## HERBY HAM ACTIVITY CENTER



## www.herbyhamactivitycenter.org (830)591-2711 248 FM 3447 Uvalde, TX

#### **SUE'S CORNER**



If you have attended our Gospel Night out in the past you know what an amazing evening it is. Gospel groups from Uvalde and

surrounding areas share their talent while helping to support Herby Ham Activity Center.

We realize that people have different tastes in music, especially gospel or praise. That is why we have added a night featuring music for those who enjoy praise and worship. Join us for our first annual Praise Fest, Saturday, October 19 at 6:30 pm. Groups from around South Texas will also be featured performing Praise and Worship music and dance.

Featured performers, as of now, include Sabbath Ministries, St Joseph Women of God Praise Dance Ministries, Tempo Cristiano in Uvalde, Sweet Home Choir from Sequin, Heavenly Praise from St. Joseph Church San Antonio, Junior Sisters on a Praise Mission in Seguin, Damita Nunally playing the sax and others.

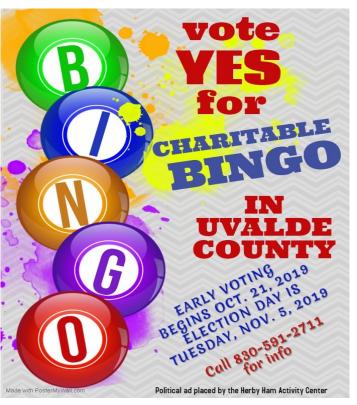
Admission is \$10 for adults and \$5 for children under 12. Tickets can be purchased before the evening at HHAC or at the door.

Proceeds will go to help pay for a stage to be built in Weber Auditorium. Many have commented that they have a difficult time seeing groups perform at HHAC either during Gospel Night Out and at special events that we offer. Many who rent our facility often ask if we have a stage and we have missed out on hosting big events because of that reason. It will be a permanent fixture built specifically for HHAC.

We are very excited about Praise Fest 2019 and hope you will join us.

Call 830-591-2711 for more information Hope to see you on October 19th!









#### EARLY VOTING TO BEGIN OCTOBER 21

## PLEASE VOTE YES FOR CHARITABLE



### IN UVALDE COUNTY

Many have shown interest in Charitable BINGO being held at HHAC. As mentioned, since HHAC is not in the city of Uvalde we are not able to hold it here until we get the majority vote in a county election. Early voting begins October 21 and runs through November 1 with Election Day, Tuesday, November 5. We will be at the polls on Election Day passing out free bingo markers to the first 144 voters.

Charitable BINGO will help HHAC, who is a 501c(3) non-profit organization, financially by allowing us to begin, enhance and continue what all that we do, including Project Grace.

Tremendous effort has been put into bringing Charitable BINGO to Uvalde County. We know that it will be a success for HHAC and a great offering to Uvalde and the area. Please help by voting YES for Charitable BINGO in Uvalde County on November 5th or during early election from October 21st through November 1st.



## HHAC SUNDAY JAM TO START BACK UP

Take a Sunday afternoon and come over for

## HERBY HAM'S SUNDAY JAM Sunday, October 20 @ 2:00 pm

And enjoy great country and gospel music performed by area musicians. Bring your singing voice, guitar, banjo or what ever you play and join in if you wish or just sit back and relax while you are being entertained.

Admission is free but donations are accepted.

Bring a snack to share.



VENDOR SPACES
INSIDE \$40.00
OUTSIDE:
UNDER AWNING \$35.00
PARKING LOT \$30.00

## HANDMADE CREATIONS ONLY

CONTACT: HERBY HAM ACTIVITY CENTER
830-591-2711
248 FM 3447 UVALDE, TX 78801



## QUILTS OF GRACE CELEBRATE ONE YEAR ANNIFERSARY



Over 60 people came out to celebrate Quilts of Grace one year anniversary. Formed as part of Project Grace, Quilts of Grace have created and given over 250 quilts to area children who have been removed from their homes. Amazingly enough, we were informed that exactly 250 children came through CASA within the last year. Each child was given a comfort

quilt!

Ed Gentry, Staff Executive Director of CASA, spoke about children returning for counseling appointments holding on to the same quilt

given to them by Quilts of Grace. No wonder they are called "comfort quilts".

Diana Bonnet, who heads up Quilts of Grace said "We feel so blessed to provide comfort and hope for these children and teens who have faced traumatic situations".

Thank you to those who have donated fabric and thread. We are in constant need of batting and fabric spray if you are led to help out with supplies. Quilts of Grace meet each Monday from 9-1 and share a pot luck lunch. Come join us and be part of this amazing outreach.





Planning a reception, birthday, anniversary party, Ouinceanea or need a place for a corporate event? Come see what HHAC has to offer in the way of party or meeting rooms. Tables, chairs are included with every room and full use of our commercial kitchen is included with any rooms in our auditorium.

Our alcohol policy has changed for rental events and our pricing is very competitive.

Go to herbyhamactivitycenter.org and click on Venue Rental for pricing and room information or give us a call at 830-591-2711.



## FARMERS MARKET 10 AM TO 3 PM

Thursday, Oct 3 & 17 Uvalde Town Square

Thursday, Oct 10, 24 & 31 Mill Creek Furniture Parking Lot

## HERBY HAM ACTIVITY CENTER



## **BRING:**

- \* 65 CM YOGA BALL
- \* 17" BUCKET FOR BASE
- \* WE'LL SUPPLY THE STICKS

BRINGING TOGETHER AN EXERCISE BALL, DRUMSTICKS, A BALL STAND AND MUSIC...CARDIO DRUMMING IS ONE OF THE MOST FUN WORKOUTS YOU WILL EVER DO. YOU CAN EVEN SIT IF YOU WANT.

register by calling 830-591-2711

#### **Memorial/Honorarium Donations**



#### **IN HONOR OF:**

HHAC'S Board of Directors
Jan Elliott, Jackie Thomas, Ann Molloy,
Devan Caballero, Brenda Carter, Gabe
Gonzales, Mary Davila, Dee Ann Smith, Elsa
Ayala & Les Brieden (ex-officio)
From: Tom & Nancy Williams

# all that's missing is U.

## DANCE LIKE THERE'S NO TOMORROW



Our Ballroom Dance Class has moved back to Friday at 5:30 pm.. Come out for a fun evening while you learn how to dance... \$5.00 a person.

## BLUEGRESS COUNTY & SMOKY MOUNTAINS TRAVEL PRESENTATION



Thurs, November 7, 2019 @ 1:00 (tour date June 11-19, 2020)

Come join us as we present information on this amazing travel opportunity.

#### **Tour Highlights:**

Churchill Downs, Kentucky Derby Museum, Old Louisville Walking Tour,

Choice on Tour: Buffalo Trace Bourbon Distillery, Lexington House Farms, Great Smoky Mountains National Park, Dolly Parton's Stampede & Dinner Show, Asheville, Biltmore Estate

Please call: 830-591-2711 for more information or to register for presentation.

## OCTOBER- 2019 HERBY HAM ACTIVITY CENTER CALENDAR

\$ Designates a charge SEE NEXT PAGE FOR WATER AEROBIC/POOL/EXERCISE SCHEDULE

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 9a-Coffee 9a- Quilting 9:30a- Wood Working 2:30p-Bingo (free) 5p-Weight Watchers 6p- Cardio Drumming 6-9p Wood Wkng	2 8:30 a-Yoga 9a-Coffee 9a-Knit/Crochet 10a-Dulcimer Group 11:30a-CEO-Tuscany's 1p Line Dancing 1p Dominoes 5:30p-Yoga	3 9a-Coffee 9-Painting w/Peggy 10a-Farmers Market Town Square 1p-Bridge(free) 5p-Cardio Drumming	9a-Coffee/Donuts Sponsored by Amistad Nursing 2:30-Loteria 5:30-Ballroom Dance 7p-Dance w/Wayne Everett	5
6	7 8:30a-Yoga 9a-Coffee & Open House 8:30a-Toys of Grace in Wood Shop 2:30—Pinochle (free) 5:30p-Yoga	8 9a-Coffee 9a- Quilting 9:30a- Wood Working 1:30-Voice Lesson 2:30p-Bingo (free) 5p-Weight Watchers 6-9p Wood Wkng	9 8:30 a-Yoga 9a-Coffee 9a-Knit/Crochet 10a-Dulcimer Group 11:30a-CEO— SWJC (Matthews Studt. Cntr) 5:30p-Yoga 1p-Line Dancing 1p Dominoes	10 9a-Coffee 8a-Prayer Breakfast 9-Painting w/Peggy 10a-Farmers Market Mill Creek Furniture 1p-Bridge(free) 5p- Cardio Drumming	9a-Coffee/Donuts Sponsored by Carter Healthcare 2:30-Loteria 5:30-Ballroom Dance	12
13	14 8:30a-Yoga 9a-Coffee 9a- Quilts of Grace w/lunch 8:30a-Toys of Grace in Wood Shop 2:30—Pinochle (free) 5:30p-Yoga	15 9a-Coffee 9a- Quilting 9:30a- Wood Working 2:30p-Bingo (free) 5p-Weight Watchers 6-9p Wood Wkng	16 8:30 a-Yoga 9a-Coffee 9a-Knit/Crochet 10a-Dulcimer Group 11:30a-CEO— Los Alamos 1p-Line Dancing 1p Dominoes 5:30p-Yoga	9a-Coffee 9-Painting w/Peggy 10a-Farmers Market Town Square 1p-Bridge (free) 5p-Cardio Drumming	9:00a-Coffee/ Donuts Sponsored by Uvalde Health Care 2:30-Loteria 5:30-Ballroom Dance	19 6:30P PRAISE FEST
2P-HHAC SUNDAY JAM	21 ABSENTEE VOT-ING BEGINS 8:30a-Yoga 9a-Coffee 9a- Quilts of Grace w/lunch 8:30a-Toys of Grace in Wood Shop 2:30—Pinochle (free) 5:30p-Yoga	22 ABSENTEE VOTING 9a-Coffee 9a- Quilting 9:30a- Wood Working 2:30p-Bingo (free) 5p-Weight Watchers 6-9p Wood Wkng	23 ABSENTEE VOTING 8:30 a-Yoga 9a-Coffee 9a-Knit/Crochet 10a-Dulcimer Group 11:30a-CEO—Sunrise 1p Line Dancing 1p Dominoes 5:30p-Yoga	24 ABSENTEE VOTING 9a-Coffee 9-Painting w/Peggy 10a-Farmers Market Mill Creek Furniture 1p-Bridge (free) 5p- Cardio Drumming	25 ABSENTEE VOTING 9:00a-Coffee/ Donuts 2:30-Loteria 5:30-Ballroom Dance 7P-Halloween Dance with The Backwoods Band	26
27	28 ABSENTEE VOTING 8:30a-Yoga 9a-Coffee 9a- Quilts of Grace w/lunch 8:30a-Toys of Grace in Wood Shop 2:30—Pinochle (free)	29 ABSENTEE VOTING 9a-Coffee 9a- Quilting 9:30a- Wood Working 2:30p-Bingo (free) 5p-Weight Watchers 6-9p Wood Wkng	30 ABSENTEE VOTING 8:30 a-Yoga 9a-Coffee 9a-Knit/Crochet 10a-Dulcimer Group 11:30a-CEO-Open Range 1p Line Dancing 1p Dominoes 5:30p-Yoga	31 ABSENTEE VOTING 9a-Coffee 9-Painting w/Peggy 10a-Farmers Market Mill Creek Furniture 1p-Bridge (free) 5p- Cardio Drumming		



## **FITNESS CORNER**

#### **WATER AEROBIC CLASSES:**

Water Babes 8:30a (Mon, Tues, Thurs) Mixed Arthritis Class: 10:00a (Mon-Tues

&Thurs)

Water Babes 1:30p (Mon, Tues, Thurs) Mixed Class: 5:00p (Mon, Tues, & Thurs)

Bio-Wave Class-6p (Mon-Thurs) Aqua Zumba: 8p (Mon & Wed) Water Babes: 4:30p (Wed & Fri)

POOL USE FEE \$50.00 INCLUDES WATER
AEROBICS & OPEN POOL
OR \$7.00 PER VISIT

## **Open Pool Hours**

Two people must be in the pool area at all times:

Monday - 2:30 - 4:30 pm Tuesday - 2:30 - 4:30 pm

Wednesday - 10:00 am - 12:30 pm/2:30 pm-4:30pm

Thursday - 2:30 - 4:30 pm

Friday - 10:00 am - 1:00 pm & 2:30—4:30 pm

CENTER HOURS ARE 8:00 AM TO 4:30 PM. PLEASE BE OUT OF THE POOL BY 4:15.

Line Dancing—Wed 1:00 pm (free)
Exercise Machines—Mon-Fri 8am-4:30pm (free)
Open Circuit Gym—Mon-Thurs 8am-7:00pm Fri 8-4:30
Ballroom Dance-Friday—5:30pm—\$5.00 class
Yoga - Monday & Wednesdays at 8:30 & 5:30 (\$10)
Cardio Drumming—Thursday's @ 5:00 pm



A WAIVER MUST BE SIGNED AND A DR'S RELEASE MUST BE OBTAINED BEFORE PARTICIPATING IN ANY EXERCISE PROGRAMS.

A WAIVER MUST BE SIGNED BEFORE PARTICIPATING IN WOOD SHOP.

Hands, Head, Health, Inc. Herby Ham Activity Center P. O. Box 5488 Uvalde, Texas 78802

www.herbyhamactivitycenter.org Phone 830-591-2711 NONPROFIT ORG

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**UVALDE, TEXAS** 

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