



www.DoctorDelia.com

Delia Chiaramonte, MD

PHYSICIAN | EDUCATOR | SPEAKER | CONSULTANT

MEDIA KIT

Changing the Experience of Serious Illness

Hi, I'm Dr. Delia

Medicine cannot always change the course of illness,
but we can change how people experience it.

Dr. Delia Chiaramonte challenges audiences to think differently about how we care
when cure isn't possible.

AT A GLANCE

- ◆ Board-certified palliative medicine physician
- ◆ Dynamic and sought-after speaker
- ◆ Podcast host, The Integrative Palliative Podcast
- ◆ Founder, Integrative Palliative Institute
- ◆ Adjunct Assistant Professor, University of Maryland Baltimore
- ◆ Adjunct Assistant Professor, Johns Hopkins School of Medicine
- ◆ Voted “Top Doctor” by physician peers
- ◆ National speaker on communication, caregiving, and serious illness
- ◆ Author, *Coping Courageously: A Heart-Centered Guide for Navigating a Loved One's Illness Without Losing Yourself*

A DIFFERENT WAY OF THINKING ABOUT SERIOUS ILLNESS

- When we can't cure an illness, we can still change how people experience it.
- Two families can face the same illness and have completely different experiences.
- Communication isn't a soft skill. It's a key part of excellent care.
- Families don't just need information, they need guidance.
- Caring for the caregiver is part of caring for the patient.
- People don't need perfect decisions; they need decisions they can live with.



TEACHING & SPEAKING

- ✓ Dynamic Keynotes
- ✓ Practical, evidence-informed strategies
- ✓ Consistently excellent reviews

SIGNATURE PRESENTATIONS

- Changing the Experience of Serious Illness
- Mastering Courageous Conversations
- Supporting Family Caregivers
- Clinician Wellbeing: Beyond Burnout
- Human-Centered Healthcare Leadership

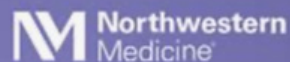
SELECTED SPEAKING & TEACHING ENGAGEMENTS



GEORGETOWN
UNIVERSITY



THE GEORGE
WASHINGTON
UNIVERSITY
WASHINGTON, DC





AUDIENCES

- Healthcare conferences
- Hospitals and health systems
- Universities and academic medical centers
- Hospice and palliative care organizations
- Healthcare leadership teams

PRESENTATION FORMATS

- Keynote Addresses
- Grand Rounds
- Conference Sessions
- Workshops
- Leadership Retreats
- Panel Discussions
- Virtual Presentations
- Lunch & Learns

Presentations are personalized and targeted to the needs of the audience.

WHAT COLLEAGUES ARE SAYING

Dr. Chiaramonte is a gifted teacher. She engages learners through masterful storytelling.
– Terry Nguyen, MD

Dr. Delia Chiaramonte is the most caring, experienced, and knowledgeable integrative and palliative medicine provider that I have been fortunate enough to work beside...
She is one of the top educators in her field. – Elyse Demers, MD

Delia is an engaging leader and teacher, always stimulating lively discussions and leading the group to think outside the box. – Mollie Sourwine, MD

The Podcast

[LINK TO PODCAST](#)



INTEGRATIVE
PALLIATIVE INSTITUTE

The Integrative Palliative Podcast



Conversations about caregiving,
communication, and changing the
experience of serious illness.

*“Whether you care for loved
ones or work as a caring
professional or both, this
podcast is truly a gift”*

-Megan Melo, MD

Featured Book

WWW.COPINGCOURAGEOUSLY.COM

Coping Courageously: A Heart-Centered Guide for Navigating a Loved One's Illness Without Losing Yourself

A practical guide for navigating serious illness with greater clarity, compassion, and connection.

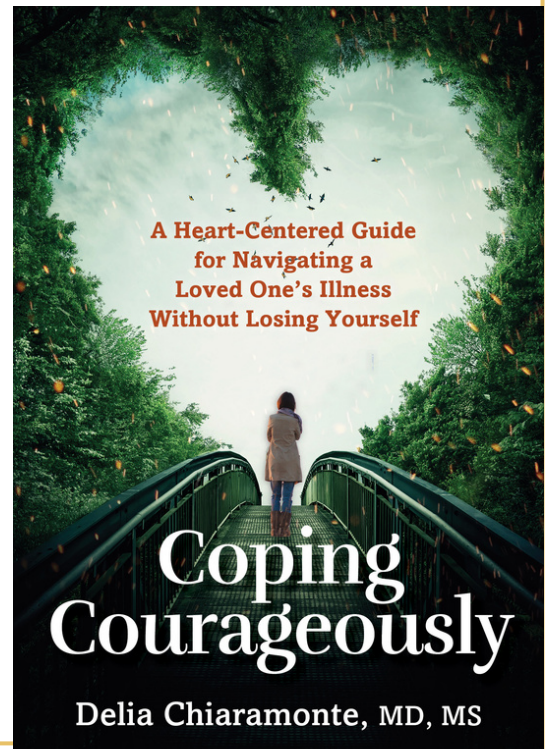
When someone you love is seriously ill, no one hands you a guidebook. You're expected to make difficult decisions, navigate the healthcare system, manage overwhelming emotions, and somehow keep going, all while trying to care for someone you love.

Coping Courageously combines stories from clinical practice, evidence-informed guidance, and practical tools to help readers navigate serious illness with greater confidence and less regret. Written for both family caregivers and healthcare professionals, it offers a different way of thinking about one of life's hardest experiences.

Because even when we can't change the illness, we can still change how people experience it.

“Dr. Chiaramonte writes with such knowledge, such honesty and humor that you just can't put the book down”

-J. Ryan



DR. ANDREW WEIL'S REVIEW

“...This powerful book offers hope and healing, reminding us that even in the face of illness, we can still find moments of beauty, connection and profound meaning. A must-read for anyone seeking to navigate the challenges of serious illness with grace and dignity”
-Andrew Weil, MD

IMAGES



INTEGRATIVE
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SAMPLE INTERVIEW TOPICS

- **What We Can Still Change When We Can't Change the Illness**
- **Why Two Families Can Experience the Same Illness So Differently**
- **The Conversations that Matter Most**
- **Caring for Your Seriously Ill Loved One Without Losing Yourself**
- **Finding Meaning When Life Doesn't Go According to Plan**



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AVAILABLE FOR...



Television interviews



Podcasts



Keynote presentations



Expert commentary



Articles & guest essays

Dr. Delia