

HERBY HAM ACTIVITY CENTER

June

www.herbyhamactivitycenter.org (830)591-2711 248 FM 3447 Uvalde, TX



SUE'S CORNER

When asked what it is that I like about my job at HHAC, am quick respond, "the people". I admit, moving here from San Antonio and not knowing a single person was tough at first, and with my husband working out of town the nights were quite lonely. But the blessings soon came. Jack and Ann Molloy opened their home to me until we found a place to live. Quite often Jackie Thomas would invite me over for lunch or dinner with she and Homer. Those are sweet memories and the graciousness of these people is priceless to me. What would I have done without them?

I think the same about those who give time and talents to HHAC. What would we do without you? I would like to mention each one of you by name, but as soon as this goes to print I would realize that I left someone out. Instead I want to share all the things volunteers help with around the Center: Answering the phones, lawn, ground and building maintenance, pool operation, Thomas Woodworks, our Gift Shop operation along with Christmas in July and the Christmas Shoppe. Project Grace which includes; Quilts of Grace, Yarns of Grace, and in the near future, Toys of Grace. Numerous others help with class instruction including dance, exercise, water aerobics, painting, crochet, quilting, dulcimer and the classes that are added throughout the year such as; cooking, health and crafts. And the list goes on, dance set up and clean-up, our monthly prayer breakfast, Community Table, decorating the center, newsletter mail prep, flyer distribution, afternoon games, entertainment, event set up and food preparation, fundraisers such as the Farmers Market, facials, help with our raffle silent auctions and bake sales. And, not to forget those who serve on our Board.

To thank all who volunteer, we invite you to join us Thursday, June 6th at 6:30 pm for

HHAC's VOLUNTEER APPRECIATION AND SPAGHETTI DINNER.

Volunteers, are invited as our guests. Everyone else please purchase your PREPAY TICKETS for \$10.00 each. Chef Joshua Schwencke, of Gas-tronomy Live Events will be our Chef for the evening preparing salad, spaghetti with meat sauce, garlic bread and dessert. Everyone must make reservations by Tuesday, June 4th. Please no drop in's.

Come on out and join us for a night of great food and fellowship. Call to make your reservations

**HERBY HAM
ACTIVITY CENTER
VOLUNTEER
APPRECIATION AND**

*Spaghetti
Dinner*

**Thurs. June 6th
6:30 pm**

*Only
\$10
Per Person*

HHAC VOLUNTEERS EAT FREE

**Spaghetti, Meatsauce,
Salad, Bread, Dessert**

**RESERVATIONS REQUIRED BY
TUESDAY, JUNE 4...NO DROP IN'S PLEASE**





FAN CORNER

Cindy Routhier

"I was made in Texas but born in Massachusetts" Cindy said with a smile, as she told me about her life all across the US. Coming from a military family, Cindy had the opportunity to live several places across the country but she has been in Texas 20 years, longer than anywhere else. "I visited the quilting class at the original center on Main many years ago and said then I would live in Uvalde one day." She kept her word. She has lived here for a year-and-a-half and loves it. "Even though Uvalde is a small town it has so much to offer; things such as HHAC, the library, antique and gift shops, events around town almost every weekend and so much more. Every time I am out with friends I have made, I learn something new about Uvalde." She has had quite a life, doing everything from being a realtor, hair dresser and attending nursing school until her mom became ill and she had to quit. "I can sell you a house, do your hair and assist in your health".

An item on her bucket list was to work at an amusement park, which she accomplished by working at Fiesta Texas selling cuckoo clocks. "They had me wear a Lederhosen. Honestly, it made me look more like an elf than a Fraulein."

Cindy loves to bake and create 3-D art, even winning awards for some. She uses everything from family pictures, magazines and odds and ends.

Asking Cindy about her thoughts on HHAC she smiled and said "It is literally a life saver! I have a place where I belong and have made great friends. I love working in the wood shop and playing games in the afternoons. Oh, and I love the staff!" Well thanks Cindy!

She is always willing to lend a hand around HHAC. Volunteering to call BINGO on Tuesday's, answering the phones on Friday's and helping with our dances, Cindy is a huge help.

"I tell people there is something for just about everyone and all adults are welcome no matter where you come from or who you are. Come learn how to crochet, quilt, do wood work, exercise or get a cup of coffee or just sit and read a book."

It is people like Cindy who have helped HHAC be what it is. Thank you Cindy for stepping up and volunteering. We are glad you are a part of us!

Country Dance
with **CAROLYN KAY PAPE & COUNTRY FAITH**

June 7th
@ 7 pm
\$7.50

HERBY HAM ACTIVITY CENTER
248 FM 3447, UVALDE 830-591-2711

PosterMyWall.com

Star Gazing Party

Thursday, June 20 @ 8:15

Take a summer night and come to HHAC for an evening of star gazing and a constellation tour. Bring bug spray, snacks, lawn chairs or blankets and join Michael Robinson as he takes you on a tour of the night sky. Inside presentation begins at 8:15 then we will go outside for the highlight of the evening. Fun for the entire family.

Donations are accepted.
In case of rain or cloudy, event will be rescheduled.



CRAFT VENDORS
NEEDED FOR
HHAC'S
THIRD ANNUAL

CHRISTMAS IN JULY

JULY 25 -27

CALL 830-591-2711 FOR DETAILS



UVALDE FARMER'S
MARKET

EVERY 1ST & 3RD
THURSDAY OF THE
MONTH

THURS., JUNE 6 & 20

11 AM TO 4 PM
UVALDE TOWN
SQUARE

★ Herby Ham Activity Center's ★

CHRISTMAS

in July ★★ ★
3 DAYS

July 25 through the 27th
10 to 4 Thurs & Fri
10 to 2 Sat



FEATURING AN EXPANDED
SELECTION OF LOCALLY
MADE CRAFT &
GIFT ITEMS

248 FM 3447, UVALDE 830-591-2711

WHAT! YOU DON'T KNOW HOW TO
BOOT SCOOT?



Well...head on over and learn in
a fun environment. Our line
dancers meet every Wednesday
at 1 pm and they would love to
have you join them.
Oh, it's FREE!!!!



Did you know, WW meets at
HHAC every
Tuesday at 5 pm.?

Call Jan Burchfield at 830-279-2719 for
more information.

HHAC ANNOUNCES TOYS OF GRACE



We are excited to announce TOY'S OF GRACE! A product of PROJECT GRACE, which is an out-reach to children and teens who are ill, experienced trauma or have been removed from their homes, TOY'S OF GRACE will be utilizing our wood shop, Thomas Woodworks. Small cars will be made by volunteers to distribute to area children using our local sheriff, police department and Uvalde Memorial Hospital

We are seeking volunteers who would like to help make, paint, and put stickers & wheels on our creations. Wood and monetary donations are needed. Please call HHAC if your would like to volunteer or have materials we can use. LET'S GIVE A LITTLE GRACE.

HERBY HAM ACTIVITY CENTER



PRAYER
BREAKFAST





Thursday, June 13 @ 8:00 am

248 FM 3447, Uvalde, TX
830-591-2711

art: www.prayerforall.com

Memorial/Honorarium Donations

IN MEMORY OF:
Dr. John Shudde from Nancy Ham
Louis Capt from Nancy Ham
Marion Beasley from Nancy Ham
Curtis & Dolly White from Nancy Ham
Carolyn Hilderbran from Tom & Nancy Williams
Robert Hall from Kay Jungerman
Lena Fields from Carol Hanes

IN HONOR OF:
Toni Hull from Nancy Ham
Darrell Zimmerman from Nancy Ham

*Memorials & Honorariums go toward
 HHACs Building Fund.
 Please remember us in your will.*

THOMAS WOOD WORKS

With Les Brieden Tues. @ 9 am & 6 pm
 Call for extended hours appointment
 with Jackie Thomas @ 830-591-2711

**YOU'LL NEVER KNOW WHAT YOU CAN DO
 UNTIL YOU TRY**

\$5.00 A SESSION OR \$30 A MONTH

HERBY HAM SUNDAY JAM
 WILL BE STARTING AGAIN
Sunday, June 16 @ 2 pm
 AFTER LUNCH BRING DAD OUT TO
 CELEBRATE WHILE LISTENING TO
 AND SINGING WITH SOME GREAT
 MUSIC



DANCE LIKE THERE'S NO TOMORROW



*If you have ever wanted
 to learn how to Ball-
 room Dance, now is the
 time.*

*Classes are held every
 Friday at 5:30 pm
 Call 830-591-2711
 \$5.00 A PERSON*



**JOIN US FOR
 COFFEE &
 DONUTS**

**EVERY FRIDAY AT
 9:00 AM
 & BRING A FRIEND!**

**Tune into KVOU Radio, 104.9, every
 Thursday at 8:30 am as Herby Ham Activity
 Center Sponsors THROW-BACK-THURSDAY
 with Robert Miguel.**

JUNE- 2019 HERBY HAM ACTIVITY CENTER CALENDAR

\$ Designates a charge **SEE NEXT PAGE FOR WATER AEROBIC/POOL/EXERCISE SCHEDULE**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3 9a- Quilts of Grace w / lunch 2:30-Pinochle (free)	4 9a- Quilting 9:00a- Wood Working 2:30p-Bingo (free) 5p-Weight Watchers 6-9p Wood Working	5 9a-Knit/Crochet 10a-Dulcimer Group 12p-CEO- Hippy Chicks Concan 1p-Line Dancing 1p Dominoes	6 8:30a-KVOU Radio Throwback Thursday sponsored by HHAC 9a-Painting w/Peggy \$ 11a-Farmers Market 1p-Bridge(free)	7 9a-Coffee/Donuts Sponsored by Amistad Nursing 2:30-Loteria 5:30-Ballroom Dance 7PM-Dance w/ Carolyn & Country Faith	8
9	10 9a- Quilts of Grace w / lunch 2:30-Pinochle (free)	11 9a- Quilting 9:00a- Wood Working 2:30p-Bingo (free) 5p-Weight Watchers 6-9p Wood Working	12 9a-Knit/Crochet 10a-Dulcimer Group 12p-CEO- Ofeila's 1p-Line Dancing 1p Dominoes	13 8AM-Prayer Breakfast 8:30a-KVOU Radio Throwback Thursday sponsored by HHAC 9a-Painting w/Peggy \$ 1p-Bridge (free)	14 9a-Coffee/Donuts 2:30-Loteria 5:30-Ballroom Dance	15
16 2p- Sunday Jam 	17 9a- Quilts of Grace w / lunch 2:30-Pinochle (free)	18 9a- Quilting 9:00a- Wood Working 2:30p-Bingo (free) 5p-Weight Watchers 6-9p Wood Working	19 9a-Knit/Crochet 10a-Dulcimer Group 12p-CEO-Tea Room 1p Line Dancing 1p Dominoes	20 8:30a-KVOU Radio Throwback Thursday sponsored by HHAC 9a-Painting w/Peggy \$ 11a-Farmers Market 1p-Bridge (free) 8:15p-Star Gazing	21 9:00a-Coffee/Donuts Sponsored by Uvalde Health Care 2:30-Loteria 5:30-Ballroom Dance	22
23	24 9a- Quilts of Grace w / lunch 2:30-Pinochle (free)	25 9a- Quilting 9a- Wood Working 12p- CVB Luncheon 2:30p-Bingo (free) 5p-Weight Watchers	26 9a-Knit/C 10a-Dulcimer group 12p-CEO-Southern Smoke BBQ 1p Line Dancing 1p Dominoes	27 8:30a-KVOU Radio Throwback Thursday sponsored by HHAC 9a-Painting w/Peggy \$ 1p-Bridge (free)	28 9:00a-Coffee/Donuts Sponsored by Jack and Ann Molloy 2:30-Loteria 5:30-Ballroom Dance	29
30						

PLEASE LIKE US ON FACEBOOK FOLLOW US ON TWITTER & INSTAGRAM





FITNESS CORNER

WATER AEROBIC CLASSES :

- Water Babes 8:30a (Mon, Tues, Thurs)**
- Mixed Arthritis Class: 10:00a (Mon-Tues & Thurs)**
- Water Babes 1:30p (Mon, Tues, Thurs)**
- Mixed Class: 5:00p (Mon, Tues, & Thurs)**
- Bio-Wave Class-6p (Mon-Thurs)**

POOL USE FEE \$50.00 INCLUDES WATER AEROBICS & OPEN POOL
OR \$7.00 PER VISIT



PLEASE REMEMBER, A WAIVER MUST BE SIGNED AND A DR'S RELEASE MUST BE OBTAINED BEFORE PARTICIPATING IN ANY EXERCISE PROGRAMS.

A WAIVER MUST BE SIGNED BEFORE PARTICIPATING IN WOOD SHOP AND ACTIVITIES AT HHAC.

Open Pool Hours

Two people must be in the pool area at all times:

- Monday - 2:30 - 4:30 pm
- Tuesday - 2:30 - 4:30 pm
- Wednesday - 10:00 am - 12:30 pm/2:30 pm-4:30pm
- Thursday - 2:30 - 4:30 pm
- Friday - 10:00 am - 1:00 pm & 2:30—4:30 pm

- Line Dancing—Wed 1:00 pm (free)
- Exercise Machines—Mon-Fri 8am-4:30pm (free)
- Circuit Gym Class-Open Monday through Friday
- Open Circuit Gym—Mon-Fri 8am-7:00pm (\$20 or \$10 w/pool)
- Ballroom Dancing-Friday—5:30pm—\$5.00 class
- Yoga - Please Call for schedule- Jennifer at 361-360-1292

Hands, Head, Health, Inc.
Herby Ham Activity Center
 P. O. Box 5488
 Uvalde, Texas 78802

www.herbyhamactivitycenter.org
 Phone 830-591-2711

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