

Poof is a little bird with a big heart — and even bigger questions.

On a journey through the forest, he sets out to discover what makes him special... and finds something more powerful than he ever imagined.

Tender, heartfelt, and beautifully illustrated, *Poof's Magical Forest Adventure* invites children (ages 5 and up) — and the grown-ups who love them — to explore themes of self-worth, friendship, courage, and belonging.

Perfect for bedtime, classrooms, gift-giving, or any heart that could use a little boost.

ABOUT THE AUTHOR

Leigh Lachman is a NJ real estate agent, holistic wellness coach, and mentor who helps kids and grown-ups build confidence, trust their inner voice, and feel at home in themselves.

FREE ACTIVITIES + BONUS GIFTS!

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