

Playboxing Hours @Hialeah Gardens Gym

Activities	Weekly Sessions Qty	Monthly Sessions Qty	Mon	Tue	Wed	Thu	Fri	Sat
<i>Beginners 4/7 - 8 Years Old</i>	2	8			4:15 PM - 5:00 PM		4:15 PM - 5:00 PM	
<i>Beginners 8/9 - 12 Years Old</i>	3	12		5:15 PM - 6:00 PM	5:15 PM - 6:00 PM		5:15 PM - 6:00 PM	
<i>Leveled 12/12 Years Old +</i>	3	12			6:00 PM - 7:00 PM		6:00 PM - 7:00 PM	10:30 PM - 11:30 AM
<i>CardioBoxing 18 Years Old +</i>	2	8			7:00 PM - 8:00 PM		7:00 PM - 8:00 PM	