



**HERBY HAM ACTIVITY CENTER
WHEELS AND THRILLS
BIKE GIVE AWAY**

FRIDAY, NOVEMBER 27TH, 7 PM

**THE MORE YOU COME PLAY THE MORE YOUR
CHANCES TO WIN
10 BIKES WILL BE DRAWN FOR THAT EVENING
DURING BINGO**

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SUE'S CORNER

Has this year gone by as fast for you as it has me? The whole Covid-19 thing, elections, my own issues with knee replacement and, in the midst of all this, working to keep HHAC afloat has been a little

overwhelming during this last trip around the sun.

I, just like everyone else, are wishing for some type of normalcy. So we are doing our part to bring that back to Uvalde, under safety precautions of course.

We had a Flea Market on Saturday Oct. 24th. There were so many who came up to me thanking us for having this event because they had not been out of their homes since the beginning of March except for quick trips to the store. The road in front of the center was lined with vehicles and everyone seemed to enjoy themselves. A big thank you goes to Emmanuel Lutheran Church, in Knippa, Dee Ann Smith and Brenda Carter, for their hard work and getting donations where over \$1100 was raised for HHAC. The entire auditorium was filled with items donated to the Center, most of them gathered by the people of Emmanuel Lutheran.

As I mentioned above, I have had knee replacement surgery. I am having my right knee done the 2nd of November. Someone said that they have never seen anyone so excited to have surgery. You bet I am! For those of you who have struggled with issues such as this, you know what I mean. The recovery has been amazing, thank God, and I am more that prepared for the next one.

While I am out John Hogan and my husband, Jimmy will be available. John will be opening the Center up Monday through Friday at from 8 am to 10 am for our coffee group and for anyone else who may need assistance. The pool will be operating as usual along with line dancing, circuit gym, wood shop, crochet and of course Bingo. I am sorry for any inconvenience this may cause. There will be numbers listed on the front doors for John and Jimmy or you may call the Center and leave a message. I hope to be back by mid November. Prayers would be greatly appreciated not only for me but for HHAC. This has been a tough time for everyone and only by your help can we make it. Thank you to everyone who volunteers and supports us. You are loved!

Community

Trim-A-Tree/Food Drive

Herby Ham Activity will facilitate a Trim-A-Tree project to collect food for the Uvalde Food Pantry this Holiday season.

HHAC has room for 10

organizations to bring a tree to decorate in the halls. The community is asked to stop by and visit the trees and place non-perishable food under your favorite tree. Any organization interested in bringing a tree and decorating it should contact Dee Ann Smith @ 830-279-3620 by November 18th. Organizations will be able to decorate trees starting November 30. The tree with the most non-perishable food on December 16th will win a free room rental from Herby Ham Activity Center for a future date.



HERBY HAM ACTIVITY CENTER PRESENTS
A ROARING COWBOY CHRISTMAS DANCE
 Friday, Dec 4th
 7:00 PM
 with Wayne Everett & Red Hampton
PLEASE RSVP 830-591-2711

This is a fund raiser for HHAC. Asking for donations at the door.
 Sunrise Restaurant will be here selling food.
 Wear your mask, social distance, auditorium will be sanitized.



Hey Chicks.....Let's Eat Out
WEDNESDAY'S IN
NOVEMBER

November 4th—Applebee's
 November 11th—Hangar 6
 November 18th—Evet's BBQ
 November 25th—No CEO's

HERBY HAM ACTIVITY CENTER

GOSPEL
Night OUT

WITH TONI HULL AND FRIENDS
 \$10 ADULTS
 \$5 CHILDREN

7PM
 SATURDAY
 JANUARY
9TH

I praise you, God, my Wonderful Counselor, Mighty God, Everlasting Father, Prince of Peace" (Isaiah 9:6).

Reception Follows

248 FM 3447, UVALDE
 830-591-2711

WOOD WORKING INSTRUCTION WITH LES BRIEDEN
TUESDAY'S FROM 8:00—11:30 am & 6:00-9:00 pm

\$5 a session or \$35 a month

Two or more must be in the woodshop with a Cen-

FARMER'S MARKET
EVERY THURSDAY
FROM 9 AM TO 3 PM
ON THE CORNER
NEXT TO
PROGRESSO IIBRARY

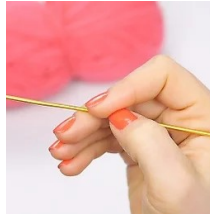
HERBY HAM ACTIVITY CENTER WILL BE CLOSED WEDNESDAY, NOVEMBER 25TH THROUGH SUNDAY NOVEMBER 29TH FOR THANKSGIVING. "IN EVERYTHING PRAISE THE LORD" 1 Thessalonians 5:18



FOR THE TIME BEING, THERE IS NO CALENDAR IN OUR NEWSLETTER. INFORMATION WITH DATES AND TIMES FOR OUR CURRENT EVENTS ARE THROUGHOUT THIS EDITION. GIVE US A CALL IF YOU HAVE ANY QUESTIONS.

AFTERNOON GAMES AT HHAC

Pinochle—Monday @ 1:30 pm
 Bridge—Tuesday's @ 1:00 pm
 Dominoes (42) - Wednesday @ 1:00 pm



WHAT DO YOU MEAN YOU CAN'T CROCHET?

Do you have some extra time on your hands and would like to learn something new. Join our Crochet Group Wednesday's at 9 am.



COFFEE, DONUTS & CONVERSATION

EVERY FRIDAY AT 9 :00 AM

JOIN US!



HHAC IS NOW CLOSING AT NOON ON FRIDAYS.

Be Active

WATER AEROBIC CLASSES :

Water Babes 8:30a (Mon, Tues, Thurs)
 Water Babes 1:30p (Mon, Tues, Thurs)
 Mixed Class: 5:00p (Mon, Tues, & Thurs)
 Bio-Wave Class-6p (Mon-Thurs)

POOL USE FEE \$60.00 INCLUDES WATER AEROBICS & OPEN POOL OR \$8.00 PER DAILY VISIT

Line Dancing—Wed 1:00 pm (free)
 Exercise Machines—Mon-Thurs. 9 am-4:30 pm
 Fri 8am-11am (free)
 Circuit Gym—Mon-Thurs 8am-7:00pm Fri 8-11:00 am

WHAT ARE SOME OF THE BENEFITS TO PLAYING BINGO BESIDES WINNING \$\$\$?



- Cognitive Abilities Are Boosted. Simply put, playing bingo can improve your brain's processing speeds, alertness, and memory capabilities, according to a study. ...
- Hand-Eye Coordination Is Improved. ...
- Physical Health Is Strengthened. ...
- Social Participation Is Increased. ...
- Healing from some types of surgery is sped up...

**TUESDAY & THURSDAY AT 7 PM
 SUNDAY AT 2 PM**

Open Pool Hours

Two people must be in the pool area at all times

Monday - 2:30 - 4:30 pm
 Tuesday - 2:30 - 4:30 pm
 Wednesday - 10:00 am - 12:30 pm/2:30 pm -4:00pm
 Thursday - 2:30 - 4:30 pm
 Friday - 10:00 am - 11:00 am