



✦ WELCOME TO OUR

🌟 Celebrating Our Community 🌟



We are proud to share that the women of our **Womenn** community have been highly commended at the BBC Community Awards 2025!

This recognition shines a light on the strength, care, and resilience of the women and children who make our community so special. Being highly commended means our efforts are celebrated nationally – a true testament to the courage, support, and love shown every day.

🌟 This is a victory for all our women and children – and a reminder of what we can achieve together. 🌟

Thank you to our funders for the continuous support.



A Day Out in the Sun!



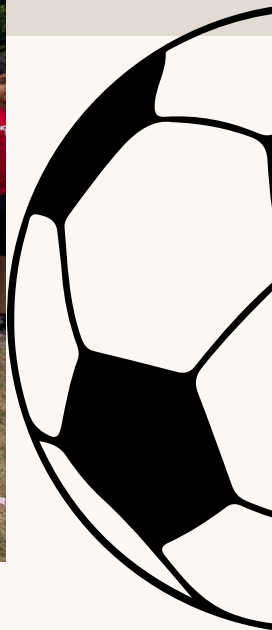
What better way to celebrate our wonderful community than with a day out together in the sunshine? We gathered for laughter, connection, and plenty of fun – and the day didn't disappoint!

The children bounced their hearts out on the bouncy castle (some adults were very tempted too), faces were transformed into everything from butterflies to superheroes, and the chatter flowed as easily as the cups of tea. Over lunch, we shared stories, plenty of banter, and lots of smiles – proving once again that food really does bring people together.

And in between the giggles and games, there was also time to pause for a little wellbeing and self-care – because looking after ourselves is just as important as looking after each other.

It was a day filled with joy, sunshine, and togetherness – the kind of memories that remind us how lucky we are to have such a special community. ❤️





🏆 Summer Sports Newsletter 🏆

6 weeks of sports

Dear Parents,



What a summer! We sweated, we laughed, we chased carrots and soccer balls... and somehow survived six weeks of “fun” that the kids absolutely loved (and the moms are still recovering from). Here’s our whirlwind recap:

Tug of War: The rope won. Moms’ shoulders didn’t.

Healthy Eating: Kids dodged carrots, moms tackled cookies.

Parachute Games: Static hair, dizziness, and squirrel-speed children.

Hoops: Hula or basketball? Nobody knows.

Agility Testing: Cones, hurdles... and pulled hamstrings.

Soccer: Balls everywhere, grass stains forever.

We wrapped it all up with Sports Day, medals for the kids, and even a visit from the BBC Radio team—who caught the cheers, the chaos, and at least one mom shouting: “Where’s my iced coffee?!”

Here’s to a legendary summer of memories (and ice packs)!

