■Love Notes: The Genesis of Faith Series Chapters 9-10

As promised, I have compiled the discussion notes from our Soulful Saturday meeting on **10/25/2025.** On this day we continued with the Genesis of Faith Series. We read from Genesis Chapters 9 and 10 and to capture the significance of the our weekly discussion of the Word, we referenced: **Titus 2:1, 3-5 AMP**

[1] But as for you, teach the things which are in agreement with sound doctrine [which produces men and women of good character whose lifestyle identifies them as true Christians].
[3] Older women similarly are to be reverent in their behavior, not malicious gossips nor addicted to much wine, teaching what is right and good, [4] so that they may encourage the young women to tenderly love their husbands and their children, [5] to be sensible, pure, makers of a home [where God is honored], good-natured, being subject to their own husbands, so that the word of God will not be dishonored.

Speaker Notes: As Christians our lifestyle is constantly evolving and as we grow, our character begins to look less like the world that we live in, and more like the God we serve. We are first called as students, taught by God Himself, on how we ought to live. We get our instruction and education from God's very own Word. And as the living Word gets down into the innermost parts of our being, it transforms us from the inside out. We then start to follow the example of Christ while the Holy Spirit does all of the cleansing of our old ways. The Light of God starts revealing the dark places within us that we didn't know were there. Finally we become disciples, no longer just believers, no longer just followers, we become doers of The Word.

We are now respectful to each other because we see each other through the lens of God. We see sisters and brothers, the children of God. So it becomes easy not to gossip, or curse each other, to be sensible, to be pure, and an indomitable soldier in the Army of God. We slay the enemy, we slay our flesh, and we're called by our Father. The call of duty is to get the rest of His children out of bondage, so that they too may be united with our Father God.

Our burden is light because we have shed the things that prevented our evolution. We arrive at a place, where we have nothing but love to give. Our mere existence becomes the lesson plan in the instruction of others. We serve God fully in the awareness of His presence within us. We shine His Light boldly, proudly, authentically, fervently, and with a love rooted in our deepest reverence for our Father, The Most High God. There is no higher calling! So women of God, let us put aside the education of the world and allow God's love to be our teacher, and allow our love for others to be the lesson.

Recap: Previously we discussed the beginning of Creation, Genesis, Chapters 1-3. We discussed the light from the first day in contrast from the light of the Sun, stars, and moon which were created on the 4th day. The Light being Jesus and how He was there before the creation of everything. We discussed the spiritual and physical realities that are congruent and how everything that happens in life, occurs in the spiritual realm first. We learned that deception begins with us believing there is an alternate or better way, apart from what God says, and deception ends with us discovering there is no other way. Then we discussed Genesis, Chapters 4-5. We discussed how Cain killed Abel and the separation between the Children of God (the lineage of Seth) and the Children of the Enemy (The lineage of Cain). We analyzed

why Cain killed Abel and studied how murder wasn't committed because of jealousy or anger, it occurred because of Cain's heart posture.

Last week, when discussing Genesis, Chapters 6-8, we looked at why the fallen angels took women for wives and joined with them in spiritual marriage. We delved into the power of women, and our unique ability to steer the fate of mankind. We witnessed God's decision to cleanse the Earth of all mankind, animals, insects, and birds alike, and then restoring them after having been cleansed with the water of heaven. "But Noah found favor". It was one man that brought sin into the world (Adam), and one man that would replenish the earth (Noah).

We studied the father of obedience, Noah (a descendent of Seth). We acknowledged that Noah's obedience was pure and righteous in God's eyes because Noah's obedience didn't require proof or a witness. And Noah was so perfect in his reliance on God, that when God smelt the aroma of Noah putting him first and giving God His portion first, God said, I will never do this again. It's done. My children will have harmful inclinations, because that's the world, but they just need me. So, God's plan for redemption was solidified through Noah. I AM.

Genesis: chapter 9 (The Covenant)

God blesses Noah and his sons Genesis 9:1-2 AMP

Speaker Notes: How many know there's a difference between being a parent (multiplying) and being a good mother (fruitful)? God didn't say be fruitful by multiplying, He said be fruitful AND multiply. Our duty as mothers isn't just to the children that you bear, our responsibility is to nurture whichever flock God gives you by leading them to God. As women, we are natural nurturers and we protect our children fiercely. But God didn't instruct us to protect, God instructed us to trust Him with our protection. Anyone can multiply, even Cain did that, but it was Abel that produced good fruit. His good fruit wasn't determined by outward appearance, the goodness of what he produced was measured by how he served God with it. Everything, including your children, belong to God. So our job as women of God, is to multiply His children, God's children are identified by the mark of God. Obedience, faithfulness, and total submission to the Will of God.

Let us be fruitful!

Genesis: chapter 9 continued (The Covenant)

God ordains animals for eating Genesis 9:3-5 AMP

Speaker Notes: It is here that we get the first instructions for atonement. Before the cleansing of the flood, Cain shed the blood of his own brother and his consequence wasn't his own blood. At that time, the earth and its inhabitants hadn't experienced the life-changing healing from the water of heaven. But now that God has cleansed the earth, blood is now the consequence of blood shed. God has even given the instruction that animals are now for food, just as plants and vegetables were before the cleansing. So God has made a requirement of blood for blood, proving that it is sacred to Him. It is so sacred that we aren't to eat animals with blood still in their veins. Further, all life begins in blood. A woman sheds blood monthly, in preparation of bringing life. Blood is cleansing, it helps to purify the body. So it makes sense that our blood is

sacred to God. Even in Genesis Chapter 4, when Cain killed Abel, God didn't say "I saw you kill your brother", he said "your brother's blood calls out to me from the ground." **Genesis 4:10**

How many know your blood is sacred?

As women, we are more familiar with blood than any man will ever be. Our blood shed is frequent, consistent, and often inconvenient. But it is necessary to bring forth life and to purify our bodies. Even in those moments leading up to our blood shed, our emotions are all over the place, gluttony, frustration, physical pain, and sensitivity is at an all time high. But after the blood shed, we are restored to our best selves. The same is true for the blood of Jesus, he is the final atonement which restores us to our best selves. He wasn't stung by a swarm of bees, or given a lethal injection, His blood was literally shed so that we may live. That sacrifice is to be honored by choosing to live in the example that He lived, a willing sacrifice for those that deserved it and for those that never will, so that through Him, we may all be free from the wages of sin, death.

Genesis: Chapter 9 continued (The Covenant)

- God no longer withholds punishment for murder Genesis 9:6 AMP
- God instructs Noah to be fruitful, to multiply, and to fill the earth Genesis 9:7 AMP

Speaker Notes: Let's go back to Genesis Chapter 4. In this verse, we see Lamech add the curse of Cain and multiply the punishment by 70, and immediately afterwards, Eve bears her 3rd son Seth, the replacement to Abel. Do any of you see the correlation? **Genesis 4:23-25**

When God punished Cain, he didn't allow his deadly sin to become his own punishment, and we witnessed how God withholding the punishment of death, resulted in the lineage of evil. By the time we get to Cain's great great great great grandson Lamech, he is above reproach and worse, he threatens death to anyone who dares to repay him. At that point, God immediately implements his redemption plan through the line of Seth; He sees that correction is our protection. When we refuse to be corrected, or we aren't taught discipline, we quickly forget who is in charge and what is actually good. We will confuse our superiority with the divinity of God. And by doing so, we lose our inheritance to the Kingdom of God, and become a part of the lineage of Cain (Evil).

So when God cleanses the earth, the first punishment he implemented was blood for blood. Why? The answer is in the same verse, "for in the image of God has God made mankind". We weren't made to be Gods, we were made in God's image, the children of God.

How many know the older we get, we start to look more and more like our parents?

Our behaviors, habits, annoyances, and relationships start to mirror our parents. The same is true for God, our Father. He corrects His children and instructs them in the way they should go. Withholding the penalty for our sins isn't as merciful as providing swift correction, the latter encourages us to do what is right, and the former encourages us to keep going. The efficacy of mercy isn't illustrated by how many sins we got away with, it's defined by where it leads us. It either leads us to righteousness or it leads us to evil. So instead of being angered or despondent like Cain, let us thank God for His correction and His mercy.

Genesis: Chapter 9 continued (The Covenant)

- God makes a covenant with Noah, his children and every animal on Earth. Promising to never destroy the earth by flood again. Genesis 9:8-11 NIV
- God puts a rainbow in the sky to signify the covenant that he has made for all times.
 Genesis 9:12-17 MSG

Speaker Notes: How does God confirm His promises? I believe we get insight in this chapter. He speaks to our spirit, he speaks through signs and wonders, and he confirms it with His Word. There is nothing in the history of the world that can or will contradict the Word of God. His Word is everlasting and infallible, His Word is incapable of being misguided, or irrelevant. A lot of believers choose to honor the teachings of the new testament without giving much credence to the old testament. Our God is the same God of Adam and Eve, Seth, and Noah. He is still good in all of His ways and instruction. He's still speaking to our spirit, He still performs signs and wonders, and His Word is still true and teaching us all what is good. So how is it as Christians, we can't find the grace to unite? Why do we have division of the church? Why is there still blood being shed? Why is there still tribulation?

The answer is we are still flesh. And until we kill our flesh, we will continue to operate in it. Our desires are indicative of a ruling flesh. But we must master it by allowing the Holy Spirit, that speaks to us, to have the final say. We mustn't grow weary in well-doing, or allow a setback to become our resting place. Every day that we are here is a blessing, and a testament to the goodness of God. As we continue our journey together in faith, let's not forget the destination. We will see our Father, and when we do, we will no longer have our flesh to blame, for God has equipped us with His Holy Spirit to guide us into righteousness. Flesh, feelings, money, acknowledgement, and emotions are temporary by design, so why would we ever allow it to interfere with our everlasting God? Instead, let the everlasting God lead us to everlasting life.

Let the primary focus of your life be the eternal resting place of our Father. Let His eternal promise serve as your reminder, that we are under covenant with the Most High God, and we are still living in the same promise that was made to our ancestors. We honor this covenant by knowing that we are not destroyed, and we are blessed with the air in our lungs as evidence that God is still with you.

Genesis: Chapter 9 continued (Noah Plants a Vineyard)

- Shem, Ham, and Japeth are mentioned as the sons that came out of the ark with Noah.
- Noah is uncovered in his tent, drunk with wine from the vineyard he planted. Genesis
 9:18-21 MSG

Speaker Notes: So Noah does something that isn't an identified sin in the previous chapters, yet it puts him in a compromising situation. How many know that there are many things that the world partakes in that wasn't explicitly labeled as a sin in the Bible? Some argue that smoking weed is a sin, but the Bible says every plant is good for you. Others would argue cocaine comes from opium, so it too is a plant. The problem with all this arguing is that it doesn't allow grace for those it helps. It takes all the presumptions of those that it harms and enforces it across all. Let me give you an example. I don't drink alcohol because it has never served me well. The Bible teaches that as women, specifically, we aren't to be partakers of much wine and strong drink. But what happens if you have a little wine for communion, or little wine to pair with your steak?

Are we equal in how it affects us because it is wine? No. Does it make it wrong for everyone? No. It makes it harmful for me. The issue here is that Noah grew a vineyard and had one too many grapes. Nowhere in the preceding chapters does God give explicit instructions that wine is to be avoided or enjoyed in moderation. Noah learned, through his own experience, that too much wine is not good for him. That doesn't mean he can never have a glass of wine, but it does mean if he cannot limit himself to a glass, he should never pick up a bottle. It does mean that we are individuals with the ability to learn what is wrong or right from our own experiences.

It is not for us as brothers and sisters in Christ to mandate what is good or bad from our own unique experiences. So let us focus on our own journey, and what we've been instructed to do, and through that obedience, we may then be presented as an opportunity for another to learn how we have grown through our personal journey and relationship with God. I promise you that work is sufficient for a lifetime and where the Bible is silent, we should be too. Anything beyond that is a personal preference and nothing more. Let us treat it as such. Matthew 7:4-5

Genesis: Chapter 9 continued (Noah Curses Canaan)

- Ham sees his father uncovered and tells his brothers Genesis 9:22 NKJV
- Shem and Japeth take a garment to cover their father's nakedness without looking upon their father's nakedness **Genesis 9:23 NKJV**
- Noah awakes and discovers what Ham did and curses Ham's son, Canaan, to be a servant of servant to His brothers Genesis 9:24-25 NKJV
- Noah blesses Shem and Japeth and makes Canaan their servant Genesis 9:26-27
- Noah lived 350 years after the flood and then died. Genesis 9:28-29 AMP

<u>Speaker Notes:</u> What did Ham do so wrong? We can see the blatant sin in the first thing Ham did after seeing his father uncovered. He immediately went to gossip. It was the only reason we know that his brothers would've handled the situation differently. And by concealing their father's shame, they received a blessing. How many know God hates gossip and gossip will block your blessing?

As women, we are notorious for enjoying a good spot of tea. We listen to the stories of our loved ones' downfall, our enemies' downfall, our favorite celebrities' downfall, and then share what we learned with others. And what's so wrong with that? It's the desire. We desire to hear what went wrong and how something we once admired is now tarnished. We take their shame and hurt and spread it for all to hear, and partake in that shame. It speaks to our need to see ourselves as better, or to learn what was never meant for us to discover. It speaks beyond what we hear or share, and reaches to our own insecurities and the areas we don't even acknowledge exist within us. The second we listen or share the shame or detriment of others, is the second we bear false witness. You weren't there, you don't know anything beyond what you heard from someone else who heard, how could you repeat it with the confidence that you witnessed it yourself? And if you did witness it, is it your story to tell?

The moment we share or listen to that harmful information, is the same moment we allow evil to enter our minds and our hearts all while corrupting our spirit and worse, we multiply that evil by spreading its toxicity. It goes against the very nature of God, whom we are called to follow and emulate. We should be building each other up instead of partaking in their destruction. However

innocent the intention, it is wrong. It even feels wrong. That's why we whisper the tales in hidden places in the comfort of darkness with those that welcome the evil. We never share how we feel with the one whom it hurts, but we run to share it with the one that could multiply the hurt. So exemplary woman of God, before you open your mouth to share information, ask yourself, am I building the kingdom or am I sewing seeds of destruction? Does this edify God?

Gossip separates close friends and reveals secrets. So if you are the gossip or have a gossip in your circle, it's only a matter of time before you become the victim of your own making. It isn't just what you do, it is who you become. **Proverbs 11:13** teaches that whomever gossips is not to be trusted, but whoever has a faithful spirit conceals a matter. This proverb teaches that not only is a gossip untrustworthy, but their spirit is unfaithful. You cannot operate in the power of the Holy Spirit when you're operating in the spirit of the enemy. Gossip separates you from God and goes against His will. So while you're busy having a tea party, or enjoying the tastiest morsel, as King Solomon calls it, the enemy is busy using you as a soldier in his army of evil. **Proverbs 20:19** teaches not to even associate with gossip. Let's instead exercise discretion in all our communications and stay away from communications that don't. Allow it to be an offense to your ears instead of fuel for your hearing and speech. Don't be tempted into cursed fruit like Ham.

Speaking of cursed fruit, let's talk about how God exercises discretion even in His Word. The Bible doesn't use works like sex, or making love, or any other wording that we use to communicate the details of what is ordained for marriage only. So when Genesis teaches Adam "knew" his wife, and they conceived Cain. To know is a Hebrew euphemism for sex between a husband and wife. We see from the beginning, how God separates the knowledge of sin even in instruction. It wasn't meant for us to know what was meant until we're married, then we can read the story of Adam and Eve and say "oh". That is how God protected what he deemed a good thing in contrast to what He deemed the knowledge of evil.

So when I first read the story of Noah in the vineyard, I was taken aback like #1 What was so wrong with Ham seeing Noah uncovered? #2) Why did he curse Canaan, when it was Ham who was the gossip? To answer that question, we have to fast forward a bit to **Leviticus 18:6-7 AMP**

[6] 'No one shall approach any blood relative of his to uncover nakedness (have intimate relations). I am the Lord. [7] You shall not uncover the nakedness of your father, that is, the nakedness of your mother. She is your mother. You shall not uncover her nakedness.

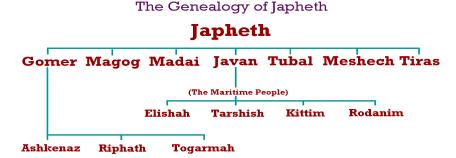
In this passage, we see the Hebrew euphemism "uncover nakedness", this is a euphemism for intimate relations. But it also offers insight into what happened in that tent. To uncover his father's nakedness, means that Ham had sexual relations with his mother, Noah's wife. Which explains why Noah cursed Canaan (the son of Ham). All of Noah's children had children, but none were mentioned with the blessings other than his sons. So Canaan, was the child of an incestuos relationship with Ham and his mother. So while Japeth, Shem, and Ham shared the same father, Canaan, only shared the same mother. We could sit here for a minute, but instead let's focus on how important it is for us as women to be covered. We can talk about the blatant nakedness of our bodies and focus on being covered with garments and exercising modesty, but we are best served to be covered with God as our cloak and garment. We do this by bathing

in the Word and observing God's commandments, thereby, honoring the Will of our Father. Let us be covered.

References: Titus 2:3 AMP, Matthew 7:4-5, Genesis 4:22-25, Leviticus 18:6-7 AMP, Proverbs 11:13, Proverbs 20:19

Genesis: Chapter 10 (The Descendants of Japeth)

- Japeth fathers Gomer, Magog, Madai, Javan, Tubal, Meshech, and Tiras Genesis
 10:1-2 AMP
- Gomer fathers Ashkenaz, Riphath, and Togarmah; Genesis 10:1-2 AMP
- Javan fathers Elishah, Tarshish, Kittim, and Dodanim. Genesis 10:3-4 AMP
- From these, [the people of] the coastlands of the nations were separated and spread into their lands. **Genesis 10:5 AMP**



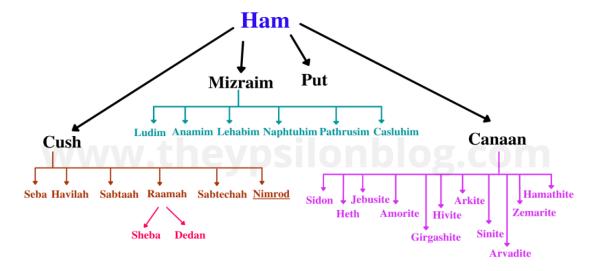
References:

Psalms 120 teaches Meshech as the land where those who hate peace live. Ezekiel 38 End of times prophecy Isiaiah 66 God will judge all nations

Genesis: Chapter 10 continued (The Descendants of Ham)

- Ham fathers Cush, Mizraim, Put, Canaan Genesis 10:6 AMP
- Cush fathers Seba, Havilah, Sabtah, Raamah, Sabteca and Nimrod (he becomes a mighty one on the earth). Raamah fathers Sheba and Dedan Genesis 10:7-8 AMP
- Nimrod builds a massive kingdom (Nineveh), beginning with Babel, Erech, and Accad
 Genesis 10:9-12 AMP
- Mizraim fathers Ludim, Anamim, Lehabim, Naphtuhim, Pathrusim, and Casluhim—from whom came the Philistines—and Caphtorim. Genesis 10:13-14 AMP
- Canaan fathers Sidon, his firstborn, Heth, the Jebusite, the Amorite, the Girgashite, the Hivite, the Arkite, the Sinite, the Arvadite, the Zemarite, and the Hamathite.
- Afterward the families of the Canaanite were spread abroad.
- The territory of the Canaanite extended from Sidon to Gaza, as far as Sodom and Gomorrah, Admah, Zeboiim, and Lasha **Genesis 10:15-18 AMP**

Ham's Descendants



Genesis: Chapter 10 continued (The Descendants of Shem)

- Shem (the eldest of Noah's descendants) fathers Elam, Asshur, Arpachshad, Lud and Aram **Genesis 10:21-22 AMP**
- Aram fathers Uz, Hul, Gether and Mash Genesis 10:23 AMP
- Arpachshad fathers Shelah; and Shelah Fathers Eber Genesis 10:24 AMP
- Eber fathers Peleg and Joktan Genesis 10:25 AMP
- Joktan fathers Almodad, Sheleph, Hazarmaveth, Jerah, Hadoram, Uzal, Diklah, Obal, Abimael, Sheba, and Ophir, Havilah, and Jobab Genesis 10:26-30 AMP

Shem's Descendants





Speaker Notes: Previously we discussed the power in a name, and left off with the sons of Noah, Japeth (meaning enlarge) became the father of Europe, and Ham (meaning father-in-law) became the father of Africa, and Shem (name) became the father of Asia. There are a million ways for us to dissect this and look for the hidden or ambiguous meanings. One thing is certain, we are all united by blood. We are all the descendants of Adam and Noah. We are one and though we tend to make distinctions by color, creed, gender, faith, and location, at the beginning of the day we are one. We learn to have a natural affinity for those who look or carry the same distinctions that we have, but ultimately we come in this world without bias, prejudice, or judgement. The day we arrive on this earth, just like all of our fathers before us, we are at our purest. We love, we desire love, we give love, and we receive love. We don't question the contents of our food, or the contents of our character, we just accept what is given and we're thankful for each day. What happened to us? When did things like trust issues, anger, frustration, unbelief, and discord happen? How did we get to a place where we don't even know or care to know our neighbors? When did we stop loving each other and putting their needs above ours?

It happened over time, as one person's sin corrupted our idea of self-preservation. Someone or something hurt us and we learned that we couldn't be so trusting, so loving, so pure. We had to toughen ourselves, prepare ourselves for the worst, trust only what we could see, and the lessons of our past experiences. Sin corrupted our purity. The problem is, even if we were able to revert back to our former selves, sin would still exist. So what do we do? How do we restore our innocence and become as children the way God intended? The answer is simple, while the application is difficult, **Matthew 22:37-40 AMP**

"You shall love the Lord your God with all your heart, and with all your soul, and with all your mind. This is the first and greatest commandment. The second is like it, 'You shall love your neighbor as yourself [that is, unselfishly seek the best or higher good for others]. The whole Law and the [writings of the] Prophets depend on these two commandments."

We were never built to survive in this world alone, we always have, and always will need God first, foremost, and above all else, but we also need each other. So let us tear off the bondage of distinctions, and become united under one law: Love! Let our faith be in God, the Father, Jesus, the Son, and the Holy Spirit but let your religion be love. For love covers a multitude of sins, it reaches the ends of the earth, and it will change your life. It is the greatest thing we have to give and the best gift we can receive. How many know God is Love?

We owe it to our Heavenly Father and ourselves, to love each other, by this, you shall know God. **John 13:34-35** teaches:

I am giving you a new commandment, that you love one another. Just as I have loved you, so you too are to love one another. [35] By this everyone will know that you are My disciples, if you have love and unselfish concern for one another."

We aren't to love the way the world teaches, we must love the way God loves us. So we study the Word of God to learn His Love, we walk with God to learn His way, and work together because we need each other. Each of us bring our own gifts and talents and we all benefit from the application of our combined talents and resources. So on this fourth Saturday, I want each of us to complete a homework assignment. Let's look for a minimum of one opportunity to love someone that doesn't deserve it. I want you to give grace and exercise mercy to one person that doesn't deserve it. If you find 100 opportunities to do so, then use those opportunities to glorify God. Next week, 1st Saturday, we'll eat together and discuss it. I hope everyone will share at least one.

I love you! 💋

Candice Peterson

Founder SuperWoman Is Black, Inc.

P: (213) 805-7577

W: superwomanisblack.org

E: candice@superwomanisblack.org

