

THE NINE STAGES OF BALDER RISING

By Robert Blumetti

In the last fifty years a phenomenon has been occurring that seems to be increasing in potency. This is the number of people who are returning to the old religions of pre-Christian Europe, the faiths of our ancestors, and their numbers are rapidly growing. Truly, this phenomenon is not new to the last fifty years, and has its origins in the 19th century, but since the end of the sixties, a new and wide-spread awareness of our pagan or heathen roots has spread throughout the Western World. This is especially true of Odinism

The number of men and women who are becoming aware that the Gods dwell within them has increased. This phenomenon is not taking place in the form of a new religion so much as a new spirituality. We might refer to it as a kind of renaissance in consciousness of who and what we are. It is occurring slowly and with a great deal of diversity.

In the ancient Norse Lore, we can read of the end of time when the Gods do battle with the Giants, ending in their mutual destruction in the great battle known as Ragnarok. But this is not truly the end, but a mere transition from one age to another. After Ragnarok, a new Earth rises from the sea and Balder, the son of Odin, rises from the Netherworld of Hel to herald in a new golden age known as Gimli. With him is his brother, Hoder, who was once blind and because of his blindness, he was tricked into killing him by the agent of chaos, Loki. But now, Hoder can see and will rule with his brother in this new golden age. In this new age, the human race is reborn, surviving within the trunk of the world tree, Yggdrasil, representing the Life Force of the Gods, Vril. It is this process of humanity evolving into a higher form or new species where it is one with the Gods, that we refer to as Balder Rising.

Odin knew he would die in Ragnarok, but assured that he would return through his son Balder. It is through Balder that we can awaken the Gods who have gone to sleep as a result of Ragnarok. They exist within us, within every atom. Their consciousness lives on within the currents of Vril energy that fills the universe, and makes up 99.9999...% of every atom, even those atoms that we are made of—for Vril is the Life Force of the Gods. To awaken them we have only to call to them. Once awakened, can unleash their Godly powers within us, and cause a process that will transform us from the mundane beings that we are into a new species of Vril Beings. It is this process that we refer to as Balder Rising, and there are nine stages in this spiritual evolution of higher consciousness that we explore in this lesson.

THE FIRST STAGE OF BALDER RISING AWARENESS: AWAKENING THE GODS WITHIN US

Have you ever heard a ‘little voice’ in your mind telling you what to do, or warning you not to do something? That is the voice of Odin, of the Gods, calling to you. But the voice is dim and distant because they are calling to you from their semi-conscious state. For we are all existing within the State of Hoder—blind to our true heritage and the reality of who and what we are. Hoder, the brother of Balder was blind, and his blindness was the ignorance that permitted Loki, the agent of Chaos to trick him into killing his brother Balder, the agent of YOUR

enlightenment. But you need not be blind any longer. You no longer have to wander aimlessly about through life in a state of ignorance. You can awaken the Gods who dwell within you and once you have awakened these Godly forces that dwell within you, you will become aware of transformations in your earthly existence that will surface within your consciousness. You will not be able to detect it at first, but it will strike you as a profound sense of restlessness, and it might cause you to be troubled and concern that something is wrong with you.

You will not be sure exactly what is happening to you, and at first, you will feel an uneasiness about the reality of the world around. It will strike you as if you were listening to a band or concert, in which the musicians are playing slightly off key, so slightly that you can not put your finger on it, but somehow, your inner ear seems to notice it and you feel uneasy.

You will begin by noticing moments in your life that appear more intense and inspiring, as if you are able to see beyond the normal reality that everyone else is experiencing, but the words to describe it will escape you. You will be conscious of truths that seem apparent to you but oblivious to everyone else, and when you try to express what you are seeing and feeling, others will seem unaware of what you can perceive. At the same time, when these moments of insightfulness occur, you will feel more alive, charged and excited, but they will not last and will be fleeting, and when they pass, you will feel an emptiness, a withdrawal, that will cause you to be restless, feeling dissatisfied, and even disoriented.

This sensation is becoming more and more commonplace in today's society, but most people have cut themselves off from that little voice within them, calling them to listen, they do not understand what is happening to them, and might even think there is something wrong with them. Most people will put up blockers that prevent them from truly listening. This causes people to feel even more restless and sends them looking for something—anything—to fill their lives with purpose. They will turn to just about anything to fill the void. This phenomenon is affecting everyone, from the Joe-six-packs to the Wall Street wheeler-dealers.

Even our everyday relationships are affected by this phenomenon, causing us to make demands that are nearly impossible to fulfill. This is true in all our relationships, including and especially in our romantic relationships, which is resulting in the decline and destruction of the traditional family and the decline of our birthrate. It also manifests itself in the degeneration of our culture, traditions and customs that hold our society together. We are becoming atomized—disconnected units flying off in every direction, banging into each other in a chain reaction of self-destructive behavior.

If we examine the typical relationship in today's society, we will discover that instead of a harmonization of two individuals forming a new life path, the partners become over demanding. Each partner comes to expect the other to surrender their own interests and adopt their chosen activities. It degenerates into a contest of will between combating egos. Partners find themselves in a struggle of who will be in charge of the relationship. Their personal agendas are not harmonized and thus they compete with one another in trying to force their partner to adopt their agenda. This conflict of agenda results in an increase in the pace of the developing relationship, where the partners are unable to permit their relationship to grow harmoniously into a new, single life path. Their differing ideas about what to do, where to go, how to spend their time, and what interests to pursue, causes a rift to develop and grow until the

drift becomes a void too great to bridge. This has resulted in relationships becoming short-lived and people discovering they cannot spend long periods of time with the same person. The love and joy they originally experienced in the company of their partner eventually turns into resentment and frustration.

This frustration fills every aspect of our lives, not just our personal relationships, but also our work, our entertainment and our dreams. We are unable to make sense of our lives. We are unable to fill our lives with a sense of achievement, order and personal accomplishment. We feel as if we are constantly “missing the bus” that opportunities that we should be experiencing are passing us by, and we become frustrated and resentful, and our lives become filled with bitterness.

But when we learn to listen to that little voice speaking to us from deep within our subconsciousness, from deep within our soul, we have learned to hear the Gods, who dwell within us, calling to us. Once we listen to what they have to say, we can unleash their Godly powers and learn to use them to transform ourselves and our lives, and then, we will no longer be frustrated and confused. We will become more in tune to the life patterns all around us. Then, the many little coincidences that happen will no longer seem random and unconnected. We will become aware of their pattern, and where they are leading us.

This is the first stage of Balder Rising, a consciousness of the coincidences taking place all around us. Once we become consciousness of the patterns or currents that swirl about us like currents of water in the ocean, we can grasp the way things work and use this awareness to bring some kind of order into our lives. The vast majority of individuals do not even realize that it is the Gods speaking to us. It is as if there is a song being sung in the background and we are not conscious to it, because we are concentrating on something else, but our subconscious mind is taking in the song and it is affecting the way we think and act on a subconscious level. It is this same process that will begin to work on how we perceive what is happening all around us every day.

We will become more aware of the hunches we feel or to our intuition speaking to us. You might be thinking about something and then shortly afterward, it will happen, or someone you run into will bring up the subject. These occurrences will increase and become more frequent and when they do, you will be amazed. Eventually you will begin to feel as if your life is being guided by some higher, unexplained force. The increase in frequencies of such experiences will induce a sense of mystery and excitement in your daily life and you will begin to feel more alive. Soon you will begin to try and consciously induce such incidents. It will cause you to change your life and the way you live it.

This first stage of Balder Rising is your awareness that you are not alone, and that your life is filled with an exciting mysterious force that seems to guide you. You will soon realize that you can learn to listen to and even control this force and use the coincidences, even if you do not fully understand how they work, to improve the quality of your life and fill your life with all the things you want and need, improving its quality. You will finally realize that there is a force in the universe greater than yourself, and that you have it within you to harness its power and use it wisely.

What is important to understand is that this awareness is not new. There has been a growing number of people in Western Civilization who have become sensitive to the call of the Gods of our ancestors. Most do not fully understand the songs they hear, while others are both consciously and instinctively drawn to the old ways and spirituality. In the last two hundred years the number of people of European ancestry who seem drawn to the old pagan spirituality has increased, and while there have been set backs, the call of the Gods still increases. This is especially true of those who have heard the call of Odin. When people respond to his call, they are tapping into his Life Force—a current of Vril energy that creates a future pathway filled with his consciousness. Every time someone connects with Odin’s call, they are aligning their Life Force, channeling their currents of Vril, with Odin’s so that he can affect the future that is unfolding in this reality—the realm of Midgard. Not everyone who hears Odin’s song fully realizes what that song is calling them toward. But everyone who does answer the call helps to strengthen the ever-increasing process of accumulation of Vril energy on earth until it reaches a critical mass.

From the beginning of human existence there have always been people who have been aware of this Godly reality, but today, the number of people who are becoming conscious of such coincidences is increasing, and more importantly, in the last fifty years, the number of people who are discovering the Odin-induced reality behind these coincidences is increasing dramatically. No matter what the degree of awareness, everyone who has experienced some degree of awakening has subconsciously drawn Vril energy to this point in time and space until the ever coalescing of Vril energy causes the creation of a vortex of power that warps time and space, unleashing the will of Odin in Midgard. The greater the number of people who begin to become aware of this Godly reality, the greater the intensity of coalescence and thus the stronger is the focal point of Vril energy. As Vril energy increases, and Odin’s will becomes stronger, more people will have their awareness more finely tuned, and thus become conscious of Odin. This is why we in the Folk Faith of Balder Rising have dedicated ourselves to teaching Vrilology, for it is a methodology designed to help us awaken the Gods with us, to unleash their power within us, to teach us how to control and use this power, and thus, become aligned with Odin.

Once the number of people who become aware of this phenomenon have increased to a certain degree of awareness of what is causing these coincidences to occur, than a certain critical mass will have been reached and a new community will be born. It will be a community of people who have rediscovered the Gods who created them, who their ancestors knew and understood before our civilization fell under the influence of an alien creed. It will be a community who have returned to Odin, the All-Father who create our Folk. Once enough people have experience the rise of Balder within them, they will give birth to a new Folk community that will be free of the restrictions of the present-day “Hoder” reality and no longer be enslaved by the ignorance that dominates it, blinding us to our true reality. When our new, emerging Folk reaches this critical mass a cultural shift will that place and a new Folk community, aligned with the Gods, will be born.

THE SECOND STAGE OF BALDER RISING AWARENESS: A NEW UNDERSTANDING OF MAGIC THROUGH A NEW SCIENCE

Once you have come to the realization that you are not a disconnect individualized entity but part of a greater continuum, you can then expand your conception of reality and see that you are a link in a vast chain of life in which the past, present and future co-exist. This will permit you to think not just in the present tense, but in the past, present and future tense all at the same time. Just as speed-reading instruction teaches you not to read a page, one word at a time, but read an entire line and even an entire paragraph, all at once, so too you must not view your reality in the context of the present moment, minute, hour or day you live, but view your reality within the context of centuries and even millenniums.

Once your conception of time has been transformed to view the passing of reality in millenniums, you can then see that the past, present and future are connected, not in a lineal construct, but as coexisting side by side. Once you understand this truth, you will be able to grasp the greater meaning of what has transpired in the last one thousand years and how it has affected your sense of reality as a member of “Western Culture.” You will realize that all existence is cyclical, turned back on itself, in an eternal progression of birth, growth death and rebirth, each time progressing into a new stage of reality.

Let’s begin by imagining you are alive one thousand years ago in Europe. The old spirituality of our heathen/pagan ancestors has been stamped out and replaced by a new faith which is an import from the Middle east—Christianity. It is at odds with the Folk spirituality of Europe, whether northern, southern, eastern or western Europe, it is alien to the Soul of the European man. By the year one thousand, everyone in Europe, more or less, have been converted to this new, alien spirituality. It does not matter if you are an aristocrat or peasant. Your social position is secondary to your spiritual reality, and this reality is determined by the Church and their clergymen. Their position in the society of the Middle Ages is predominate. They have created the view of reality that everyone in society holds, in which the center of that reality is an omnipotent God and his plan for everyone. This belief in an omnipotent God, who has a design for the progression of mankind is the governing belief system.

The clergy teach you that your existence on this earth is a test on whether or not you muster up to God’s plan for mankind, which is at the center of the universe. Life is a spiritual test, and this test is your sole purpose for living—and will determine whether or not you win achieve salvation. You must choose between the opposing force of God and the temptations of the devil. If you chose the former, you achieve eternal salvation, but if you chose the former, you are condemned to eternal damnation.

And it is the province of the Church to interpret the scriptures to you, so you can make the right choice and chose God over the devil. According to this view, everything that happens, from a simple head cold to the most terrible natural catastrophes, happens according to God’s will or the malice of the devil, as a test of your faith. Nothing happens by chance, nor the result of geological forces or natural law.

This view was held for centuries before the year one thousand A.d., or C.E. (Common Era), but by the fourteenth and fifteenth centuries, this view of reality began to break down, as the corruption within the Church surfaced and knowledge of it undermined the faith of the common people in the Church’s divinity. Remember, the clergy taught you that they were the only middlemen between you and God. But once they were seen for the corrupt con-men that

they were, the Church had a full-blown revolution on its hands. Soon, the Protestant Reformation erupts in an attempt to deal with the corruption of the Church.

The clergy for centuries defined reality, but now their credibility has been shattered. Their God is no longer at the center of the universe. The Church's authority in determining the nature of the universe is collapsing. Mankind's role in the universe is now questioned. The world view that held sway over the West for a thousand years is disintegrating. Science is beginning to question the nature of the universe and with new inventions like the telescope, are providing astronomers with proof that the Earth is not the center of the physical universe, and mankind has lost its place at the center of God's plan.

People no longer see events as part of God's divine plan. As the medieval world breaks down, storms, plagues, wars and other events are no longer seen as the will of God or the malice of the devil. Everything that was contributed to them now needs a new explanation with the emerging materialistic world view that is emerging. The Modern Age is born.

The birth of the Modern Age is accompanied by the birth of the age of discovery. Man begins to explore the universe, both inward and outward. Science begins to question the origins of mankind and life on earth. Men now take to their ships and begin to explore the world. Everything is submitted to a new, systematic examination. Reality is now examined through the eyes of this new scientific methodology. Every idea needs to be tested and not simply accepted according to the interpretation of the Church. Explorers are expected to discover an explanation for our existence, but they fall far short of their goal because they soon discover that the universe is far more complex than they imagined.

Unable to explain the universe, man's place in it, or answer the question about what lies beyond this existence, they quickly set out to improve the quality of life in this world. Standards of living improve. Our sense of security is addressed. A new order of stability is quickly discovered that fits nicely into the new age of materialism and scientific examination. For the last four hundred years the West set about taking matters into its own hands, focusing on conquering the Earth, and trying to discover the nature of the universe. The pendulum swung from one extreme to the other: from a God centric universe to a universe without God. The former saw reality as the creation of God's will and everything happened in it as part of God's divine plan, while the latter declared God dead and claimed everything happened by chance and we are at the mercy of Nature's dictate. In the confusion, we sought to establish a more comfortable life while we lived our short meaningless lives and had forgotten our original quest: why do we exist and what is the meaning of life?

Though our ancestors were forced to abandon their Gods, the Gods did not abandon them. They retreated within them, falling asleep until we as a people were ready to better understand their divine nature, and evolve the capacity to understand their divine science that our ancestors called "Magic."

In the second stage of Balder Rising we begin to realize that we are not a mishap in the greater scheme of things. We begin to see that the past, present and future are co-existing and understand the entire perspective of our history and that we are not just blips in time, but that we exist in a continuum. We come to realize that we are connected to our past and everyone and

everything that came before us, and we are also connected to the future that is dawning on the horizon. Each of us is a vital link in a vast ancestral stream or chain, evolving and moving forward. We have it within our grasp to discover the true nature of reality and our place in this reality. It was necessary for us as a people to experience the two extremes. We are not at the mercy of some divine tyrant who controls us like pawns on a chess board, nor are we accidents suffering the trial and tribulations of an unfeeling universe and all its fury.

Now that we have come to understand this truth, our perception has grown and become heightened, and we once again gain the ability to hear the voices of the Gods who created us. The voice of Odin is heard once more.

THE THIRD STAGE OF BALDER RISING AWARENESS: THE NEW SCIENCE OF VRILOLOGY

The third stage of awareness is the realization that Newton was wrong about the nature of the physical universe. That matter is not solid, and that everything in the universe is made up of energy. In fact, every atom is composed of energy—Vril energy. Vril is harnessed by the electrons rotating around the proton in the center of the atom. The nature of the atom is determined by the number and relationship of these subatomic particles (electrons, protons and neutrons), which take Vril and transforms it into matter, energy, gas or liquids. The entire universe, as well as the other realms that make up the multiverse, are all made up of this invisible type of energy, which is the Life Force of the Gods, and is named Vril. (The name is based on the runic formula—V is Fehu which stands for fire; R is Raidho, the right divine order; I is Isa, ice, and the two, fire and ice, joined in the right divine order, creates Vril, which is represented by L, for Laguz, which stands for water, which is what one gets when fire and ice is joined. This is the formula for creation in Norse cosmology.) But today's scientific community has difficulty in accepting the existence of Vril, though there are more and more scientists coming to accept the existence of this invisible energy that fills the universe. The scientific community that grew up in the last four hundred years has come to demand solid evidence for any new assertion about the nature of the universe. It demands evidence that they can touch and examine with their hands. It rejects any theory that cannot be proved in some physical way.

This way of thinking has its merits to a certain degree when it comes to examining physical objects and organic matter, but we are discovering that it falls far short of the mark when we begin to explore such realms as quantum physics.

With the collapse of the medieval world view, the West came to see the universe governed by what it referred to as natural law, and that each event was not the will of God or the results of the devil's malice, but caused by a direct physical and understandable cause. From this conclusion, Western man hoped to gain an insight and understanding of how the universe worked and thus gain for himself a sense of security from the knowledge from this new perspective.

Once the esoteric was removed from the equation of the nature of the universe, Western man believed that the universe operated in a predictable matter, like a huge machine. Events that happened simultaneously to other events were said to happen by chance. By the end of the 19th century, Western man felt that a true understanding of the universe was at hand, but at the start of

the 20th century, this view that the universe worked like a vast machine was challenged by two new theories. The first was Einstein's theory of Relativity and the second by Quantum Physics.

The idea that Einstein introduced was so disturbing to Western Man's idea of the universe. He theorized that since everything is made up of atoms, which were not solid, but mostly empty space that contained patterns of energy running through them, everything was made up of energy. Secondly, quantum physics has revealed that when we try to examine these patterns of energy at smaller levels, which are called elementary particles, our observation actually changes their nature. And even more disturbing is the fact that these subatomic particles must appear in places they could not possibly go according to our understanding of the physical laws of the universe as formulated by Newton. A particle can even exist in two very different places at the same time, even in two different points in time, moving forward and backward in time.

The conclusion is that everything is made up of some kind of universal energy, which we in the Folk Faith of Balder Rising refer to as Vrill, and that energy is malleable to the human mind, which can be manipulated and control the nature of this energy. The human mind has the power to harness this energy and use it to change the physical world around us, even control our own biology.

Once we have come to understand this truth about the reality of the universe, we begin to look at the physical world around us in a very different way. We become conscious of the fact that every time we look at something, or even think about something, our mind is causing that something to change. Our very thoughts, which are powered by this energy that we call Vrill, is affecting the nature of the physical universe, which is the energy substance that every atom in the universe is made from. This realization causes us to develop a deeper appreciation for the beauty of the world around us, and permits us to see things in a very different way. Once we recognize that everything is energy, our mind begins to see through the mundane shapes and forms and tap into the energy forms that everything possesses. Our perception increases to the next level of awareness and we can develop the ability to see the energy field that surrounds everything.

By now you probably have already learned to increase your energy feel for many different purposes. You have slowly worked to develop these abilities. If you have reached this level of training, you should have by now suspended your skepticism and learn to perceive your Vrill, morphogenic-energy fields. Once you have achieved a certain proficiency in your skills, you will be able to detect the emotional state of each person you come into contact. When one person has certain feelings or thoughts about another person, his energy field moves beyond the range of his person soul-matrix that surrounds him and engulfs the person he is thinking about.

This is especially obvious when someone finds someone else sexually attractive. Try and think back when you first noticed that someone was attracted to you. How did you feel? It is not hard to notice. That person's energy field will actually stretch out beyond their normal range and engulf the person they are attracted to, causing the person who is the object of his attraction to become visibly moved.

Most people will find the idea of a personal energy field hard to comprehend, but by now you should possess a thorough knowledge of the subject. Science has been searching for some

kind of unified field theory for a long time, and even Einstein struggled with this concept. But unless science can learn how to measure Vril it will refuse to examine it.

But the idea of this universal Life Force is not new. In China it is known as Chi and karate experts explain how they have learned to tap into this energy to assist them in their martial training or when they break through bricks with their bare hands. Some people are able to single-handedly pull a trailer truck, or even a airplane by tapping into Vril. While others claim it gives them the power to sit unmoved, even when four people try to move them. Monks in Tibet can regulate their body temperature and remain outdoors in sub-freezing weather rapped in wet clothes and not only not freeze, but actually dry the wet clothes with their increased body heat. Athletes tap into this energy when they perform their spectacular moves, jumps and twisting as they flip about or fly through the air.

THE FOURTH STAGE OF BALDER RISING AWARENESS: LEARNING TO USE VRIL TO MAKE THINGS HAPPEN

The fourth stage in Balder Rising deals with the Runic principles behind Gebo, which deals with relationships. Gebo is the Rune of exchanging gifts. Its energy can be used to cement relationships between individuals. It is a very effective runic tool to establish and build healthy and loving relationships. It is about giving of oneself to another person, who in turn returns the gift of giving. The greatest gift one person can give another person is love—and unselfish, all giving love. This love is an emotional force powered by Vril energy. Since every human in the universe is comprised of Vril, a living dynamic and universal energy, which sustains us and respond to our expectations, we have the ability to send this energy source to another person, projecting it outward to assist that person in whatever endeavor that person is engaged. By extending our Vril energy to another person, we can support them, especially in their time of emotional need. If we extend love, charged with Vril energy, they will respond in kind. We refer to this type of giving love as the Balder Force.

Unfortunately, most people are unaware of the being a Vril being. They are disconnected from the infinite source of this energy. Through their chaotic lifestyles, they have cut themselves off and so feel weak, insecure and lacking. We waste most of our normal supply of Vril in our day to day lives. Instead of learning how to increase the flow of Vril into ourselves from the universe around us, we unconsciously and instinctively seek to draw Vril energy from those people around us. It has always been easier to deal with this energy deficit, by trying to increase our personal supply of Vril energy by psychologically stealing it from others. This is done through an unconscious competition that underlies all human conflict in the world, and especially within the realm of our personal relationships with loved ones, family members, our spouse, partners and friends.

Even in the simple act of holding a conversation with another person, this principle of energy transference occurs. When a person engages another in a conversation, one of two things can happen: that person can come away feeling stronger or weaker. Whether we are conscious of it or not, we tend to say whatever we must in order to prevail in the conversation. This competition is especially true between two individuals who are in a loving relationship. After the initial emotional “high” at the start of a love relationship wears off, one of the two individuals will instinctively try and dominate the relationship. Each of us seeks to find some

way to control and thus remain on top in the relationship. And this is also true of the simplest and fleeting encounters. If we are successful, if our viewpoint prevails, then rather than feel weak, we receive a psychological boost. When we control another human being we receive their energy. We fill up at the other's expense and the filling up is what motivates us. Most people are in a constant hunt for someone else's energy. They are in effect, "psychic vampires," sucking the life-force from others to feed on and replenish their own supply of life force.

THE FIFTH STAGE OF BALDER RISING AWARENESS: THE BALDER FORCE

At birth, Odin breathes the first current of Vril into us, which animates us and gives us life. This first breathe of life is referred to as Ond. It is a gift from Odin. With this first breathe of life, Vril energy continues to flow within us, but over time, as we engage in negative thoughts, feelings and actions, the flow of Vril is colored by the negativity and causes the spirito-physical body to age and deteriorate. This in effect causes the flow of Vril to decrease, and thus cause us to age and eventually die. What we need to learn is how to increase the flow of Vril energy from the universal source, and not other humans.

As we just said, Vril is constantly flowing into us, but due to wrong living, which are habits or actions rooted in Chaos, the flow of Vril necessary for life, good physical and mental health, as well as psychic powers will decrease because it is tainted with the negativity of our chaotic life-habits. When we absorb Vril from other people, we are absorbing, not only their Life Force, but all the negativity that has tainted it. Though we might get a rush from the immediate absorption of additional Vril, it will eventually increase our own deterioration. The Gods created us by mixing their Life Force (Vril) with us. But the Gods are part Giant and they must struggle against the influence of Chaotic principles, which is personified by the fact the Loki lives among them as one of them. We too must struggle to control and contain the effects of Chaos within our lives. We need to learn now to absorb Vril directly from the universal source rather than from other people.

Food and drink is one way of gaining energy, but in order to totally absorb energy in food, the food must be appreciated, savored. The Gods gave us the five physical senses and smell and taste are doorways that permit the ingestion of Vril. You need to learn to appreciate taste and smell. This is the reason for prayer before eating--to make eating a holy experience--so the energy from the food and drink can enter your body.

The most common way Vril enters the body is through the inhaling of air that we refer to as "breathing." In fact, about 90 percent of Vril that we incorporate into our spirito-physical body is from the simple act of breathing. By learning to breath properly, we can increase the amount of air we take in, but more importantly, it will improve the way oxygen is disseminated throughout the body. This will also assure the increased dissemination of Vril throughout the body. After your personal supply of Vril energy is increased through conscious breathing, drinking and eating, you will become more sensitive to the Vril energy that exist in all things. This will eventually lead to the unconscious increase of Vril.

To open yourself up to Vril energy, you have to connect to the mundane reality of the world around. You can do this through your sense of appreciation. When you successfully appreciate something, you allow the Balder Force, which is the spirit of Balder that underlies

everything in the universe, to enter you. Remember, Frigga, Balder's mother, convinced everything in the universe, or multiverse, to swear love for Balder, which is translated into not harming her beloved son. This is why Balder is referred to as "Balder the Beloved." It is this state of living in harmony with the multiverse, by loving life, your mind can clear itself of negativity, which colors your Orlog. All that you feel and think is stored within your Orlog and all Vril energy passes through it. When it does, it is colored by what is in your Orlog. If it is mostly negative, then your Vril energy will be tarnished by this negativity and thus negatively affect the health (mental, psychical and physis) of your spirito-physical body.

This is where the runic principle of Gebo comes into effect. Gebo is the exchange of gifts and the bonding between two objects. When you appreciate the beauty and uniqueness of all things around you, the Vril energy you receive will be colored by this Balder Force. When you get to a level where you feel love for life, then you can send the energy back just by willing it so.

Most people find it impossible to stay connected with this flow of universal Vril energy until they come to grips with the particular methods that we, as individuals, use in our quest to try and control the world around us. We need to learn how to color Vril as it passes through us, with positive desires, so that it is filled with our positive thoughts, which will then be re-disseminated back into the world around us. The effect of this process is to naturally draw to us, and fill our Wyrð or future pathways with all the positive things we want to fill our life. But most people obsess over the negative and when Vril passes through the Orlog, it is colored by the negative things we obsess on. This will color the morphogenic energy field that surrounds each of us, as it passes outward affecting everything around us, causing everything to be colored by what is stored within our Orlog. This process is unconscious and will also affect everyone we come into contact with. We need to become aware of this process and learn to master the methodology.

Once we become aware of this process we discover that the way we try to control others is one we learned in childhood to get attention, to get the energy moving our way by forcing others to bend to our will. This process is negative and rooted in the energy of Chaos. While we were growing up our parents and siblings often tried to get us to "behave" by forcing us to "do what is right." Usually it is motivated by love, but often their own negativity colored their actions with the negativity stored in their Orlog, and thus, rather than teaching and motivating us through love, their actions resulted in pulling Vril energy out of us. The result was that we were taught to interact with others by drawing their energy out of them and using it to reinforce our energy and us it to control and dictate to them.

We unconsciously repeat this methodology over and over throughout our lives in an unconscious control drama. To learn how to counteract this process, each of us must reinterpret our family experience, as well as our interaction with everyone close to us from a spiritual point of view. In this way we can better discover who they really are. Remember—we are the subtotal of past, present *and* future. Once we have achieved this self-examination, we can bend the Wyrð that has been formulated by the past so that we can move past these control dramas and discover what is really happening.

There are two ways that we manipulate for energy: either aggressively, directly forcing people to pay attention to them, or passively, playing on people's sympathy or curiosity to gain

attention. People unconsciously develop strategies that they use to draw the Life Force from others to use for themselves. The first example is by maintaining a persona that is withdrawn, mysterious and secretive, you can attract others whose curiosity causes them to spend a great deal of their Life Force trying to figure out what's going on with you. The ability to retain knowledge and not reveal much about yourself can generate a sense of restlessness in others, forcing them to struggle, dig and try to discern your true feelings. As they do so, they give you their full attention, sending their life energy to you. The longer they can keep others interested and mystified, the more energy they receive. This technique, when used selflessly can be used to breakdown resistance by others. But when one abuses this ability it can have a draining effect on all who come into contact with you.

Another way people can drain the Life Force from others is by aggressively asking probing questions in an attempt to invade the privacy of another person's life with the purpose of discovering problems they might have. They usually begin by acting sympathetic, but in reality, they are probing for weaknesses that they can exploit. Once they discover what they are seeking, they will begin criticizing this aspect of the other's life, but in a way that is cloak as friendly advice. If this strategy succeeds, the person being criticized becomes self-conscious around the so-called friend, trying to change his behavior so as not to disappoint him. This psychic strategy allows the one using it to pull others off their normal routines and draining their Life Force in an attempt to avoid you judging them.

A third strategy people use is intimidation. This is the classical bully who likes to threaten others, either verbally or physically. You are forced, for fear of something bad happening to you, to pay attention to them and so to give them your life energy. A really go practitioner of this strategy is one who can intimidate while posing as your friend or adviser. He does not have to actually threaten you, but behaviors in such a way as to make others afraid to disturb him.

A fourth strategy people use is when they play the victim. This is the friend who will open their guts to you, describing all the horrible things that are already happening to them. Once you have become intimate with them as a friend, relative or co-worker, they will imply that perhaps you are somehow responsible for their bad fortune, and that, if you refuse to help, these horrible things will not only continue, but grew worse. The victim likes to achieve his goal by making others feel guilty, even though they have no reason to feel that way. Everything they say and do is designed to force those who come into contact with them think they are uncaring because they are not trying to help them.

We have used the term “psychic vampire” to describe people who use all four of these methods to drain the Life Force from others, because, like the vampire in literature, who sucks the life-giving blood from his victims, harming them so they can draw nourishment for themselves, these types suck your life energy from you so they can recharge their own supply of life-sustaining Vril energy. Perhaps a better term would be “psychic parasite,” for the perpetrator of this technique does not seek to destroy or kill their victims, only exploit them, for their own benefit.

We come into contact with this type of psychic parasite every day of our lives, and we need to identify them when we do. Unfortunately, we fail to do so when they are people we love such as

family members, our spouse, or close friends. It is with such people that we let down our defenses and become most vulnerable because we trust them. But it is with such people that we will become victims of the psychic parasite. Now, we are not saying you need to be distrustful of your friends and relatives, but you should be aware that most people will use the techniques we describe without realizing what they are doing. They are not intentionally trying to harm you but in cases of a loved one, they will seek you out because they trust you and want your help. And you can help them by learning not to fall victim to the effects of their Life Force sapping behavior. You can learn to send them your Life Force to help them without harming yourself, and also to block the efforts of those who are not close to you and whom you do not wish to help, or better—*should not help*.

First of all, you should be aware that people will use more than one technique, depending on the circumstance involved, but most people become proficient with one control technique and will use it repeatedly. Most people unconsciously goes to whatever extreme lengths necessary to get attention energy they need. This is why you often think of people as “bullies,” “needy,” “judgmental,” or “withdrawn.”

When someone is continuously asking you questions, only to find fault in your answers, you must act vague and distant, so they cannot find anything in your answers to criticize. In fact, a good counter-technique is to act like the typical psychiatrist who is always asking the patient what they think about the questions they ask him.

If someone drains your Life Force through threats and intimidations, being aloof probably won't work, you will have to learn to become more passive, and guilt-trip them about the harm they are doing. If this doesn't work, then you will probably fight aggression with aggression.

To help you develop a personality that will not fall victim to “psychic parasites, you should begin by self-examining your background. Go back to your family experience and review what happened as a child. What type of parents did you have? How did they deal with you as a child? Don't be judgmental, just try and understand how your parents, brothers and sisters and other people who were close to you when you were growing up treated you. Remember the meaning of Orlog: the past creates the present, and how the two will create your future. And how you are the sum-total of everything you thought, felt and experience, and how all these things have formed layers within your Orlog? You will need to explore what you have accumulated within your Orlog and how to cleanse it so as to bend your Wyrđ. (By cleansing, we do not mean removing, but bending and thus turning a weakness into a strength.)

Once we become conscious of what in our past has colored our Orlog, we can focus on the higher truth of our family and what lies beyond the energy-sapping conflict. Once we know what is stored within our Orlog, it will tell us who we are, the path we are on, what we are doing. But most importantly, now we can change our direction.

Look past the energy competition that existed in your family, relationships and life in general, and search for the real reason you were there. Ask yourself the question, “Why was I born to this particular family? What might have been the purpose for that? What is my true purpose in life?”

Remember that your parents have had the greatest effect on you as a person, so you need to ask yourself what each of your parents stood for. In most cases, each parent probably tried to teach you their particular point of view of what is right and wrong. In some cases both parents will agree on most issues, but in many cases they did not. Every human being, whether they are conscious of it or not, illustrates with their lives how he or she thinks a human being is supposed to live. It is rare for two people, even those who are married and live together all their lives, agree on most issues. This is why it is important for us to try to discover how our parents behaved and how their behavior affected what they taught us. Remember, most parents love their children deeply and try to do what was best for them, so unless you had an obviously abusive parent or parents, don't be judgmental. Just try and understand what type of personality they had, and how it affected how they raised you and shaped you personality.

When you do this, be aware that every person begins their spiritual life in a position between their parent's truths. Know that you were born in your family for a reason: to take a higher perspective on what they stood for. Your path is about discovering a truth that is a higher synthesis of what these two people believed, because what they believed was again, the result of the Kin-Orlog of their own two ancestral streams, and this is now your ancestral stream. Remember: you are the product of not just the two ancestral streams of your mother and father, but the coming together of dozens, even hundreds of ancestral streams stretching back thousands of years.

THE SIXTH STAGE OF BALDER RISING AWARENESS: DISCOVERING OUR PURPOSE IN LIFE

Once we have freed ourselves from the dictates of what is stored within our Orlog, we can begin to discover what is the true purpose of our individual life. Each of us has a particular mission in this life, but we are blinded to what this mission is by the layers of "hang-ups" that has collected within our Orlog.

If you truly examine your life's progression, you will discover certain crossroads that had a significant effect on the way your life has turned out so far. You should try to perceive the sequence of interests, important friends, coincidences that have occurred in your life, and how they led you to this point in your life. It is vital that you spend as much time as necessary to understand your life path so far. Only by understanding your past, will you achieve a clear picture of your life in the present. Only after you have transcend the effect of you family, friends, jobs and relationships on your development, will you come to comprehend the higher meaning of why you were born with your particular parents, and what all the twists and turns of your life has led you to.

The Norns have given each of us a spiritual purpose, a mission, that we have been pursuing without being fully aware of it. Once we bring it completely into consciousness, our lives can take off.

The truth we pursue on our particular spiritual mission is vital to the evolution of the universe itself. Remember that the Gods are constantly working to keep order in the universe (Midgard), and multiverse (The Yggdrasil). They continuously fight against the forces of chaos—the Giants. Each of us can align ourselves with the Gods, and when we do, we assist them in

their war to hold back chaos. By discovering your true purpose in life you work to enable evolution to unfold.

To understand the meaning of your life, your personality, your ancestral stream and thus your Orlog, you need to know that humans are born into their historical situations, which has an enormous influence on the direction their lives take. It is probably the greatest influence in determining what one chooses to work and fight for. When a person forms a union with another human being, who also has found some purpose, the children born to this union must reconcile these two positions by pursuing a higher synthesis, guided by coincidences. Most people, when they have reached adulthood, will discover that the choices they make as adults, usually have to do with what they experienced as children. The family, and the nature of your parents, have probably had the greatest effect on your personality development, beliefs and your emotional and mental state. But remember that both parents are who and what they are do to what they experienced from their childhoods, and this is also true of their parents. This chain of individuals go back through the past is what we refer to as our ancestral stream. By discovering and understanding the history of our ancestors, we are unfolding and revealing what made up our ancestral stream, and thus, the layers that have been laid down in our Orlog. Remember, our Orlog is not just filled with what we experienced, but what we inherited from our parents, and what they inherited from their parents and so forth, back through the centuries and millenniums.

The people we come into contact and especially those who become part of our personal lives, will affect the nature of our life energy levels, either increasing, but mostly decreasing the amount of Vril energy that we can utilize. This is the result of what the nature of the people close to us are—whether they are aloof, or intimidate, or manipulative through guilt or cretinism. Those who were fortune enough to have parents that did not try and manipulate their children, eventually made life-changing decisions in their adulthood that were not directly connected to their upbringing. The former are those who become victims in their adult life to psychic parasites, and the latter most often do not.

You need to learn how to increase your levels of Vril energy. This is very important. Every time you come into contact with someone who drains you of your energy, you can use what you learned to replenish your supply of energy, as well as increase it beyond your normal supply. This will become vital to assist you evolution into a Vril Being or “Perfected Human.”.

It is important for you to charge yourself and increase your supply of Vril energy. If you do learn how to do this, you will discover that it will transform you. Your senses will heightened, and you will be more in tune to the ripples in the currents of Vril energy that fills the multiverse. Your psychic abilities will increase and your consciousness heightened. In fact, every time a coincidence occurs that speeds you forward in progression of evolution, the increased levels of Vril energy will permit you to function and exist at a higher vibration.

Once you learn these secrets, you will be armed with the knowledge on how to increase your level of vibration, and continue to raise it higher. Asgard exist on the highest plain of existence. We are all beings of energy, with different frequencies or rates of vibrations. The Aesir possessing the highest. By consciously accelerating the amount of Vril energy that flows into you, and then increasing its frequency, you will be evolving to a higher state of existence, within an alternate reality. You will be rapidly evolving into a Vril Being. No matter how scary it

may seem, you will no longer have any choice in this matter. Once you learn what life is about, its higher and wider dimensions, there is no way to erase the knowledge. If you try to do something else with your life, you will always sense that you are missing something.

How can you speed up this process of increasing your energy acceleration?

You can insure that your energy level is high by focusing on the unique beauty and shape of everything, especially nature. Call on the Light Elves of Ljossalfheim for assistance. Ljossalfheim means Light Elves Realm. This realm of light and energy is the life source of all of Nature in Midgard. It is the realm that exist right above Midgard, and has a higher rate of vibration. Meditate and chant Runes while visualizing Ljossalfheim. Rune you might want to consider are: Fehu, Eihwas, Perthro, Laguz, Ingwaz and Dagaz. You do not have to limit yourself to these Runes if you feel another will be helpful.

Remember, quantum physics teaches us that two particles that come into contact with each other will maintain their connection, even if they become separated and are at different ends of the universe. Well, keep this thought in mind and try to experience a feeling of closeness, the feeling that no matter how far away something is, you can touch it, connect with it. Know that the multiverse is filled with currents of Vril energy, woven into a web by the Gods to hold it all together, thus forming a network of connections. Visualize the currents of Vril energy flowing down from the realm of Light Elves, into you. The currents of Vril should be seen as the purest white light—so white that you cannot see through it, but it does not hurt your eyes. Breathe in this energy by taking deep conscious breaths, holding each about nine seconds before exhaling. Visualize Vril energy flowing into you with each breath, filling you like a balloon. As you fill up with each flow of Vril experience becoming lighter and more buoyant, like the Fairy Folk of Ljossalfheim.

After you breathe in the energy, check your emotions. What do you feel? Do you feel a sense of stillness? Is there a sense of peace and assurance that nothing can harm you? Do you feel love? This is the true measure of whether you are really connected. This sense of serenity is the light of Balder—what we refer to as the Balder Force. It is a sense of awareness that nothing can harm you, and like Balder, you are connected with everything in the multiverse. Remember how Frigga made everything swear an oath not to harm her son and to love him? That connectedness with everything in the multiverse is the essence of the Balder Force. It is not an intellectual concept or moral imperative. It is a background emotion that exists when one is connected to the energy available in the multiverse.

Once you are connected with the energy, examine your thoughts. The words you habitually will in an attempt to logically control events stop when you surrender to the Balder Force. The drama of others trying to control you and you trying to avoid the control mechanism of others will cease. You are like Balder; nothing can harm you except for one thing—the blind ignorance of Hoder, which is the poisoned love of the mistletoe. Mistletoe can be made into a potent love potion or a deadly poison. Thus, misguided love can be deadly.

As you fill up with inner energy and surrender to this sense of serenity, your mind will open and connect with the entire multiverse. This will free your mind and permit other kinds of thoughts to fill your consciousness from a higher part of yourself. This is the result of your

connection with Ljossalfheim. The thoughts that will flow into your mind are intuitions. They appear in the back of your mind, sometimes in a kind of daydream, dream or trans-vision.

Once you have reached this state of higher consciousness, you will be ready to consciously engage evolution, to produce the coincidences that will lead you forward. *These coincidences are those things that have been drawn into your future pathways by your now highly developed consciousness. These “coincidences” are road markers leading you to your purpose in life.*

Next you need to center yourself on your path by discovering the immediate, smaller questions that currently confront your life. These questions deal with issues from your past, and always pertain to your larger question (your purpose in life—the future) and define where you currently are in your lifelong quest (the present). Again—we all have a purpose in life, but the vast majority of us never discover it. But once you become conscious of the questions active in the present, you always get some kind of intuitive direction of what to do, in what direction you will travel.

Again, keep in mind the image of Frigga spinning your Wyrð, and the three Norns weaving it into a Web of Life. These questions are the knots in your Web of Wyrð.

You need to truly examine your life and not be afraid of what you will discover. No one is going to judge you. Total honesty is necessary for you to ask the right questions. You will not discover your true purpose in life if you have the wrong questions in mind. The problem in life isn't in receiving answers. The problem is in identifying your current questions. Once you get the questions right, the answers always come.

After you get an intuition of what might happen next, the next step is to become very alert and watchful. Sooner or later coincidences will occur to move you in the direction indicated by the intuition. Sometimes, the answers are staring you in the face, but you are blinded by ignorance (Hoder) and refuse to see them. This is the danger of poisoned love that can destroy the power of the Balder Force.

Always remember to stop as often as necessary to reconnect your energy. Stay full, stay in a state of the Balder Risen. Once you achieve this state of Balder Risen, nothing nor anyone can pull more energy from you than you can replace. But you must stay conscious of this process in order for it to work. This is especially important when you interact with people.

THE SEVENTH STAGE OF BALDER RISING: OPENING YOUR BIFROST GLAND—COMMUNICATING WITH THE GODS

We have spent a great of time teaching you how to develop your psychic abilities so that you will be sensitive to coincidences, dreams, premonitions, portents, messages from higher entities such as disir, your Fetch, Elves, and the Gods. With such heightened psychic powers, you will discover that you are more in tune to the world around you. Certain objects will jump out at you. Your thoughts, dreams and daydreams will often come to you as guidance. The Gods might try and communicate with you through the use of animals associated with them. Learn to read signs such as the appearance of a raven or ravens that might signal you out or appear as you try and

figure out the answer to a question. The raven is a powerful symbol of Odin, and they might a message from Odin.

Beings that exist in dimensions of higher and lower frequencies might communicate with you through dreams. We have taught you how to use dreams to find answers to problems. Dreams can be interpreted by comparing the story of the dream to the story of your life. Bad dreams have the most important messages.

While you daydream, your mind changes frequency and enters the Alpha or Asgard State of Consciousness. If you daydream about an event over and over, your mind might actually reveal to you something you had not known consciously. Daydreams show us a scene, a happening, and this is an indication that this event might happen. If we pay attention we can be ready for this turn in our lives.

We have spent a great deal of time in your training to learn how to control your thoughts and emotions, because it will help you control what you “obsess on.” Your obsessions will pepper your future pathways with what you obsess on. Therefore it is important to control this aspect of your mind, especially when the subject of your obsession is negativity.

We have many more of the kind of thoughts that will guide us than we realize. To recognize them we must take an observer position. When a thought comes, we must ask why. Why did this particular thought come now? How does it relate to my life questions? Taking this observer position helps us release our need to control everything. It places us in the flow of evolution.

You should cancel images of fear as soon as they appear. Immediately call up another image, one with a good outcome. This can be done even while you are dreaming. Remember what we taught you about lucid dreaming? Eventually, negative images will almost never happen in your everyday thought or within your dreams. Your psychic intuitions will be about positive things. You will still receive negative thoughts or visions, but very few. But when negative images come after this stage in your growth and development, they should be taken very seriously and not followed. Let us give you an example: If you have a vision or hunch about a wreck in a truck and someone comes along and offers you a ride in a truck, do not accept it.

If you have properly learned to build up your energy and center yourself in your situation, in the questions you have, you will then receive some form of intuitive guidance when you need it. You will discover that when you need guidance, a coincidence will then occur to allow us to move in that direction. You will discover that these coincidences are actually signposts that are sent by the Gods or other spiritual deities that seek to lead you along the correct pathway into the correct future. This is all part of your Wyrd. Each time these coincidences lead us into something new, we grow, we become fuller persons, existing at a higher vibration.

We must assume that every event has significance and contains a message that somehow pertains to our questions. This especially applies to what we call bad things. The challenge is to find the silver lining in every event, no matter how negative.

THE EIGHTH STAGE OF BALDER RISING: THE VRIL BEING—THE HERALD OF THE GODS

Once you have reach this stage in your evolution you will have become a Vril Being. This means you are one with the infinite ocean of Vril energy that fills the multiverse. Your life energy field that surrounds you will be super charged and it will affect everyone who comes into contact with you. Your life energy field will assimilate with those belonging to all who come into contact with you, and their energy field will be colored by your super charge Vril energy. This will have the effect of you sending them some of your energy that will create a connection between you and them. But the affect will be both ways, though the initial sending will be from you to the other person. The energy you send will affect them positively and their reaction will flow back to you. In this way you will have energized them, changing their mental state and affecting them spiritually. They will feel this change and it will be pleasant and positive. Their positive reactions will flow back to you recharging you.

The answers that we seek mysteriously come to us come from other people. Not everyone we come into contact with will have the energy or the clarity to reveal the message they have for you. By consciously projecting your energy into another person will help them see their truth. They can then give this truth to you. We must learn to fine tune this interpersonal communication by treating others in such a way that we increase the number of messages that are exchanged. This stage of Balder Rising concerns using energy in a new way when relating to people in general, but it begins with children.

Just as Children food and drink for growing bodies, they also need energy on a continual basis, unconditionally. No loving parent would starve their children, so we have to make sure that we do not drain their energy. The most likely time when we drain their energy is when we have corrected them. Most parents will lose their tempers and the emotional trauma results warping the child's development. This does not mean that a child should not be punished, but it must be done without losing one's temper and the child must be made to understand why he or she is being punished, or why they did wrong. Energy draining goes on all the time even when we try and teach our children lessons. They are often manipulated, which they then, in turn assimilate and do it to others, especially their own children when they become adults, repeating the cycle of draining their energy. This cycle of energy draining, resulting in learned manipulations can be avoided if the adults give them all the energy they need no matter what the situation.

Try and speak to children in language they can understand. Be honest with them and explain to them why you have to do something, or not do something. When you make children feel inferior or you demean them, you take energy away from them. Children need discipline, but it should be tempered with love and understanding. If children need to be punish, do so, but tell them why they are being punish. When children experience continuous sincere attention, energy will be changed between them and parents in a way that will eventually make the transition from receiving energy from adults to getting it from the universe much easier for them to grasp.

Balder represents the Balder Force, which has been described as the Love Force. This is a all-powerful Love that one receives when one is truly aligned with the Gods. It is self-supporting, creating a state of Balder Risen, in which we become a sovereign individual who can love another person without seeking to possess and dominate. This individual also lacks fear, and knows that everything they will need to survive in Midgard will be given to them, because their Orlog has been cleansed, thus freeing them of their negative obsessions, which will create

road blocks in their Wyrld or future pathways. But there is a danger, and that is falling victim to the Hoder Force, which is ignorance from being blind to one's true heritage—one's true potential.

The Hoder Force will cause one to fall victim to poisoned love. Remember the tale of how Balder is killed by his brother Hoder, who is tricked by Loki (Chaos) into killing Balder with a poisoned dart made from mistletoe? This threat to our evolution into a higher consciousness can happen at any time if we become blinded to the threat. It can happen suddenly, by an addiction to another person. When love first happens, the two people exchange each other's energy unconsciously. The result is a sense of buoyancy or elation from being "in love." This high comes from each person receiving energy from the other unselfishly. Eventually, the high that they feel decreases, but they come to expect this feeling to come from the other person. When they do, they are using the power of their minds to cut off or decrease the flow of Vril energy they normally receive from the multiverse and begin to rely even more on the energy from each other--only now there doesn't seem to be enough.

They begin to feel that their relationship is in danger and will seek to control the other person for fear of losing the love they felt in the beginning of their relationship. They will then stop giving each other energy and try to control each other and force the other's energy their way. At this point the relationship degenerates into the usual power struggle.

Because of the energy competition in families, most of us were unable to complete an important psychological process: integrating our opposite sexual side. We become addicted to someone of the opposite sex in able to access this energy. Remember what we taught you about your Fetch? It can appear as a member of the opposite sex, as well as an animal or geometric image. If you have problems with the opposite sex, your Fetch will be warped and even hostile to you until you have resolved such issues. The good news is that you can ask your Fetch to help you with such problems and it will always do so because your Fetch is a part of you.

In you training you learned that there are two principles: Male-Force and Female-Form. These two principles exist in everything and everywhere. This is especially so for the human Soul. Vril energy that gives life also has these two principles--both male and female. We need to balance these two principles within us, and if they remain out of balance, all sorts of problems will result. We can see this within people who are homosexuals. There is a terrible in balance in these two principles which result in a perversion of our sexuality. Vril energy that is continuously flowing into us is warped and becomes harmful. The majority of homosexuals die before the age of forty five due to health problems resulting in the negative or chaotic charged Vril energy, which blocks the universal supply of life-giving healthy Vril.

People believe that they need a life-partner to be whole. There is a great deal of romantic mythology of meeting one's "soul mate." Only when two people meet their soul mates will they be complete. This is a misconception on the meaning of soul mate. For the problem with this concept with the completed person that is supposed to be the result of meeting one's soul mate is that it has taken two people to make this one whole person. This means the one whole person has two minds, or egos, and they will begin to compete to see which one will be in charge of this whole person they have created. Both partners will always want to be in command the other, as if the other were themselves. This kind of illusion of completeness always breaks down into a

power struggle. In the end, each person must take the other for granted or invalidate them so they can lead this whole self in the direction they want to go.

By aligning ourselves with the Gods, we bring order into our lives and reduce chaos. After we do this we will attract a higher relationship, one that will not pull us from the path of our individual evolution. You can begin by learning to resist “love at first sight.” Learn to have platonic relationships with the opposite sex. There are many people who learn to truly love and respect their partners after the euphoria of the initial love attraction and learn to reveal themselves totally, telling each other how and why they are doing what they are doing.

By learning to discover what is really going on inside these opposite-sexed friends, one's own fantasy projection about that gender, which frees us from the restrictions of our Orlog and better align ourselves with the male/female principles of the multiverse. This is not easy, especially if one must break away from a current co-dependent relationship. We are all co-dependent in some way. Learn to experience that sense of well-being and euphoria in the first moment of a co-dependent relationship when you are alone. You must evolve forward so you can find that special romantic relationship that really fits you. How we approach other people determines how quickly we evolve, how quickly our life questions are answered.

When you have achieved Balder Risen and filled with the Balder Force, your life-energy field is able to harmonize with the life-energy fields of the multiverse and everyone within it. Since we are all made of Vril, your personal supply of Vril will touch and read another's personal supply of Vril. And because you are more highly evolved, you will be able to read other people whom you come into contact with and thus instinctively recognize the messages other people may have for you.

There is always some kind of message for you whenever people cross your paths. Chance encounters do not exist. How we respond to these encounters determines whether we're able to receive the message. If you do not recognize the message when you have a conversation with someone, it does not mean there is no message, it only means you failed to notice it for some reason.

Once we grasp this new reality of being a Vril Being, our interactions will slow down and become more purposeful and deliberate. When you encounter a group of people, it might seem there are too many to engage with individually, but you will know whom among the group will have the most important and meaningful message. How? Simply look for signs: Sudden, spontaneous eye contact is a sign that two people should talk. A sense of recognition, someone who looks familiar, even though you know you've never seen the person before. The Vril energy of you and the other person's life energy field will make contact and draw you together. Review Part Six of your training program, especially Lesson Six regarding your Vril personality.

You must learn to listen and observe the other person, and pick up on what is coloring his life energy field. You will find certain people are “highlighted.” Sometimes for good and some times for bad.

When you come into contact with someone who is negative, you should use what you learned to negate their influence, though you can still learn from them by “reading” them. But

when you make contact with others, you need to appreciate the shape and demeanor of such a person. Really focus on them until their shape and features begin to stand out and have more presence. You will then send them energy, lifting them up. This will have the effect of others accepting you and opening themselves to you. You can gain their confidence and they will not see you as a threat.

You Vril energy will flow into them and, naturally, their Vril energy will flow back into your life energy field. When you give someone more energy than they would have otherwise, their life energy field's frequency will be adjusted and better aligned with your frequency. When you do that, they will have a sense of revelation about what you're saying. This will lead them to see your higher self even more fully and so appreciate it on an even deeper level, which amps up the cycle even more. When two or more people consciously do this, together they can reach incredible highs as they build one another up and have it immediately returned. This happens when you practice Rune chanting and meditation as a group. Most people will proclaim they come away from such encounters "charged."

When you consciously interact in a group, only one person will have the most powerful idea at any one point in time. If they are alert, the others in the group can feel who is about to speak, and then they can consciously focus their energy on this person, helping to bring out their idea with the greatest clarity. Then, as the conversation proceeds, someone else will have the most powerful idea, then someone else. If you concentrate on what is being said, you can feel when it is your turn. The idea will come up into your mind. *The key is to speak up when it is your turn and to project energy when it is someone else's turn.*

Some people get inflated when in a group: they feel the power of an idea and express it, then because the energy feels so good, they keep on talking, long after the energy should have shifted to someone else. Others are pulled back and won't risk expressing an idea, even when they feel the power of it. When this happens, the group fragments and the members don't get the benefit of all the messages. The same thing happens when some members of the group are not accepted by some of the others. When we dislike someone, or feel threatened by someone, we tend to focus on something we dislike about the person. When we do this, instead of seeing the deeper beauty of the person and giving them energy, we take energy away and actually do them harm.

Humans are aging each other at a tremendous rate with these kinds of violent competitions. One reason for this is that we are constantly draining Vril from each other. What if the person we are speaking with is operating in a control drama and trying to pull us into it? If you do not assume the matching drama, the person's own drama will fall apart. You can do this simply by concentrating your eyes on the other person's forehead, where their third eye of Bifrost Gland is located, just slightly above the space between their eyes.

These control dramas are covert strategies to drain off Vril energy from others like psychic parasites or vampires. But covert manipulations for energy will fail if you consciousness block them as we have taught you. They cease to be covert. Like Balder, you will be invincible, but you will succumb to their affects if you let ignorance blind you.

THE NINTH STAGE OF BALDER RISING: THE ASMEGIR–BALDER RISEN!

Everything that you learned so far in this training program was designed to expand your consciousness to your true heritage as children of the Gods. Our Folk has existed in a state of blind ignorance—the Hoder Factor. We have lost knowledge of our true heritage—that we are descendants of a group of people that mystery schools and other esoteric societies through the millenniums. This ancient people are referred to by occult societies and mystery schools throughout the millenniums as the Aryans. They build a great civilization on the principles of Vrilology, but grew corrupt. Their corruption resulted in the destruction of this “Ur Civilization,” and those who survived became refugees, who carried bits and pieces of their science of Vrilology to the four corners of Europe, Asia, the Middle East and the Mediterranean. They are known in history as the Indo-Europeans. Since the destruction of this “Ur Civilization,” has survived in myths about the Gods and legends of lost civilizations such as Atlantis.

In the last one hundred and fifty years more and more people have heard the voice of Odin once more. Knowledge of the lost science of Vrilology, which was preserved in such groups as the Rosicrucians began to spread throughout Europe, especially in Northern Europe during the 19th century. There was a renaissance of runeology and Norse myths, but because of world events resulting in the catastrophic world war of 1914, the advancement of Asatruism was corrupted by political radicalism, and the forces of Chaos were temporarily successful in aborting this renaissance. But in the last fifty years, the voice of Odin grew loud once more and our Folk is once again turning to the All-Father.

Asatru or Odinism is spreading throughout our Folk on all continents. Asatru kindreds are appearing everywhere, but most are made up of people who have no knowledge of the Magical aspect of Odinism. They mostly seek to restore the cultural heritage of their ancestors and concentrate little on the Magic. Some even turn to reconstructionism and seek to return to a simpler era. But there are those groups that concentrate on the Magical aspects of Odinism.

Balder Rising is one such group, and it is dedicated to teaching as many of our Folk how to harness the Life Force of the Gods, that we refer to as Vril, to transform ourselves into a new and divine race in Midgard that we refer to as the Vrilir. In Myths, sagas and Lore they are known as the Asmegir, who dwell in Odainsaker with balder and Nanna. They Myths, Sagas and Lore mention such a realm within the Glittering Planes in the Netherworld, where those who have mastered the Magic of the Gods (a synthesis of Galder and Seither taught by Odin and Freyja that we refer to as Vrilology), and with it transcend death and await a time when they will herald in the Golden Age of Gimli. This new Golden Age of Gimli will exist within each of use who become Vrilir—the new Asmegir. By studying and practicing Vrilology, we will increase the flow of Vril, which is the gift of Odin (Ond) and learn to control it, thereby increasing levels of Vril energy

As our Vril energy level increases, the level of vibration in the atoms of our bodies increases. We will get lighter, more purely spiritual as we evolve into the Vrilir. The Vrilir will become the teachers and new priestly order for the growing number of Asatru groups and kindreds appearing throughout the Western World. They will help them grow into new Folk communities aligned with the Gods.

As more and more Folk communities practice Vrilology, they too will be transformed. Whole communities will eventually reach a certain level, and then become “invisible” to those

who are still vibrating at a lower level. It will appear to the people on this lower level that the others just disappeared, but the group themselves will feel as though they are still right here-- only they will feel lighter. They will exist on the same level of higher consciousness as the Light Elves. Those among our Folk who can see and communicate with the Light Elves know that such a level of reality does exist in Midgard. Remember what you learned about lower and higher realities in your training? That the divine races exist on a plane of reality where the frequency of vibration of the Life Force is higher than that of Midgard? When our Folk begin to raise their vibrations to a level of higher reality, others will not be able to see them unless they are permitted to. This stage of spiritual evolution will signal that we are crossing the bridge between this mundane existence in Midgard and the higher realms of the divine races known as the Aesir, the Vanir and the Lanvittir.

This conscious crossing over is the path to Odainsaker mentioned in the Lore. It is the realm where Balder and Nanna live and are waiting to be called forth so they can establish the Golden Age of Gimli. At some point, millions of our Folk will vibrate highly enough so that we can join Balder and Nanna, in our same form. For their realm, that of Odainsaker is not for the dead, but the living who, have evolved.

As we evolve a new civilization will be established where the technological means of survival will be fully powered by Vril energy, a source of Nature friendly source of power that does not destroy the natural environment of Midgard as fossil fuels do. The new race of the Vrilir focus instead on synchronistic growth. Such growth will move humans into higher energy states, ultimately transforming our bodies into spiritual form and uniting this dimension of existence with those of the three divine races: Asgard, Vanaheim and Ljossalfheim.