

Play to Learn Extended Care- Potty Training Policy

PTL 1- is for Todd 1 and Todd 2 (who are wearing diapers or working towards potty training).

PTL 2- is for Primary and Junior 1 (who are working towards potty training and are potty trained).

<u>PTL 3-</u> Junior 2, Pre-K, K-2 (with all children being potty trained).

A potty-trained child is doing the following:

- Can communicate to their teacher the need to go to the bathroom with enough time to use the bathroom before they have to go.
- Can pull down their clothing to use the bathroom and then get them back up without help.
- Can wipe themselves after using the bathroom.
- Can get on and off the toilet by themselves.
- Can wash and dry hands independently.
- Can go back to the classroom without distractions.
- Can wait their turn to use the bathroom if it is already in use if we are outside or there are other friends utilizing the facilities.

<u>Diapers:</u> If you have a child in diapers, please send 2 diapers for them each day they are at Play to Learn Extended Care. Please label diapers with your child's name. Please be sure you have removed all medications (except diaper cream).

<u>Pull-Ups:</u> If you have a child in pull-ups, please send the style with the Velcro sides only. These allow teachers to not have to completely undress your child when changing is needed. Also, please make sure that your child can pull up and down the clothing they are wearing while wearing their pull-up.

PTL 2 classroom placement is for potty trained children only. This is due to that classroom not having diaper changing facilities. If your child is not potty training, they will be placed in PTL 1 until they are fully potty trained.

Ways We Help Prepare Children Getting Ready to Train:

We begin looking for signs of readiness, such as they are able to identify when they are wet or dirty, showing an interest in the potty, following simple directions, knowing when they need to go, communicating needs, being able to

physically get to the bathroom, and not being afraid of the toilet are all good places to start

Some things we do to help prepare them in the classroom is talking about the potty while changing their diaper. We have them sit on the toilet when we have our transitional times for diaper changes and using the bathroom (before and after meals and snacks, before and after falling asleep). We start having them help pull their pants up after diaper changes to prepare them for when they use the bathroom and washing their hands independently. We will always communicate with you as parents and care takers about any signs that your child is ready.

Ways We Do Not Prepare Children Getting Ready to Train:

We can not have your child on a potty-training schedule where they will need to go every 20-30 minutes. This is very hard on the child while at school and has been proven to not be as successful. It is very time consuming and is not realistic in our school setting.

We will not limit drinks or food to avoid accidents. We have a set schedule, and each child is fed snack and given their drinks at the same time while potty training.

We do not clean out dirty underwear. We do not do laundry of any soaked or soiled clothes. They will be placed in a bag, put in their backpack, and returned to the parents.