



UVALDE STRONG



Enough Said...



Over 200 were in line at one time. Some waiting all day to donate with no complaints. Everyone wanted to help. Thank you all so much!



Methodist Healthcare Ministries jumped right in all 3 days with food and water for our blood donors. Thank you !



15 plus Army Reservists drove 6 hours from McAllen, Texas to donate blood. We so appreciate y'all.



Waco Calvary Chapel was just one of many offering free food to Uvalde. Our hearts are full.



Prayers lifted up.



Thank you HEB for all of your love and support to our community.



Comfort Dogs. Love given...Love received.



Quilts of Grace is receiving donations of quilts and supplies from all over the country for the families and area children and teens.



No judgement, No prejudice, No fear. Thank you comfort dogs and those who brought them to Uvalde.



Over 2 weeks ago 21 families in Uvalde woke up to empty beds. The bottles that hold our tears in Heaven began to overflow . I can imagine God placing more out saying "We are going to need more, much more." (Psalms 56:8—You keep track of all my sorrows. You have collected all my tears in your bottle. You have recorded each one in your book.)

Hard to understand, but I thank Him that I was here for this and will be a part of the planning for the future of Uvalde. I cherish the prayers prayed and those to be prayed, for the hugs given and received, for the outpouring of love from people within and beyond our community and even our nation. I received a call from a lady in France asking if there was anything she could do from over there. Rabbi Ron who is over the JCC in Pittsburg, where the temple bombing was in 2018, is wanting to create a partnership between Herby Ham Activity Center and Uvalde with their organization. A doctor who owns a bakery in California has sent dozens of "Message Muffins" for us to distribute. Each one has a special message attached. We have received teddy bears, quilts for our Quilts of Grace Program and much more.

To HEB and HEB Crisis Management, words cannot express my gratitude for what they have done for the Garcia Family, HHAC and this community. They live streamed the funeral of Joe and Irma Garcia who Joe, an HEB employee, passed with a "broken heart" after Irma died. They brought employees from around Texas to work at Uvalde and Laredo's stores so those employees could attend the event here at HHAC. HEB has also offered to partner with HHAC for future events such as our Christmas Tree Food Drive and helping us in other ways. Thank you HEB.

I do not know any of the families well, only for when they have rented our facility for baby showers, birthdays and other events or to say hello when seeing them across town. But now I feel I do. I know the faces of the children and the teachers. I have come to know the heart of this community in a deeper way and I know that even when there is evil in the world God will and does reign. Things have been so busy here at The Center to where I have not had the opportunity to truly grieve over what my community has lost but when I do I know that God will bring that bottle close for my new tears that he holds so precious to him.

Uvalde Strong!

QUILTS OF GRACE

AN OUTREACH OF
HERBY HAM ACTIVITY CENTER
TO THE CHILDREN AND FAMILIES OF
UVALDE WHO HAVE EXPERIENCED
TRAUMA OR TO CHILDREN AND TEENS
WHO HAVE BEEN REMOVED FROM THEIR
HOMES.

**JOIN US WEDNESDAY,
JUNE 15 & JUNE 22
AT 1PM**

**EVEN IF YOU DO NOT KNOW HOW TO
SEW PLEASE JOIN US. WE CAN
STILL USE YOU.**

**CALL US AT 830-591-2711 FOR
INFORMATION**

Made with PosterMyWall.com

Herby Ham Activity Center

**Toys of
Grace**

HHAC is looking
for volunteers
to make toys in
our woodshop
or paint in the
coolness of our
center.

Benefitting
children affected
by tragedy or
illness in the
Uvalde area

**For more info call
830-591-2711**

Made with PosterMyWall.com

Be Active

HERBY HAM ACTIVITY CENTER

yoga

EVERY
THURSDAY
@ 5:30 PM

Build Immunity
Strengthen Body
Loose Weight
Get Fit and Healthy

\$10 A CLASS

For Further details contact.
830-591-2711

LED BY JENA CAREY

HERBY HAM
ACTIVITY CENTER'S

WATER AEROBICS

**\$60
A MONTH**



OR
**\$10
PER VISIT**

SCHEDULE:

Water Babes 8:30 am & 1:30 pm (Mon, Tues, Thurs)
Arthritis Class 10:00 am (Mon, Tues, Thurs)
Water Aerobics with Barbara 5:00 pm (Mon, Tues, & Thurs)
Bio Wave with Cheryl (3:45 Tues, Wed , Thurs)
OPEN POOL AVAILABLE....PLEASE CALL FOR INFORMATION
830-591-2755
A Waiver & Dr. Release must be signed prior to participating
248 FM 3447, Uvalde, TX

Made with PosterMyWall.com

Tai Chi

AT HERBY HAM ACTIVITY CENTER



EVERY TUESDAY
@ 5:30 PM
\$10 A CLASS

Improve your Balance, Strength, Agility &
Coordination

WEAR LOOSE FITTING CLOTHING AND
BRING A FLOOR MAT FOR TRACTION

248 FM 3447, UVALDE * 830-591-2711

Made with PosterMyWall.com



FREE YOGA CLASSES
TO HELP HEAL THE
WOUNDS OF TRAUMA

Every Wednesday
@ 5:30 pm

Through July 13

Led by Sherry Garrett

At Herby Ham Activity Center
Call 830-591-2711

Made with PosterMyWall.com

HERBY HAM ACTIVITY CENTER

CORNHOLE



EVERY THURSDAY AT 7:30 PM
Doors Open At 7

ENTRY \$10 FOR 13 AND OVER

Tournament Entry
\$10.00

CASH PRIZES

248 FM 3447, UVALDE, 830-591-2711

Made with PosterMyWall.com

 **Memorial/Honorarium Donations** 

IN MEMORY OF:

Ann Molloy from Barbara & Tom Blair
Ann Molloy from John & Barbara Hogan
Ann Molloy from Clara Hogan
Ann Molloy from Bobby & Linda Kramer
Ann Molloy from Tracy & Cheryl King
Ann Molloy from Jack & Carolyn Lampe
Ann Molloy from Gary & Carolyn Moody
Ann Molloy from Berniece Olson
Ann Molloy from Jimmy & Sue Rankin
Ann Molloy from Karen Sullivan
Ann Molloy from Kay Welch

Lloyd Cook from Clara Hogan
Lloyd Cook from Bobby & Linda Kramer

*In Honor and Memory of Robb School
Students & Teachers*
From Archie & Sarabeth McFadin
From Sue & Jimmy Rankin

*Memorials and Honorariums go towards
HHAC's Building Fund unless otherwise stated.*

PLEASE REMEMBER US IN YOUR WILL

ART & CRAFTERS

BE A PART OF OUR
NEW GIFT SHOP

OPENING IN 2022!

PERSONAL BOOTHS • HHAC KEEPS A SMALL COMMISSION

830-591-2711

248 FM 3447, UVALDE, TX



Made with PosterMyWall.com



**CHICKS- EAT- OUT
EVERY WEDNESDAY AT
11:30 AM**

Wed, June 15th—Hippie Chicks
 Wed, June 22—Billy Bob's
 Wed, June 29th—Wing Stop

JOIN US!



**WOOD WORKING
INSTRUCTION WITH
LES BRIEDEN
EVERY TUESDAY
AT 9:30 AM AND 6 PM**

\$5 a day or \$30 a month

**Two or more must be in the woodshop with a
Center representative being one of them.**

WEEKLY EVENTS AT HERBY HAM ACTIVITY CENTER



LINE DANCING AT
HHAC CAN BE
BENEFICIAL TO
YOUR
HEALTH...BOTH
MENTAL AND
PHYSICAL
WEDNESDAYS @
1:00
FREE AND FUN!



AFTERNOON GAMES AT HHAC

Pinochle—Monday @ 2:30 pm
Bridge—Monday @ 12:30 pm
Dominoes (42) - Wednesday @ 1:00 pm

Line Dancing—Wed 1:00 pm (free)
Exercise Machines—Mon-Thurs. 9 am-4:30 pm
Fri 8am-11am (free)
Circuit Gym—Mon-Thurs 8am-4:30Pm Fri 8-11:30 am



COFFEE, DONUTS & CONVERSATION
EVERY FRIDAY AT 9 :00 AM
JOIN US!



WHAT DO YOU MEAN YOU CAN'T CROCHET?

Do you have some extra time on your hands and would like to learn something new? Join our Crochet Group, The Yarn Whispers, Wednesday's at 9 am. They would love to teach you.

WATER AEROBIC CLASSES :

Water Babes 8:30a (Mon, Tues, Thurs)
Arthritis Class 10:00a (Mon, Tues, Thurs)
Water Babes 1:30p (Mon, Tues, Thurs)
Bio Wave 3:45 (Tues, Wed, Thurs)
Mixed Class: 5:00p (Mon, Tues, & Thurs)
POOL USE FEE \$60.00 INCLUDES WATER AEROBICS & OPEN POOL
OR \$10.00 PER VISIT

Open Pool Hours

Two people must be in the pool area at all times

Monday - 11:00—1:00 & 2:30 - 4:30 pm
Tuesday - 11:00—1:00 & 2:30 - 3:30 pm
Wednesday - 8:00 am—3:30 pm
Thursday - 11:00—1:00 & 2:30 - 3:30 pm
Friday - 8:00 am - 11:30 am



UVALDE FARMER'S MARKET
Every Thursday at Uvalde's Town Square from 11-.

If you would like to sell home grown fruit or vegetables or home baked items, home canned items, eggs, even chickens you are welcome to join us at no charge

Call 830-591-2711 for more information.

HHAC JUNE 2022 CALENDAR

29	30	31	1	2	3	4
			9am - Uvalde Yarn 11:30am - CEO (see 1pm - Dominos & 1pm - Line Dancing	11am - Farmers Market 5:30pm - Yoga with 7pm - Corn Hole	9am - Coffee & Donuts	
5	6	7	8	9	10	11
1pm - Bridge 1:30pm - Pinochle	9:30am - Woodworking 5:30pm - Tai Chi 6pm - National	9am - Uvalde Yarn 11:30am - CEO (see 1pm - Dominos & 1pm - Line Dancing	11am - Farmers Market 5:30pm - Yoga with	9am - Coffee & Donuts		
12	13	14	15	16	17	18
8:45am - Coffee 1pm - Bridge 1:30pm - Pinochle	8:45am - Coffee 9:30am - Woodworking 5:30pm - Tai Chi 6pm - Woodworking	8:45am - Coffee 9am - Uvalde Yarn 11:30am - CEO (see 1pm - Dominos & 1pm - Line Dancing 1pm - Quilts of Grace 5:30pm - Free Yoga	8:45am - Coffee 9am - Uvalde Piece 11am - Farmers Market 5:30pm - Yoga w/Jena 7pm - Corn Hole	9am - Coffee & Donuts		
19	20	21	22	23	24	25
8:45am - Coffee 1pm - Bridge 1:30pm - Pinochle	8:45am - Coffee 9:30am - Woodworking 5:30pm - Tai Chi 6pm - Woodworking	8:45am - Coffee 9am - Uvalde Yarn 11:30am - CEO (see 1pm - Dominos & 1pm - Line Dancing 1pm - Quilts of Grace 5:30pm - Free Yoga	8:45am - Coffee 9am - Uvalde Piece 11am - Farmers Market 5:30pm - Yoga with 7pm - Corn Hole	9am - Coffee & Donuts		
26	27	28	29	30	1	2
8:45am - Coffee 1pm - Bridge 1:30pm - Pinochle	8:45am - Coffee 9:30am - Woodworking 5:30pm - Tai Chi 6pm - Woodworking	8:45am - Coffee 9am - Uvalde Yarn 11:30am - CEO (see 1pm - Dominos & 1pm - Line Dancing 5:30pm - Free Yoga	8:45am - Coffee 9am - Uvalde Piece 11am - Farmers Market 5:30pm - Yoga with 7pm - Corn Hole	9am - Coffee & Donuts		