

RAINBOW of Islam



Ramadan Breeze

rainbowofislam.wordpress.com

Fasting

(Age Group 9 to 12)



This Book belongs to

.....

This book has been...

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Sawm



The Messenger of Allah (ﷺ) said:
"He who fasts Ramadan, with Iman and hoping
for reward (from Allah) then his previous sins
are forgiven." [Bukhari and Muslim]

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

Alhamdulillah, all praise is to Allah, the Almighty, the all Knower, the Creator and sustainer of the universe. May the peace and blessings be upon Muhammad (ﷺ) (the last of Prophets and messengers) and his (ﷺ) family and companions and all those who follow him until the last day.

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Sawm is a Pillar of Islam

It was narrated that Ibn Umar (رضي الله عنه) said : The Messenger of Allah (صلى الله عليه وسلم) said:

“ Islam is built on five (pillars) :

- bearing witness that there is no god except Allah and that Muhammad is the Messenger of Allah,
- establishing prayer,
- paying zakah,
- Hajj and
- **fasting Ramadan.**” [Narrated by al-Bukhaari, 8; Muslim, 16]



Meaning of Sawm صَوْم

Sawm means that a person refrains from eating , drinking and other evil deeds from the adhaan of Fajr to the adhaan of Maghrib with the intention to worship Allah. The english word for sawm is fasting.

Why should we Fast

By saying that fasting is a pillar of Islam, we mean that it is obligatory on every Muslim to fast the month of Ramadhan, unless they have an excuse that is permitted in Islam.

يَا أَيُّهَا الَّذِينَ ءَامَنُوا كُتِبَ عَلَيْكُمُ الصِّيَامُ كَمَا كُتِبَ عَلَى الَّذِينَ مِن قَبْلِكُمْ لَعَلَّكُمْ

تَتَّقُونَ

183. O You who believe! Observing As-Sawm (the fasting) is prescribed for You as it was prescribed for those before you, that You may become Al-Muttaqûn (the pious). [Surah Al Baqarah]

How does Fasting make Us 'Al-Muttaqun'

disciplines us spiritually	<i>teaches us self control</i>	purifies our body and soul
teaches us moderation	<i>developes consciousness of Allah</i>	elevates us morally because during fasting we do not do things like backbiting , using foul speech , telling lies etc

Abu Hurairah (رضي الله عنه) reported Prophet Mohammad (صلى الله عليه وسلم) as saying, "If one does not abandon falsehood and other actions like it, Allah has no need that one should abandon one's food and drink."

This is such a powerful hadith. It makes it very clear that main objective of Allah is not to keep us hungry and thirsty but to make us better muslims. Ramadan is a training time to take control of our desires so that we can always put the word of Allah before our own desires.

Allah's special mercy in Ramadan

Abu Hurairah (رضي الله عنه) reported that Prophet Mohammad (صلى الله عليه وسلم) said, "When there comes the month of Ramadan, the gates of Jannah are opened, and the gates of Hell are locked, and the devils are chained." [Muslim]

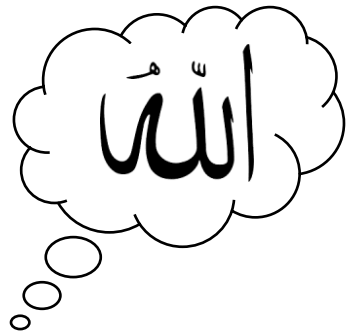
Arabic Fun

word	trace	write	meaning
صَوْم	صَوْم	
الصَّيَّام	الصَّيَّام	
رَمَضَانَ	رَمَضَانَ	
تَقْوَى	تَقْوَى	

Virtues of Fasting and Ramadan

Prophet (ﷺ) said: "Allah said, "Fast (is exclusively) meant for Me and I would give its reward. There are two (occasions) of joy for the observer of fast. He feels joy when he breaks the fast and he is happy when he meets Allah. By Allah in Whose Hand is the life of Muhammad, the breath of the observer of fast is more beloved to Allah than the fragrance of musk." "

(Sahih Muslim)



الصَّوْمُ لِي وَأَنَا أُجْزِي بِهِ

> 1000 

"The blessed month has come to you. Allah has made fasting during it obligatory upon you. During it the gates of Paradise are opened the gates of hell are locked, and the devils are chained. There is a night which is better than a thousand months. Whoever is deprived of its good is really deprived. " (of something great) (Ahmad)

The fast will say, " 'O Lord I prevented him from his food and desires during the day let me intercede for him." The Quran will say, "I prevented him from sleeping at night. Let me intercede for him," and the intercession will be accepted." (Ahmad)

الله



"No servant fasts on a day in the path of Allah except that Allah removes the hellfire seventy years further away from his face." (Bukhari & Muslim)



70 years
←————→

HELLFIRE

"There is a gate to Paradise that is called Ar-Rayyan on the day of Judgement it will say, "Where are those who fasted?" When the last one has passed through the gate. It will be locked." (Bukhari and Muslim)

FORGIVEN

"Whoever fasts Ramadan out of faith and with hope of reward, all his previous sins will be forgiven." (Bukhari)



إِذَا جَاءَ رَمَضَانُ	فُتِّحَتْ أَبْوَابُ الْجَنَّةِ
وَصُفِّدَتِ الشَّيَاطِينُ	رَسُولَ اللَّهِ (صلى الله عليه وسلم) قَالَ
حَدَّثَنَا أَبِي هُرَيْرَةَ، (رضى الله عنه) أَنَّ	وَعُلِّقَتْ أَبْوَابُ النَّارِ

THE SENTENCES/PHRASES ABOVE ARE THE PARTS OF A HADITH IN ARABIC WHICH ARE NOT IN SEQUENCE. PLEASE PUT THEM IN SEQUENCE AND WRITE IT DOWN BELOW. THE ENGLISH TRANSLATION IS GIVEN BELOW.

.....

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.....

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ENGLISH TRANSLATION OF THE ABOVE HADITH IS

Abu Hurairah (رضى الله عنه) reported that Prophet (صلى الله عليه وسلم) said,
 “When there comes the month of Ramadan, the gates of Jannah are opened,
 and the gates of Hell are locked, and the devils are chained.”

LOOK FOR SOME OF THE QUALITIES OF **AL MUTTAQUN** IN THE QURAN AND SEE HOW MANY OF THEM YOU CAN DEVELOP THIS RAMADAN. WRITE THEM DOWN HERE.

.....

.....

.....

Taqwa is the result of fasting

Allah says in the ayah below that He prescribed fasting for us so that we can become Al Muttaqun. Taqwa is a quality of Al Muttaqun.

يَأْتِيهَا الَّذِينَ ءَامَنُوا كُتِبَ عَلَيْكُمُ الصِّيَامُ كَمَا كُتِبَ عَلَى الَّذِينَ مِن قَبْلِكُمْ لَعَلَّكُمْ تَتَّقُونَ ﴿١٨٣﴾

183. O You who believe! Observing As-Sawm (the fasting) is prescribed for You as it was prescribed for those before you, that You may become

Where is Taqwa ?



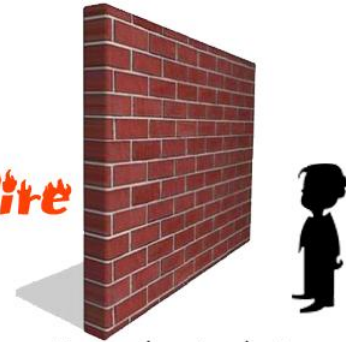
Taqwa is here

The messenger of Allah (ﷺ) said in a hadith, reported in the Sahih Muslim that, “Taqwa is here”, and he pointed to his chest.

Meaning of Taqwa تَقْوَى

- Taqwa is like ‘ a shield ’.
- In action Taqwa means ‘ to be careful ’ (of Allah’s commands and prohibitions).
- It can be further explained as,
 - ‘ to be conscious of Allah’ or
 - to have ‘ fear of Allah ’

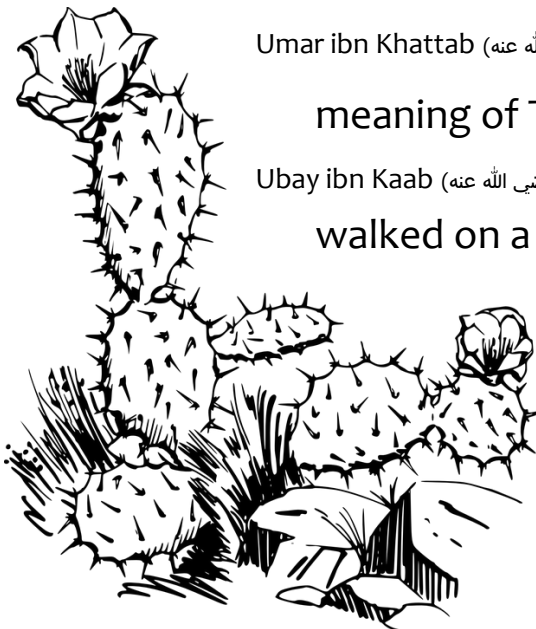
HellFire



Taqwa is creating a barrier between a *Muttaqi* and the punishment of Allah

Taqwa is to be conscious of Allah and to have the fear of Allah in our heart. This consciousness and fear of Allah is like a shield against wrongdoing. A person with Taqwa does all that is enjoined by Allah and His messenger (ﷺ) and holds back from everything that Allah and His messenger (ﷺ) have forbidden. This way the shield of Taqwa creates a barrier between the *Muttaqi* and the punishment of Allah.

A Parable on Taqwa



Umar ibn Khattab (رضي الله عنه) asked Ubay ibn Kaab (رضي الله عنه), “ What is the meaning of Taqwa ? ”

Ubay ibn Kaab (رضي الله عنه) said, “ O Amir ul Muminin, have you walked on a field that had a lot of thorny plants ? ”

Umar (رضي الله عنه) said, “ Yes ? ”

Ubay ibn Kaab (رضي الله عنه) said, “ So what did you do ? ”

Umar (رضي الله عنه) replied, “ I lifted up my clothes and I was very careful.”

Ubay ibn Kaab (رضي الله عنه) said, “That is Taqwa.”

Taqwa is like walking on a thorny path rolling up the garment for the fear of the prick of the thorn.

The Story of a Pious Girl



"Narrated Abdullah ibn Zayd ibn Aslam, from his father, from his grandfather, who said:

“ When I was accompanying `Umar ibn al-Khattab (رضي الله عنه) on his patrol of Madinah at night, he felt tired, so he leant against a wall. It was the middle of the night, and (we heard) a woman say to her daughter,

"O my daughter, get up and mix that milk with some water." The girl said, "O Mother, did you not hear the decree of Amir al-Mu'minin (chief of the believers) today?" The mother said, "What was that?" The girl said, "He ordered someone to announce in a loud voice that milk should not be mixed with water." The mother said, "Get up and mix the milk with water; you are in a place where Umar (رضي الله عنه) cannot see you." The girl told her mother, "I cannot obey Him (Allah) in public and disobey him in private."

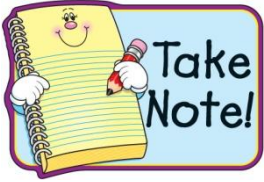
Most honored of you in the sight of Allah

يَتَأَيُّهَا النَّاسُ إِنَّا خَلَقْنَاكُمْ مِنْ ذَكَرٍ وَأُنْثَىٰ وَجَعَلْنَاكُمْ شُعُوبًا وَقَبَائِلَ لِتَعَارَفُوا ۗ إِنَّ أَكْرَمَكُمْ عِنْدَ اللَّهِ أَتَقَىٰكُمْ ۗ إِنَّ اللَّهَ عَلِيمٌ خَبِيرٌ ﴿١٣﴾

13. O mankind! we have created You from a male and a female, and made You into nations and tribes, that You may know one another. Verily, the Most honourable of You with Allâh is that (believer) who has At-Taqwa [i.e. one of the Muttaqûn]. Verily, Allâh is All-Knowing, All-Aware..
[Surah Al Hujurat]

Levels of Taqwa are Three





A series of horizontal dashed lines for writing, spanning the width of the page.

TAQWA IS (✓ THE CORRECT ANSWER AND ✗ THE WRONG ANSWER)

- to fear the teacher to fear Allah a shield
- to avoid crossing the road from non-pedestrian area fearing the police
- to be conscious of Allah to avoid wasting water fearing a bigger bill
- to carefully handle a knife lest we harm someone else
- creating a barrier between oneself and the punishment of Allah
- not wasting time in watching cartoons because we will be accounted for our time

CAN YOU CREATE A PICTORIAL STORY LINE FROM THE STORY OF THE PIOUS GIRL WITHOUT ANY CHANGES IN STORY.PLEASE DO NOT USE ANY FACES.


WRITE DOWN THE LESSONS THAT YOU LEARNT FROM THE STORY

.....

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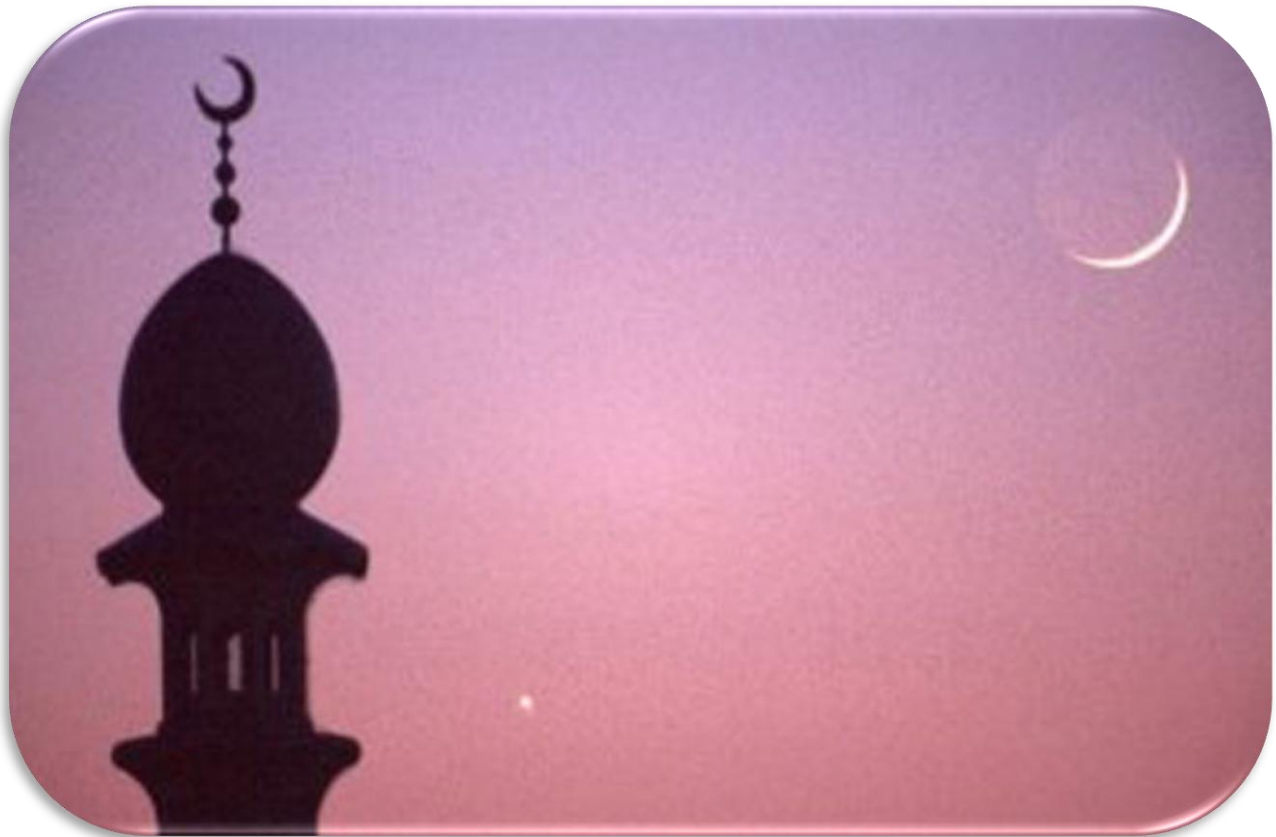
12 months of the Islamic Calendar

Every New Month Begins with the sighting of the New Moon



1	Muharram	مُحَرَّم
2	Safar	صَفَر
3	Rabi-al-awwal	رَبِيعِ الْأَوَّل
4	Rabi-ath-thani	رَبِيعِ الثَّانِي
5	Jumada-al-awwal	جُمَادَى الْأَوَّل
6	Jumada-ath-thani	جُمَادَى الثَّانِي
7	Rajab	رَجَب
8	Shaban	شَعْبَانَ
9	Ramadan	رَمَضَانَ
10	Shawwal	شَوَّال
11	Dhu-al-Qadah	ذُو الْقَعْدَةِ
12	Dhu-al-Hijjah	ذُو الْحِجَّةِ

Dua of Sighting the New Moon



We see the Moon in different shapes during every Lunar Month



Moon as seen from Day 1 to Day 29 of a Lunar Month (left to right)

Ahamdulillah Ramadan is here !

Ramadan is the 9th month of the Hijri Calendar. It starts with the sighting of new moon and ends with the sighting of new moon. A lunar month can be either of 29 or 30 days.

The messenger of Allah (ﷺ) said, "The month (can be) 29 nights (i.e. days), and do not fast till you see the moon, and if the sky is overcast, then complete Sha'ban as thirty days." (Bukhari)

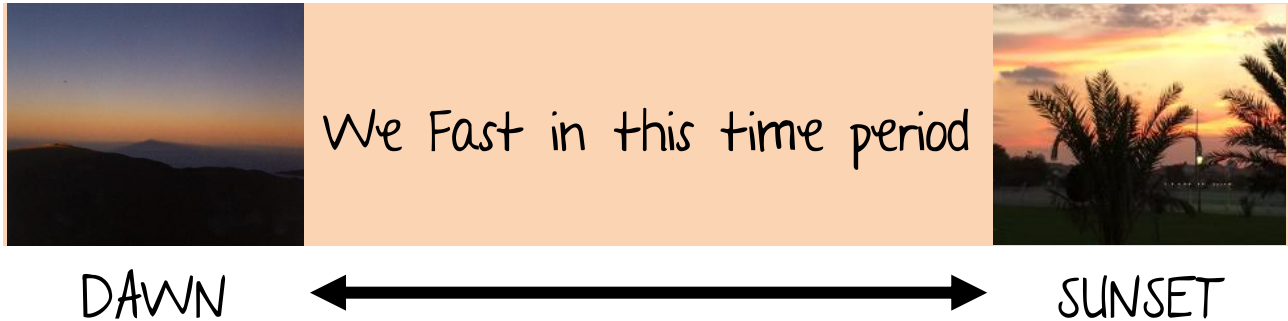
Fasting the whole month of Ramadan is a pillar of Islam.

شَهْرُ رَمَضَانَ الَّذِي أُنزِلَ فِيهِ الْقُرْآنُ هُدًى لِّلنَّاسِ وَبَيِّنَاتٍ مِّنَ الْهُدَىٰ وَالْفُرْقَانِ ۚ فَمَن
شَهِدَ مِنْكُمُ الشَّهْرَ فَلْيَصُمْهُ ۖ وَمَن كَانَ مَرِيضًا أَوْ عَلَىٰ سَفَرٍ فَعِدَّةٌ مِّنْ أَيَّامٍ أُخَرَ ۗ يُرِيدُ اللَّهُ
بِكُمُ الْيُسْرَ وَلَا يُرِيدُ بِكُمُ الْعُسْرَ وَلِتُكْمِلُوا الْعِدَّةَ وَلِتُكَبِّرُوا اللَّهَ عَلَىٰ مَا هَدَانَكُمْ
وَلَعَلَّكُمْ تَشْكُرُونَ ﴿١٨٥﴾

185. the month of Ramadân In which was revealed the Qur'ân, a guidance for mankind and clear proofs for the guidance and the criterion (between Right and wrong). so whoever of You sights (the crescent on the first night of) the month (of Ramadân i.e. is present at his home), He must observe Saum (fasts) that month, and whoever is ill or on a journey, the same number [of days which one did not observe Saum (fasts) must be made up] from other days. Allâh intends for You ease, and He does not want to make things difficult for you. (He wants that you) must complete the same number (of days), and that You must magnify Allâh for having guided You so that You may be grateful to Him. [Surah Al Baqarah]

Timing of the Fast

Fasting is from **dawn** (Fajr Adhan) till **sunset** (Maghrib Adhan).



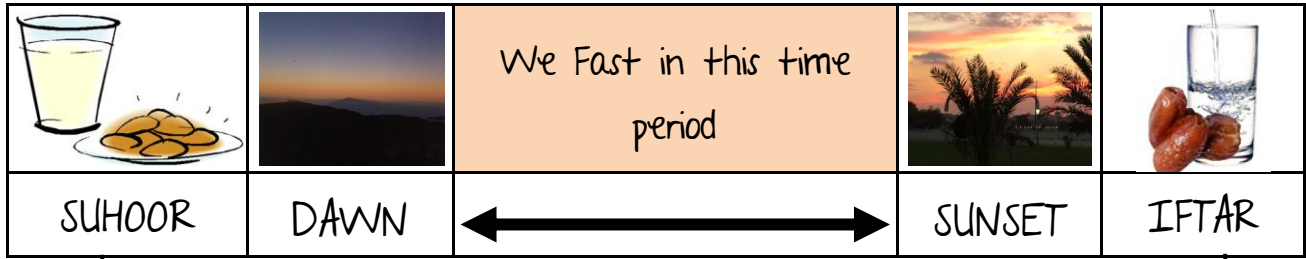
وَكُلُوا وَاشْرَبُوا حَتَّىٰ يَتَبَيَّنَ لَكُمُ الْخَيْطُ الْأَبْيَضُ مِنَ الْخَيْطِ الْأَسْوَدِ مِنَ الْفَجْرِ ۖ ثُمَّ أَتِمُّوا الصِّيَامَ إِلَى اللَّيْلِ

187. and eat and drink until the white thread (light) of dawn appears to You distinct from the black thread (darkness of night), Then complete Your Saum (fast) till the nightfall..... [Surah Al Baqarah]

Two Adhans were called

Abdullah ibn Masood reported that Prophet (ﷺ) said, “Bilal would pronounce the adhan (for the end of the night in order to inform the people about the time of Suhoor) So you eat and drink till you hear the Adhan of Ibn Umm Maktoom (Which was pronounced at the conclusion of the sahri and the commencement of the fast).” (Sahih Muslim)

From SUHOOR to IFTAR



Suhoor سُحُور

The Prophet (ﷺ) said:
 “Take meal a little before dawn for there is a blessing in taking meal at that time.
 (Sahih Muslim)

Iftar إِفْطَار

The Prophet (ﷺ) said:
 “The people will continue to prosper as long as they hasten the breaking of fast.”
 (Sahih Muslim)

Dua for Breaking Fast

ذَهَبَ الظَّمَأُ، وَابْتَلَّتِ الْعُرُوقُ، وَثَبَّتَ
 الأَجْرُ إِنْ شَاءَ اللهُ

“The thirst has gone and the veins are quenched, and reward is confirmed, if Allah wills.”



CAN YOU DRAW OR PASTE THE PICTURES OF YOUR HEALTHY FOOD ITEMS FOR SUHOOR AND IFTAR

SUHOOR	IFTAR

MATCH THE ARABIC PARTS OF THE DUA FOR BREAKING FAST WITH IT'S ENGLISH TRANSLATION

إِنْ شَاءَ اللَّهُ
وَتَبَّتْ الْأَجْرُ
وَابْتَلَّتِ الْعُرُوقُ
ذَهَبَ الظَّمَأُ

and reward is confirmed
the thirst has gone
if Allah wills
and the veins are quenched

NOW WRITE DOWN THE DUA IN ARABIC (IN ORDER)

.....

.....

Do you remember the Levels of Taqwa ?

The Prophet (sallallahu alahi wasallam) said,
" A person will not reach the level of Muttaqeen
until he leaves something in which there is no harm
out of fear that it may contain some harm."

(At Tirmidhi)



A person who reaches the
3rd level of Taqwa
is called a Muttaqi.



Qualities of a Muttaqi ?

﴿ لَيْسَ الْبِرَّ أَنْ تُوَلُّوا وُجُوهَكُمْ قِبَلَ الْمَشْرِقِ وَالْمَغْرِبِ وَلَكِنَّ الْبِرَّ مَنْ ءَامَنَ بِاللَّهِ وَالْيَوْمِ الْآخِرِ
وَالْمَلَائِكَةِ وَالْكِتَابِ وَالنَّبِيِّينَ وَءَاتَى الْمَالَ عَلَى حُبِّهِ ذَوِي الْقُرْبَىٰ وَالْيَتَامَىٰ وَالْمَسْكِينِ وَابْنَ
السَّبِيلِ وَالسَّائِلِينَ وَفِي الرِّقَابِ وَأَقَامَ الصَّلَاةَ وَءَاتَى الزَّكَاةَ وَالْمُوفُونَ بِعَهْدِهِمْ إِذَا عَاهَدُوا
وَالصَّابِرِينَ فِي الْبَأْسَاءِ وَالضَّرَّاءِ وَحِينَ الْبَأْسِ أُولَئِكَ الَّذِينَ صَدَقُوا وَأُولَئِكَ هُمُ الْمُتَّقُونَ ﴾

177. it is not Al-Birr (piety, righteousness, and each and Every act of obedience to Allâh, etc.) that You turn Your faces towards east and (or) west (in prayers); but Al-Birr is (the quality of) the one who **Believes In**

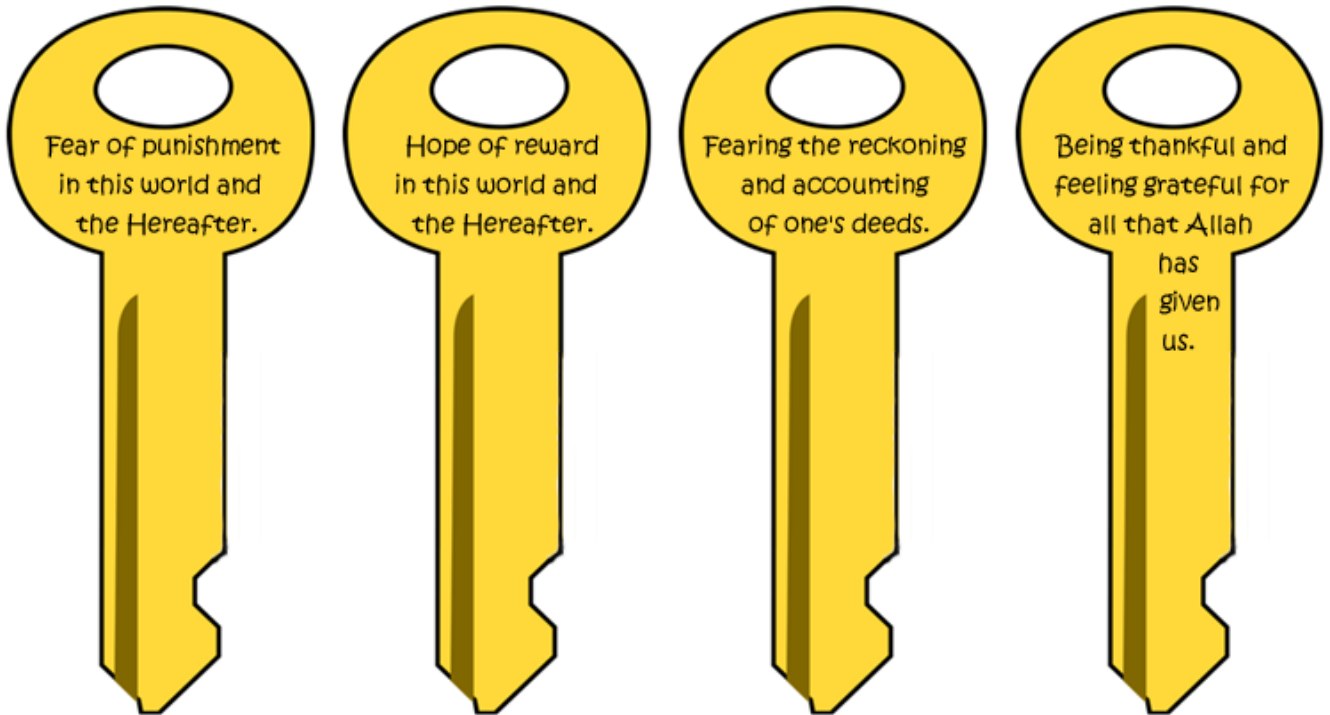
Allâh, the Last day, the angels, the Book, the Prophets

and **gives his wealth**, In spite of love for it, to the kinsfolk, to the orphans, and to Al-Masâkin (the poor), and to the wayfarer, and to those who ask, and to set slaves free, **performs As-Salât**, and

gives the Zakât and who **fulfill their Covenant**

when they make it, and **who are As-Sâbinin** (the patient ones, etc.) in extreme poverty and ailment (disease) and at the time of fighting (during the battles). Such are the people of the Truth and they are Al-Muttaqûn. [Surah Al Baqarah]

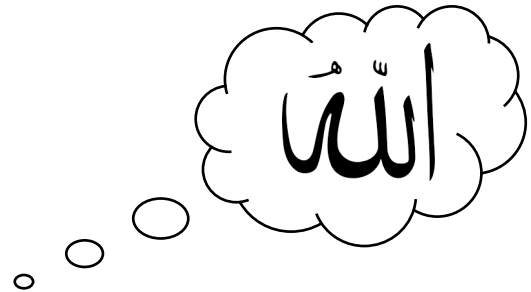
KEYS to developing Taqwa



Benefits of having Taqwa

<p>Muttaqeen receives the guidance from Quran. (2: 2)</p>	<p>Allah's help, special closeness and support comes to them. (16: 128)</p>	<p>Allah's love comes to them. (9: 4)</p>	<p>Allah will remove the fear of punishment and grief from them. (7: 35)</p>
<p>Allah gives them furqaan (criterion to judge the right from wrong, good from bad, beneficial from what is harmful). (8: 29)</p>		<p>Allah provides a way out from difficulties to those who have taqwa. (65: 2)</p>	<p>Allah makes matter easy for them. (65: 4)</p>
<p>Allah forgives their sins and makes their reward greater. (65: 5)</p>	<p>Allah only accepts deeds from those who have taqwa. If a deed is not done with taqwa it will not be accepted. (5: 27)</p>	<p>Allah gives them prosperity and success. (2: 189)</p>	<p>Allah gives glad tidings in both this life and the hereafter to the Muttaqeen. (10: 63,64)</p>
<p>Allah will enter them in Paradise. (68: 34)</p>	<p>Allah will save them from Hell fire. (19: 71,72)</p>	<p>Allah will give them honor of being above the rest of creation on the Day of judgment. (2: 212)</p>	

And the Final Result of having Taqwa is here



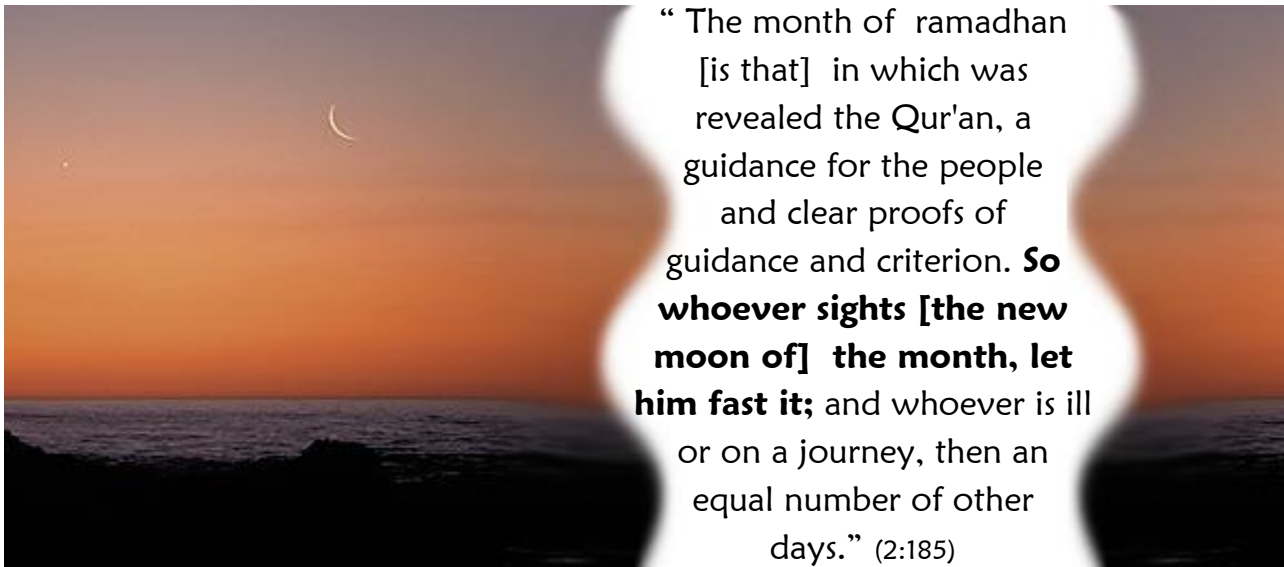
132. and Enjoin As-salât (the prayer) on Your family, and be patient In offering them [i.e. the salât (prayers)]. we ask not of You a provision (i.e. to give us something; money, etc.); we provide for you. and **the good end (i.e. Paradise) is for the Muttaaûn.** [Surah At Taha]









MY PLAN TO DEVELOP TAQWA

TARGET QUALITY	ACTION PLAN
Belief In Allâh, the Last day, the angels, the Book, the Prophets	I WILL DO THIS TO INCREASE MY KNOWLEDGE OF THE PILLARS OF IMAN
gives his wealth	I WILL GIVE AWAY MY FOLLOWING THINGS TO THOSE WHO NEED
performs As-Salât	I WILL DO THE FOLLOWING TO MAKE SURE THAT I PRAY ON TIME
gives the Zakât	MY PAERENTS WILL PAY ZAKAT ON THE FOLLOWING THINGS THIS RAMADAN INSHALLAH
fulfill their Covenant	THIS IS THE LIST OF PROMISES I MADE. WILL FULFIL THEM INSHALLAH
who are As-Sâbinin	I WILL DO THE FOLLOWING TO MAKE SURE THAT I AM MORE PATIENT AT HOME AND OUTSIDE

Who has to Fast ?



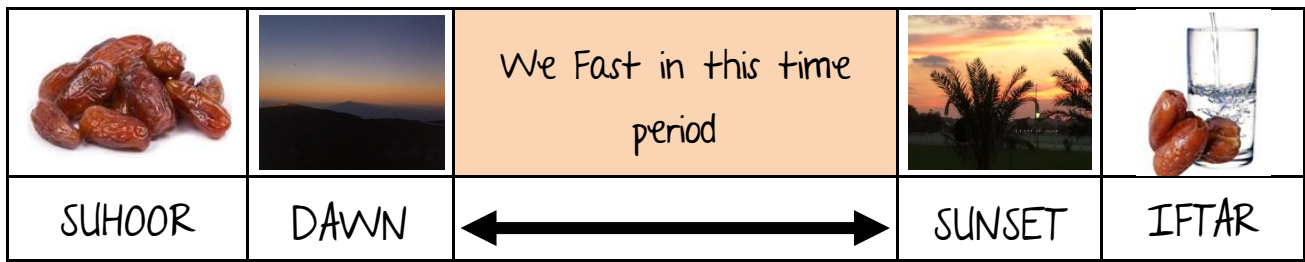
Every Muslim adult **EXCEPT** for the following

<p>woman who are not allowed to pray (in particular days)</p> 	<p>Insane</p> 	<p>Child</p> 
<p>Sick</p> 	<p>Traveller</p> 	<p>Old</p> 

Intention to Fast is a MUST

<p><i>For</i></p>	<p>Each day of fasting in Ramadan, that is for the Fard Fasts.</p> <p>For involuntary (Nafil) fast intention from before not necessary. (Muslim)</p>
<p><i>when</i></p>	<p>Before the beginning of dawn.</p> <p>There is no fast for a person who did not intend to fast from the night before. (Abu Dawood)</p>
<p><i>where</i></p>	<p>The place of intention is the heart, there is no need to vocalize it.</p>
<p><i>why</i></p>	<p>"Actions are according to intentions, and everyone will get what was intended."</p> <p>(Bukhari & Muslim)</p>

Etiquettes of Fasting



The Prophet (ﷺ) said, "What a good suhoor for the believer is dates."
(Abu Dawood)

The Prophet (ﷺ) said, "The people will be fine so long as they do not delay iftar."
(Bukhari)

Dua for Breaking Fast

ذَهَبَ الظَّمَأُ، وَابْتَلَّتِ العُرُوقُ، وَثَبَّتِ
الأَجْرُ إِنْ شَاءَ اللهُ

"The thirst has gone and the veins are quenched, and reward is confirmed, if Allah wills."

Other Dua Time

The Prophet (ﷺ) said, "Verily a fasting person has an invocation when breaking his fast which is not rejected (by Allah)."
(Ibn Majah)



The Prophet (ﷺ) said, “When any of you is fasting, let him not commit sin ..” (Bukhari)

The Prophet (ﷺ) said, “Whoever does not stop speaking falsehood and acting in accordance with it, Allah has no need of him giving up his food and drink.” (Bukhari)

The Prophet (ﷺ) said, “If someone fights him and provokes him he should say, ‘I am fasting, I am fasting.’” (Bukhari)

One should not be distracted by quiz-shows, soap operas, movies and sport matches, idle gatherings, hanging about in the streets with evil people and other time-wasters, driving around for no purpose, crowding the streets and sidewalks either at night or during the day.

It is the month of **Tahajjud, Dhikr and Ibadah** but for many people, it becomes the month of sleeping in the day so as to avoid feeling hungry, thus missing their prayers and the opportunity to pray them in congregation. This should not be done.

In Ramadan one should be generous by sharing knowledge, giving money, using one’s position of authority or physical strength to help others, and having a good attitude.



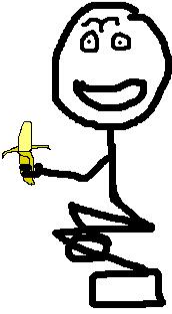



We should not be eating too much, because the Prophet (ﷺ) said: “The son of Adam fills no worse vessel than his stomach.” (At Tirmidhi)



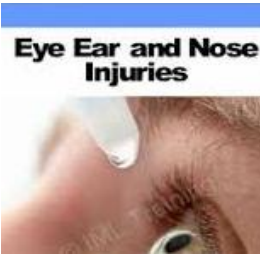






Some Rulings On Fasting

OBLIGATORY	It is Obligatory
PILLAR	It is a Pillar of Islam
MAJOR SIN	Breaking a Fard fast without a legitimate excuse is a Major sin
DISLIKED	Not permissible to single out a Friday or a Saturday for fasting.
HARAM	Haram to fast on two Eids
	Haram to fast on Ayyam- al-Tashreeq (11 th , 12 th , 13 th of Zul-Hijjah) except for one who does not have a sacrifice. (Ahmad)
	To perform <i>Al Wisal</i> i.e, fasting without a break not taking iftar or suhoor both. (Bukhari, Muslim)
	To fast every day of the year without break. (Bukhari, Muslim)

Things that **BREAK** the fast

<p>Some Women issues</p> 	<p>Vomiting</p>  <p>(large amount or voluntary vomiting)</p>	 <p>Eating and drinking during the fast.</p>
 <p>Blood transfusion</p>	 <p>Injections of nourishing substances.</p>	 <p>Taking medicines by mouth.</p>

Things that DO NOT BREAK the fast

 <p>Eye Ear and Nose Injuries</p>	<p>According to most correct view suppositories, eye drops, ear drops, nose</p>	 <p>Puffers used for 'asthma' do not break the fast, because this is just compressed gas that goes to the lungs it is not food, and it is needed at all times.</p>
<p>drops, mouth sprays, tablet placed under the tongue, having a tooth extract/filling and treating wounds</p> <p><u>do not break the fast if it is not swallowed.</u></p>		
 <p>Nose bleed</p>	<p>Use of siwak</p> 	 <p>smelling fragrances</p>
<p>Small amount of involuntary vomiting.</p>	<p>Injections of non-nourishing substances</p>	<p>Eating and drinking out of forgetfulness.</p>
 <p>Tasting food to make sure that it is OK, but it should not be swallowed.</p>	 <p>Having a blood sample taken does not break the fast and is permissible because it is something that is needed.</p>	

Making up The Missed Fasts

أَيَّامًا مَّعْدُودَاتٍ ۚ فَمَنْ كَانَ مِنْكُمْ مَّرِيضًا أَوْ عَلَىٰ سَفَرٍ فَعِدَّةٌ مِّنْ أَيَّامٍ أُخَرَ ۗ
وَعَلَى الَّذِينَ يُطِيقُونَهُ فِدْيَةٌ طَعَامُ مِسْكِينٍ ۖ فَمَنْ تَطَوَّعَ خَيْرًا فَهُوَ خَيْرٌ لَهُ ۗ
وَأَنْ تَصُومُوا خَيْرٌ لَّكُمْ ۖ إِن كُنْتُمْ تَعْلَمُونَ ﴿١٨٤﴾

184. [Observing Saum (fasts)] for a fixed number of days, but if any of You is ill or on a journey, the same number (should be made up) from other days. and as for those who can fast with difficulty, (e.g. an old man, etc.), they have (a choice either to fast or) to feed a Miskîn (poor person) (for Every day). but whoever does good of his own accord, it is better for Him. and that You fast, it is better for You if Only You know. [Surah Al Baqarah]

CATEGORY - 1

if any of You is ill or on a journey, the same number (should be made up) from other days.

CATEGORY - 2

as for those who can fast with difficulty, (e.g. an old man, etc.), they have (a choice either to fast or) to feed a Miskîn (poor person) (for Every day).

CATEGORY - 3

If a person dies while his obligatory fast are remaining then his heirs fast on his behalf or give **Fidyah** from his estate as it is a debt to Allah.

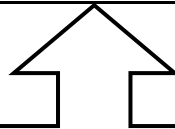
SAWM	05	 Brain Time
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EVERY MUSLIM ADULT MUST FAST EXCEPT THE FOLLOWING

INTENTION TO FAST IS A MUST

FOR	WHEN	WHERE	WHY

WHAT WILL YOU **DO** OR **NOT DO** DURING THE FASTING TIME TO GAIN MORE REWARD FROM ALLAH



SAWM	06	Zakah
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Zakah is a Pillar of Islam

It was narrated that Ibn Umar (رضي الله عنه) said : The Messenger of Allah (صلى الله عليه وسلم) said:

“ Islam is built on five (pillars) :

- bearing witness that there is no god except Allah and that Muhammad is the Messenger of Allah,
- establishing prayer,
- **paying zakah,**
- Hajj and
- fasting Ramadan.” [Narrated by al-Bukhaari, 8; Muslim, 16]



Meaning of Zakah زَكَاةٌ

Arabic word *zakah* means “to increase”, “to purify” and “to bless”.

Zakat is that minimum amount, which a wealthy person is obliged to pay from the surplus of his wealth, every lunar year to the poor according to certain calculations and conditions.

Paying zakah will purify and bless the wealth and also the zakah giver.

Purpose of Zakah

Let's understand Why the rich MUST give away a part of their wealth to the poor



Everything belongs to Allah and hence our wealth also belongs to Allah. Allah has given some people lot of wealth from His bounty. They can enjoy it in halal ways. At the same time, **Allah has commanded** them to share it with those who do not have enough. Following the command brings many benefits.

وَأَقِيمُوا الصَّلَاةَ وَآتُوا الزَّكَاةَ وَارْكَعُوا مَعَ الرَّاكِعِينَ ﴿٤٣﴾

43. and perform As-Salât (Iqâmat-as-Salât), and **give Zakât**, and Irka' (i.e. bow down or submit yourselves with obedience to Allâh) along with Ar-Raki'ûn. [Surah Al-Baqarah]

Obedience to the command brings **blessings to the person, increase in wealth** and **purification of the soul from greed and selfishness.**

خُذْ مِنْ أَمْوَالِهِمْ صَدَقَةً تُطَهِّرُهُمْ وَتُزَكِّيهِمْ بِهَا وَصَلِّ عَلَيْهِمْ إِنَّ صَلَاتَكَ سَكَنٌ لَهُمْ وَاللَّهُ سَمِيعٌ عَلِيمٌ ﴿١٠٣﴾

103. take Sadaqah (alms) from their wealth In order to purify them and sanctify them with it, and invoke Allâh for them. Verily! Your invocations are a source of security for them, and Allâh is All-Hearer, All-Knower. [Surah At-Taubah]

Zakah is the obligatory portion of charity which a person must give to the poor **to avoid punishment.** It is anyway Allah's wealth, so we have to use it according to His commands.

وَلَا تَحْسَبَنَّ الَّذِينَ يَبْخُلُونَ بِمَا آتَاهُمُ اللَّهُ مِنْ فَضْلِهِ هُوَ خَيْرًا لَهُمْ بَلْ هُوَ شَرٌّ لَهُمْ سَيُطَوَّقُونَ مَا بَخُلُوا بِهِ يَوْمَ الْقِيَامَةِ وَلِلَّهِ مِيرَاثُ السَّمَوَاتِ وَالْأَرْضِ وَاللَّهُ بِمَا تَعْمَلُونَ خَبِيرٌ ﴿١٨٠﴾

180. and let not those who covetously withhold of that which Allâh has bestowed on them of his Bounty (Wealth) think that it is good for them (and so they do not pay the obligatory Zakât). Nay, it will be worse for them; the things which they covetously withheld shall be tied to their necks like a collar on the Day of Resurrection. and to Allâh belongs the heritage of the heavens and the earth; and Allâh is Well-Acquainted with All that You do. [Surah Imran]

Allah could have given the poor directly if He willed but just see, He gave the rich an **opportunity to earn reward and His pleasure** by giving the poor a portion of their wealth.

Fulfills the needs of the poor, needy and less fortunate people, which promotes peace and love in the society.

Fiqh of Zakat Al-Maal (Zakah on Wealth)

<p><i>Who should pay</i></p>	<p>Zakah must be paid by every muslim (mature and of sound mind) whose wealth is more than the Nisab.</p> <p>What is Nisab ?</p> <p>Nisab (نِصَاب) is the minimum amount for a muslim's total wealth, above which payment of zakat becomes obligatory.</p> <div data-bbox="454 801 673 987" data-label="Image"> </div> <p>Nisab in terms of gold is the amount equivalent to 85 gm of pure gold. That means if a person's total wealth is more than 85 gm of gold in value, then zakah becomes due on the total wealth.</p>
<p><i>when</i></p>	<div data-bbox="450 1081 681 1361" data-label="Image"> </div> <p>The Zakah is due when the property reaches the <i>nisab</i> and is held in possession for 12 lunar months.</p>
<p><i>With correct Niyah</i></p>	<p>The intention is to be made in the heart that one is giving away the Zakah from his wealth at the time of giving it or keeping it aside for distribution.</p> <p><i>"Actions are according to intentions, and everyone will get what was intended."</i></p> <p>(Bukhari & Muslim)</p>

*On
what*

1. Gold
(nisab = 85 grams)



2. silver
(nisab = 595 grams)



3. Cash
(nisab = nisab of gold).



4. Livestock



5. Land produce
(every grain that can be stored such as barley, wheat, dates, raisins etc.) (the nisab is approx 612 kg)



6. Commercial stocks
(nisab = nisab of gold).

Any kind of item in possession for sale.

<p>How Much</p>	<div data-bbox="411 282 643 488" data-label="Image"> </div> <p>For GOLD, SILVER, CASH and COMMERCIAL STOCKS, the Zakah is 2.5 % of the total value of the wealth if above nisab.</p> <p>For LIVESTOCK and LAND PRODUCE, it is different.</p>	
<p>To Whom</p>	<p>1) The poor</p>	<p>2) The needy</p>
	<p>3) Those who work to collect zakah</p>	
	<p>4) Those inclined towards Islam or new Muslims</p>	
	<p>5) Freeing of Slaves</p>	<p>6) Clearing of debts</p>
	<p>7) In the way of Allah</p>	
	<p>8) The helpless and stranded travelers</p>	
<p>What if one does not pay</p>	<p>يَوْمَ تَحْمَىٰ عَلَيْهَا فِي نَارِ جَهَنَّمَ فَتُكْوَىٰ بِهَا جِبَاهُهُمْ وَجُنُوبُهُمْ وظُهُورُهُمْ هَذَا مَا كَنْزْتُمْ لِأَنْفُسِكُمْ فَذُوقُوا مَا كُنْتُمْ تَكْنِزُونَ ﴿٣٥﴾</p> <p>35. on the Day when that (Al-Kanz: money, gold and silver, etc., the Zakât of which has not been paid) will be heated In the Fire of Hell and with it will be branded their foreheads, their flanks, and their backs, (and it will be said unto them):-"This is the treasure which You hoarded for yourselves. now taste of what You used to hoard." [Surah At-Taubah]</p>	

Fiqh of Zakat Al-Fitr

<p><i>Why</i></p>	<p>The Messenger of Allah (ﷺ) enjoined zakat al-fitr as a purification for the fasting person from idle and obscene speech, and to feed the poor. Whoever gives it before the prayer, it is zakat al-fitr, and whoever gives it after the prayer, it is ordinary charity. <i>[Abu Dawood , classed as hasan by al-Albaani]</i></p>
<p><i>Who should give</i></p>	<p>Zakat al-fitr is obligatory upon all muslims who are mature, sane and free of need . Such a person must give zakat al-fitr on behalf of all under his care whether they are young or old, male or female, free or slave.</p>
<p><i>To whom</i></p>	<p>to the poor and needy.</p>
<p><i>When</i></p>	<p>It is obligatory to give it before the Eid prayer. There is nothing wrong with giving it one or two days before the Eid.</p>
<p><i>How Much</i></p>	<p>One Saa of any staple food per person. The staple food should be that of the people where the zakat al-fitr is distributed. Staple food is the food item which the people of any area eat regularly. One Saa is approximately equal to 3 kg.</p>



CAN YOU HELP ME CALCULATE FATIMAH'S ZAKAT AL-MAAL



Fatimah has too many gold coins. Have a look.



= 285 gm

**Nisab for
gold is
85 gm**

Should Fatimah pay Zakah on her gold coins ?

.....





If yes, then for how many grams of gold, she has to pay zakah ?



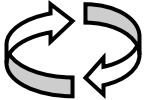
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IF YOU ARE LIVING WITH YOUR FATHER AND MOTHER AND HAVE A SMALL BABY AT HOME, THEN HOW MUCH ZAKAT AL-FITR YOUR FATHER WILL HAVE TO PAY ?

.....

What to do on the Eid Al-Fitr Day

	<p>1 – Doing ghusl before going out to the prayer.</p>
	<p>2 – Adorning oneself on the occasion of Eid.</p> <p>It was narrated that Jabir (رضي الله عنه) said: The Prophet (صلى الله عليه وسلم) had a cloak which he would wear on the two Eids and on Fridays. [Saheeh Ibn Khuzaymah]</p> <p>With regard to women, they should avoid adorning themselves when they go out for Eid, because they are forbidden to show off their adornments to non-mahram men.</p>
	<p>3 – Eating before going out to pray on Eid al-Fitr</p> <p>Messenger of Allah (صلى الله عليه وسلم) did not go out on the morning of Eid al-Fitr until he had eaten some dates.</p>
<p>الله أكبر الله أكبر لا إله إلا الله الله أكبر الله أكبر ويله الحمد</p>	<p>4 – Takbeer on the day of Eid</p> <p>Saying takbeer when coming out of one's house to the prayer place and until the imam came out was something that was well known among the salaf (early generations).</p> <p>The time for takbeer on Eid al-Fitr starts from the night before Eid until the imam enters to lead the Eid prayer.</p>
	<p>5 – Zakat Al-Fitr (should be given before Eid Salah)</p>

	<p>6 – Eid Salah</p> <p>The Salat-ul-Eid-ul-Fitr, is offered when the sun has reached at a good height above the horizon, in the forenoon, in the early hours after sunrise. There is no adhan or Iqamah.</p> <p>Aisha (رضي الله عنها) said: “The Apostle of Allah (صلى الله عليه وسلم) would say the Takbeer seven times in the first rakah and five times in the second rakah on the day of the breaking of the fast and on the day sacrifice. There is a Khutbah after the salah.</p>
	<p>7 – Offering congratulations</p> <p>The etiquette of Eid also includes the good wishes exchanged by people such as saying to one another <i>Taqabbala Allaah minna wa minkum</i> (May Allaah accept (good deeds) from us and from you”.</p>
	<p>8 – Going to the prayer by one route and returning by another.</p> <p>It was said that the reason for that was so that the two routes would testify for him on the Day of Resurrection.</p>

SAWM

07



Brain Time

MAKE YOUR PLAN FOR THE EID DAY HERE, KEEPING IN MIND THE EID ETIQUETTES

This is MY Eid Day !

سُبْحَانَكَ اللَّهُمَّ وَبِحَمْدِكَ أَشْهَدُ أَنْ لَا
إِلَهَ إِلَّا أَنْتَ أَسْتَغْفِرُكَ وَأَتُوبُ إِلَيْكَ

Glory is to You, O Allah, and praise is to You. I bear witness that there is none worthy of worship but You. I seek Your forgiveness and repent to You.

(Whatever is authentic and sound is from Allah and His messenger (ﷺ) and whatever is wrong is from me.)