



# HERBY HAM ACTIVITY CENTER

# NEWSLETTER

August, 2022

248 FM 3447, Uvalde TX 830-591-2711

*Herby Ham Activity Center*

**Cooking with Summer Veggies**

**Tuesday, August 9**  
**10 am**  
**FREE!**

248 FM 3447  
Register by Monday August 8  
by calling 830-591-271

Presented by The San Antonio Food Bank



## SUE'S CORNER

It has been a long 2 years since our Gift Shop has been fully functional. I want to give you an update as to what has happened and our plans for the future.

During the Christmas Shop of 2019 we had a tremendous amount stolen. This is such a shame and not only effects HHAC but more importantly, those who worked so hard making items for the shop. It has made us look at how we can run it differently including placing cameras in the main room and placing our money table and volunteers inside. Secondly our attendance was not as high as in years past. We definitely took a hit that year. In 2020 Christmas Shop did not open due to COVID and loosing one of our managers, Dave Hogan to an unfortunate accident. Hopes were for 2021 which once again, did not happen. Several shoppers have asked for new items to be sold in both the Gift Shop and during Our Christmas Shop. Honestly, some of the merchandise was brought over the from old center. We want to bring come color and more life into our shop. Paint will be added and the shop rearranged. Each vendor will be given their own space to decorate. I had the blessing of 6 volunteers helping moving items, sort and clean. Thank you Denise Adame, Lillian Flores, Yvette Gomez, Elva Leber, Elia Rodriguez and Jackie Thomas for your help I could not have done it without you. Next, the paint then rearranging and new merchandise. We desperately need new items from existing vendors and new vendors alike. We do not charge space rental but only 20% of what is sold each month. Several vendors have told me that is an amazing deal being that most places not only charge for rental space but also take a percentage. We are asking for our vendors, or anyone else who wishes to, to commit several hours each month running the shop. For now, we are looking to be open from 10-3 Monday and Wednesday and from 10 to noon on Friday. From time to time we will be open a few hours on Saturday but only before holidays such as Mother's Day or Easter. Our plans are to open our Christmas Shop this year from December 1 through December 23. Please let me know if you are interested in any aspect, either being a permanent vendor or for just the Christmas Shop. Also, we are also looking for someone to volunteer to manage our Christmas Shop. If you would be interested, please reach out by calling 830-591-2711 for more information.

**ART & CRAFTERS**

BE A PART OF OUR NEW GIFT SHOP

**OPENING IN 2022!**

PERSONAL BOOTHS • HHAC KEEPS A SMALL COMMISSION

830-591-2711

248 FM 3447, UVALDE, TX

## BOARD SPOTLIGHT-LES BRIEDEN



Les Brieden, need I say, is one of a kind. Growing up on a farm in Yancey, TX, Les is known for everything from welding teacher at SWTJC, wood-worker, home builder, volunteering at

HHAC and so much more.

"I drove a tractor at 4 years old helping on my daddy's farm", Les said. His dad raised everything from bees to cattle. When the 50's drought hit, his dad went to work in the oil field to help the family survive.

Les told of how his uncle grew broom corn, a type of sorghum which was also used to make brooms. "We would have to harvest the tops manually laying them in rows. Later we



Broom Corn

would bundle them to dry." He and his cousin were paid 65 cents an hour and he wouldn't trade it for anything. "I had so many learning experiences. Too bad kids can't do work like that today". His family also raised oats, wheat milo and even peanuts.

Attending Texas A&I in Kingsville, Les got his degree in Agriculture which also included welding. After graduation he took a job in Sinton, TX for 5 years then at SWTJC in Uvalde for 39 years as an ag and welding instructor. He said he loved taking students on trips and teaching them new things. "I saw potential in every student I had". In talking about what change he has seen in Uvalde over the years, Les said the one thing he has noticed most is the traffic. "There weren't a lot of people in Uvalde. We could drive on Hwy 90 and hardly ever see a car. So much has changed."

Les met Kay, his wife in 1979 at Pizza Hut on a blind date. Getting married some time later they have 3 adult children and 7 grandchildren.

Les has served as ex-officio on our board until this year where he is now an official board member. He was one of many who painted, hung doors, helped create the wood shop and many other things to get HHAC up and running.

He now leads classes at our wood shop, Thomas Woodworks, every Tuesday at 9:30 am and 6 pm where he has taught many a person who had never run even a saw how to make things from yard art to beds and bird houses to tables. "Anyone can do wood work." Les said. All they have to do is come out and give it a try.

If you would like to create something from wood you have dreamt of but were timid, Les is your guy. He would love to work with you.

Thank you Les for all you have done for HHAC and Uvalde. You are a blessing.

## HERBY HAM ACTIVITY CENTER

# BACK WOODS BAND

SEPTEMBER 2 · 7 PM

LIVE MUSIC - DANCE - FOOD

\$10 ENTRY

JOIN US FOR AN  
EVENING OF GREAT  
MUSIC AND DANCE.

248 FM 3447, UVALDE TX -  
830-591-2711



## MEMORIALS/ HONORARIUMS



### *In Memory Of:*

*Ann Molloy from Marcella Spurgeon  
and Joseph Spencer*

*Ann Molloy from Carl Haynes*

*Ann Molloy from Mr. & Mrs. Barry Balzen  
Bob McCullough from Paula Diller*

*Memorials and Honorariums go towards  
HHAC's Building Fund unless otherwise stated.*



## CHICKS- EAT- OUT EVERY WEDNESDAY AT 11:30 AM

Wed. Aug 3—Luigi's

Wed. Aug 10—Open Range

Wed, Aug. 17—Bad Boyz BBQ

Wed, Aug 24—Town House

Wed, Aug. 31—Julio's

# HERBY HAM ACTIVITY CENTER



## PREPARING AND PLANTING A FALL GARDEN

Have you wanted to plant a garden but were not sure as to where to start? Join The San Antonio Food Bank as they instruct, from start to finish, on how to prepare and plant a fall garden.

**FREE CLASS**

**TUESDAY, AUG. 30th  
10 AM**

Please register by  
Monday Aug. 29th  
Call 830-591-2711  
248 FM 3447, Uvalde, TX

# HERBY HAM ACTIVITY CENTER

## CUPCAKES & GOODIES BINGO



**Every Tuesday @ 2 pm**

**Begins Tuesday, July 5th**

**Sponsored by Humana Health Care  
And Methodist Health Care Ministries**

**Non-Cash Prizes**

**FREE**



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# HERBY HAM ACTIVITY CENTER

## CORNHOLE

**EVERY THURSDAY AT 7:30 PM  
Doors Open At 7**

**ENTRY \$10 FOR 13 AND OVER**

*Tournament Entry*  
**\$10.00**

**CASH PRIZES**

248 FM 3447, UVALDE, 830-591-2711

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# HERBY HAM ACTIVITY CENTER

## FRAUD AND SCAM PREVENTION

### INFORMATION SESSION

**TUESDAY, AUGUST 16th @ 6 PM  
Register by Monday August 15th**

Scammers are getting more creative at getting your money on-line, by phone, mail or even in person.

First State Bank Uvalde will be giving an informative presentation on how to recognize fraud or scams and tips on protecting yourself from being a victim.

This is a free presentation.

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# Be Active

**HERBY HAM ACTIVITY CENTER**

**FREE HEALTH SCREENING**

**WED, AUGUST 17th**  
**10AM-12PM**  
 Conducted by Methodist  
 Healthcare Ministries

Blood Pressure, Blood Sugar, Height, Weight,  
 Medication Review

248 FM 447, UVALDE 830-591-2711

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**HERBY HAM ACTIVITY CENTER'S**

**WATER AEROBICS**

**\$60 A MONTH** OR **\$10 PER VISIT**



**SCHEDULE:**  
 Water Babes 8:30 am & 1:30 pm (Mon, Tues, Thurs)  
 Arthritis Class 10:00 am (Mon, Tues, Thurs)  
 Water Aerobics with Barbara 5:00 pm (Mon, Tues, & Thurs)  
 Bio Wave with Cheryl ( 3:45 Tues, Wed , Thurs)  
**OPEN POOL AVAILABLE....PLEASE CALL FOR INFORMATION**  
 830-591-2711  
 A Waiver & Dr. Release must be signed prior to participating  
 248 FM 3447, Uvalde, TX

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**Tai Chi**  
 AT HERBY HAM ACTIVITY CENTER



**EVERY TUESDAY**  
**@ 5:30 PM**  
**\$10 A CLASS**

Improve your Balance, Strength, Agility &  
 Coordination

**WEAR LOOSE FITTING CLOTHING AND**  
**BRING A FLOOR MAT FOR TRACTION**

248 FM 3447, UVALDE \* 830-591-2711

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Herby Ham Activity Center

**Toys of Grace**

HHAC is looking for volunteers to make toys in our woodshop or paint in the coolness of our center.

Benefitting children affected by tragedy or illness in the Uvalde area



For more info call  
 830-591-2711

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# WEEKLY EVENTS AT HERBY HAM ACTIVITY CENTER



LINE DANCING AT  
HHAC CAN BE  
BENEFICIAL TO  
YOUR  
HEALTH...BOTH  
MENTAL AND  
PHYSICAL  
WEDNESDAYS @  
1:00  
FREE AND FUN!



## AFTERNOON GAMES AT HHAC

Pinochle—Monday @ 2:30 pm

Bridge—Monday @ 12:30 pm

Dominoes (42) - Wednesday @ 1:00 pm

Line Dancing—Wed 1:00 pm (free)  
Exercise Machines—Mon-Thurs. 9 am-4:30 pm  
Fri 8am-11am (free)  
Circuit Gym—Mon-Thurs 8am-4:30Pm Fri 8-11:30 am



**COFFEE, DONUTS & CONVERSATION**

**EVERY FRIDAY AT 9 :00 AM**

**JOIN US!**



**WHAT DO YOU MEAN YOU  
CAN'T CROCHET?**

Do you have some extra time on  
your hands and would like to learn  
something new? Join our Crochet Group,  
The Yarn Whispers, Wednesdays at 9 am.  
They would love to teach you.

## WATER AEROBIC CLASSES :

Water Babes 8:30a (Mon, Tues, Thurs)

Arthritis Class 10:00a (Mon, Tues, Thurs)

Water Babes 1:30p (Mon, Tues, Thurs)

Bio Wave 3:45 (Tues, Wed, Thurs)

Mixed Class: 5:00p (Mon, Tues, & Thurs)

**POOL USE FEE \$60.00 INCLUDES WATER  
AEROBICS & OPEN POOL**

**OR \$10.00 PER VISIT**

## Open Pool Hours

**Two people must be in the pool area at all  
times**

Monday - 11:00—1:00 & 2:30 - 4:30 pm

Tuesday - 11:00—1:00 & 2:30 - 3:30 pm

Wednesday - 8:00 am—3:30 pm

Thursday - 11:00—1:00 & 2:30 - 3:30 pm

Friday - 8:00 am - 11:30 am



## UVALDE FARMER'S MARKET

Every Thursday at  
Uvalde's Town Square  
from 11-.

If you would like to sell  
home grown fruit or  
vegetables or home  
baked items, home  
canned items, eggs,  
even chickens you are  
welcome to join us at  
no charge

Call 830-591-2711 for  
more information.

# HHAC AUGUST 2022 CALENDAR

Sun	Mon	Tue	Wed	Thu	Fri	Sat
31	1 8:45am - Coffee 1pm - Bridge 1:30pm - Pinochle	2 8:45am - Coffee 9:30am - Woodworking 2pm - Cupcake & Goodies 5:30pm - Tai Chi 6pm - Woodworking	3 8:45am - Coffee 9am - Uvalde Yarn 11:30am - CEO (see page) 1pm - Dominos & Games 1pm - Line Dancing 1pm - Quilts of Grace	4 8:45am - Coffee 9am - Uvalde Piece 11am - Farmers Market at 7pm - Corn Hole	5 9am - Coffee & Donuts	6
7	8 8:45am - Coffee 1pm - Bridge 1:30pm - Pinochle	9 8:45am - Coffee 9:30am - Woodworking 10am - Healthy Cooking 2pm - Cupcake & Goodies 5:30pm - Tai Chi 6pm - Woodworking	10 8:45am - Coffee 9am - Uvalde Yarn 11:30am - CEO (see page) 1pm - Dominos & Games 1pm - Line Dancing 1pm - Quilts of Grace	11 8:45am - Coffee 9am - Uvalde Piece 11am - Farmers Market at 7pm - Corn Hole	12 9am - Coffee & Donuts	13
14	15 8:45am - Coffee 1pm - Bridge 1:30pm - Pinochle	16 8:45am - Coffee 9:30am - Woodworking 2pm - Cupcake & Goodies 5:30pm - Tai Chi 6pm - Woodworking	17 8:45am - Coffee 9am - Uvalde Yarn 10am - Health Screening 11:30am - CEO (see page) 1pm - Dominos & Games 1pm - Line Dancing 1pm - Quilts of Grace	18 8:45am - Coffee 9am - Uvalde Piece 11am - Farmers Market at 7pm - Corn Hole	19 9am - Coffee & Donuts	20
21	22 8:45am - Coffee 1pm - Bridge 1:30pm - Pinochle	23 8:45am - Coffee 9:30am - Woodworking 2pm - Cupcake & Goodies 5:30pm - Tai Chi 6pm - Woodworking	24 8:45am - Coffee 9am - Uvalde Yarn 11:30am - CEO (see page) 1pm - Dominos & Games 1pm - Line Dancing 1pm - Quilts of Grace	25 8:45am - Coffee 9am - Uvalde Piece 11am - Farmers Market at 7pm - Corn Hole	26 9am - Coffee & Donuts	27
28	29 8:45am - Coffee 1pm - Bridge 1:30pm - Pinochle	30 8:45am - Coffee 9:30am - Woodworking 10am - Gardening w/SA 2pm - Cupcake & Goodies 5:30pm - Tai Chi 6pm - Woodworking	31 8:45am - Coffee 9am - Uvalde Yarn 11:30am - CEO (see page) 1pm - Dominos & Games 1pm - Line Dancing 1pm - Quilts of Grace	1 8:45am - Coffee 9am - Uvalde Piece 11am - Farmers Market at 7pm - Corn Hole	2 9am - Coffee & Donuts	3