



# CLASS SCHEDULE

\*\*\*EFFECTIVE JUNE 1ST, 2026\*\*\*

\*Schedule subject to change\*

5760 BERKSHIRE VALLEY RD  
 OAK RIDGE, NJ 07438  
 TEL. (973) 545-2787  
 EMAIL: KPTKD25@GMAIL.COM

**SPARRING EQUIPMENT IS REQUIRED  
 FOR  
 BEGINNER SPARRING CLASS & COMPETITION TEAM CLASS**



Facebook.com/KPTaekwondo



KPTaekwondo



WWW.KPTAEKWONDO.COM

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	LIL' TIGERS AGES 3-4 4:30 - 4:50 PM		LIL' TIGERS AGES 3-4 4:30 - 4:50 PM		BIG DRAGONS AGES 5-7 10:00 - 10:30 AM	PRIVATE LESSONS
BIG DRAGONS AGES 5-7 5:00 - 5:30 PM	BIG DRAGONS AGES 5-7 5:00 - 5:30 PM	BIG DRAGONS AGES 5-7 5:00 - 5:30 PM	BIG DRAGONS AGES 5-7 5:00 - 5:30 PM	BIG DRAGONS AGES 5-7 5:00 - 5:30 PM	WARRIORS 1 & 2 AGES 8-12 ALL BELTS 10:30 - 11:10 AM	
WARRIORS 1 AGES 8-12 WHITE TO GREEN 5:30 - 6:10 PM	WARRIORS 1 & 2 AGES 8-12 ALL BELTS 5:30 - 6:10 PM	WARRIORS 1 AGES 8-12 WHITE TO GREEN 5:30 - 6:10 PM	AGES 8-12 ORANGE & UP BEGINNER SPARRING 5:30 - 6:10 PM	WARRIORS 1 & 2 AGES 8-12 ALL BELTS 5:30 - 6:10 PM	TEENS & ADULTS ALL BELTS 11:10 AM - 12:00 PM	
WARRIORS 2 AGES 8-12 BLUE & UP 6:10 - 6:50 PM	AGES 10 & UP COMPETITION TEAM 6:10 - 7:10 PM	WARRIORS 2 AGES 8-12 BLUE & UP 6:10 - 6:50 PM	AGES 10 & UP COMPETITION TEAM 6:10 - 7:10 PM	BLACK BELT CLUB DEMO TEAM 6:10 - 7:10 PM	BIRTHDAY PARTY	
TEENS & ADULTS ALL BELTS 6:50 - 7:40 PM	*LEADERSHIP CLUB* STAFF TRAINING 7:10 - 8:10 PM	TEENS & ADULTS ALL BELTS 6:50 - 7:40 PM	TEENS & ADULTS ALL BELTS 7:10 - 8:00 PM	AGES 10 & UP COMPETITION TEAM 7:10 - 9:00 PM		

AGES 3 - 4



AGES 5 & UP

