is a card table a kitchen or dining room table is also very acceptable. Access to two opposite sides of the table is required.

*Adequate lighting is important*

### **Supplies for a Brit Milah**

At the location where the circumcision takes place, have ready 2-3 disposable diapers; baby wipes, a glass of sweet wine (*for the kiddush, a wastebasket, and table cloth*). Optional items include a pillow on which to carry the baby and a wimple (*receiving cloth that is cut and decorated for future life cycle events*).

*For a routine circumcision, an extra diaper is all that is usually needed. We will provide gauze pads for you at the conclusion of the procedure.*

### **Feeding and pain management**

He should be fed about 60 minutes before the scheduled time for the Bris.

For pain relief, also 1 hour before give baby:

*Tylenol oral suspension for infants or children give 2.5 ml*

*Children's Ibuprofen drops give 1.25 ml*

*Children's Ibuprofen liquid give 2.5 ml*

### **Anesthetic**

I will perform an anesthetic numbing injection block using a small amount of numbing medicine before the ceremony and any clamping or cutting is done. This is done using a very small needle and a small amount of medicine injected at the base of the penis in two areas. This helps reduce pain, but baby may still cry for many reasons. This block should last 4-6 hours after which baby may be a bit irritable.

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## **The Procedure**

We use a pediatric board while preparing the baby. We only hold the feet using soft Velcro straps to prevent them from closing their thighs and reducing access to the penis. The procedure is performed using the GOMCO Clamp. This is a very safe device and is the most common one used by reform Mohalim and worldwide for this procedure. The procedure is extremely safe in experienced hands and the risk of any type of complications are exceedingly rare.

## **After care**

Immediately after the circumcision, the baby can be nursed or bottle-fed, but he will still be in the room for the ceremony and blessings. While some moms have no trouble nursing in front of a crowd, others are not comfortable. If this is not your thing, either give the baby a bottle, or simply place your finger in his mouth. If you plan to nurse, you can turn around and have the baby latch on and then cover yourself with a receiving blanket.

*We will check baby out one more time after the procedure to assure there are no issues.*

*The cell number is above and you should feel free to text Dr. Miller or Amanda, or call if you have any questions after the procedure.*