HERBY HAM ACTIVITY CENTER

NEWSLETTER

October, 2021

248 FM 3447, Uvalde TX



PLAN NOW TO PARTICIPATE IN TRIM A TREE PROJECT See page 4 for more details



SUE'S CORNER

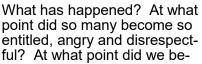


The flag at HHAC fell the other day. I was fortunate to be able to get it before it hit the ground. Fire Chief, Mario Rangel and Todd Dorris, with Uvalde Fire Department were gracious to come out and put a new rope up

along with our flag. Thank you guys for your help.

After our flag was put back up, I stood back and looked at what a beautiful sight it was. Those of us who are still patriotic, fill with pride for our country and what sacrifices took place to form it. I actually became a little emotional seeing it wave in the wind.

Growing up, we said the pledge and embraced "One Nation Under God". Burning a flag was only done if it hit the ground. We stood when the National Anthem was played and kneeled only to our God, not in protest.





come a nation that is unrecognizable from even 20 years ago?

On 9/11 I saw our nation come together to grieve, support each other and pray like never before. Not being around for any of the World Wars, this was the closest I have seen our nation unite since the assignation of JFK. Everyone was upset as to what happened to our president, not just those who voted for him...but everyone! In both cases, 9/11 and JFK's assignation, we seemed to come together as "One Nation Under God". There was no outand-out hatred between political parties. We supported each other, helped each other no matter where they stood politically. Families and friends were not divided and social media did not dictate how we should feel. How

things have changed!.



So I ask you to join me, no matter of how you stand politically. Join me in praying for our country according to God's will..."Thy will be done". Join me in honoring those who sacrificed for this country by thanking a vet. Join me in honoring our flag and kneeling only to our God.









YOU COULD WIN ONE OF THESE BEAUTIFUL CROCHET THROWS

Created by the Uvalde Yarn Whisperers for HHAC, these beautiful throws are being drawn for at our Christmas Dance on Saturday, December 4th. Tickets are \$5.00 each and can purchased at HHAC.

Want to learn how to crochet? Join the Yarn Whisperers every Wednesday at 9 am.







Memorial/Honorarium Donations



In Memory of:

Dave Hogan from His Siblings:
John & Barbara Hogan, Steve & Casey
Hogan, Mary Hogan, Mike & Eunice
Hasselbring, Nancy Foss, Jim & Janice Gude
and Doug & Mona Rans

All Memorials and Honorariums go towards HHAC's Building Fund. Please remember us in your will.



CHICKS- EAT- OUT EVERY WEDENSDAY AT 11:30 AM

OCTOBER'S SCHEDULE

October 6-Hangar 6 October 13—Ofelia's October 20-Sunrise

October 27-Open Range



FARMERS MARKET FREE FOR VENDORS TO SELL FARM ITEMS

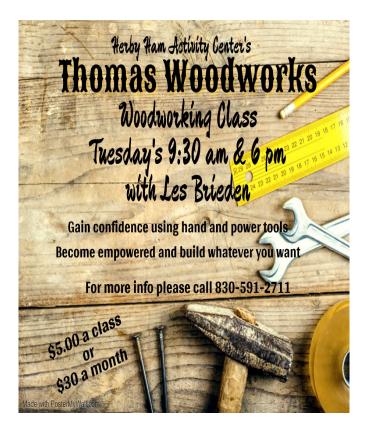
Are you a gardener or farmer?
Do you raise chickens or make preserves, pickles, baked goods or soap?
Come sell at Uvalde's Farmers Market every Thursday at the Town Square from 10 am to 2 pm. It is free for participants. We do require that only farm items or home baked items be sold. No craft or independent vendors please.

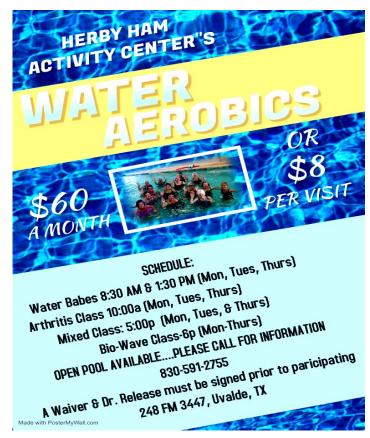
TRIM A TREE PROJECT

2021 will be HHAC's second year facilitating Trim-A-Tree Project to collect food for the Uvalde Food Pantry. Even though it's September, it is not too early for your organization to start planning for this event.

There will be room for 10 trees to be decorated and non-perishable food items placed underneath. We do ask that you decorate your tree with ornaments and lights to help bring in the Holiday Spirit to The Center. The community will also be asked to get involved by donating food items to your favorite organization's tree. The tree with the most items will win a free rental in 2022 (deposits, security and insurance excluded). You can register your organization for the 2021 Trim-A-Tree Project by calling 830-591-2711.







LOOKING FOR THAT
PERFECT PLACE TO HOLD
A WEDDING RECEPTION,
QUINCEANERA BIRTHDAY
PARTY, CORPORATE
EVENT WITH LOTS OF
ROOM TO SPREAD OUT?
HHAC IS YOUR PLACE!
DATES ARE ALREADY FILLING UP FOR 2022'S
GRADUATION PARTIES SO COME BY NOW TO
MAKE YOUR EVENT RESERVATIONS.
CONTACT US AT 830-591-2711, DROP BY THE
CENTER OR GO TO OUR WEBSITE:
HERBYHAMACTIVITYCENTER.ORG FOR AVAILABILITY AND PRICING INFORMATION.



BY POPULAR DEMAND, WE ARE CHANGING OUR BINGO BACK TO TUESDAY'S DUE TO FOOTBALL AND FAMILY TIME ON SUNDAY'S.

OUR NEW BINGO DAYS ARE TUESDAYS AND FRIDAY'S AT 7 PM . NO MORE SUNDAY BINGO.

PLEASE COME SUPPORT HHAC SO WE CAN GET OUR PAYOUT BACK UP TO \$2500 FOR REGULAR BINGO SESSION. OUR SUPER BINGO REMAINS THE SAME AT \$5000 PLUS PAYOUT.

WEEKLY EVENTS AT HERBY HAM ACTIVITY CENTER



LINE DANCING AT
HHAC CAN BE
BENEFICIAL TO
YOUR
HEALTH...BOTH
MENTAL AND
PHYSICAL
WEDNESDAY'S @
1:00
FREE AND FUN!

WOOD WORKING INSTRUCTION WITH LES BRIEDEN

TUESDAY'S FROM 9:30 am & 6:00pm





Two or more must be in the woodshop with a Center representative being one of them.

AFTERNOON GAMES AT HHAC

Pinochle—Monday @ 1:30 pm

Bridge-Monday @ 12:30 pm

Dominoes (42) - Wednesday @ 1:00 pm



COFFEE, DONUTS & CONVERSATION
EVERY FRIDAY AT 9:00 AM
JOIN USI

FARMER'S MARKET
EVERY THURSDAY
FROM 10 AM TO 2 PM
AT UVALDE'S TOWN SQUARE.



WATER AEROBIC CLASSES:

Water Babes 8:30a (Mon, Tues, Thurs)
Arthritis Class 10:00a (Mon, Tues, Thurs)
Water Babes 1:30p (Mon, Tues, Thurs)
Mixed Class: 5:00p (Mon, Tues, & Thurs)
Bio-Wave Class-6:00p (Mon-Thurs)

POOL USE FEE \$60.00 INCLUDES WATER

AEROBICS & OPEN POOL

OR \$8.00 PER DAILY VISIT

Line Dancing—Wed 1:00 pm (free)
Exercise Machines—Mon-Thurs. 9 am-4:30 pm
Fri 8am-11am (free)
Circuit Gym—Mon-Thurs 8am-4:30Pm Fri 8-11:30 am

Open Pool Hours <u>Two people must be in the pool area at all</u> <u>times</u>

Monday - 11:00—1:00 & 2:30 - 4:30 pm Tuesday - 11:00—1:00 & 2:30 - 4:30 pm Wednesday - 8:00 am - 4:00pm Thursday - 11:00—1:00 & 2:30 - 4:30 pm Friday - 8:00 am - 11:30 am



WHAT ARE SOME OF THE BENEFITS TO PLAYING BINGO BESIDES WINNING \$\$\$?

- Cognitive Abilities Are Boosted. Simply put, playing bingo can improve your brain's processing speeds, alertness, and memory capabilities, according to a study. ...
- Hand-Eye Coordination Is Improved. ...
- Physical Health Is Strengthened. ...
- Social Participation Is Increased. ...
- Healing from some types of surgery is sped up...

FRIDAY AT 7 PM— TUESDAY AT 7 PM