**Finding Freedom Now, LLC**

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**CLIENT INFORMATION SHEET**

Welcome to Finding Freedom Now. I look forward to working with you. The following will provide general information regarding my professional services and business policies. Please read this carefully, and we can discuss any questions you have when we meet during our first session.

**About Me:** I am clinically trained and licensed in the state of Georgia as a Clinical Social Worker. I believe that the relationship you have with your counselor is the best predictor of success. I am a warm, caring and compassionate professional who truly cares about those I serve. I specialize in trauma, PTSD, and EMDR therapy. I use EMDR to treat a variety of issues ranging from traumatic incidents, to anxiety and panic disorders, depression, OCD, disordered eating, and chronic stress. As an Approved Consultant in EMDR therapy, I provide consultation for Therapists who want to become EMDR certified or need guidance in developing their abilities to provide effective EMDR treatment for various conditions.

**Appointments:** Appointments will generally be 50 minutes in length, once per week, although some sessions may be more or less frequent as needed. The time scheduled for your appointment is assigned to you and you alone. Except in cases of emergency, please give 24-hour notice if you are unable to keep any appointment; otherwise, the full charge will be made for the time reserved for you. Repeated missed appointments without 24-hour notice may be the basis for the termination of services. In addition, you are responsible for coming to your session on time; if you are late, your appointment will still end on time.

**Insurance**: I am currently in network with TriCare only**.** Self pay is $150 per session. **Professional Fees:** You are responsible for paying at the time of your session unless prior arrangements have been made. Payment may be made by cash, check or credit card. I use Ivy Pay for payments and you can trust that your information is stored securely.

If you anticipate becoming involved in a court case, I recommend that we discuss this fully before you waive your right to confidentiality. I will not

**Fee Schedule:**

90837 - Psychotherapy - Initial assessment, 60 minute

Session Fee: $150 for 50 minutes. Extended sessions are an option. Please ask for more information if interested.

**Confidentiality:**

All communications between client and therapist will be held in confidence and will not be revealed unless authorized by you and/or required by law, such as situations of child abuse or threats of physical harm to self or others. Failure to pay may necessitate forwarding information related to your account to a collection agency. If you wish to have information released, you will be required to sign a consent form. I may consult with other professional counselors in order to give you the best service. If I do consult with another counselor, no identifying information, such as your name, will be released. If I receive a court order or subpoena,I may be required to release some information. In such a case, I will consult with other professionals and limit the release to only to what is necessary by law.

**Children:** I cannot accept responsibility for the supervision of unattended children in the waiting room. If you bring along a child that will be waiting, please bring another adult along to supervise him/her while we meet.

**I have read and agree to Finding Freedom Now’s policies as listed above.**

Name/Date:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_