



HERBY HAM ACTIVITY CENTER

NEWSLETTER

August, 2021

248 FM 3447, Uvalde TX

HERBY HAM ACTIVITY CENTER'S

FLAMING HOT FLEA MARKET

SATURDAY, AUG 14TH
8AM -2 PM

SPACES ARE \$20 FOR PARKING LOT
\$25 UNDER AWNING
\$30 FOR ELECTRICITY ACCESS

CALL 830-591-2711 FOR MORE INFORMATION



SALSA & SALSA

Do you make the best salsa in Uvalde? Do you love to dance?



Plan now to be a part of our SALSA & SALSA event Saturday, September 18 from 7-10.

We will have a fun evening of dance with Jelena Lara who will teach, those who wish to learn, the Salsa and other dances if you wish. Our DJ will also be playing a mix of different music to dance to from Tejano to Country and an Oldie every now and then.

During the evening we will have a homemade salsa competition. Prizes will be awarded for first and second place. Please come by the center to pick up a copy of the salsa contest rules and register. There is a \$5.00 registration fee for the salsa competition.

Admission for the evening is \$10. Come join us!



SUE'S CORNER...

I think anyone who has been to our woodshop, Thomas Woodworks, would agree that it is an amazing offering to HHAC and Uvalde.

The woodshop originated back when Uvalde Adult Activity Center was on Main across from HEB. Herby Ham's desire was to give people opportunity to develop their creative side and is exactly what many have done. I have heard stories about no matter where you were throughout the Center during the day, you could hear people creating and or repairing their projects. Since I have been Director at HHAC I have seen or heard about masterpieces that have been birthed in our woodshop from many who never did woodwork before. Everything from bird houses and benches to planters and beds have been created. And don't forget about Toy's of Grace, where hundreds of toy cars were made to give to the Police, Sherriff and EMS in Uvalde for children who have experienced trauma or even for children who are afraid when their parent has received a traffic violation. Now named Thomas Wood Works, after Homer and Jackie Thomas for their many years of dedication and love for woodworking and HHAC, it is a mainstay of Uvalde.

Even before Herby was called to heaven, several volunteers stepped up to help run the shop at UAAC and now HHAC. Jackie and Homer Thomas, Gary and Mary Gilbertson, Bill and Peggy Prince, various Winter Texans and from the beginning and presently, Les Brieden, all played an intricate part in creating the woodshop. Les has held classes every Tuesday morning and evening, come rain or shine, heat or cold, attendees or no attendees and has done an amazing job.

In conversations with Les, he has stated his desire to share his responsibilities. He loves what he does for HHAC but with grandkids (including their new granddaughter), other commitments throughout Uvalde and wanting to free up some time, Les feels that the time to get some help.

We are looking for someone to volunteer at least one day a week, morning and evening, for approximately 3 hours for each class, to help Les in running the shop giving classes, teaching safety and instruction. Of course, you would need woodworking experience and a love for seeing people create. Les has agreed to take as much time needed to train his protégé, male or female, helping them gain confidence and knowledge of the shop.

Presently, we are running about 3 to 4 people per class, give or take one or two

This would be a fun and rewarding volunteer gig where you could not only use the shop but help others learn the basics or create their designs.

Please call 830-591-2711 to find out more.

HERBY HAM ACTIVITY CENTER

Sat.
Sept 18
7 pm

SALSA & SALSA

Join us for an evening of dance to Tejano and Country music and learn to dance the SALSA.

&

Do You Make the Best Salsa in Uvalde?
Enter our Competition.
Prizes for first and second place.



General Admission \$10

Call the Center at 830-591-2711 for more information and to register for the Salsa competition.

248 FM 3447, Uvalde, TX 830-591-2711

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HERBY HAM ACTIVITY CENTER



Come Play...Come Win
Tuesday & Friday @ 7
Sunday at 2

All Ages Welcome.

No Outside Food or Drinks Allowed...Concession Available
Auditorium Sanitized before and after each event.
Safety Measures Taken



248 FM 3447, Uvalde
TEL: 830-591-2711
License # 243986

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Christmas Arts & Craft Fair
at Herby Ham Activity Center
SATURDAY, NOVEMBER 27 * 9AM - 4PM
ARTS AND CRAFTS
INDEPENDENT DISTRIBUTORS
FOOD VENDORS
No Flea Market Items Please
Booth Spaces
\$50 & \$75
248 FM 3447 * 830-591-2711

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Super Bingo Nights
FRIDAY, AUGUST 6 & 20
ELECTRONICS | PULL TABS | DOOR PRIZES
DOORS OPEN AT 3
EARLY BIRD AT 6:30
PLAYING BEGINS AT 7
SAFETY MEASURES TAKEN
CONCESSION AVAILABLE
NO OUTSIDE FOOD OR DRINK
HERBY HAM ACTIVITY CENTER
248 FM 3447, UVALDE
830-591-2711
License # 243986

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Memorial/Honorarium Donations

IN MEMORY OF:

Doris Jechow from First State Bank Uvalde

Doris Jechow from Michael & Joy Jechow

*All Memorials and Honorariums go towards
HHAC's Building Fund.
Please remember us in your Will.*



FALL LEARNING SERIES PLANNING BEGINS

Planning has begun for HHAC's Fall Learning Series.

Do you have knowledge skills in any area of Arts & Crafts, Woodcarving, Cooking or Exercise? Would you like to share your skill with others? Please consider volunteering to teach one evening or afternoon during our Fall Learning Series.

Plans are also underway to work with Uvalde Memorial Hospital Education Department on offering health and wellness classes centered around your health and the health of your family.

Please contact Sue at 830-591-2711 if you have ideas as to what you would like to see offered or if you would like to teach a class.



**CHICKS - EAT - OUT
EVERY WEDNESDAY
AT 11:30 AM**

AUGUST SCHEDULE

August 4 - Hippy Chicks, Concan

August 11 - Sunrise

August 18 - Jack's Steakhouse

August 25 - Desi's, Batesville

UVALDE'S FARMERS MARKET



Looking for a place to sell farmers market items such as vegies, fruit, eggs, baked goods, home canned items, even goats and chickens? Join us each Thursday from 11-2 for Uvalde's Farmers Market at the Town Square.

No craft items or independent vendors please.

Call 830-591-2711 for more information.

IT'S NOT TOO EARLY TO PLAN FOR HHAC'S TRIM A TREE PROJECT



2021 will be HHAC's second year facilitating Trim-A-Tree Project to collect food for the Uvalde Food Pantry. Even though it's August, it is not too early for your organization to start planning for this event.

There will be room for 10 trees to be decorated and non-perishable food items placed underneath. We do ask that you decorate your tree with ornaments and lights to help bring in the holiday spirit to The Center. The community will also be asked to get involved by donating food items to your favorite organization's tree. The tree with the most items will win a free rental in 2022 (deposits, security and insurance excluded). You can register your organization for the 2021 Trim-A-Tree Project by calling 830-591-2711.

**HERBY HAM
ACTIVITY CENTER'S**

WATER AEROBICS

**\$60
A MONTH**  **OR
\$8
PER VISIT**

SCHEDULE:
 Water Babes 8:30 AM & 1:30 PM (Mon, Tues, Thurs)
 Arthritis Class 10:00a (Mon, Tues, Thurs)
 Mixed Class: 5:00p (Mon, Tues, & Thurs)
 Bio-Wave Class-6p (Mon-Thurs)
OPEN POOL AVAILABLE....PLEASE CALL FOR INFORMATION
 830-591-2755
 A Waiver & Dr. Release must be signed prior to participating
 248 FM 3447, Uvalde, TX

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Herby Ham Activity Center's
Thomas Woodworks
Woodworking Class
Tuesday's 9:30 am & 6 pm
with Les Brieden

Gain confidence using hand and power tools
 Become empowered and build whatever you want

For more info please call 830-591-2711

**\$5.00 a class
or
\$30 a month**

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AQUA ZUMBA

Have you been wanting to join our Water Aerobic Classes but your schedule does not allow it? We have the answer for you...

Every Monday and Wednesday evenings at 8 pm Evelyn Ortiz teaches AQUA ZUMBA. Join her for 45 minutes of high energy water aerobics. The classes are \$10 each.

Call us at 830-591-2711 for more information.



**COME
TO
CLASS**
 At Herby Ham activity center!

With Evelin Ortiz

**aqua
ZUMBA**
 Mon and Wed 8pm \$10
 Cash only

**LOOKING FOR THAT
PERFECT PLACE TO HAVE
WEDDING RECEPTION,
QUINCEANERA BIRTHDAY
PARTY, CORPORATE
EVENT WITH LOTS OF
ROOM TO SPREAD OUT? HHAC IS YOUR
PLACE!**



**DATES ARE ALREADY FILLING UP FOR 2022'S
GRADUATION PARTIES SO COME BY NOW TO
MAKE YOUR EVENT RESERVATIONS.
CONTACT US AT 830-591-2711, DROP BY THE
CENTER OR GO TO OUR WEBSITE:
HERBYHAMACTIVITYCENTER.ORG FOR AVAILA-
BILITY AND PRICING INFORMATION.**

WEEKLY EVENTS AT HERBY HAM ACTIVITY CENTER



LINE DANCING AT
HHAC CAN BE
BENEFICIAL TO
YOUR
HEALTH...BOTH
MENTAL AND
PHYSICAL
WEDNESDAYS @
1:00
FREE AND FUN!

WOOD WORKING INSTRUCTION WITH LES BRIEDEN

TUESDAY'S FROM
9:30 am &
6:00pm

\$5 a session or \$30 a
month



Two or more must be in the woodshop with
a Center representative being one of them.

AFTERNOON GAMES AT HHAC

Pinochle—Monday @ 1:30 pm

Bridge—Monday @ 12:30 pm

Dominoes (42) - Wednesday @ 1:00 pm

FARMER'S MARKET

EVERY THURSDAY

FROM 10 AM TO 2 PM

AT UVALDE'S TOWN SQUARE.



COFFEE, DONUTS & CONVERSATION

EVERY FRIDAY AT 9 :00 AM

JOIN US!

Be Active

WATER AEROBIC CLASSES :

Water Babes 8:30a (Mon, Tues, Thurs)

Arthritis Class 10:00a (Mon, Tues, Thurs)

Water Babes 1:30p (Mon, Tues, Thurs)

Mixed Class: 5:00p (Mon, Tues, & Thurs)

Bio-Wave Class-6:00p (Mon-Thurs)

POOL USE FEE \$60.00 INCLUDES WATER

AEROBICS & OPEN POOL

OR \$8.00 PER DAILY VISIT

Line Dancing—Wed 1:00 pm (free)

Exercise Machines—Mon-Thurs. 9 am-4:30 pm

Fri 8am-11am (free)

Circuit Gym—Mon-Thurs 8am-4:30Pm Fri 8-11:30 am

WHAT ARE SOME OF THE BENEFITS TO
PLAYING BINGO BESIDES WINNING \$\$\$?



- Cognitive Abilities Are Boosted. Simply put, playing bingo can improve your brain's processing speeds, alertness, and memory capabilities, according to a study. ...

- Hand-Eye Coordination Is Improved. ...

- Physical Health Is Strengthened. ...

- Social Participation Is Increased. ...

- Healing from some types of surgery is sped up...

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TUESDAY & FRIDAY AT 7 PM— SUNDAY AT 2 PM

We will not have Bingo Friday, April 2 and Sunday, April 4th
due to Good Friday and Easter. We will have Bingo Thursday,
April 1 instead.

Open Pool Hours

**Two people must be in the pool area at all
times**

Monday - 2:30 - 4:30 pm

Tuesday - 2:30 - 4:30 pm

Wednesday - 10:00 am - 12:30 pm/2:30pm-
4:00pm

Thursday - 2:30 - 4:30 pm

Friday - 8:30 am - 11:00 am