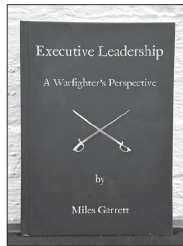


Maine author, submariner publishes leadership talks

Miles Garrett, a military officer out of Kittery, recently published a series of leadership talks provided as USS Cheyenne's executive officer. USS Cheyenne is a nuclear-powered submarine undergoing overhaul at Portsmouth Naval Shipyard. The book holds the number one new release in its Amazon category. Its front matter and

afterword provide additional commentary on the practice and principles of leadership.

Important subtopics of the work include sources of motivation, professional trust, and the pursuit of excellence. On motivation, Mr. Garrett analyzes the distinction between intrinsic and extrinsic motivation, underscoring the clear



benefits of the former. On trust, he explores the importance of both character and competence. The pursuit of excellence features throughout.

Mr. Garrett's twenty-five years of military experience in both the Navy and Marine Corps bring a unique depth to his analysis. Focused on how to get the best out of teams

and oneself, his emphasis on team discipline readily translates into healthy corporate functioning.

Executive Leadership most applies to organizations, including businesses, educational institutions, and military units. It is now available on Kindle and Amazon and will shortly be available on other platforms

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