



HERBY HAM ACTIVITY CENTER

NEWSLETTER

February, 2022

248 FM 3447, Uvalde TX



Sponsored by

EMMANUEL LUTHERAN CHURCH
and HERBY HAM CENTER

Financial assistance
provided by
THRIVENT FINANCIAL

HERBY HAM ACTIVITY CENTER

248 FM 3447

UVALDE, TX 78801

SPAGHETTI SUPPER & BAKE SALE

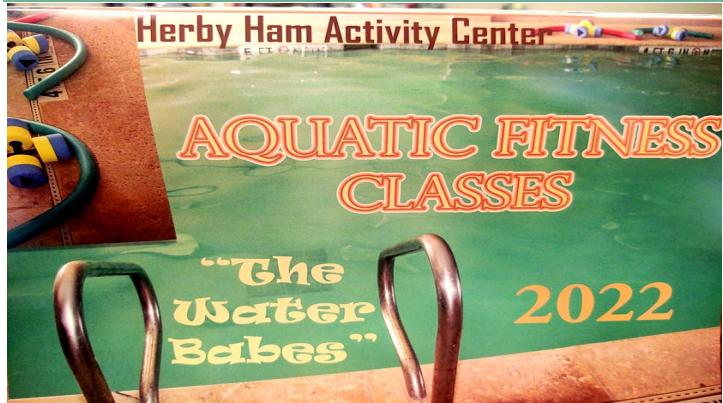
FRIDAY, FEBRUARY 11, 2022 at 6 pm

Proceeds go to Jimmy and Dee Ann Smith
to help with medical expenses

Meal is freewill donation



2022 WATER BABES CALENDAR NOW
AVAILABLE AT HHAC @ \$12 EACH



I am sure many know about our Board President and friend, Dee Ann Smith, having a horrible accident while she and her husband, Jim, were vacationing in Spain. Attempting to cross a the street Dee fell, hitting her head and had to be rushed to the hospital where she had brain swelling, a concussion and was unable to move her arms and legs.

Thus began this journey of their life of a different kind. Having trouble getting back to the states, Dee remained in the hospital in Spain for several weeks while Jim was trying to arrange transport for them. After, what must have seemed like a lifetime, they were able to get back to the US. Going directly to Houston to one of the best head trauma hospitals in the nation, Dee underwent surgery for several issues. She is still in Houston in a rehab facility while Jim is by her side as much as the facility will allow.

Every day, prayers are raised for Dee Ann, Jim and their family that healing and favor will surround them.

Dee Ann's accident hit HHAC, family members, and friends hard. The financial burden from medical expenses, lodging for Jim, travel expense and more is tremendous. I can't even begin to imagine.

Their church, Emmanuel Lutheran, contacted me asking if they could use our facility to host a pasta dinner to help raise much needed funds for the Smiths. This event will take place Friday, February 11 beginning at 6 pm. The meal will be by free-will donation.

Emmanuel Lutheran will also have their Country Store where wonderful baked goods will be sold and there will also be a silent auction.

We hope you can attend. Call 830-591-2711 for more information.

Our hearts and prayers go out to all who have experienced trauma and or death in their families. Father please.....

CONGRATULATIONS SYLVIA ALLEN



Valentine Dance

With Jack & Tess
Clarkson

Friday, February 4th
7 pm
\$10

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248 FM 3447, UVALDE 830-591-2711

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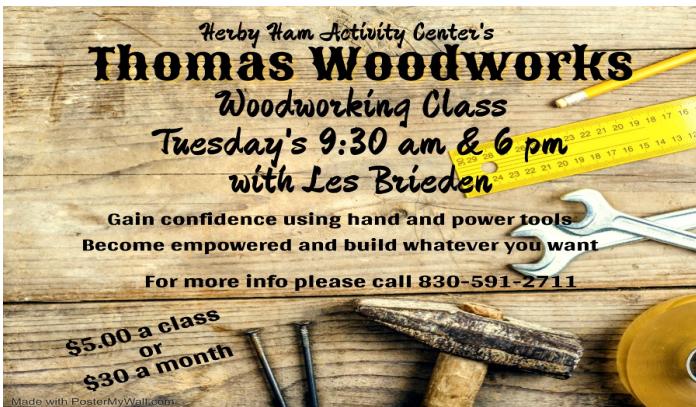


Remember HHAC

For your Event Rental Needs!
Parties, Receptions, Corporate
Events.
Call 830-591-2711

Congratulations to Sylvia Allen of Crystal City on winning our beautiful crochet throw donated by Uvalde Yarn Whisperers. Hope this keeps you warm and snuggly Sylvia.

The Yarn Whisperers meet every Wednesday at 9 am. They would love to teach you or have you join them.



CHICKS - EAT - OUT
EVERY WEDNESDAY AT
11:30 AM
February's Schedule
February 2 - Ofeila's
February 9 - Broadway 830
February 16 - Oasis
February 23 - Rexall

Tai Chi

AT HERBY HAM ACTIVITY CENTER



BEGINNING TUESDAY, FEB 1
FROM 10 AM TO 11 AM

\$10 A WEEK

Improve your Balance, Strength, Agility &
Coordination

WEAR LOOSE FITTING CLOTHING AND
BRING A FLOOR MAT FOR TRACTION

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HERBY HAM ACTIVITY CENTER

BIO WAVE AQUATICS

We are changing things around. Join Bio Wave
Aquatics at 3:45 on Tues, Wed & Thurs
beginning Tues, Feb 15th.

BEGINS TUESDAY FEB 15TH
EVERY TUES, WED & THURS

3:45 - 4:45

\$60 A MONTH
OR \$10 A CLASS

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248 FM 3447, UVALDE, TX 78801 * 830-591-2711
HERBYHAMACTIVITYCENTER.ORG

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ART & CRAFTERS

BE A PART OF OUR
NEW GIFT SHOP

OPENING SPRING
OF 2022

PERSONAL
BOOTHES

HHAC KEEPS A
SMALL
COMMISSION

830-591-2711

248 FM 3447, UVALDE, TX



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Herby Ham Activity Center

Gift Shop Closeout

EVERYTHING
50% OFF

Beginning Tues, Jan 4th
at from 9am to 4 pm

248 FM 3447, Uvalde TX



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WEEKLY EVENTS AT HERBY HAM ACTIVITY CENTER



LINE DANCING AT HHAC CAN BE BENEFICIAL TO YOUR HEALTH...BOTH MENTAL AND PHYSICAL
WEDNESDAY'S @ 1:00
FREE AND FUN!

AFTERNOON GAMES AT HHAC

Pinochle—Monday @ 2:30 pm

Bridge—Monday @ 12:30 pm

Dominoes (42) - Wednesday @ 1:00 pm



COFFEE, DONUTS & CONVERSATION
EVERY FRIDAY AT 9:00 AM
JOIN US!

WATER AEROBIC CLASSES :

Water Babes 8:30a (Mon, Tues, Thurs)

Arthritis Class 10:00a (Mon, Tues, Thurs)

Water Babes 1:30p (Mon, Tues, Thurs)

Mixed Class: 5:00p (Mon, Tues, & Thurs)

Bio-Wave Class-6:00p (Mon, Tues, Wed)

POOL USE FEE \$60.00 INCLUDES WATER AEROBICS & OPEN POOL

OR \$8.00 PER DAILY VISIT

Open Pool Hours

Two people must be in the pool area at all times

Monday - 11:00—1:00 & 2:30 - 4:30 pm

Tuesday - 11:00—1:00 & 2:30 - 4:30 pm

Wednesday - 8:00 am - 4:00pm

Thursday - 11:00—1:00 & 2:30 - 4:30 pm

Friday - 8:00 am - 11:30 am

WOOD WORKING INSTRUCTION WITH LES BRIEDEN

TUESDAY'S FROM

9:30 am &
6:00pm

\$5 a session or \$30 a month



Two or more must be in the woodshop with a Center representative being one of them.

FARMER'S MARKET

EVERY THURSDAY

FROM 10 AM TO 2 PM

AT UVALDE'S TOWN SQUARE.

Line Dancing—Wed 1:00 pm (free)
Exercise Machines—Mon-Thurs. 9 am-4:30 pm
Fri 8am-11am (free)
Circuit Gym—Mon-Thurs 8am-4:30Pm Fri 8-11:30 am

YOGA @ HERBY HAM ACTIVITY CENTER

Every Thursday at 9:30 am

LED BY JENA CAREY

GREAT CLASS FOR BEGINNERS OR EXPERIENCED

\$10 A CLASS

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