



Telepathy Plus Something Else

By Elly Flippen

In the “Wind-Up” section of my book, I explore Ingo’s thoughts on telepathy from his own book **Penetration**. He suggests that telepathy requires an additional element to even the playing field with “the others” in our midst. In his analogy, this missing piece is similar to the practice of Qigong. It involves tapping into a vast realm of energy beyond our physical bodies; something that requires dedication and discipline, according to Ingo. This mystical life-force, known as “Qi,” must be nurtured and balanced in order for its full potential to be unlocked. Fans of the science fiction series **Star Wars** may recognize it by the term “The Force.”

However, the science fiction concept of a force, an energy field that connects all living beings, a spiritual energy enabling extraordinary abilities and equally wielded by both light and dark sides, known to those of Eastern beliefs for eons, entered our Western consciousness during the mid-19th century. During the mid-1860s, a fascinating man by the name of Louis Jacolliot emerged onto the scene. A French writer, barrister, colonial judge, and lecturer, he also served as the French Consul in Calcutta during the Second Empire. With a quest to uncover the origins of Western occultism in India, Jacolliot wrote a book titled **Occult Science in India and Among the Ancients with an Account of Their Mystic Initiations, and the History of Spiritism**. In the book, he mentions a Sanskrit text called **Agrouchada-Parikchai**, which seems to be a creation of Jacolliot’s own imagination, with elements borrowed from ancient sacred Hindu texts e.g., the **Upanishads** and the **Dharmashastras**, and even **Freemasonry**. This ignited his widespread interest in the subject, evident from his extensive written works. In these vast explorations, he expands on the idea of tapping into a potent energy called “vril,” which he said held the secret to unlocking our true capabilities and divine nature. Those who possessed mastery over it would have control over themselves, those in their vicinity, and possibly even the entire world.

Not long after, a novel titled **The Coming Race** written by Edward Bulwer-Lytton, also known as The Lord Lytton, was published. Narrated from the perspective of a wealthy traveler, this science fiction novel follows the narrator’s journey to visit a friend who is a mining engineer. During the visit, the friend reveals a newly discovered chasm that was found during an exploration mission. The narrator safely reaches the bottom, but his friend is killed when the rope breaks. He discovers a subterranean world inhabited by angel-like beings with telepathic and Psi abilities. These beings, called Vril-ya, are descendants of the Ana civilization that sought refuge underground after a flood. Through challenges, they gained immense power harnessed through “Vril” fluid. They have achieved utopia through advanced technology and hereditary mastery of Vril, which allows them to heal, alter, or destroy at will – even young children can destroy entire cities.

Upon the book’s release, it was referred to as a satire, a glimpse into a dark future, one of Lytton’s occult novels, and a tale surrounding electricity. As I reflect on this account, it becomes clear to me that it is a story of incredibly advanced beings with godlike abilities, residing deep underground. Their existence and powers surpass anything imaginable to us mere mortals, yet they remain hidden from our society above ground. I find it is just like the many tales woven throughout different cultures and myths I share in my book.

Regardless of how it may have been perceived or any skepticism surrounding it, there exists evidence that this book had a significant influence on the alternative realm of occult practices during its time. It challenged beliefs about the existence of a spiritual world operating alongside our own and introduced the concept of beings from this world having supernatural abilities beyond human comprehension. But further, and more ominously, as noted by authors Louis Pauwels and Jacques Bergier in their book **The Morning of the Magicians**, Bulwer-Lytton's writings were said to have inspired a group known as "Lightworkers," who were aligned with the Golden Dawn. This mysterious group was also referred to as The Luminous Lodge or The Vril Society, rumored to be the twisted core of the Thule Society and possibly even linked to Adolph Hitler himself. (I touch upon the Golden Dawn and the Thule Society in my book.) The Lodge, it seems, then felt it was imperative to seek out these beings – see the "Ah, Yes!" chapter for more on this.

Although **The Morning of the Magicians** is only briefly mentioned in my book, I believe its significance cannot be overstated. I found this pivotal tome illuminates the intricate web of occult and secret societies, their interconnectedness and flourishing influence during the rise of Spiritualism in the Western world.

For Bulwer-Lytton himself, some claimed him to be a master of imagination, his fascination with the occult allowing him to serve as an initial contributor to the blossoming genre of science fiction. Others believed he was one of the earliest followers of German Rosicrucianism and possibly even an initiate of high standing among the Freemasons.

Irrespective, I find as Ingo himself wrote in countless places, our eyes in the West should be focused on the East. And hence I could see why he believed Qigong was the perfect analogy. However, in doing so, we must recognize, he wrote, that for the last century, Western culture has been influenced by various "New-Age" Eastern cultural elements from India, Tibet, China, and Japan. However, this absorption is based on a mistaken belief that these elements embody higher forms of spirituality. This is a significant error and a false notion that has clouded many minds.

In reality, he continued, these Eastern elements are actually systems of psychic philosophy that involve managing the body (through different Yogas), integrating the mind and body (using various techniques), controlling the mind (through meditation), and exploring psychic abilities (by activating and enhancing one's will). These systems do not align with the Western concept of spirituality, he pointed out. This is why I included his chapter "Investigating the Psychic Ruin" from his book **Resurrecting the Mysterious** in my own.