



Cosmic Healing With CJ

mind, body & soul

How to Prepare for a Reiki or Energy Healing Session

- You Will Be Fully Clothed During the Session – Dress Comfortably
- Arrive 15 Min Before Your Session Starts So We Can Talk About Your Needs
- Keep Your Phone on Silent
- Be Open Minded and Don't Be Afraid to Ask Questions!
- There Will be No Hands On Touching
- Please Reschedule if You Think You are Sick or Have Been Exposed to Covid/Flu/Cold/Etc.
- Drink Water Before Your Session and After Your Session
- Be Prepared for Emotions to Surface (Before, During or After Your Session).
- This should subside up to three days after the session. Contact me if you have questions.
- Energy Healing continues to work after your session is done. Sometimes, it can be working for up to a week or a month after
- Relax and Just Allow the Energy to Flow
- You Might Be Sleepy After Your Healing Session – Take a Nap (The Healing Will Continue to Work While You are Napping)
- If You Enjoyed Your Session, Please Send Me a Review/Note to Share on my Website (I keep them Anonymous. I only Use Initials)
- Anything We Discuss or Share in the Sacred Healing Space is Private and Confidential
- Children Under the Age of 18 Must be Accompanied by an Adult



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Cosmic Healing With CJ and The Dreammaker Liability Policy:

By booking a session with Cosmic Healing With CJ, **YOU**, the client are agreeing to the following terms and conditions of purchasing services from Cosmic Healing With CJ or The Dreammaker: I understand that Reiki and Energy Healing are simple, gentle, hands-on (non-touch) energy techniques that are used for stress reduction and relaxation. I understand that any Intuitive Coaching sessions and Intuitive Readings are for entertainment purposes only, and does not constitute a psychic reading, nor does the session imply or guarantee that anything discussed during the session is a prediction of future events that may or may not occur during the client's lifetime. I understand that Cosmic Healing With CJ, The Dreammaker, their owner(s), employees, independent contractors, affiliates and/or authorized representatives are not medical professionals and cannot diagnose conditions nor prescribe or perform medical treatment, prescribe substances, nor interfere with the treatment of a licensed medical professional.

I understand that the products or services provided to me by Cosmic Healing With CJ and/or The Dreammaker **do not** take the place of medical care. I understand that it is recommended that I see a licensed physician or licensed healthcare professional for any physical or psychological ailment I may have. I understand that the products and services provided by Cosmic Healing With CJ and/or The Dreammaker can complement, but cannot replace any medical or psychological care I may need and/or be receiving. I acknowledge that it is not possible to estimate the number of sessions I will need to resolve the issue(s) which necessitate my decision to utilize the services of Cosmic Healing With CJ and The Dreammaker. I further acknowledge that it is not possible to guarantee any specific outcomes for any sessions I receive from Cosmic Healing With CJ and The Dreammaker. I voluntarily assume the risk of injury, accident or death, which may arise from the use of Cosmic Healing With CJ and Dreammaker representatives or assigns hereby release from all claims or liabilities for personal injury or property damages of any kind sustained as a result of receiving services from Cosmic Healing With CJ and The Dreammaker and from any advice



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provided by their owner(s), employee(s), independent contractor(s), affiliates and/or any authorized representative(s). I agree that this intake form and Waiver is in effect for all Cosmic Healing With CJ and The Dreammaker sessions I receive and will not expire unless requested by either party.

DATE: _____

SIGNATURE: _____