

Love Notes: The Genesis of Faith Series Chapters 12-13

As promised, I have compiled the discussion notes from our Soulful Saturday meeting on **11/08/2025**. On this day we continued with the Genesis of Faith Series. We read from Genesis Chapters 12-13 and to capture the significance of the our weekly discussion of the Word, we referenced: **Titus 1:2-3 PEV**

[2] A long time ago, before God made anything, he promised that his people will live with him for ever. And God doesn't lie. His promise is still true, and it stops his people from worrying about what will happen after they die. [3] At first, people didn't know what God promised, but now he says that it is the right time for them to hear his message, and he helps them understand it. God gave me that message, and he told me to tell it to other people. God is the one that saves us.

Speaker Notes: *SuperWoman Is Black. I am constantly reminded of this truth. We carry the burdens of this world on our shoulders with little to no support from the world. We fulfill multiple roles in our households and careers; we're simultaneously the mothers, the fathers, the care givers, the providers, the nurturers, the educators, the leaders, the supporters and the protectors. We have been operating with superhero strength for so long, we don't even recognize it. Although it should be, for us, it's not impossible! It's just a way of life. So in the past we accepted less than what we deserved, we survived in places we were never meant to enter, and we thrived in environments that were designed to break us.*

We hold the Light that can't be hidden, but we live unaware of our majesty because of how the world has corrupted our view of it. WE ARE ONE! Beautiful, Powerful, but why do they make us hate our strength? Is it because of a lie we believed?

*Does having strength mean you don't get to be a lady? Does it mean you don't get to have a soft life, be cared for, or provided for? Does it result in you being single, even in marriage? Why do **they** give us more problems to solve while **they** reduce their own? God Forbid! Who named you Ms. I N D E P E N D E N T? Like it was a good thing 😊. The enemy has the same surname, he is Mr. Independent of God.*

But what if God asked you to always be dependent on Him? What if God told you that the source of your strength is, and has always has been Him? What if God told you He never intended for YOU to be the source of your strength? What if you knew every battle was already won? What if you knew our Father will never leave you or forsake you? What if you knew and operated in the knowledge that there is nothing to fear and there is nothing to worry about? What if you knew struggle is never your final destination? Would you take your cape off more? Could you still be superwoman, and fight all battles in your prayer closet? The answer is yes!

Your strength is so great because you are chosen, you have been consecrated for a time such as this, to rise in absolute awareness of who you are. You are SuperWoman. Your Father is The Most High God. You will save the world with the power invested in you, through the sacrifice of Jesus Christ, and you will do it all for our Father, God, who sent Him. We have never been independent because we are dependent upon God for each breath of our life. So worship Him!

You are mighty but you are not the Savior and it is not your responsibility to carry the burden that the world placed upon you. It is and has always been our Father God that saves. It is and has always been our Father that is working through you to save others. It is our God that clings to us in times of trouble, trial, and tribulation. It was never your own strength that kept you alive. You were not made to battle without God going before you and clearing the battlefield. You were not built to do this alone. You were designed for a soft life as a princess to the King of Kings. You were designed to function as a collective to edify the church. The same way the human body has separate parts that work together to function collectively. We are the church, the beautiful body of Christ that He gave His life for. It is you! It is us! You are the vessel that He performs His miracles in, you are His hands to heal, His mouth to free with truth, and His heart for compassion. You are the body of Christ, the princess bride.

So as we come together shedding the armor that the world has taught us to fight with, and the burdens that the world has taught us to carry, we make room for God, our Savior, to be our protector, our strength, our helper, our comforter, our healer, our provider, our leader, and our nurturer. We take all of our battles to prayer and we give God the glory for the win. We don't forget the real enemy and we remember where our salvation comes from. Yes, you are SuperWoman and yes, you can do all things, but only through Jesus Christ who strengthens you. So never forget the source of your strength or of your salvation. Jesus sacrificed His life so that you too would become a descendant of The Most High God, and that is your Salvation!

Recap: *Previously we discussed the beginning of Creation, Genesis, Chapters 1-3. We discussed the Light from the first day in contrast from the light of the Sun, stars, and moon which were created on the 4th day. The Light being Jesus and how He was there before the creation of everything. We discussed the spiritual and physical realities that are congruent and how everything that happens, occurs in the spiritual realm first. We learned that deception begins with us believing there is an alternate or better way apart from what God says, and deception ends with us discovering there is no other way. Then we discussed Genesis, Chapters 4-5. We discussed how Cain killed Abel and the separation between the Children of God (the lineage of Seth) and the Children of the Enemy (The lineage of Cain). We analyzed why Cain killed Abel and studied how murder wasn't committed because of jealousy or anger, it occurred because of Cain's heart posture.*

Then, when discussing Genesis, Chapters 6-8, we looked at why the fallen angels took women for wives and joined with them in spiritual marriage. We delved into the power of women, and our unique ability to steer the fate of mankind. We witnessed God's decision to cleanse the Earth of all mankind, animals, insects, and birds and then restore them, after having been cleansed with the water of heaven. "But Noah found favor". It was one man that brought sin into the world Adam, and one man that would replenish the earth Noah. Yet, because they were flesh, God's Spirit wouldn't battle with them forever. So God shortened mankind's life span to 120 years. Then, when studying Genesis Chapters, 9-10, we acknowledged that Noah's obedience was pure and righteous in God's eyes, because Noah's obedience didn't require proof or a witness. And Noah had 3 sons, Shem, Ham, and Japeth. His sons became the fathers of all nations, Japeth's lineage was along the coast, but it was through the lineage of

Ham and Nimrod's kingdom, Babel, that all descendants were scattered all over the world. Last week we ended Chapter 11 with Noah's second born, Shem (meaning Name) and his descendants. Haran and Terah die, leaving 2 sons without a father, Abram and his nephew Lot.

Genesis: Chapter 12 (The Call of Abram)

God tells Abram to leave. Genesis 12:1-3 CSB

[1] The Lord said to Abram: Go from your land, your relatives, and your father's house to the land that I will show you. [2] I will make you into a great nation, I will bless you, I will make your name great, and you will be a blessing. [3] I will bless those who bless you, I will curse anyone who treats you with contempt, and all the peoples on earth will be blessed through you.

Speaker Notes: *Let's think about what God spoke to Abram. He said first, go from your land, then from your relatives, then your father's house, to the land I will show you. Then God said, I will bless you, make your name great, and you will be a blessing. I will bless those who bless you and curse anyone who disrespects you, treats you like you're insignificant, and/or worthless (contempt). And finally, all the people on earth will be blessed through you.*

How many know we serve the same God of Abraham? Who else knows that our God still gives blessings and defends His chosen? How many can testify to people being blessed by your obedience? If you haven't, let me tell you why. But if you already know, let me testify. 🙏

There are some steps involved with God's favor. You can't charm your way into His heart, and you can't buy your way into His blessings. You have to let God in your heart. You have to give it to Him. No matter what it appears to cost you. That has to be your only concern when you start your day, throughout your day, every evening, and in your wildest dreams, there must be God. Then He speaks. He says do this, and you don't ask questions, you just go. You'll be taught to embrace isolation, change, the unknown, and then you'll face fear, worry, rejection, and separation.

Then you'll lose some family, some friends, enter new territories, and then you'll thank God for the isolation. You'll praise Him for the unknown, and you'll recognize fear as the enemy trying to get you not to walk into God's blessing. You'll see there was never a reason to worry, rejection was the only thing that saved your life, and separation was only a season that you'll miss one day. Then He will make YOU into the nation that you thought you were building. Then you can receive His blessings and anyone who shows you contempt, will no longer be your problem. God will handle them and any perceived problems will be mere illusions. The only truth that will remain is that you were and still are OBEDIENT!

Abram leaves Haran with Sarai, Lot, their animals & servants. Genesis 12:4-5 NIV

[4] So Abram went, as the Lord had told him; and Lot went with him. Abram was seventy-five years old when he set out from Harran. [5] He took his wife Sarai, his nephew Lot, all the possessions they had accumulated and the people they had acquired in Harran, and they set out for the land of Canaan, and they arrived there.

Speaker Notes: *The first thing Abram did was lean on His understanding. Certainly, God didn't mean for me to leave my nephew without a Father. I mean he lost his dad, then he left his uncle*

in Ur of Chaldees, then his granddaddy Terah died in the place named after his Father, Haran, I won't leave him. Abram didn't trust God to be Lot's father too, so the first thing he did was try to save him. The second thing he did was obey. How many know obedience is greater than faith? Obedience doesn't require understanding of how it will work, but faith is fueled by understanding how it's worked in the past.

But what if you misunderstood or don't agree with the instructions? How many know God will love you where you are? He didn't punish Abram for not following his directions exactly. He was a righteous God while Abram was still figuring out what was right. God was looking at Abram's heart posture because God knows, he desires to honor me, he just doesn't know to trust me completely is the greatest honor. So life will become his lesson and I will be his guide. So Abram ended up in the land of Canaan with his wife, his nephew, all their servants, and all their possessions.

Abram built an altar in Shechem surrounded by Canaanites. Genesis 12:6-7 CEV

[6] Abram went as far as the sacred tree of Moreh in a place called Shechem. The Canaanites were still living in the land at that time, [7] but the Lord appeared to Abram and promised, "I will give this land to your family forever." Abram then built an altar there for the Lord.

Speaker Notes: *God knew Abram's heart was to honor him, because even when he didn't get it completely right, he honored God. Even when God hadn't delivered on a promise in a way that Abram could see, he honored God simply because God said he believed God would. God spoke and Abram honored Him. Abram was 70 years old, set in his old ways, but God told him to go and he packed up everything he thought he needed to honor God. And God said, I can work with that. I will give this land to your family forever.*

As I stand literally in the middle of a complicated real estate deal, I can't help but bow down to God and respect the favor God had on Abram. It's so easy to say God gave me this land for my family forever and I'm going to treat it as such. It's much harder to say that when the land becomes a burden to keep, or when it's financially beneficial to sell it, walk away from it, or when opposition comes against it. It's easy to say perhaps God meant it was mine for a time. Perhaps God meant He's going to give it back to me later. Perhaps God said that then, but now that rates are increasing, God doesn't want me in poverty. 🙏

But what if we believed God when he spoke. Would we fight to the death to keep what God promised? Would we refuse to let go no matter what? Or Would we be like Abram and say Thank you Lord! I'll wait for you to do it. In the meantime, I'm going to focus on the path you set for me.

Abram continues traveling south with Sarai, Lot, their servants, animals, and possessions. Genesis 12:8-9 GNT

[8] After that, he moved on south to the hill country east of the city of Bethel and set up his camp between Bethel on the west and Ai on the east. There also he built an altar and worshiped the Lord. [9] Then he moved on from place to place, going toward the southern part of Canaan.

Speaker Notes: So Abram continues south and stops only to worship God. while still in the land of Canaan. So Abram set out to explore the territory that God said would be for his descendants. He didn't just set up a post in Northern Canaan, he wanted to see the entirety of his future domain. He knew if God spoke, it was already his. His faith bred confidence.

Chapter 12 Continued: Abram detours to Egypt

There is famine in the land of Canaan Genesis 12:10 TPT

[10] At that time, a severe famine struck the land of Canaan, forcing Abram to travel down to Egypt and live there as a foreigner.

Speaker Notes: So the enemy did what he does when we're walking too confidently in faith. The enemy creates a struggle that will make you forget your promise and the source of your salvation. The enemy will get you to abandon your post and as soon as you step out in fear, he starts telling you lies to keep you in the bondage of fear.

Abram tells Sarai to hide that she's his wife Genesis 12:11-13 TPT

[11] When he drew near to Egypt, he said to his wife Sarai, "Look, I'm worried because I know that you are a beautiful, gorgeous woman. [12] When the Egyptian men take one look at you, they will say, 'She is his wife.' Then they will kill me in order to have you. [13] Just tell them you are my sister so that they will treat me well for your sake and spare my life."

Speaker Notes: So Abram, still under the guidance and protection of the Most High God, thinks that the Egyptians can kill him? 🙄

Don't get me wrong Sarai was stunning, even in her 60's, she was gorgeous. So beautiful, it was dangerous to be her husband. How many know they have a man like Abram? He's like Woman, get your pretty behind in the house, and cover up. He would wrap you in a hijab if he could. But how many know that God is supposed to be our head covering?

God is the protector of our beauty and rightfully so, because he is also the illustrator. He knows how powerful you are. He knows that you're regal, majestic, and irresistible. He also knows, if you depend on Him fully for how to live, and where to go, He will be your protection. You won't even enter into places of danger, or be attracted to evil. You will be led into the goodness of God, and find your refuge in His divine guidance and protection.

You'll cling to what He gives you and release what doesn't serve you. What was once tempting will become a deterrent to you. His commandments will be your delight. To honor Him and to be righteous before Him, will be your only goal. You will cling to the truth because you know the truth will set you free, and each lie you tell or embrace builds a prison for you to live in.

The Egyptians see Sarai's beauty and add her to Pharaoh's harem Genesis 12:14-15 TPT

[14] When Abram entered Egypt, everyone noticed Sarai's stunning beauty. [15] When Pharaoh's dignitaries spotted her, they went to Pharaoh and raved about her beauty. Then they took Sarai into the palace and made her part of Pharaoh's harem.

Abram gets Pharaoh's favor but God sends Pharaoh plagues Genesis 12:16-17 TPT

[16] Because she pleased Pharaoh, Abram got along very well in Egypt and received royal treatment: he was given sheep, cattle, male and female donkeys, camels, and male and female slaves. [17] But the Lord afflicted Pharaoh and his house with great plagues because of Abram's wife, Sarai.

Pharaoh sends them Abram's clan and their possessions away Genesis 12:18-20 MEV

[18] So Pharaoh called Abram, and said, "What have you done to me? Why did you not tell me that she was your wife? [19] Why did you say, 'She is my sister'? I might have taken her as my wife. Now here is your wife; take her and leave." [20] Pharaoh commanded his men concerning him, and they sent him away with his wife and all that he had.

Speaker Notes: *How many know just because there is some truth in what you say, doesn't stop the truth that you hide from keeping you in bondage? Sarai was Abrams' half-sister, from a different mother, but more importantly, she was his wife too. For example: I can tell myself I drink to have a good time or I drink socially, but the truth I don't admit is I drink when I'm stressed, broke, depressed, anxious, and worried. And it is that hidden truth that keeps you from going to God for comfort instead. Proverbs 31: 6-7 teaches that strong drink is for those who are ready to die and wine is for those whose life is bitter. King Solomon goes on to teach drinking alcohol is for the poor to forget poverty and the troubled to forget their pain.*

The truth you hide about alcohol is why you stay broke, low in spirit, stressed, depressed, anxious, and worried until you're on the brink of death. God is our healer and living in that truth will set you free from the thing you need to escape. So flee from the lie or become its prisoner.

So now we find Sarai, Abram, Lot, their servants, Pharaoh and his entire household suffering because of a half-truth. Sarai is stuck in a harem surrounded by idol worshippers, and concubines. Lot is introduced to secular life with the finest wine, gold, non-believing, promiscuous women and kingly status. And Abram gets just enough gifts and recognition that he barely notices that he isn't operating under God's plan. It isn't until Abram's plan backfires and God shows everyone that He means what he says the first time that Abram is released from the bondage of the lie. God is always true so He meant it when He said I will curse those that show you contempt. God is like I don't care if you didn't know they were mine. They're mine! And cursed be the one who dares to come against the Will of their Father.

But God. Still working it out for Abram's good, He teaches Abram to trust Him more. He doesn't do it by punishing him, he does it by showing Abram that He is God and His savior. Then God guides Abram back on track when he's lost for a season. God allows life to be a gentle lesson and uses Abram's experiences to strengthen his faith. How many know we serve a merciful God? A righteous Father, and a constant Friend.

Chapter 13: Abram and Lot

Abram returns to Negev wealthier than when he left Genesis 13:1-4 MEV

[1] So Abram went up from Egypt to the Negev, he and his wife and all that he had, and Lot with him. [2] Abram was very wealthy in livestock, in silver, and in gold. [3] He continued on his

journey from the Negev and came to Bethel, to the place where his tent had been at the beginning, between Bethel and Ai, [4] to the place where he first made an altar. There Abram called on the name of the Lord.

Speaker Notes: *How many know God will let you wander off, but only because He knows He will guide you back to the place you were supposed to be? He will restore you to the person you were created to be. He will shield you from sins you weren't meant to see. And He will Love you until you know it's ME. How many know our Father redeems? And in that moment you will call on the name of the Lord! You will know who you are because you will know I AM.*

Abram and Lot's herdsman began to fight about territory Genesis 13:5-7 CEV

[5] Lot, who was traveling with him, also had sheep, goats, and cattle, as well as his own family and slaves. [6-7] At this time the Canaanites and the Perizzites were still living in the same area, and so there wasn't enough pastureland left for Abram and Lot with all of their animals. Besides this, the men who took care of Abram's animals and the ones who took care of Lot's animals started quarreling.

Abram offers Lot his choice of territory Genesis 13:8-9 CEV

[8] Abram said to Lot, "We are close relatives. We shouldn't argue, and our men shouldn't be fighting one another. [9] There is plenty of land for you to choose from. Let's separate. If you go north, I'll go south; if you go south, I'll go north."

Lot chooses the greenest land with the most water Genesis 13:10-11 CEV

[10] This happened before the Lord had destroyed the cities of Sodom and Gomorrah. And when Lot looked around, he saw there was plenty of water in the Jordan Valley. All the way to Zoar the valley was as green as the garden of the Lord or the land of Egypt. [11] So Lot chose the whole Jordan Valley for himself, and as he started out toward the east, he and Abram separated.

Lot goes to Jordan Valley and Abram stays in Canaan. Genesis 13:12-13 CEV

[12] Abram stayed in the land of Canaan. But Lot settled near the cities of the valley and put up his tents not far from Sodom, [13] where the people were evil and sinned terribly against the Lord.

Speaker Notes: *So now we see why God said leave your relatives. Sometimes it be your own family that the enemy sets in opposition to you. But the truth is, it's not even them. They don't even know why they're upset with you, or keep letting you down, or why they don't want to see you climb the highest heights. They don't know why they can be there when you fall, but can't support you when you're up. They don't know how both of you can win so they don't know how to really be there for you when your win comes first. They don't understand that you have the Abraham blessing on you. They don't know that just by being around you, they too will be blessed beyond measure. They don't see you as their advocate because they see you as their competition. But you are not of this world, so it's hard for the world to accept you.*

That is why in order to get to God, you have to let the worldview go. You have to love both; the relative that supports you, and the relative that competes with you. But sometimes you have to do it from a distance. Sometimes you have to stay where God placed you and let God lead them to where you are when it's time. Sometimes you weren't called to bring them, or drag them along on your journey, sometimes you were supposed to fight their battles in the prayer room so God will be their victor too. Sometimes, it's best to say nothing, but it is always best to love. But sometimes, love is accepting that they aren't healed enough to receive your love and return it from the same heart posture. And sometimes the distance is so God can posture their heart to Him, not you! Afterall, there is nothing you did to earn their contempt, so there is nothing you can do to remove it. That is why we must pray for them while God guides them on their own journey. And we must trust that God will be their savior, not you.

God instructs Abram to look around in every direction Genesis 13:14-15 CEV

[14] After Abram and Lot had gone their separate ways, the Lord said to Abram: Look around to the north, south, east, and west. [15] I will give you and your family all the land you can see. It will be theirs forever!

God promises to give Abram more descendants Genesis 13:16-17 CEV

[16] I will give you more descendants than there are specks of dust on the earth, and someday it will be easier to count those specks of dust than to count your descendants. [17] Now walk back and forth across the land, because I am going to give it to you.

Abram packs up, moves to Hebron, and builds an altar Genesis 13:18 CEV

[18] Abram took down his tents and went to live near the sacred trees of Mamre at Hebron, where he built an altar in honor of the Lord.

Speaker Notes: *It isn't until Abram releases the thing God never told him to hold onto that God is able to reveal His full plan for him. Up until Lot left, God led him to places but didn't reveal His plan for those places. Initially while Abram was being led by God, it looked like his first stop in Canaan would be His promised land. Then it looked like the second place he visited would be God's land. The third place he went, the enemy showed him an illusion that led him out of the promised land. Then God revealed He was true to His Word when he cursed his enemies, so Abram returned to the place of God. Only to discover that he had to let go of his plan, before God could reveal God's plan for Abram. They had to go their separate ways, then God said immediately, look in every direction, each of which he had already traveled, and God said, I will give you and your family all that you see. Only then did Abram choose to live with God. He had to shed the things, people, and places that worked in opposition to his purpose and the instructions of God. Then God could expedite His plan and instruction. But first, obedience.*

So the servants are fighting each other. Not Lot and Abram they argue, but those that have been called to serve are the ones fighting. How many know the enemy doesn't attack the church, he attacks the servant. He knows if he can attack the servants in isolation, he can get the church fighting, and disagreeing, then the church will destroy themselves. It's the same way cancer spreads in the body, that division spreads in the church. If the enemy can get us quarreling with each other, we'll forget we serve the same God. We'll focus on silly things like

the color of God, the religious acts we observe, the name of God, the Word of God, who has the most water and who has the greenest pasture. All of this is a trick of the enemy to keep the church divided. But we mustn't war against flesh and blood. Our battles are best fought with incessant prayer against darkness, and incessant prayer for ourselves and each other.

Now, Lot doesn't say "Abram, all that I have is because you gave it to me, so tell me where to go". Instead Lot looks for the advantage. He looks at how to be in competition and win. He looks for the opportunity to get the most from the world. Abram looks for how to get the most from God. Lot's thinking led him into tents outside of the enemy's gates and Abram's heart leads him to God, and once he is left alone with God, God gives him all of the land.

How many know when God has something for you, your competition isn't competition. They can have the advantage, they can have a headstart, they can have a leg up in the world, Rich aunties, and doting husbands, but there was never a competition because you were never in their lane. You don't have a competing purpose for your lives and your journeys are not the same. You were both called, but honey you are chosen! ✝️ You are chosen to help them be saved, to help others to be saved, you were chosen to live a life that honors God and gives Him the glory that has all of them wondering "what's your secret?"

But you don't have a secret recipe, because you wear your faith boldly, unapologetically, and run to share the goodness of God. Eventually they'll see God in you and learn how to serve Him. Until then, go your separate ways and let God intersect your paths when the time is right. And if you never cross paths, you never stop loving them, praying for them, or serving as an example for them. Let God be their savior and you be the good servant! Faithful and obedient.

What did you eat?

Meditate on The Word this week, feel free to email follow-up questions or any thoughts you would like to share with me or in next week's meeting.

Homework Assignment: Meditate on your alignment with God. Focus and journal the areas where you find less of Him and more of you. Also, pay attention to the areas where His presence is most prominent, this helps you see the area you were chosen for in His Kingdom work.

Thank you again for journeying with me on our faith walk! I love you so stinking much! 😊

Candice.