

WOMENN SUNS IT OUT



Community Family Day Drayton Manor Theme Park 22/06/24

What happens when 70 of our community members decide to take on Drayton Manor Theme Park? A day full of laughs, ice creams, and a few epic meltdowns, that's what!

First off, let's give a round of applause to everyone who showed up on time. Seriously, when does that ever happen? The sun was shining, the roller coasters were calling, and we were ready to conquer them all—well, until we saw the height restrictions. Sorry, kids, sometimes life's just too short.

Now, let's talk about the rides. Ever seen a grown adult scream louder than their 5-year-old on a roller coaster? We have. Multiple times. Of course, no trip to a theme park is complete without a meltdown or two. Or twenty.

But hey, that's just part of the charm, right? Little Sulaimon dropped his ice cream, Shabz lost her crew after getting bored in Thomas Land, and at one point, we were pretty sure someone's dad had joined the circus after he disappeared for an hour. We found him soaked from having too much fun on Storm Force 10.

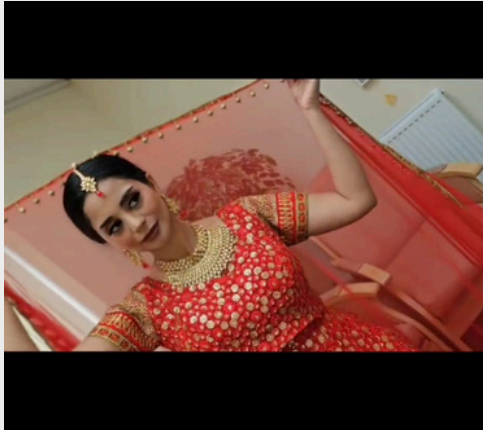
And teddies, I am sure you ladies may have spent enough money trying to win them to fund our next community event.

Let's not forget the ice creams. We're pretty sure we single-handedly kept the ice cream vendors in business for the day. If there was an Olympic event for ice cream eating, we'd have brought home gold, silver, and bronze. It's a miracle anyone had room left for dinner.

By the end of the day, despite a couple of lost adults—no names mentioned, everyone returned with a smile. We might have left with sunburns, sugar rushes, and empty wallets, but our hearts were full.

So here's to another epic community day out full of fun, friendship, and the best community around!

Career Building Workshops



But the excitement was not just at Drayton Manor! Our community's recent career-building workshop was equally spectacular. Aliha's makeup classes reached their grand finale with an incredible demonstration of dolling up a traditional Pakistani bride. The transformation was breath-taking. Everyone was captivated, taking diligent notes and snapping pictures of the stunning techniques. My own son, upon seeing the radiant bride, asked, "Who is that princess?" The awe and admiration on his face perfectly captured the magic of the moment.

Aliha's skillful artistry not only highlighted the beauty of our culture but also inspired budding makeup enthusiasts in our community to pursue their talents.



In addition to makeup, we've been running another fantastic career-building workshop: Henna Artistry. We all know how expensive it is to get professional henna done, so we thought, why waste money? Instead, we decided to teach you the secret techniques to create your own stunning designs. With a little practice, you'll be able to create beautiful henna designs for any occasion, impressing friends and family with your newfound talent.

And let's not forget the warm invitation from the **Hello Dudley Group**, who graciously hosted us for an afternoon tea. This wonderful group meets up once a month to support the elderly and individuals who may be experiencing loneliness. Their dedication to fostering connections and providing companionship is truly inspiring. The afternoon was filled with delightful conversations, delicious treats, and a sense of community that left everyone feeling cherished and uplifted. It's these moments of togetherness that remind us of the strength and warmth of our community.

For more information about adult support available from the Hello

Dudley Group please contact: 01384 814196

www.dudley.gov.uk

Upcoming Workshops for ladies only:

- Jewellery Making
- Natural Candle Making
- Create your own terrarium plant
- Engraving workshop - Coasters



Join Us for Forest School Sessions at Jasmine Community Gardens in Dudley!

We are excited to invite you to the launch of our Forest School sessions at Jasmin Community Gardens in Dudley! These engaging and enriching sessions will begin on Saturday, 6th July, and are designed specifically for children under 12 and for women looking to reconnect with nature, learn new skills, and foster a sense of community.

Children - What to Expect:

- Nature-Based Learning: Children will engage in activities like bug hunting, building shelters, nature crafts, and more.
- Skill Development: The sessions will help children develop essential skills such as teamwork, problem-solving, and resilience.
- Fun and Adventure: Each session is designed to be fun, adventurous, and filled with opportunities for discovery.

Ladies - What to Expect:

- Relaxation and Wellness: Engage in mindfulness exercises, nature walks, and relaxation techniques.
- Skill Building: Learn practical outdoor skills such as foraging, bushcraft, and nature-based crafts.
- Community and Connection: Meet like-minded women and build lasting friendships in a supportive environment.

Event Details

Date: Saturday, 6th July (ongoing)

Location: Jasmin Community Gardens, Dudley

Time: 11:00 AM - 1:00 PM

How to Register

To ensure a spot in our Forest School sessions, please register by contacting us at

01384732178

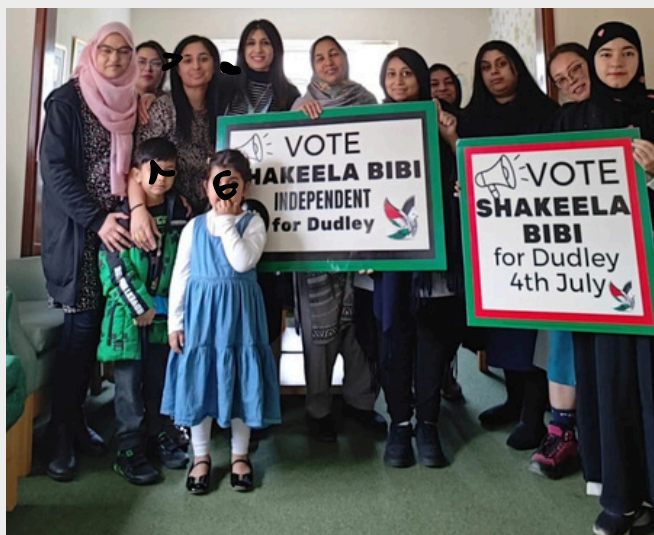
Spaces are limited, so we encourage early registration.

Empowered Woman!

BELIEVE IN
YOURSELF



In Dudley's upcoming general elections, Shakeela Bibi emerges as a formidable candidate for MP, bringing with her a compelling personal journey that resonates deeply with the community. As a single mother raising five children, Shakeela has faced and overcome numerous challenges, making her a beacon of resilience and determination. Her firsthand experience navigating the complexities of single parenthood has shaped her passionate advocacy for improved support systems and opportunities for all families in Dudley.



Shakeela's journey as a single mother exemplifies her unwavering commitment to understanding and addressing the real-life issues that Dudley residents face daily. Her presence in our community is a source of inspiration and strength, reflecting her deep empathy and personal investment in making a positive difference. Events like our recent henna class have showcased Shakeela's active engagement with the community, where she not only participates but also listens attentively to the concerns and aspirations of local residents.



Her platform is anchored in practical solutions tailored to Dudley's needs, including bolstering education funding to ensure every child receives a quality education and advocating for affordable childcare options that alleviate the burdens on working parents. Shakeela is dedicated to expanding resources for single-parent households and enhancing youth programs, promoting opportunities for growth and development among Dudley's young residents.

Here's to you Shakeela - We wish you the best.

EMPOWER
WOMENN
NETWORK

Mehvish Shehzadi
Support@womenn.online

01384732178