

HERBY HAM ACTIVITY CENTER

AUGUST 

www.herbyhamactivitycenter.org (830)591-2711 248 FM 3447 Uvalde, TX



You may have heard Herby Ham Activity Center is hoping to bring Charitable BINGO to the Center. The proceeds will go to support and expand our efforts.

Some have questions as to why it has taken longer than planned to get it started.

To explain, In the beginning of our planning and unbeknown to myself or HHAC's Board, Charitable BINGO is presently NOT "legal" in Uvalde County as it is in the City of Uvalde. HHAC is just outside the Uvalde City Limits meaning we do not fall under the Texas Lottery Commission's regulation for legal Charitable BINGO....YET.

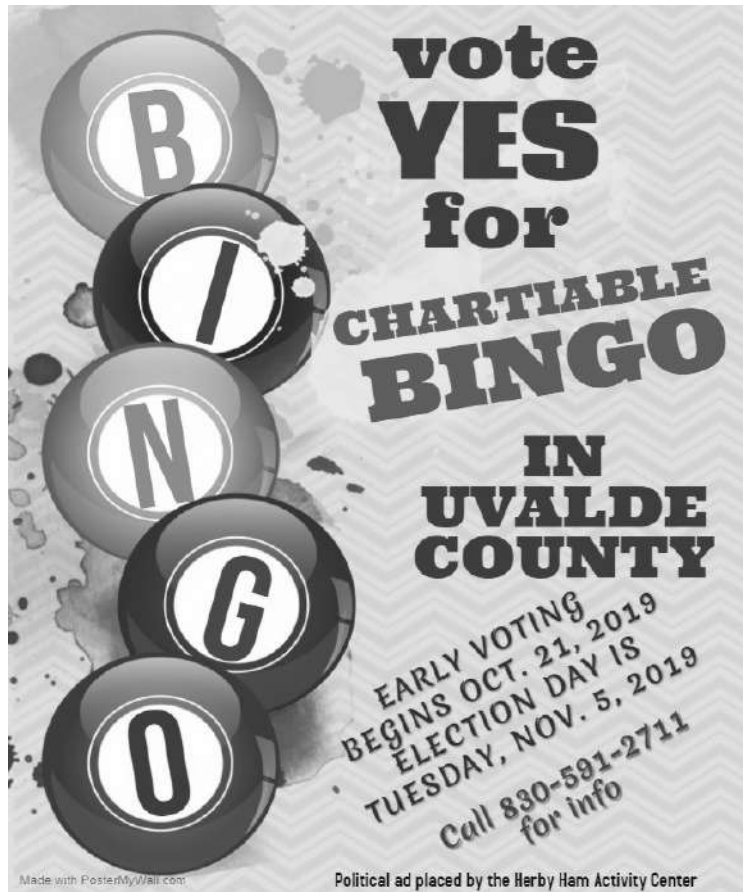
So how does Charitable BINGO become legal in county? A public vote!. I spoke to the County Commissioners asking them to give the voters an opportunity to cast their ballot for, or against, Charitable BINGO in Uvalde County. They agreed to put it on the November ballot. Beginning October 21, 2019 during early voting, or on election day, Tuesday, November 5th, you will have the opportunity to help us bring BINGO to Uvalde County and HHAC.

Extensive research has been done into how it would benefit HHAC and the citizens of Uvalde. For instance, several of HHAC's board members and myself had the opportunity to attend BINGO in another city. It was interesting to see the majority of the people were from Uvalde. In speaking with many, the desire was expressed to have BINGO available here so they would not have to travel so far.

As mentioned, the proceeds will go to support HHAC but we are making plans to include other non-profits giving them opportunity to work our concession stand. An announcement will be in the near future concerning this decision.

Please be sure to vote YES in the November election for Charitable BINGO in Uvalde.

If you have questions, please call 830-591-2711.



**vote
YES
for
CHARTIABLE
BINGO
IN
UVALDE
COUNTY**

EARLY VOTING
BEGINS OCT. 21, 2019
ELECTION DAY IS
TUESDAY, NOV. 5, 2019
Call 830-591-2711
for info

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Political ad placed by the Herby Ham Activity Center



No matter where your influence is....in your family, school, work or church - you are invited to join 405,00 of your peers to learn how to maximize it.

Join HHAC as we host the 2019 Global Leadership Summit, August 8th & 9th beginning at 8:30 a.m.

Go to:

www.globalleadershipsummit.org for more information, pricing, registration and to preview the Summit experience.



FAN CORNER
JAMES HILDEBRAND

In asking James Hildebrand if I could interview him for our FAN CORNER, I had no idea about the conversation I was about to encounter. What began as discussion about his life and adventures turned into a very interesting discussion on family, relations, faith and memories. James, second of 4 children, was born in San Antonio to a father who was a postman and his mom was a nurse. "My dad had the most beautiful baritone voice and would sing in area churches." James said. "I felt that my mom worked herself to death. She was an incredible seamstress, cook and housekeeper. She taught me to make my bed as soon as my feet hit the floor and it has stuck with me all my life." He explained how she made he and his siblings feel nurtured, protected and comfortable when they were ill. "Her nursing skills really took over." Memories of his parents touched upon tender moments in his life which he willingly shared.

Attending UT Southwestern Medical Center in Dallas, James became a doctor practicing for 39 years. Within that time he also served in the Air Force Reserves as a Flight Surgeon then managing to work his way up to Squadron Commander of his unit. He later attended Yale School of Religion for one year which was part of his long pilgrimage with religion.

"After my divorce I moved to Leakey and later to Uvalde where I bought an older home." James has been working on this 55 year old home since he moved in. Asking if he could see it complete one day, he said "Well....I'm not sure. I guess I am closer to being able to put my feet up and saying I'm done than I was when I bought the place. So yes, I guess there will be an end!"


Remodeling this old home is one of his loves along with biking, swimming and kayaking. His love for woodwork helped bring him to HHAC. "I was amazed that such a place existed in Uvalde and the options including the woodshop are incredible."

James has been involved in several things around HHAC and Uvalde including singing at one of our talent shows and jam sessions, line dancing, ballroom dancing and the working in the wood shop. Following in his father's footsteps to some point, he sings at area nursing and retirement homes in Uvalde. He has graciously donated several pieces of wood-working equipment to our shop. We are happy and blessed to receive such amazing pieces of equipment and know that beautiful creations, including Toys of Grace cars, will be made with them.

It is because of people like you, James, that we do what we do at HHAC. Thank you from everyone in the Woodshop and HHAC for your passion, your donation and for your love of this place. We are blessed to have you as a part of our HHAC family.

Herby Ham Activity Center

Quilts of Grace



Meets Every Monday
From 9:00 am to 1:00 pm
With a Potluck Lunch

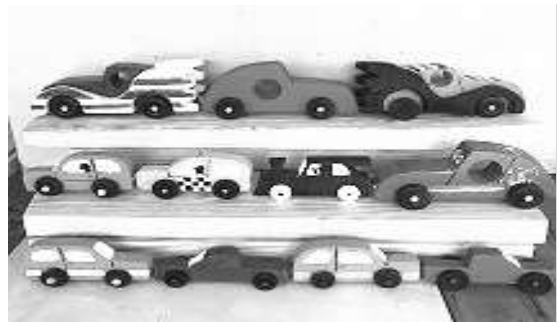
benefiting children of GASA

Looking for Volunteers to Sew, Cut, Sort and Press Fabric

Donations of Fabric, Thread, Sewing Notions, Monetary
Donations and Even Sewing Machines Accepted

For More Information, Contact
Diana Bonnet: 830-613-0656

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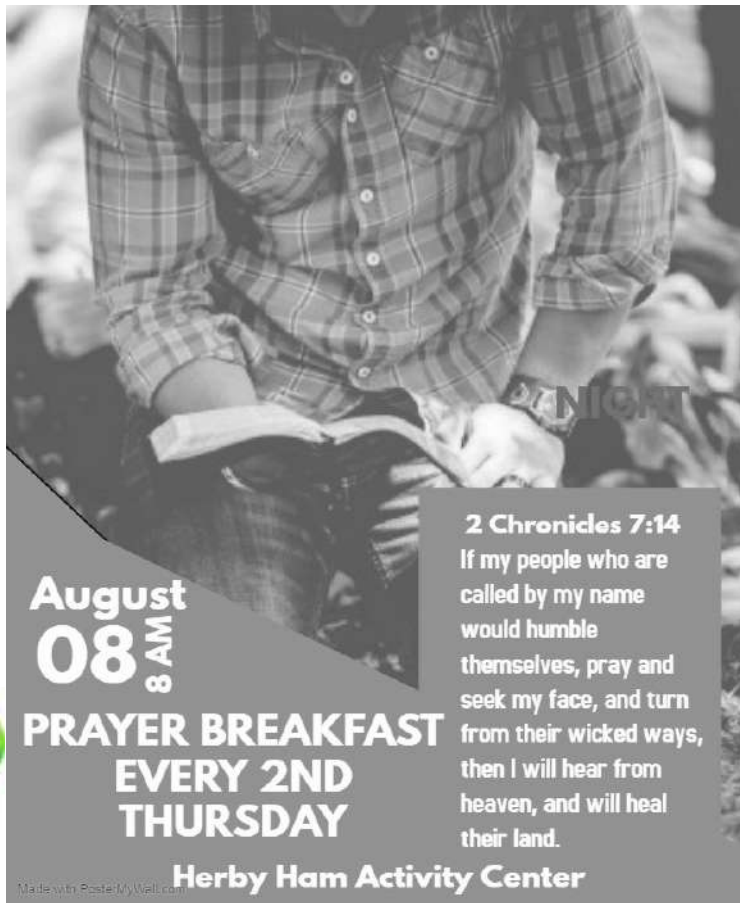
**LOOK
WHAT
WE
CAN
DO!**

TOYS OF GRACE has kicked off with a bang! Pictured above are just a few of the toy cars made by a great group of people often facing the heat of the day in the wood shop to work on their creations.

All of the cars will be given to police and fire department personnel for them to hand out to area children who have gone through trauma or are ill.

A great big THANK YOU to Jackie Thomas, Les Brieden Cindy Routhier, Meaghan Gordy, Bill Prince, Peggy Prince, Gary Gilbertson, Ray Robison, Jason Ross and Jesse Carter.

If you are interested in helping with this program please call Sue at 830-591-2711 or Jackie at 830-591-4707.



August 08
8 AM

PRAYER BREAKFAST EVERY 2ND THURSDAY

Herby Ham Activity Center

2 Chronicles 7:14
If my people who are called by my name would humble themselves, pray and seek my face, and turn from their wicked ways, then I will hear from heaven, and will heal their land.

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UVALDE FARMER'S MARKET



*Now 4 times a month
First & Third Thursday
August 1 & 15
at Uvalde Town Square
10 am to 3 pm*

*Second and Fourth Thursday
August 8 & 22
at Mill Creek Furniture Parking Lot
10 am to 3 pm*

HERBY HAM ACTIVITY CENTER

Cardio Drumming



BRING:

- * 65 CM YOGA BALL
- * 17" BUCKET FOR BASE
- * WE'LL SUPPLY THE STICKS

\$5

**THURSDAY'S AT 6 PM
BEGINNING AUGUST 22**

BRINGING TOGETHER AN EXERCISE BALL, DRUMSTICKS, A BALL STAND AND MUSIC CARDIO DRUMMING IS ONE OF THE MOST FUN WORKOUTS YOU WILL EVER DO. YOU CAN EVEN SIT IF YOU WANT.

register by calling 830-591-2711

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**Herby Ham Activity Center
Uvalde, TX**

ARTS & CRAFTS FAIR

Saturday, November 16, 2019
9 am - 4 pm

**VENDOR SPACES
INSIDE \$40.00
OUTSIDE: \$30.00**

**HANDMADE
CREATIONS ONLY**

**CONTACT: HERBY HAM ACTIVITY CENTER
830-591-2711
248 FM 3447 UVALDE, TX 78801**



Made with PosterMyWall.com

Fall Market Day
 Sat, Sept. 28th, 2019
 8:00 am - 2:00 pm

Sell your Stuff!

Vendor Spaces: ★


Indoors: \$30
 Outdoors, Under Awning: \$25.00
 Outdoors, Parking Lot: \$20.00

Reserve Your Space Now!

★ **Herby Ham Activity Center** ★
 248 FM 3447 Uvalde, TX 830-591-2711

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HERBY HAM SUNDAY JAM
 Will not be meeting again
 until October.
 Y'all come on out.




**JOIN US FOR
 COFFEE &
 DONUTS**

**EVERY FRIDAY AT
 9:00 AM
 & BRING A FRIEND!**

Memorial/Honorarium Donations

IN MEMORY OF:
 Jo Noble from Jan Elliott
 Ruth Ward from Skeak & Barbara Hensarling

IN HONOR OF:
 Bobby & Linda Kramer from Tom & Nancy Williams

Memorial & Honorariums go towards
 HHAC's Building Fund.
 Please Remember Us in Your Will

VOLUNTEER
all that's missing is U!

THOMAS WOOD WORKS
 With Les Brieden Tues. @ 9 am & 6 pm
 Call for extended hours appointment
 with Jackie Thomas @ 830-591-2711
**YOU'LL NEVER KNOW WHAT YOU CAN DO
 UNTIL YOU TRY**
 \$5.00 A SESSION OR \$30 A MONTH


DANCE LIKE THERE'S NO TOMORROW



*If you have ever wanted
 to learn how to Ball-
 room Dance, now is the
 time.*

*Classes are held every
 Friday at 5:30 pm
 Call 830-591-2711
 \$5.00 A PERSON*

**Did you know, WW meets
 at HHAC every
 Tuesday at 5 pm.?
 Call Jan Burchfield at
 830-279-2719 for more information.**



AUGUST- 2019 HERBY HAM ACTIVITY CENTER CALENDAR

\$ Designates a charge **SEE NEXT PAGE FOR WATER AEROBIC/POOL/EXERCISE SCHEDULE**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		2	3	1 10a-Farmers Market  Town Square 1p-Bridge(free)	2 9a-Coffee/Donuts 2:30-Loteria 5:30-Ballroom Dance	3
4	1 9a- Quilts of Grace w / lunch 8:30a-Toys of Grace in Wood Shop 2:30-Pinochle (free)	9 9a- Quilting 9:30a- Wood Working 2:30p-Bingo (free) 5p-Weight Watchers 6-9p Wood Working	7 9a-Knit/Crochet  10a-Dulcimer Group 12p-CEO- Oasis 1p-Line Dancing 1p Dominoes	8 8a-Prayer Breakfast  8:30a-Global Leadership Summit 10a-Farmers Market Mill Creek Furniture 1p-Bridge(free)	9 8:30a-Global Leadership Summit 9a-Coffee/Donuts 2:30-Loteria 5:30-Ballroom Dance	10
11	1 9a- Quilts of Grace w / lunch 8:30a-Toys of Grace in Wood Shop 2:30-Pinochle (free)	13 9a- Quilting 9:30a- Wood Working 2:30p-Bingo (free) 5p-Weight Watchers 6-9p Wood Working	14 9a-Knit/Crochet  10a-Dulcimer Group 12p-CEO-Live Oak 1p-Line Dancing 1p Dominoes	15 10a-Farmers Market Town Square  1p-Bridge (free)	16 9:00a-Coffee/Donuts Sponsored by Uvalde Health Care  2:30-Loteria 5:30-Ballroom	17
18	19 9a- Quilts of Grace w / lunch 8:30a-Toys of Grace in Wood Shop 2:30-Pinochle (free)	20 9a- Quilting 9:30a- Wood Working 2:30p-Bingo (free) 5p-Weight Watchers 6-9p Wood Working	21 9a-Knit/Crochet  10a-Dulcimer Group 12p-CEO-Broadway Pizza 830 1p Line Dancing 1p Dominoes	22 10a-Farmers Market  Mill Creek Furniture 1p-Bridge (free) 6p- Cardio Drumming	23 9:00a-Coffee/Donuts  2:30-Loteria 5:30-Ballroom Dance	24
25	26 9a- Quilts of Grace w / lunch 8:30a-Toys of Grace in Wood Shop 2:30-Pinochle (free)	27 9a- Quilting 9:30a- Wood Working 2:30p-Bingo (free) 5p-Weight Watchers 6-9p Wood Working	28 9a-Knit/Crochet  10a-Dulcimer Group 12p-CEO-Dezi's Batesville 1p Line Dancing 1p Dominoes	29 1p-Bridge (free) 6p- Cardio Drumming	30 9:00a-Coffee/Donuts Sponsored Jack and Ann Molloy  2:30-Loteria 5:30-Ballroom Dance	31

PLEASE LIKE US ON FACEBOOK FOLLOW US ON TWITTER & INSTAGRAM





FITNESS CORNER

WATER AEROBIC CLASSES :

- Water Babes 8:30a (Mon, Tues, Thurs)**
- Mixed Arthritis Class: 10:00a (Mon-Tues & Thurs)**
- Water Babes 1:30p (Mon, Tues, Thurs)**
- Mixed Class: 5:00p (Mon, Tues, & Thurs)**
- Bio-Wave Class-6p (Mon-Thurs)**
- Aqua Zumba: 8p (Mon & Wed)**

POOL USE FEE \$50.00 INCLUDES WATER AEROBICS & OPEN POOL

Aqua Zumba \$10 day/\$50month



PLEASE REMEMBER, A WAIVER MUST BE SIGNED AND A DR'S RELEASE MUST BE OBTAINED BEFORE PARTICIPATING IN ANY EXERCISE PROGRAMS.

A WAIVER MUST BE SIGNED BEFORE PARTICIPATING IN WOOD SHOP AND ACTIVITIES AT HHAC.

Open Pool Hours

Two people must be in the pool area at all times:

- Monday - 2:30 - 4:30 pm
- Tuesday - 2:30 - 4:30 pm
- Wednesday - 10:00 am - 12:30 pm/2:30 pm-4:30pm
- Thursday - 2:30 - 4:30 pm
- Friday - 10:00 am - 1:00 pm & 2:30—4:30 pm

- Line Dancing—Wed 1:00 pm (free)
- Exercise Machines—Mon-Fri 8am-4:30pm (free)
- Open Circuit Gym—Mon-Thurs 8am-7:00pm Fri 8-4:30
- Ballroom Dance-Friday—5:30pm—\$5.00 class
- Yoga - Monday & Wednesdays at 9:30 & 5:30 (\$10)
- Carto Drumming—Beginning August 13 -Thursday's @ 6:00 pm

**Hands, Head, Health, Inc.
Herby Ham Activity Center
P. O. Box 5488
Uvalde, Texas 78802**

**www.herbyhamactivitycenter.org
Phone 830-591-2711**

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