

The 9th ENSP European Conference on Tobacco Control

October 22-24, 2024

Athens, Greece



ECTC
European Conference
on Tobacco Control

Programme

Organizer



ENSP
European Network
for Smoking and Tobacco Prevention

Co-Organizers



HELLENIC REPUBLIC
National and Kapodistrian
University of Athens



ΕΛΛΗΝΙΚΗ ΑΝΤΙΚΑΠΚΙΝΙΚΗ ΕΤΑΙΡΕΙΑ
HELLENIC CANCER SOCIETY



**Youth Health
Organization**
INTERNATIONAL



ERS EUROPEAN
RESPIRATORY
SOCIETY
every breath counts

150
YEARS
OF HISTORY
1875 - 2025



100
YEARS
IN GREECE
1923 - 2023



ATHENS COLLEGE
Hellenic-American Educational Foundation
Kindergarten • Elementary • Junior High • High
ATHENS COLLEGE • PSYCHIC COLLEGE • KINDERGARTEN J. M. CARRAS

ensp-ectc.org

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Youth Health Organization

and



European Network for Smoking and Tobacco Prevention

Advanced youth school on Health Policy and Advocacy on Non-Communicable Diseases
(with focus on Tobacco Control)

<https://yho.network/events/advanced-youth-tobacco-policy-advocacy-school-mastering-eu-level-lobbying/>

DAY 1: 22 October 2024

Venue: The Great Hall of the National and Kapodistrian University of Athens

14:00-16:30: Registrations

16:30-18:30: Pre-conference session:

***"Smoking cessation and pharmacological treatment:
current needs and future challenges"***

Chairs: Paraskevi Katsaounou and Krzysztof Przewozniak

Global look at needs and challenges in smoking cessation	Sofia Ravara
Nicotine Replacement Therapies	Sophia Papadakis
Cytisine: it's pharmacological and treatment scheme characteristics	Ioanna Mitrouskaa
Cytisine in smoking cessation: its role in tobacco control in Central and Eastern Europe	Witold Antoni Zatonski, Kinga Janik-Konieczna, Krzysztof Przewozniak
The Italian experience of using cytosine in smoking cessation	Maria Sofia Cattaruzza
Cytisine's safety, efficacy and cost-effectiveness in smoking cessation: a brief summary of clinical and pharmacoeconomic study results	Krzysztof Przewozniak

Discussions

19:30-20:30: Opening Ceremony and ENSP Awards

<https://www.youtube.com/live/ZHTrRgsBLGo>

Chairs: Evmorfia Koukia and Cornel Radu Loghin

Opening remarks	Efstathios Efstathopoulos Vice Rector of Research and Innovation, National and Kapodistrian University of Athens
Introductory speech	Evmorfia Koukia Director of the laboratory "Nursing Counselling and Psychoeducation of Mental Health Patients and Carers, Nursing School, National and Kapodistrian University of Athens
Introductory remarks	Dimitrios Vartzopoulos Vice Minister of Health, Greece Christos Hadjichristodoulou President of the National Public Health Organization Gauden Galea Strategic Adviser to the WHO Europe Regional Director, Special Initiative on NCDs and Innovation (recorded message) Evangelos Filopoulos President of the Hellenic Cancer Society Florin Mihaltan President of the European Network for Smoking and Tobacco Prevention Dominique Nguyen Technical Officer - Secretariat of the WHO FCTC Pavlos Miriantheus President of the Nursing School National and Kapodistrian University of Athens

Keynote speech:
Childhood e-smoking:
a health crisis unfolding

Panagiotis Behrakis
Honorary President of the 9th European Conference on Tobacco Control

ENSP Awards Ceremony



20:45-22:00: Welcome Reception

Venue: Amphitheater "Alkis Argyriadis" - National and Kapodistrian University of Athens

Session 1:

9:00-10:30: Breaking down silos; using the UN treaty to end plastic pollution and human rights mechanisms to accelerate progress towards a Tobacco free Europe.

Chairs: Laurent Huber and Danielle van Kalmthout

Introduction and welcome

A Human Rights based approach to advance endgame, Human Rights impacted by tobacco, right to healthy environment and human rights litigation

Kelsey Romeo Stuppy
(Recorded presentation)

Swiss case study, presentation of Swiss Report: Human Rights Violations by Tobacco Multinationals in Switzerland and Around the World

Pascal Diethelm

Moderated discussion

An environmental based approach to advance endgame: The UN Treaty to end Plastic Pollution, EU Mandatory environmental and human rights due diligence and Aarhus convention

Danielle van Kalmthout

FCTC COP 10 Art 18 Decision and actions you can take to encourage your government to consider tobacco during plastic treaty negotiations

Laurent Huber

Single use vaping device ban in France, a combined health and environmental approach.

Amélie Eschenbrenner

Moderated discussion

Conclusions

10:30-11:00: Networking Coffee break

Session 2:

11:00-12:30: Building a Tobacco-Free Generation: From Policy to Practice

Chairs: Elif Dagli & Pierre Bizel

Tobacco control efforts during the ongoing war: Ukraine policy case study.

Andrii Skipalskyi
World Health Organization, Country Office in Ukraine

Why is tobacco consumption increasing in Turkey?

Dagli Elif and Murat Guner Turkey

Age control – the fundament for introducing a smoke-free generation

Kjaer Niels Them -Denmark

Tobacco Control Policy in The Netherlands: A Success Story Under Threat

Marc Willemsen - The Netherlands

How Slovenia Banned Flavours in E-Cigarettes with the Support of Foreign NGOs

Mihaela Lovše - Slovenia

Swedish Tobacco Policy - Key learnings to decrease smoking

Lisa Klefbom - Sweden

Discussions

12:30-13:30: Light lunch

Session 3:

13:30-15:00: From Dependence to Freedom: Best Practices in smoking cessation

Chairs: Paraskevi Katsaounou & Sofia Ravara

Third hand smoking. How can we trace it?

Nikolaos Thomaidis

Impact of smoking and environmental factors on cardiorespiratory mortality in Greece.

Garyfallos Konstantinoudis

Smoking cessation in web

Zoi Barmparessou

Smoking cessation in diabetic patients

Aliki Korkontzelou

Smoking cessation and weight gain

Vasileiou Vasiliki

Smoking cessation in new tobacco products

Paraskevi Katsaounou

National tobacco dependence treatment training curricula for acute inpatient hospitals

Sophia Papadakis

Development of an AI behavior change app

Emma Croghan-Cox

Discussions

Session 4:

15:00-16:00: Future of tobacco control policy in Europe: towards a nicotine-free generation?

Chairs: Filippos Filippidis & Polina Starchenko

Tobacco21 policy in Ireland	Des Cox
Smoke free generation legislation in the United Kingdom	Anthony Laverty
Novel tobacco products, poly-use of tobacco and implications for policy	Daniel Chen
European Commission initiatives	Brian Ward

Discussions

16:00-16:30: Networking Coffee break

Session 5:

16:30-18:00: Tobacco Industry tactics. The elephant in the room

Chairs: Pierre Bizel & Danielle van Kalmthout

Tobacco industry and e cigarette	Florin Mihaltan
Extended Producer Responsibility (EPR) and the Tobacco Industry: An Inherent Contradiction	Danielle van Kalmthout & Amélie Eschenbrenner
Smoke and Mirrors: Raising Awareness on Tobacco Industry Interference	Francesco D'Apolito
Tobacco Industry and Harm Reduction ... an Inherent Contradiction	Pascal Diethelm
#SponsoredByBigTobacco: How the Tobacco Industry and Big Tech are Addicting Youth	Elissa Laitin
The Swiss wolf is still in sheep's clothing: the tobacco industry use of philanthropy in Switzerland	Hugo Molineaux
The UK Tobacco Industry Interference Index 2023: lessons, challenges and ways forward	Karin Silver

Discussions

Session 6:

18:00-19:30: Empowering a Tobacco-Free Generation: Youth-Centered Approaches

Chairs: Krzysztof Przewozniak & Christos Panopoulos

Investigating the effectiveness of a locus of control-based smoking reduction program designed for secondary school students	Yasemin Selekoğlu Ok
Smoking and vaping: the behavior of Flemish youth and young adults scrutinized	Veerle Maes
What's the problem with Nicotine pouches?	Niclas Malmberg
Exposure to tobacco advertising, promotion and sponsorship (TAPS) among Polish schoolchildren: Findings from the Global Youth Tobacco Survey, Poland 1999-2022	Krzysztof Przewozniak
Paid employment for 20-year-olds as a risk factor for smoking and e-cigarette use"	Joan Hanafin
Collaboration between medical students' associations and tobacco control organizations: literature review and Focus Group Discussion-TFAC 2023	Darius Lotrean
NIKO Study - A Collaborative Project of the Medical Research Agency on New Nicotine Products in Poland – study protocol	Ewelina Chawłowska
NIKO Study - A Collaborative Project of the Medical Research Agency on New Nicotine Products in Poland – preliminary results of the IDI survey	Anna Tyranska-Fobke, Agata Konieczna

Discussions



Parallel activities:

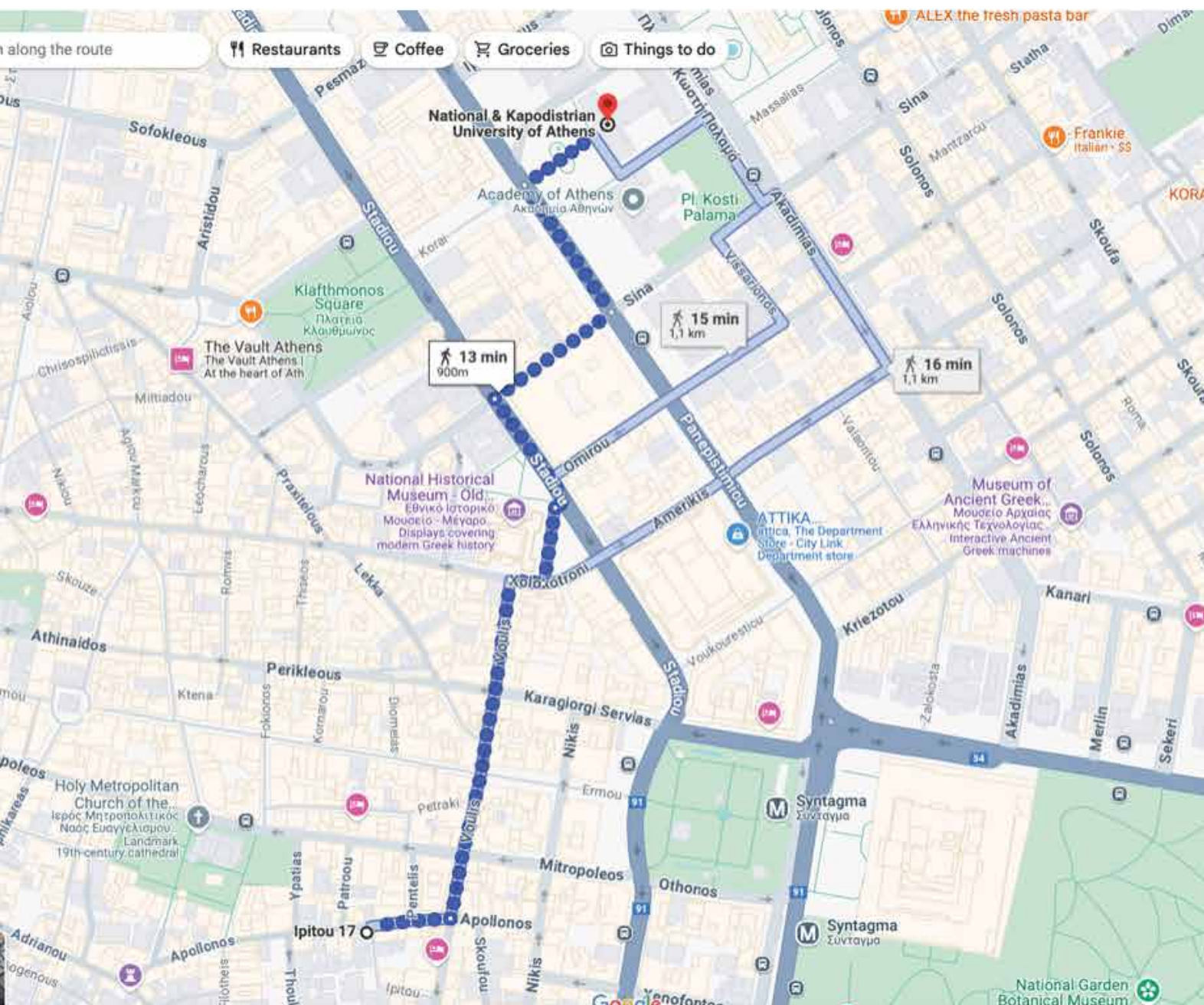
Venue: ACG Plaka Building (17b Ipitou Street, Plaka, Athens)

9:00 - 13:00

European Respiratory Society Tobacco Control Committee Meeting
(closed meeting)

17:00 - 19:00

Experimental Workshop: Work related Stress, Smoking, and Healthcare Professionals: When the team heals... the healer" (pre- registration)



Venues: Amphitheater "Alkis Argyriadis" at National and Kapodistrian University of Athens and
ACG Plaka Building (17b Ipitou Street, Plaka, Athens)

Session 7:

9:00-11:00:

Greece: the path towards achieving the European Goal for a tobacco use prevalence of less than 5% by 2040

9:00-11:00:

ENSP General Assembly (closed meeting)

Venue: Amphitheater "Alkis Argyriadis"

Chairs: Christos Hadjichristodoulou
& Pagona Lagiou

The NPHO national cross-sectional study on smoking in adults, Greece, 2023

Angeliki Lambrou

Greek Ministry of Health

(TBC)

Hellenic Thoracic Society

Paraskevi Katsaounou

Hellenic Pediatric Society

Nikolaos Voudouris

Hellenic Cancer Society

Eleana Stoufi

Hellenic Nurses Association

Tzannis Polykandriotis

Athens Medical Association

(TBC)

Hellenic Society of Cardiology

(TBC)

Hellenic Psychiatric Association

(TBC)

Discussions

Venue: ACG Plaka Building



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11:00-11:30: Networking Coffee break

Session 8:

11:30-13:30: Navigating Policy Challenges in Tobacco Control: Successes and Setbacks

Venue: Amphitheater "Alkis Argyriadis"

Chairs: Athanasia Liozidou & Sophia Xesfingi

Impacts of tobacco tax increases on tax revenues and public health in Serbia - a simulation model

Olivera Jovanović

Visualizing traceability data of tobacco products

Björn Klang

Implementing traceability of tobacco products – challenges and lessons learned

Saffa Efazat

Squeezing tobacco outlet density, a trend analysis 2002-2019

Veronica Martin-Gall

Smoking at the beach: a new frontier of tobacco control advocacy

Maria Sofia Cattaruzza

A bundle of Initiatives Towards Tobacco Free Internal Environment

Ahmed Ahmed Elnagib Abdelrahim Ahmed

What role do outdoor smoke-free environments and signposting play in smoking behaviour and compliance?

Nikita Stobbe-Poole

Understanding smokers' compliance with smoke-free outdoor environments: A realist review

Sophie J.A Jooren.

Session 9:

11:30-13:30: European epidemiological data on tobacco use and tobacco control

Venue: ACG Plaka Building

Chairs: Enkeleint A Mechili & Charis Girvalaki

Changes in the tobacco use and other substances of young students in Albania during the COVID-19 pandemic

Aggelos Enkeleint Mechili

Are smoking effects on health the same for all smokers?

Boban Nedeljković

The prevalence of hookah smokers among children and adolescents aged 12 - 16 in Belarus.

Tanya Pronina

Medical Students' Tobacco Consumption Status and Experiences with Smoke-Free Law Violations in Enclosed Spaces in Türkiye and Northern Cyprus.

Dilek Aslan

Perinatal Smoking and Sleep Disorders in Neonatal Age: A Systematic Review

Maria Vlachou

Trends in smoking initiation: sex and regional differences: a repeat cross-sectional study in the European Union between 1940 and 2019

Ayaka Teshima

Example of Tobacco and Related Products Prevention Actions for Youth Aged 11 to 24 Years in French-Speaking Belgium

Astrid Bovesse and Camille Orfiniak

A new born in tobacco control: OXY Belgium

Pierre Bizel

Discussions

13:30-15:00: Light lunch

Session 10:

15:00-17:00: Breaking free: innovative approaches to smoking cessation- SNF

Venue: Amphitheater "Alkis Argyriadis"

Chairs: Evmorfia Koukia & Athina Kalokairinou

Effectiveness of Varenicline versus Nicotine Replacement Therapy in Smoking Cessation: A Systematic Review

Altalhi Ibtihal

Educational program for nursing professionals of general and psychiatric hospitals in smoking cessation techniques

Evmorfia Koukia Polyxeni Mangoulia

Loneliness and the possible relationship between smoking and low mood development

Teresa Bonarrio

The Road Ahead: Improving Smoking Cessation Outcomes for Roma Women

Maria Tzeli

Trends and Gender Differences 2019-2024 in Use of Alternative Smoking Products (excluding e-cigarettes) by teenagers in Ireland

Joan Hanafin

Exposure to and correlations between parental smoking at home and in the car and on nicotine initiation among Polish Youth - a 2017-2019 SOPKARD-Junior Study

Katarzyna Michta

Discussions

15:30-17:00: Emerging issues on Tobacco Control Policy and Advocacy

Venue: ACG Plaka Building

Chairs: Karina Mocanu & Darius Lotrean

Smoking Legislation in Romania: Impact and Challenges

Ionela-Roxana Alexandrescu

Is seeing cigarettes in the retail environment associated with impulse purchases? Findings from surveys in disadvantaged and non-disadvantaged neighbourhoods in the Netherlands.

Nikita Stobbe-Poole

Medical students' opinions on brief tobacco cessation training: a cross-sectional study

Sofia Ravara

Improving self-care routines of people with diabetes, including tobacco cessation, through collaborative effort and practice suggestions

Fatjona Kamberi

Assessing the usability of a Willingness to Quit smoking questionnaire in a sample of active tobacco smokers: A qualitative study

Charles Opoku-Amoateng

Shall we play game of smoking cessation? (Adapting the pick klop game to Turkish)"

Remziye Can

Quitlines in Europe: overview and developing a network

Neuman Ludmilla (Milly)

Lessons learnt from a community based participatory research project developing a smoking cessation app in socio-economically disadvantaged areas

Sebastian Nykvist

Discussions

Monitoring of tobacco products and flavor accessories in outlets in the Netherlands

Eefje Willemse

The Green Crescent Model: Addressing Tobacco Addiction and Supporting Sustainable Health, Agriculture, and Pollution Reduction

Merve Tamer

Automation of time series analysis of Google Trends Data in R Studio using Autonomous AI Agents

Darius Lotrean

Environmental Exposure to Tobacco Smoke and the Onset of Respiratory Infections in Neonatal, Infant, and Childhood Stages: A Systematic Review

Maria Vlachou

Discussions

15:00-17:00 EUREST RISE Project (closed meeting for project partners)

Venue: Mikras Asias 75, Goudi 11527

Building 12, Hygiene, Epidemiology and Medical Statistics



Session 12:

17:00-18:00:

The impact of smoking and HTP devices in health

Venue: Amphitheater "Alkis Argyriadis"

Chairs: Pantelis Skarlos & Michalis Nikolaou

Attitudes and perceptions survey regarding tobacco smoking and risk of seasonal flu, SARS-CoV-2 infection, and community-acquired pneumonia (CAP) among healthcare workers (HCWs)

Tsikrika Stamatoula

"Secondhand smoke exposure in public outdoor spaces in the Netherlands: the stronger the smell, the more exposure to nicotine.

Jeroen Bommelé

Predicting absolute risk of lung cancer risk using clinical risk factors and polygenic risk scores

George Busby

Mainstream emissions of herbal (tea) sticks used in HTP devices

Zervas Efthimios

Parental smoking and congenital heart defects: An update on evidence and current trends.

Petsios Konstantinos

Discussions

Session 13:

17:00-18:00:

Smoking, vaping and oral health

Venue: ACG Plaka Building

Chairs: Eleana Stoufi & Ioannis Tzoutzas

Impact of Opioid Vaping on Oral Health

George Vassilopoulos

The impact of e-cigarettes on oral health

Fanouria Papaioannou

Smoking: Unveiling the Oral Health Risks

Irene Anthopoulou,

The role of oral health professionals in tobacco uses prevention and tobacco cessation"

Maria Menenakou,

Indoor air quality in dental offices and premises. The negative impact of chemical substances, invasive and smoking plumes

Tzoutzas Ioannis

Discussions

18:30-19:00: ECTC Closing ceremony - Athens declaration

DAY 4: 25 October 2024

Informal social / networking event for those interested and still in Athens!

