



*We  
Exist  
to  
Assist.*

## CONTACT US



972-345-3979



ElementsHelpingHands@gmail.com

Our Mission

Our Direction

Our Services

Learn More







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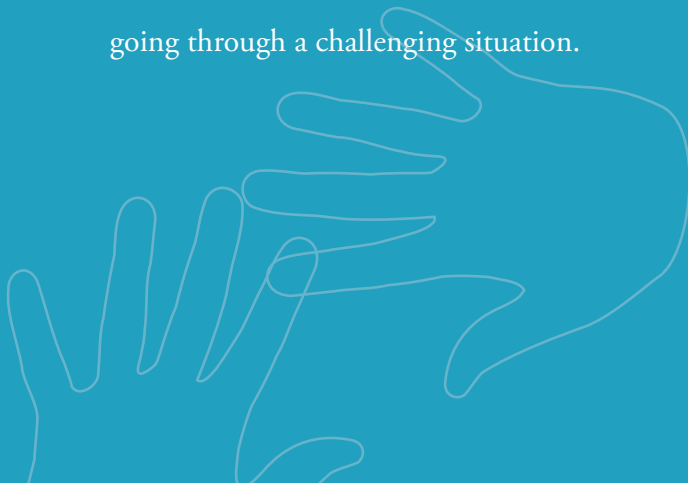
Our Services

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# *Our* Mission

We exist to assist and bring cheer.

Our purpose is to help improve the life of  
any resident in Elements who's suffering or  
going through a challenging situation.





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## *Our* Direction

Formed in 2020 when an increasing need for assistance was met with the willingness of many in our community to lend a hand, Helping Hands' all-volunteer organization is now expanding to better reach the needs of our growing community. Our services are designed to enhance the quality of life of our residents.







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# *Our* Services

While residents are going through a challenging time we offer a wide array of services. If you questions about any of the Helping Hands services listed, call or email for additional information.

- Basic Handyman Services
- Buddy Program
- Cards & Goodies
- Caregivers Me Time Program
- Caregivers' Support Group
- Grief Support Group
- Health Issue Support Group
- Meals
- Medical Equipment Lending
- Transportation to Appointments
- Visitation
- Welcome Ambassadors

