# 2026 Injury Prevention Awareness Calendar peacehealth.org/ems

## January

Week 1: Radon Awareness -

https://www.oregon.gov/oha/ph/healthyenvironments/healthyneighborhoods/radongas/pages/zipcode.aspx

Week 2: Winter Sports Safety - <a href="https://www.cpsc.gov/Newsroom/News-Releases/2024/Stay-Safe-During-Winter-Sports-and-Recreation">https://www.cpsc.gov/Newsroom/News-Releases/2024/Stay-Safe-During-Winter-Sports-and-Recreation</a>

Week 3: Home Fire Safety -

Week 4: Poison Prevention - <a href="https://www.oregonpoison.org/">https://www.oregonpoison.org/</a>

#### **February**

Week 1: Heart Health for Injury Prevention (American Heart Month) - <a href="https://www.heart.org/en/american-heart-month">https://www.heart.org/en/american-heart-month</a>

Week 2: Burn Awareness - https://ameriburn.org/prevention/national-burn-awareness-week

Week 3: Child Passenger Safety -

Week 4: Workplace Ergonomics -

#### March

Week 1: Brain Injury Awareness - <a href="https://www.biausa.org/brain-injury-awareness">https://www.biausa.org/brain-injury-awareness</a>

Week 2: Nutrition & Injury Prevention (National Nutrition Month) - <a href="https://www.eatright.org/national-nutrition-month">https://www.eatright.org/national-nutrition-month</a>

Week 3: Eye Safety - A Lifetime of Healthy Vision - Prevent Blindness

Week 4: Ladder Safety (National Ladder Safety Month) https://www.laddersafetymonth.com/

## **April**

- Week 1: Distracted Driving Awareness <a href="https://www.nhtsa.gov/campaign/distracted-driving">https://www.nhtsa.gov/campaign/distracted-driving</a>
- Week 2: Youth Sports Safety https://www.nays.org/resources/stop-sports-injuries/
- Week 3: Window Safety Week Window Safety National Safety Council
- Week 4: Playground Safety https://playgroundsafety.org/

# May

- Week 1: Motorcycle Safety Awareness <a href="https://www.nhtsa.gov/road-safety/motorcycles">https://www.nhtsa.gov/road-safety/motorcycles</a>
- Week 2: Bicycle Safety <a href="https://www.nhtsa.gov/road-safety/bicyclists">https://www.nhtsa.gov/road-safety/bicyclists</a>
- Week 3: Electrical Safety (National Electrical Safety Month) <u>National Electrical Safety Month</u> 2025 <u>Electrical Safety Foundation International</u>
- Week 4: Older Adult Safety (Falls Prevention) <a href="https://www.ncoa.org/older-adults/health/prevention/falls-prevention/">https://www.ncoa.org/older-adults/health/prevention/falls-prevention/</a>

#### June

- Week 1: Water Safety <a href="https://www.redcross.org/get-help/how-to-prepare-for-emergencies/types-of-emergencies/water-safety.html">https://www.redcross.org/get-help/how-to-prepare-for-emergencies/types-of-emergencies/water-safety.html</a>
- Week 2: Heat Safety <a href="https://www.cdc.gov/heat-health/">https://www.cdc.gov/heat-health/</a>
- Week 3: Fireworks Safety <a href="https://www.cpsc.gov/Safety-Education/Safety-Education-Centers/Fireworks">https://www.cpsc.gov/Safety-Education/Safety-Education/Safety-Education-Centers/Fireworks</a>
- Week 4: Boating Safety https://safeboatingcampaign.com/

#### July

- Week 1: UV Safety Sun Safety Facts | Skin Cancer | CDC
- Week 2: Pet Safety (Summer/July 4th) <a href="https://www.avma.org/resources/pet-owners/petcare/july-4-safety">https://www.avma.org/resources/pet-owners/petcare/july-4-safety</a>
- Week 3: Home Safety Childproofing National Safety Council
- Week 4: Sports Injury Prevention <u>Injury Prevention in Winter Sports | Sports Medicine News</u> <u>| AOSSM</u>

#### August

- Week 1: Back-to-School Safety Back to School Safety Checklist National Safety Council
- Week 2: Concussion Awareness (HEADS UP) https://www.cdc.gov/heads-up/index.html
- Week 3: Fall Prevention for Older Adults (STEADI) https://www.cdc.gov/steadi/
- Week 4: Emergency Preparedness (Make a Plan) <a href="https://www.ready.gov/plan">https://www.ready.gov/plan</a>

#### September

- Week 1: Child Safety (General) https://www.safekids.org/
- Week 2: Farm Safety <a href="https://www.necasag.org/">https://www.necasag.org/</a>
- Week 3: Suicide Prevention https://afsp.org/
- Week 4: Home Security & Neighborhood Safety <a href="https://www.ncpc.org/resources/home-neighborhood-safety/">https://www.ncpc.org/resources/home-neighborhood-safety/</a>

#### **October**

- Week 1: Fire Prevention Week <a href="https://www.nfpa.org/events/fire-prevention-week">https://www.nfpa.org/events/fire-prevention-week</a>
- Week 2: Domestic Violence Awareness <a href="https://ncadv.org/">https://ncadv.org/</a>
- Week 3: Pedestrian Safety <a href="https://www.nhtsa.gov/road-safety/pedestrian-safety">https://www.nhtsa.gov/road-safety/pedestrian-safety</a>
- Week 4: Halloween Safety <a href="https://www.safekids.org/tip/halloween-safety-tips">https://www.safekids.org/tip/halloween-safety-tips</a>

#### **November**

- Week 1: Drowsy Driving Prevention https://www.nhtsa.gov/risky-driving/drowsy-driving
- Week 2: American Diabetes Month (Safety & Health) <a href="https://www.diabetes.org/american-diabetes-month">https://www.diabetes.org/american-diabetes-month</a>
- Week 3: Hunting Safety https://www.ihea-usa.org/
- Week 4: Thanksgiving Cooking Safety -

# December

Week 1: Holiday Safety - Holiday Safety - National Safety Council

Week 2: Toy Safety -

Week 3: Winter Driving Safety - <a href="https://www.nhtsa.gov/winter-driving-tips">https://www.nhtsa.gov/winter-driving-tips</a>

Week 4: New Year's Eve Impaired Driving Prevention - <a href="https://www.trafficsafetymarketing.gov/get-materials/drunk-driving/drive-sober-or-get-pulled-over/holiday-season">https://www.trafficsafetymarketing.gov/get-materials/drunk-driving/drive-sober-or-get-pulled-over/holiday-season</a>