

Ladies Henna day 9/04/2024



Embracing Eid and the Art of Applying Mehndi: Celebrating Diversity and Unity

In the spirit of Eid and the tradition of applying Mehndi, let us delve deeper into the profound impact these celebrations have on communities, particularly on women who find themselves in challenging circumstances. While Eid is a time of joy and togetherness for many, it also serves as a beacon of hope and solidarity for those who may be experiencing hardship or adversity.

In the midst of Eid preparations, women from refuge centers, domestic abuse hostels, and marginalized communities often find themselves overlooked or forgotten. However, it is precisely during these times of celebration that the power of empathy and compassion shines brightest. Women from all walks of life have come together to bring smiles to the faces of those in need, spreading the spirit of Eid far and wide.



Through initiatives aimed at uplifting and supporting women in challenging situations, Eid becomes more than just a religious observance—it becomes a symbol of solidarity and empowerment. The simple act of applying Mehndi takes on a profound significance as it becomes a vehicle for healing, joy, and connection.

In many communities, women have organized events and workshops where they offer their time and expertise to apply Mehndi on the hands of those who may have never experienced this traditional art form before. These gatherings provide a safe and welcoming space for women to come together, share their stories, and find strength in each other's company.

For the women in refuge centers and domestic abuse hostels, these events offer a temporary reprieve from their everyday struggles. It is a chance for them to feel seen, heard, and valued—a reminder that they are not alone in their journey towards healing and recovery. The colorful patterns of Mehndi serve as a tangible symbol of resilience and hope, reminding them of their inherent beauty and worth.



***Eid Mubarak
Love from
Womenn***

**Henna artist for all pictures:
Mehvish Shehzadi**

