

Antioch Lutheran Church - COVID-19 Plan for Youth - July 2020

All local, state, and federal guidelines must be followed at all times without exception. The safety of our youth, leaders, parents, and community are top priority and no activities will be permitted that will put anyone in danger. All program specific safety rules and regulations must be followed at all times. This plan is subject to change as the pandemic conditions change.

- Youth are to be brought to the church by family members or guardians.
- All participants must wear a mask and have their temperatures checked before being permitted to attend.
- Masks or face coverings must be worn at all times during all activities by everyone in attendance.
- If anyone's temperature is above 100.4°F, then they must leave and seek medical attention.
- Participants and their family members are asked to self-quarantine for 14 days if they have knowingly been exposed to COVID-19 or have exhibited any symptoms of COVID-19 over the past 14 days.
- No carpooling is allowed when traveling for activities. Plans should be made to meet at the specific location if travel is required.
- Parking should be done in the area that is closest to the activity area to help prevent contaminating unnecessary areas. Cars should be spaced out as much as possible as to help maintain social distancing while entering/exiting the vehicles.
- Participants should be divided into small groups of 10 or less and should maintain social distancing guidelines of 6ft.
- The adult leader or event organizer must keep a list of all participants for each activity and share it with the church within 24 hours after the activity. The list must include all youths and adults that were in attendance and must include their contact information.
- All participants must wear a mask at all times during activities while maintaining the appropriate social distancing guidelines. Anyone with a medical condition that prevents them from wearing a mask should discuss that with the activity leaders before arriving at the event. Alternative arrangements (Zoom meeting) should be made for those who can't wear a mask.
- All activities should be done safely outdoors unless permission is granted to be indoors by the church.
- Social distancing should be performed during camping. There will be no shared tents or camping equipment. Family camping is allowed as long as it involves immediate family.
- All meals should be prepared safely and disposable utensils, plates, and cups should be used. Personal water bottles can be used as well as long as they are not shared. There will be no sharing of food or a buffet style meal. Adults will serve any food to the youth that are eating.

- All areas and equipment should be cleaned and disinfected before and after all activities. The church has supplies that can be used to help with this.
- Hand sanitizer should be made available at each meeting and should be used frequently.
- All trash should be discarded appropriately.
- Participants will be released in small groups and encouraged to not congregate in the parking lot.
- Please contact the church if anyone who attended a meeting has tested positive for COVID-19.
- If any participant becomes ill during an activity, then the parents must be notified immediately and the participant must be isolated from the rest of the group.
- All participants that are 10 years of age or less must have a parent or guardian in attendance with them at all times to ensure that social distancing measures are being met. It is encouraged that all participants that are 8 years of age or less attend virtual meetings online whenever possible.