

UPDATED
JANUARY 2025

WHAT IS VALASTA

VALASTA-ASTAXANTHIN



THANK YOU, HASHEM

A GIFT FROM ABOVE

**SAFE
SCIENCE-BACKED
FOOD SUPPLEMENT**

**SUPPORTS HEALING
ENHANCES OVERALL HEALTH**

THANK YOU, HASHEM : THE ULTIMATE HEALER

Valasta
Patented, High Potency
Astaxanthin
From Natural Microalgae
Antioxidant in
FDA GRAS Approved
6.4 grams of Pure
Astaxanthin
Net Wt. 1.7 oz (50 mL)
Made in the USA

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**THE ONLY PATENTED
ASTAXANTHIN**

**ASTAXANTHIN
IS FDA-GRAS
APPROVED**

COMMUNITY PHONE-LINE

845-584-8485

valastainfosharing@gmail.com

▪ RECORDED INFORMATION

▪ CALL ▪ TEXT ▪ EMAIL

Recorded Information

- Learn about ValAsta and its Scientific Foundation.
- Explore Scientific Research & Clinical Studies on Specific Diseases.
- Medical Expert Research Interviews, including an interview with Dr. Stefan Kiesz, a world renowned cardiologist acclaimed for his endovascular inventions.
- Community Feedback.
- List of the Local Purchasing Options. (Also available at www.valasta.net—Discount Code: 1234.)

Contact a Volunteer

- Speak with, text, or email a volunteer for any questions you may have. Given the high volume of inquiries, please note that it is often not possible to answer all calls as they come in. If you don't get through, please leave a voice message or send a text/email to request a call-back. Missed calls can only be returned if a voice message is left.
- It is important to specify "URGENT" if you need a quick response.
- If you do not receive a reply or call back, please call again, as we may have missed your message.
- Text or email is the fastest way to receive a response.
- Call, text, or email for the "Four Information Documents" to be emailed to you. (Also available at the local pickup locations.)

Community Feedback

- Stories kindly shared by individuals in our communities.
- Phone-line updates are infrequent. If your health concern or condition isn't listed, or if there's no feedback available, please reach out and ask. Only a small fraction of the feedback is shared on the phone-line so it does not fully represent the success of any given disease—these are just examples. Many people have found great success with ValAsta in addressing even "incurable" conditions because 92% of diseases, including rare and genetic conditions, are often triggered by inflammation.

Sharing Your Feedback: Many of us value hearing from others in the community. If you have used ValAsta, please consider sharing your experience—anononymously if you prefer—via text, email, call, or voice message. (All information shared is 100% confidential.)

DISCLAIMER: This document is intended for informational purposes only and is a compilation of insights shared by friends. The ValAsta company and the individuals involved in the creation of this document are not involved in rendering medical advice and disclaim any liability for actions taken based on the information contained herein. Always consult a qualified healthcare professional for personalized medical guidance.

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Information Documents

ValAsta at a Glance

What Is ValAsta

ValAsta and Cancer

ValAsta User Information



DISCLAIMER: This paper is only friends sharing information. The product and any information provided is not intended to diagnose, treat, cure, or prevent disease.

What Is ValAsta

THANK YOU, HASHEM – First and foremost, immense gratitude is extended to Hashem—the Divine Source of all healing. Over the past two years, ValAsta has been a gift to adults and children within our global communities. ValAsta is but a vessel through which Hashem’s abundant blessings have been flowing, facilitating miraculous transformations in health. Countless stories of healing have been shared, ranging from minor ailments to the most significant health challenges.

Professor Sam Shepherd is a **scientist, physicist, and biochemical engineer** globally recognized for his expertise and contributions across a wide range of scientific disciplines. When faced with his own medical predicament, his expertise in organic chemistry and his leadership in scientific innovation uniquely positioned him to develop **ValAsta-Astaxanthin**.

The world's STRONGEST all-natural ANTIOXIDANT The world's STRONGEST all-natural ANTI-INFLAMMATORY			THE ANTIOXIDANT POWER EQUIVALENT TO
6000	TIMES STRONGER THAN	VITAMIN C	THE JUICE OF 1,000 CARROTS
500	TIMES STRONGER THAN	VITAMIN E	1,000 TOMATOES
560	TIMES STRONGER THAN	GREEN TEA CATECHINS	2.5 WHOLE SALMONS
800	TIMES STRONGER THAN	COQ10	1,200+ CUPS OF BLUEBERRIES
1,000	TIMES STRONGER THAN	ASPIRIN	
3,000	TIMES STRONGER THAN	RESVERATROL	

ValAsta has been used for many years by **thousands of individuals** around the globe with **profound results**. ValAsta is not a pharmaceutical drug, but it is supported by a concrete body of scientific and clinical research substantiating its potent medicinal properties. **ValAsta is an Astaxanthin-based food supplement. Astaxanthin is FDA GRAS-approved.** ValAsta-Astaxanthin is derived from the *Haematococcus pluvialis* microalgae plant and is grown in closed vessels to ensure the highest standards of purity and quality.

Initially **approved for human consumption in 1999**, Astaxanthin was granted GRAS status by the FDA in 2010. This designation confirms that the safety of Astaxanthin has been thoroughly established through its long history of use in food and dietary supplements, assuring consumers of its safety. Humans have safely consumed Astaxanthin for over **twenty-six** years with **no reported side effects**. Additionally, ValAsta-Astaxanthin has been safely consumed in high dosages (up to 29 pumps) for over **seven** years with **no reported side effects**.

ValAsta holds the exclusive **PATENT** for Astaxanthin in the **treatment of chronic diseases, inflammatory conditions, and cancer**. Its therapeutic potential in supporting individuals with **serious health conditions** while also fostering **overall health, vitality, and well-being** is widely recognized.

Sam Shepherd, once the epitome of health, strength, and accomplishment, had always been at the pinnacle of success—with a distinguished career in science and forty-four international and domestic patents. Twenty-two years ago everything changed. Sam was confronted with the **devastating diagnosis** of a disease with no known cure and no known treatment options.

Finding a solution: Rather than surrendering to despair, Sam remained resolute in his determination to fight for his life. Drawing on his extensive knowledge and vast network, he embarked on a **singular mission: to find a solution**, no matter the odds.

Unlocking the secret: Sam assembled a team of top scientists to join him in his search for an answer, directing his team to focus on a remarkable group of diverse species: five pink-fleshed animals—salmon, flamingos, sharks, elephants, and naked mole rats—all of which demonstrate extraordinary resistance to chronic diseases, cancer, and age-related conditions. These animals rarely, if ever, succumb to illness, displaying a rare and remarkable ability to resist disease—an atypical trait that deviates from the norm seen in other species.

The scientists were determined to uncover the reason behind these animals' extraordinary resilience and vitality. Given the complexity of biology and the countless molecules that could potentially explain such a phenomenon, the task initially seemed insurmountable. However, the team made a stunning discovery: a single factor was responsible for the exceptional health of all five species. That factor was **Astaxanthin** – this was **the only common denominator**. The animals obtain Astaxanthin from their microalgae consumption, which is responsible for their distinctive pink coloration. The scientists hypothesized that this molecule was pivotal in the animals' extraordinary health, protecting against disease and age-related conditions.

What is Astaxanthin: Astaxanthin is a powerful carotenoid, a pigment in plants that supports cellular health and provides essential nutrients. It is extracted from *Haematococcus pluvialis*, a freshwater microalgae rich in Astaxanthin. While the algae itself is green, it produces Astaxanthin, a bright red pigment, as a protective mechanism to defend itself against environmental stress, particularly from the harmful effects of intense sunlight, by absorbing and neutralizing UV radiation. Scientists were also intrigued by the remarkable endurance of salmon, which swim across vast oceans and ascend multiple waterfalls. Could this extraordinary energy and strength be yet another biological advantage conferred by their consumption of microalgae rich in Astaxanthin?

Astaxanthin is remarkable, possessing such powerful healing properties that it can keep algae alive even after being washed ashore and dried out for over forty years! This extraordinary resilience first captured the attention of scientists in the Far East. Their initial question was whether Astaxanthin, which protects microalgae from the sun, could offer similar protection to humans and function as a natural sunscreen. Through their research, scientists confirmed that Astaxanthin has an exceptional ability to scavenge free radicals caused by UV exposure, making it highly effective in protecting humans from sun damage. However, this ability represents just one aspect of Astaxanthin's broader healing potential. Further studies revealed that Astaxanthin's unique molecular properties confer a wide range of health benefits across all major systems of the body.

Incredible finding: Fuelled by this ground-breaking discovery and inspired by the extensive research, Sam learned that Astaxanthin's efficacy in treating diseases across all body systems is well-supported by clinical trials and a substantial body of trusted scientific evidence.

The National Institutes of Health (The US Government's Medical Research Agency)
has published **over one thousand N-I-H Research Studies** on Astaxanthin

Brain
9 Human Clinical Studies
83 Supporting Pre-Clinical Trials
Alzheimer's - Parkinson's
OCD - ADHD
Depression - Migraine
Stroke - Trauma
Cancer - Hangovers
Energy
Concentration and drive

Eyes
15 Human Clinical Studies
29 Supporting Pre-Clinical Trials
Macular Degeneration
Retinal Degeneration
Cataracts - Poor/ Failing Eyesight

Skin & UV protection
12 Human Clinical Studies
38 Supporting Pre-Clinical Trials
Skin Ageing - Elasticity
Wrinkles - Psoriasis
Dermatitis - Sunburn Protection
Melanoma - Skin Cancer
Skin Grafts - Liver Spots
Rosacea

Heart
13 Human Clinical Studies
19 Supporting Pre-Clinical Trials
Chd - Cardiac Fibrosis
Hypertension
Myocardial Infarction
Heart Disease

Cardiovascular Support
11 Human Clinical Studies
56 Supporting Pre-Clinical Trials
Restenosis
Atherosclerosis
Endothelial Dysfunction
Carpal Tunnel Syndrome
Hypertension

Anti-Aging & Cellular Health
62 Human Clinical Studies
334 Supporting Pre-Clinical Trials
Longevity, Wellness & Protection
against Illness & Disease

Athletic Performance & Energy Levels
18 Human Clinical Studies
35 Supporting Pre-Clinical Trials
Recovery and Muscle Fatigue (lactic acid)
Increased Stamina & Strength

World's Strongest & Highest Quality Natural Antioxidant
13 Human Clinical Studies
114 Supporting Pre-Clinical Trials
Menopausal Flushes
Fibromyalgia
Cancer
IBS

Lungs
6 Human Clinical Studies
22 Supporting Pre-Clinical Trials
Effects of Smoking
Cancer - Sports Asthma
COPD - Allergies

Immune System Modulation
5 Human Clinical Studies
28 Supporting Pre-Clinical Trials
Chronic Fatigue
Auto Immune Disorders
Lupus - IBD
Multiple Sclerosis - Cancer

Kidneys
Chronic Disease
Renal Graft
Nephritis

Reproductive and hormonal health
5 Human Clinical Studies
23 Supporting Pre-Clinical Trials
Erectile Dysfunction
Sperm Count

Joint, Tendon and Muscle Support
10 Human Clinical Studies
78 Supporting Pre-Clinical Trials
Arthritis
Psoriasis
Tendonitis
Gout

Multi organ
59 Human Clinical Studies
103 Supporting Pre-Clinical Trials
Diabetes - Ageing
Cancer
Chronic Fatigue - Dyspepsia

This image illustrates a small selection of the CLINICAL TRIALS demonstrating the wide range of benefits to every part of the human body.

Sam Shepherd was hopeful: The wealth of research deepened Sam's determination to harness the healing potential of this extraordinary molecule in his own battle. Could there possibly be help on the horizon? Enthusiastic, Sam tried the many available Astaxanthin supplements on the market, but none provided the results he desperately needed. Despite the extensive evidence, Sam Shepherd quickly came to learn that its therapeutic potential was limited by poor bioavailability and delivery.

The challenge of bioavailability: The research was there, the science was solid, and the animals were benefiting, yet the question remained: How could Sam unlock Astaxanthin's medicinal properties?

Thus began an eight-year journey: Sam Shepherd desperately sought a way to harness the healing power of Astaxanthin. Driven by his belief in the research and his determination to save his life, he resorted to the nearly impossible task of consuming large quantities of the microalgae *Haematococcus pluvialis* in its whole-food form, thereby obtaining Astaxanthin in its purest, most natural state. Despite the challenge, Sam held an unwavering belief that somehow, through Astaxanthin, he could help himself. With this, Sam began seeing minor improvements—overwhelming him with excitement, feeding his growing hope, and intensifying his belief that he was on the right path.

Astaxanthin in its whole-food form: As Sam consumed more, his progress accelerated, and it quickly became apparent why the commercially available Astaxanthin products had not worked for him. During the extraction and drying process used to produce Astaxanthin supplements, the glucose molecule naturally detaches from the Astaxanthin, creating a non-whole-food form. This process significantly reduces both its bioavailability and efficacy, making it notoriously difficult for the human body to absorb and utilize effectively. This is why no Astaxanthin supplement could provide the medicinal support that Sam Shepherd needed. Sam realized that to achieve the results he was seeking from Astaxanthin, he needed to consume it in its whole-food form, just as animals do. However, Sam could not sustain this approach for much longer. Sam Shepherd was DETERMINED to find a solution, and SO HE DID.

Mission Accomplished—ValAsta-Astaxanthin

The Result of Eight Years of Groundbreaking Research, Dedication, and Innovation

The breakthrough: Sam Shepherd developed a method to reattach the glucose molecule to the extracted Astaxanthin, effectively restoring it to its native, whole-food form, **and healed himself!** This glucosidic Astaxanthin, known as ValAsta, utilizes electromagnetic technology and specialized liposomal delivery. In this process, the **Astaxanthin molecule**, along with the attached **glucosidic molecule**, are encapsulated within a **fat molecule**.

The encapsulated glucosidic molecule, combined with specialized liposomal delivery, enhances bioavailability, allowing for the intake of sufficient amounts while safeguarding the liver and kidneys. ValAsta's unique production method enables individuals to fully harness its significant nutritional, therapeutic, and pharmacological properties—benefits that would not be achievable without this proprietary methodology. The development of ValAsta, a proprietary Glucosidic-Astaxanthin formulation, revolutionized the landscape, unlocking the mountains of multitudinous medicinal benefits of Astaxanthin and making them accessible to the human body.

A few months later: As the sun set, Sam's mother, Margaret, sat silently beside him in the car. The weight of the doctor's diagnosis hung heavy in the air—her kidneys were failing. The thought of dialysis and the ongoing toll it would take on her life was too much. "Mom," Sam said softly, trying to find the right words, **"how about ValAsta? Why don't we give it a try?"** But Margaret shook her head, her voice thick with emotion. "I don't want to try something new, Sam." Her resistance—while understandable—was heartbreaking.

Sam had seen the wonders of ValAsta first-hand. But convincing his mother, who had always resisted change, was going to be an uphill battle. His mother's resistance—to try anything new—was crushing. "Mom, please," Sam tried, his voice barely above a whisper. "Please give ValAsta a chance—it can't do any harm." Sam tried his best to convey the desperation building inside him. But Margaret shook her head, her eyes welling with tears. The silence between them grew thicker as they drove—the darkness outside reflecting the turmoil inside.

Sam's frustration was boiling over; he couldn't bear the thought of his mother suffering, and he couldn't shake the feeling that ValAsta may just help her. How could he sit back and watch his mother suffer when he knew there was something that could potentially help? When they finally reached home, the stars began to twinkle in the night sky—a reminder that even in the darkest of times, there is always hope—pushing Sam to try one more time. "What if I put it into chocolate for you? Would you try it that way?"

Sam knew that his mother had a sweet tooth, but the idea of combining ValAsta with something she loved seemed like a long shot. However, he was willing to try anything. Margaret looked at him, a hint of surprise in her eyes. She had never seen Sam so desperate, and she felt the depth of his concern for her well-being. Finally, Margaret nodded. **"Alright," she said softly. "Maybe... maybe this is worth a try."** Determined, Sam got to work; he produced ValAsta-infused chocolate and handed it to Margaret with hope in his eyes. "Just try it, Mom." ...And within a short amount of time, to the bewilderment of family and friends, **Margaret's kidneys—once failing—began to function again.** Sam's beloved mother was able to live a normal, healthy life, never needing dialysis. Margaret lived in good health for the rest of her years, **simply eating chocolate!**

Very soon, everyone who heard about Sam and Margaret's incredible recovery stories wanted to try it for themselves! Family and friends began taking it, finding it helped with many health concerns, from minor to serious. As Sam witnessed the diverse ways in which ValAsta improved people's health, he found himself grappling with the same question that we all have: **How can one product address such a wide range of health concerns?** How could ValAsta support everything from immune function to skin health, from energy levels to cardiovascular wellness? Sam returned to the lab to figure out what was causing all these diseases.

FINDINGS: 92% of all non-infectious diseases are caused by INFLAMMATION

The root cause of chronic diseases: Sam Shepherd's research revealed that four key free radicals—Superoxide (O_2^-), Hydrogen Peroxide (H_2O_2), Hydroxyl Radicals ($OH\bullet$), and Peroxyl Radicals ($ROO\bullet$)—are responsible for 92% of all human non-infectious diseases. These four free radicals are part of a larger group called Reactive Oxygen Species (ROS).

Mechanisms of Action

ROS are a broad category of **highly reactive molecules** naturally produced by the body as part of its **defense mechanism**. They play a role in helping the immune system fight injury and infections, as well as assisting in cellular communication and regulation.

In a **healthy body**, ROS triggers an **appropriate inflammatory response**. Once inflammation has served its purpose, **antioxidants neutralize the ROS** by donating electrons to stabilize the free radicals, preventing further cellular damage. Additionally, the body's natural anti-inflammatory mechanisms help to **clear excess inflammation**. Together, these actions ensure **that inflammation remains regulated** and does not get out of control.

However, when **antioxidants are insufficient**, or the body's **anti-inflammatory mechanisms are overwhelmed**, ROS and free radicals accumulate excessively, leading to a state of **oxidative stress**—an **imbalance** where **free radicals outnumber antioxidants**, contributing to **chronic inflammation**. ROS, particularly the four key free radicals, are capable of causing significant cellular damage. When ROS and free radicals damage healthy tissues, inflammation intensifies. This creates a **vicious cycle** because **inflammation promotes further ROS production**, and **increased ROS production leads to more inflammation**, accelerating chronic inflammation.

Chronic inflammation can begin at **any age** but becomes more common as the body's **antioxidant defenses decline**. For women, it typically starts around age 40, and in men, around age 50.

As stated—**92% of all non-infectious diseases** are caused by **inflammation**.

Astaxanthin facilitates the body's **healing processes** and contributes to **disease prevention**, primarily through its potent **antioxidant** and **anti-inflammatory** mechanisms. By **neutralizing oxidative stress** and **modulating inflammatory responses**, Astaxanthin helps maintain cellular integrity, supporting the health and stability of individual cells. Additionally, Astaxanthin enhances cellular communication, ensuring that the body's cells coordinate effectively, working together to optimise physiological function and support long-term health and wellness.

Astaxanthin is a **unique antioxidant**. Most antioxidants, in high concentrations, and under heightened oxidative conditions, lose their protective effects or even become pro-oxidants. In contrast, Astaxanthin's **unique molecular structure, superior stability** in maintaining its antioxidant activity, and incomparable **free radical-scavenging ability** ensure that it **retains its antioxidant activity** and continues to safely and effectively neutralize reactive oxygen species (ROS) and free radicals in all circumstances.

Furthermore, its unique molecular structure gives it **exceptional dual solubility**, allowing it to neutralize both **lipid-soluble** (fat-soluble) and **water-soluble** free radicals. This versatility enables Astaxanthin to span the entire lipid bilayer of the cell membrane (the protective outer layer of cells), providing comprehensive defense against oxidative stress both inside and outside the cell. Astaxanthin's lipid-soluble properties also enable it to effectively neutralize free radicals in fatty tissues, such as the **brain, heart, and retina**. At the same time, its polar groups (the water-loving parts of the molecule) allow it to target and neutralize water-soluble free radicals found in the **bloodstream** and other **aqueous environments** in the body.

This extraordinary versatility provides **broad-spectrum targeted protection to every cell in the body and across all body systems**, with particular significance in its ability to penetrate and safeguard organs with high oxidative demands, such as the brain, retina, and heart. Its ability to cross the **blood-brain barrier** (the protective filter that shields the brain) and the **retinal barrier** (the protective filter that shields the eyes) is a rare and unique capability that amplifies its **therapeutic potential**.

Astaxanthin also plays a critical role in **protecting the body from radiation**, as it has been shown to help mitigate the **oxidative damage** caused by both ionizing and non-ionizing radiation (such as UV light). This includes protection against the oxidative stress induced by radiation therapy (used in cancer treatments) and other forms of medical radiation. This additional protective quality makes Astaxanthin invaluable for safeguarding tissues from various forms of environmental stress.

Dual-Action-Power: ValAsta—the most potent natural antioxidant and the strongest natural anti-inflammatory known to science. Through its dual-action, ValAsta works to **restore the body to homeostasis by neutralizing free radicals and reducing inflammation**. This powerful combination combats oxidative stress by neutralizing ROS that contribute to cellular damage, including the four key free radicals (and RNS) responsible for chronic inflammation—the primary contributors to the onset and progression of disease.

This dual-action illustrates that, regardless of the specific health issue, ValAsta works to **re-establish overall balance**, enabling the body to heal. This is why individuals with seemingly opposing health conditions, such as an overactive or an underactive thyroid, have experienced benefits. **ValAsta's role is to return the body to its natural, healthy state—the state it was in prior to the onset of disease—by supporting the balanced regulation of all body systems.**

This also explains why **ValAsta** can address such a **wide range of health concerns**. Unlike medications that target specific symptoms, ValAsta addresses the **root cause** of the condition (why the disease developed in the first place), creating an environment that supports the body's **natural ability to heal, maintain health and prevent disease**.

VALASTA-ASTAXANTHIN: The Only Patented Astaxanthin

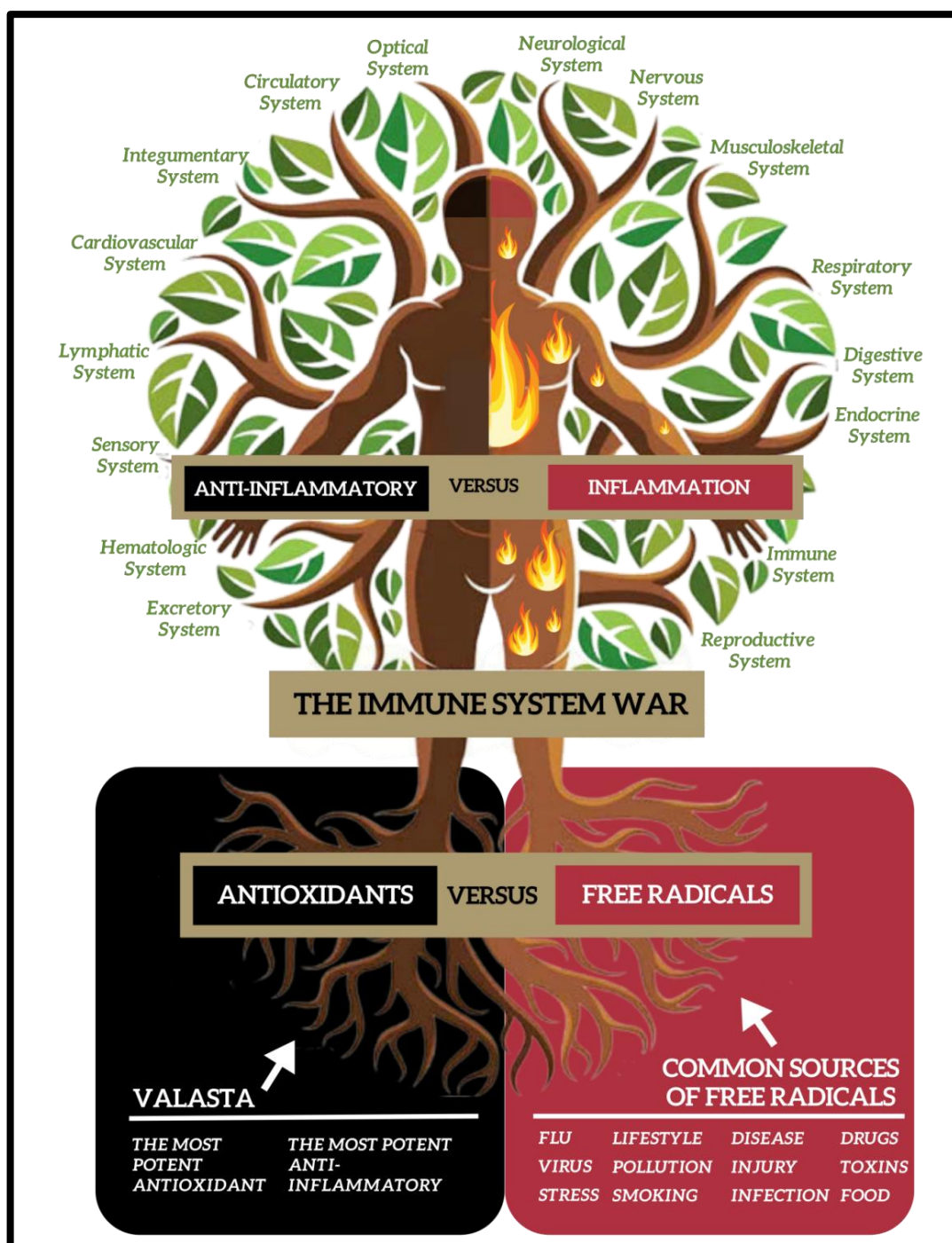
ValAsta is patented for the following methodologies:

Using Astaxanthin in the **TREATMENT** of **CHRONIC DISEASES** and **INFLAMMATORY DISEASES**

Using Astaxanthin in the **TREATMENT** of **CANCER**

Using Astaxanthin in the **TREATMENT** of **oxidative stress** due to **RADIATION EXPOSURE**

ValAsta's therapeutic potential in supporting individuals with serious health conditions while also fostering overall health, vitality, and well-being is widely recognized.



The inflammatory disease tree—affecting every system of the human body. Think of inflammation as a tree with many branches, each branch represents a different body system. When overloaded by oxidative stress, these branches can lead to dysfunction or disease. Free radicals enter through the roots, fuelling inflammation at the trunk, which can then spread out to one or more branches, affecting one or more parts of the body. By targeting both free radicals and inflammation at the trunk, ValAsta helps the entire tree—every branch (ailments, dysfunction, or disease in every system of the body)—heal naturally. It effectively "cleanses" the trunk, breaking the cycle of inflammation and disease. In doing so, ValAsta not only helps prevent disease but also eliminates the need for disease to persist. By effectively "cleansing" the core and interrupting the cycle—ValAsta is not only helping to prevent the onset of disease but also eliminating the root cause, preventing disease from progressing and recurring.

PEOPLE USE VALASTA FOR THE FOLLOWING REASONS

בס"ד

KIDNEY DISEASE	LYME DISEASE	SJOGREN'S SYNDROME	EYE HEALTH & SIGHT CATARACTS GLAUCOMA MACULAR DEGENERATION
BLADDER HEALTH CONSTANT UTI INFECTIONS	CANCER & BENIGN TUMORS	LUPUS	VOCAL CORDS
LUNGS	SIDE EFFECTS OF CANCER TREATMENTS	ASTHMA	CELLULITIS
LIVER DISEASE & FATTY LIVER HEPATITIS B	POST CANCER	NEUROPATHY	WOUND HEALING
HEART DISEASE & AFIB TAKAYASU ARTERITIS	CHEMO INDUCED HEARING LOSS	RESTLESS LEG SYNDROME	SCAR TISSUE
BLOOD PRESSURE	HEALING AFTER INJURY & HEALING POST-SURGERY	SCIATICA JOINT & BACK ISSUES	SKIN CONDITIONS ECZEMA & PSORIASIS
CHOLESTEROL	BLOOD DISORDERS	FMF	HEALTHIER & YOUNGER LOOKING SKIN
DIABETES	PROSTATE HEALTH & FREQUENT URINATION	CYSTIC FIBROSIS	ANTI-AGING
MULTIPLE SCLEROSIS ALS	AUTOIMMUNE CONDITIONS	CROHN'S COLITIS	ALLERGIES & HAYFEVER
PARKINSON'S	THYROID	IBS BOWEL MOVEMENTS DIGESTIVE ISSUES H PYLORI	ATHLETIC PERFORMANCE FITNESS QUICK RECOVERY AFTER EXERCISE
ALZHEIMER'S & DEMENTIA	FIBROMYALGIA	BARRETT'S ESOPHAGUS ACID REFLUX	MOOD-BOOSTING
ISCHEMIC STROKES	ENCEPHALITIS	WOMEN'S HEALTH (REGULATING CYCLE, PAIN RELIEF, RESOLVING SPOTTING)	BODY ODOR
BRAIN HEALTH	RHEUMATOID ARTHRITIS ARTHRITIS	REPRODUCTIVE ISSUES	HYDRATION
ANXIETY & DEPRESSION	TENDONITIS	FERTILITY (MEN & WOMEN)	SNORING
BIPOLAR & MOOD SWINGS	GOUT	MONO	BETTER REM SLEEP
OCD	CARPAL TUNNEL SYNDROME	CHRONIC FATIGUE SYNDROME	GENERALLY FEELING BETTER
AUTISM	BURSITIS	PAIN RELIEF & CHRONIC PAIN	INCREASED STRENGTH INCREASED ENERGY
ADHD	VARICOSE VEINS	HEADACHES & MIGRAINE	ULTRAVIOLET RAYS
PANDAS	RAYNAUD'S	MENTAL CLARITY MEMORY & CONCENTRATION	MANY MINOR AILMENTS

HEALTH CONDITIONS: A volunteer can provide additional information on the conditions listed above, as well as details on conditions not included in this chart. **INFECTIONS & CHRONIC INFECTIONS:** Reduced inflammation allows the body to combat infections more efficiently, though this should not replace the use of antibiotics. ValAsta may help to prevent the recurrence of chronic infections, such as frequent UTIs or persistent cellulitis. **WEIGHT LOSS & WEIGHT GAIN:** ValAsta helps the body achieve a state of homeostasis (balance). As a result, many individuals have experienced weight loss when needed, while others have gained weight when required.

Purchasing ValAsta

HOW TO PURCHASE:

- The ValAsta website: www.valasta.net **Discount Code: 1234**
- A volunteer can order ValAsta for you from the ValAsta website to be delivered to your home.
- For your convenience, volunteers stock ValAsta worldwide at the locations listed below (reduced price).

PRODUCT TO PURCHASE:

It is suggested to order the "100ml oral liquid ValAsta with olive oil" rather than the "50ml" bottle, as the smaller size does not provide sufficient quantity for noticeable results and is not cost-effective.

The 100ml bottle (depending on body weight & reason for taking ValAsta) typically lasts: Adults—1 to 4 months. Children—up to a year.

INGREDIENTS: **Astaxanthin:** Astaxanthin is a powerful carotenoid found in plants. The plant that produces Astaxanthin is a microalgae. The kosher, organic Astaxanthin used in ValAsta is grown and produced in closed vessels. The extraction of the Astaxanthin is done under strict guidelines using critical CO₂ extraction techniques. **Olive oil:** Pure, kosher, organic olive oil. **Glucose:** A trace of kosher glucose.

Local Locations

<p>Boro Park: 718-972-3605 (Mrs. Checkanow) No text, calls can only be returned if you leave a voice message</p>	<p>Monroe: 845-662-3667 (Mrs. Farkas) No text, calls can only be returned if you leave a voice message</p>
<p>Boro Park & Flatbush: 718- 853-4337 (Mrs. Loewi) No text, calls can only be returned if you leave a voice message</p>	<p>West Hempstead & Five Towns: 516-946-2499 (Mrs. Wertman) Prefers text, calls can only be returned if you leave a voice message</p>
<p>Lakewood: 732-994-3465 Prefers text, calls can only be returned if you leave a voice message</p>	<p>Passaic: 551-341-6378 (Mrs. Kaplan) Prefers text, calls can only be returned if you leave a voice message</p>
<p>Monsey: 845-356-2922 (Mrs. Berenfeld) No text, please call after 12:30. If there is no answer, please call again</p>	<p>Toronto: 647-896-7101 (Mrs. Grinsaft) Call or text</p>
<p>Williamsburg: 718-757-2267 (Mrs. Friedman) Call or text, if no answer, please call again</p>	<p>Montreal: 514-271-2913 (Mrs. Gottesfeld) If no answer, please call again</p>
<p>England & Europe: 0208-806-0008 / 07389003010 (Mrs. Koppenheim) Call or text</p>	<p>E. Israel: 052-714-2501 No text, tries to return calls as soon as possible</p>