



AUTUMN 2024

**ST JOHN AMBULANCE
HOSTED A
COMMUNITY
WORKSHOP OFFERING
WOMEN AND THEIR
CHILDREN ESSENTIAL
FIRST AID ADVICE ON
HANDLING
EMERGENCIES LIKE
WOUND CARE, BURNS,
AND OTHER
INCIDENTS. THROUGH
HANDS-ON
DEMONSTRATIONS,
PARTICIPANTS
LEARNED PRACTICAL
SKILLS TO RESPOND
CONFIDENTLY AND
EFFECTIVELY IN
COMMON ACCIDENTS.**



Mehvish Shehzadi 07394585903



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Roseland House Community Centre Dudley DY27LJ



SPOOKTACULAR FOREST SCHOOL

Another event hosted by Donna at Jasmine Community Gardens was our Spooktacular Forest School. We came together to roast s'mores and make pancakes over an open fire, and the ladies took home fresh organic produce and raw honey straight from the Queen Bee herself.



THE LADIES HAVE BEEN GATHERING WITH THEIR PUPS, BIG AND SMALL, FOR NEIGHBORHOOD PLAYDATES — THINK OF IT AS A DOGGY SOCIAL HOUR WITH A TWIST! BETWEEN TAIL WAGS AND BELLY RUBS, WE'VE BEEN ON A MISSION TO CLEAN UP THE PARKS, HUNTING DOWN EVERY PIECE OF PLASTIC (NOT SO FANTASTIC) AND ANY OTHER "TREASURES" OUR DOGS MIGHT FIND FIRST. WHO KNEW PICKING UP LITTER COULD BE THIS PAW-SOME?



Calling The Dog Community

Join Max and his friends every week to help keep the parks clean

Invite for: Good behaved dogs, animal lovers and environmentalists.



Join us in making our community cleaner, greener, and more beautiful!
We invite you to be a part of our Neighbourhood Clean-up Project, where we will come together to make a positive impact on our environment. Litter pickers and biodegradable bags will be provided and the pups can help too

Every Wednesdays & Sundays starting

18/09/2024

1:30pm

Green Park
Watsons Green Road
Dudley
DY2 7LG

Contact: Mehvish Shehzadi: 07394585903
Email: support@womenn.online



SAVE THE DATES FOR AN AMAZING COLLABORATION WITH JUST STRAIGHT TALK! THEY'LL BE JOINING OUR COMMUNITY TO PROMOTE MENTAL HEALTH AND AWARENESS THROUGH SOUND RELAXATION AND THE ARTS. DON'T MISS THIS CHANCE TO UNWIND, CONNECT, AND EXPLORE NEW WAYS TO SUPPORT WELL-BEING TOGETHER!



18/10/2024

Rythm for the Brain – Drumming Workshop 10–12pm

25/10/2024

Arabic Calligraphy Session 1 10–12pm

01/11/2024

Arabic Calligraphy Session 2 10–12pm

08/11/2024

Artful Wonder – Maths and English embedded crafts 10–12pm

15/11/2024

Artful Wonder – Maths and English embedded crafts 10–12pm

22/11/2024

Artful Wonder – Maths and English embedded crafts 10–12pm

29/11/2024

Artful Wonder – Maths and English embedded crafts 10–12pm & Sound Relaxation 1–2pm

06/12/2024

Artful Wonder – Maths and English embedded crafts 10–12pm & Sound Relaxation 1–2pm

13/12/2024

Artful Wonder – Maths and English embedded crafts 10–12pm



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