

# All-Star Packet



## 2020 - 2021

"small gym BIG DREAMS"



## Welcome to the DC Family!

We will be celebrating our 12<sup>th</sup> year together during the 2020-2021 All-Star season. The Dynamic Cheer All Star program offers a well-rounded and supportive environment. We hope that our cheerleaders consider the gym their second home, where they are nurtured and encouraged to compete at their highest ability. Through discipline of practice and positive role models we expect our athletes to set high goals of purpose. Our staff and coaches create a fun and supportive learning environment to meet these goals.

At DC we believe:

- Teams compete better when all team members are respectful and responsible
- Teams need coaches who support and lead them through positive practices
- Teams are not individuals but a family unit that support and encourage each member to reach their fullest potential
- Cheerleading at DC teaches not only skills but life lessons



## **Evaluation Information**

**Evaluation:** Tryouts will be held on **April 25th, 2020**. During workshop (Monday - Thursday) we will have a relaxed environment to practice tumbling, jumps, motions, stunting, and dance according to the athlete's age. Evaluation day (Saturday) students will arrive at designated age times and be evaluated individually. Athletes will be asked to perform standing tumbling, running tumbling, jumps, and dance (taught at workshop). Evaluation results will be posted online on Instagram and Facebook.

Athletes' Level	Tryout Workshop	Tryout Evaluation
Levels 1 & 2	Mon (4/13) & Wed (4/15) 6:00 PM– 8:00PM Mon (4/20) & Wed (4/22) 6:00PM- 8:00PM	Saturday, April 25th 8:30 AM – 11:00 AM Warm UP and Tryouts
Levels 3 & up and 14 & up	Tue (4/14) & Thurs (4/16) 6:00PM to 8:00PM Tue (4/21) & Thurs (4/23) 6:00PM to 8:00PM	Saturday, April 25 <sup>th</sup> 11:30 AM to 2:00 PM Warm up and Tryouts

\*\*\*\*\*NO TRYOUTS REQUIRED FOR DC SHOW TEAM\*\*\*\*\*

**Items Needed For Evaluation:** Athletes must have the following paperwork and payments turned in to the DC office to be evaluated; all forms can be found at end of this packet

- 1.) 2020 DC registration form (annual registration fee will be due with All-Star deposit at parent meeting)
- 2.) Tryout fee of \$30.00 for everyone trying out.
- 3.) Credit Card Payment Authorization and Expense Payment Plan Agreement Form
- 5.) **\*If you cannot make the designated time, please contact the DC office to make arrangements.**

[www.dc-cheer.com](http://www.dc-cheer.com) \* 281-354-2478\* [office@dc-cheer.com](mailto:office@dc-cheer.com)

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## All-Star Cheerleading Breakdown

Competitive cheerleading has become one of the most exciting and fun team sports to watch. While it has evolved into a physically, mentally, and emotionally demanding sport, a governing body, United States All-Star Federation (USASF) has broken these competitions into age groups and skill levels. This will promote proper progressions and will result in minimum risks taken by coaches and athletes. These groups are:

Show	5 yrs and younger	as of August 31 2020
Mini	TBA Years of age	TBA
Youth	TBA years of age	TBA
Junior	TBA years of Age	TBA
Senior	TBA years of age	TBA

All-Star cheerleading judges look at jumps, tumbling, stunting, motion technique, dancing, performance, and choreography when scoring a team's routine. Athletes will be placed on work-out groups based on the above mentioned as well as age and maturity. AGE GROUP SUBJECT TO CHANGE. Tumbling and jumping skills will be evaluated during tryouts. DC will do what's best for the program to be successful, as well as give all athletes a positive experience. If a skill level doesn't have enough to make a team, other options will be offered to the athlete whose level is not available.

**GOOD LUCK TO ALL THE ATHLETES!**



## **All-Star Practice & Monthly Tuition Fees**

**Show Team:** This age group will have practice twice a week for one hour, it will include one team practice and one tumbling class. Monthly tuition is \$110, which ***includes*** your tumbling class.

**Mini/Youth / Junior / Senior:** These age groups will have a two hour squad practice twice per week, and a ***one hour tumbling class once per week***. This is a total of five hours of actual gym time per week. Monthly tuition is \$165, which includes your tumbling class.

\* Extra tumbling, jumps, or stunt classes are offered but is not mandatory. These classes are \$40/month.

\*\*Attendance at practice and tumbling is an important part of a successful team. In some cases, it is necessary to miss practice due to events that are not in your control. Therefore, a list of excused and unexcused absences will be given out at the first parent meeting. Excessive absences can result in an athlete's removal from the team, excused or unexcused.



## Tumbling Skills Breakdown

### **Level 1:**

STANDING: Backbend Kickover

RUNNING: Cartwheel, Round-off, Walkovers

### **Level 2:**

STANDING: Back handspring, T-Jump BHS, BHS Step Out, Back Walkover BHS , Cartwheel BHS

RUNNING: Round-off handspring series

### **Level 3:**

STANDING: Back handspring series, Toe Touch Back handspring

RUNNING: Round-off Handspring Tuck, Round-off Tucks Punch Fronts

### **Level 4:**

STANDING: Back Tuck, Back handspring tuck, T-Jump Back tuck

RUNNING: Round-off Handspring Layout, Punch Front Step Out, Whips

### **Level 5:**

STANDING: Toe Touch Back Tuck, Standing Fulls

RUNNING: Round –off Handspring Fulls, Specialty Pass

**\*Skills breakdown is designed to help you understand how the placement on the team works. It is not mandatory for an athlete to have all the skills in a certain level to be on the team. However, in order to remain competitive at competitions, each member should be able to execute 75% of the skills for that team. Team Placement will also take into consideration jumps, stunting ability, and dancing technique. TEAMS ARE NOT SIMPLY PUT TOGETHER BASED ON TUMBLING ALONE. Once teams are announced the first time it is simply your WORKOUT GROUP, FINAL team placements will be made on July 1, 2020**





## Competitions & Hotels

**Competitions:** DC will attend both regional and national competitions for a minimum of 6 competitions and maximum of 10 competitions. The competition season is typically November through April. Competition companies usually get their schedule out for the next season by June. This season we will be putting more competitions than we actually are going to in order to be able to make changes based on what the needs are of the individual teams. Some national competitions require a 1- or 2-night hotel stay, which we will discuss below. Many competitions last ALL day so please try and keep these days totally free. Staying for awards will be MANDATORY. Competitions will consist of companies such as Cheer Power, NCA, Cheer America, and others. Show Teams will attend 4 competitions.

**Hotels:** Once competition schedule is finalized, DC will select a host hotel and reserve a “block” of rooms from which you would reserve your personal rooms. DC will not require athletes to stay in the same hotel; this “block” is to make reservations easier for the parents. Hotel costs are set by the Competition Company and hotels. Room sharing is encouraged to save! Competition schedules ARE NEVER given to Dynamic Cheer before the Wednesday before the competition.



## **DC Important Dates 2020 - 2021**

### **Days DC Will Be Closed**

May 25<sup>th</sup>, 2020 – Memorial Day

July 3rd – July 11th, 2020 – Independence Day / Summer Break

November 22nd – November 28<sup>th</sup> – Thanksgiving

December 21st, 2020– January 3rd, 2021 Christmas Break

March 15th – 21st, 2021– Spring Break

April 2nd, 2021 Good Friday

### **Parent Meetings**

April 28th, 2020 @ 6:00 PM – Meet & Greet, All Stars Overview

### **Choreography & Camp**

June & July 2020 dates TBD

### **Other Important Dates**

Show Offs & Pictures October 2020

April 2021 – DC End of Year Banquet





Division	Hours Per Week	Tumbling Class Per Week	Tuition Per Month
Show Team	1 Hours	1 Hour	\$110.00
Mini	4 Hours	1 Hour	\$165.00
Youth/Junior/Senior	4 Hours	1 Hour	\$165.00
<p><b>*All monthly tuition fees INCLUDE (1) All-Star tumbling class per week, in addition to class hours.</b>  Allstars MUST attend their tumbling class at Dynamic Cheer at least once a week.</p>			

#### Additional Expense Chart – Competitive Teams:

All-Star Athlete: (5-18 Year Olds)	Show Team Athletes (3-5 Year Olds)
Competition Fees + USASF Membership	Competition Fees + USASF Membership
Choreography & Music	Choreography & Music
Practice Wear	Practice Wear
Make-Up & Bow	Make-Up & Bow
Program T-Shirt	Program T-Shirt
Cheer Backpack with Logo	Competition Uniform
New Competition Uniform w/ Bling	All-Star Tumbling Class
Personalized Jersey	
Competition Shoes	
All-Star Tumbling Class (May-April)	
<i>Total Cost - \$2500</i>	<i>Total Cost - \$675</i>

The total of these expenses can be paid through our DC Expense Payment Plan as described later in this packet, in addition to monthly tuition.

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## **DC Payment Agreement Options**

**Option #1:** This option allows the parent to fulfill the financial obligation in full and receive a 10% discount. This discount does not apply to monthly tuition. Tuition fees will continue to be drafted monthly. \_\_\_\_\_ Initial

**Option #2:** This option is designed for those who desire to make monthly payments. With this option an initial payment of \$300.00 which includes your annual registration fee is made at the parent meeting in April, followed by consecutive monthly payments of \$225 on the 15<sup>th</sup>. Your last payment will be \$175.00 Payment schedule length will be determined by total financial obligation selected. This payment is in addition to your monthly tuition, but it will be drafted on separate days. Tuition is drafted on the 1st of each month and the installment payment taken out on the 15<sup>th</sup> of the month. The above price breakdown is for competitive teams. \_\_\_\_\_ Initial

**I agree to the initialed payment option for all expenses above and beyond normal monthly tuition costs. I understand failure to follow the agreement can result in removal from the DC All-Star Cheer Program. There are NO refunds for any reason (removal from the DC All-Star Cheer Program, quitting, injury, or being removed due to behavior from athlete or parent. etc) or items returned. By signing I also agree to the DC Policies & Gym Rules located at [www.dc-cheer.com](http://www.dc-cheer.com). If you fall 30 days behind in your payment agreement, your athlete will be forced to sit out at practice, once 45 days nonpayment occurs your athlete will be removed from the team.**

**Athlete's Name:** \_\_\_\_\_

**Parents Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_



### **Dynamic Cheer Class Attire**

- All cheer and tumblers are required to wear t-shirts or sports bra and shorts All Star Cheer is required to wear DC approved practice wear • No jewelry
- No shorts with belt loops, zippers, or buckles. Long hair shall be placed in a pony tail.

### **Dynamic Cheer Make-Up Classes & Class Changes**

- Dynamic Cheer offers make-up classes for any class missed
- Class tuition is **NOT** prorated due to absences/holidays
- All make-up classes are offered by reservation only due to class ratios
- All make-up classes must be completed within 30 days of the missed class
- Any class changes must be requested at the office and will be based on availability

### **Dynamic Cheer Material, Logo, & Property Rights**

- Dynamic Cheer owns the rights to all program material (cheers, choreography, music, logos etc.). All program material may not be reproduced or taught in any manner without prior written permission from Dynamic Cheer, LLC.
- Dynamic Cheer has the rights to use any picture and/or video of the student taken at DC for use on the DC website or marketing material

### **Dynamic Cheer Tuition**

- Dynamic Cheer monthly tuition is listed under each class that is offered
- Dynamic Cheer offers a \$10 discount for siblings on the same account. Discount is applied to EACH additional sibling class AFTER registering for the first class/team. Discount does not apply to additional All-Star Tumbling, Jump, or Flyer classes that are added at the \$40 rate.
- Dynamic Cheer will use auto-pay program that pays your tuition on the 1st of each month via credit card, **prepaid tuition is not discounted and will only receive a refund in the form of gym credit.**



## **DC Policies & Gym Rules (Continued)**

### **Dynamic Cheer Athlete & Parent Code of Conduct**

- I understand this is an eleven (11) month commitment that I will honor
- I will not participate in any gossip or negative communication regarding DC (VENTING TO OTHER PARENTS IS NOT ALLOWED) If there is a problem you will be required to speak with the owner or a coach. NO EXCEPTION
- I will not use any inappropriate language
- I will show good sportsmanship and act like the athlete I am
- I understand that the Coaches or Owners at DC have the right to suspend any athlete or parent if needed
- I understand that if I am removed from the program for actions detrimental to the team, I will not be entitled a refund of any kind
- I understand that I cannot solicit business or sale products (individual or group sales) without prior authorization.
- I understand that I cannot contact any officials and/or competition companies. All question or concerns should be placed directly with DC

**Dynamic Cheer** - Reserves the right to change and/or modify these policies and rules at anytime. DC also reserves the right to terminate any student and/or student's parent from our program for any misconduct detrimental to our gym.

**Dynamic Cheer Decency Clause:** No athlete nor parent will engage in any derogatory statements remarks or conversations pertaining to another athlete, coach, owner or parent. This is cause for immediate dismissal without warning. There will be zero tolerance for any such behavior.

**Signature** \_\_\_\_\_



## ATHLETE REGISTRATION FORM

How did you hear about us? \_\_\_\_\_ Referral: \_\_\_\_\_

Family Name: \_\_\_\_\_

### Contact #1

First Name: _____	Last Name: _____
Home# _____	Relationship: _____
Cell# _____	Email: _____
Work# _____	Employer: _____

### Contact #2

First Name: _____	Last Name: _____
Home# _____	Relationship: _____
Cell# _____	Email: _____
Work# _____	Employer: _____

Emergency Contact: \_\_\_\_\_  
Insurance Carrier: \_\_\_\_\_

### Student #1

First Name: _____	Last Name: _____
Gender: _____	DOB: _____
School: _____	Grade: _____
Disabilities: _____	T-Shirt Size: _____
Allergies: _____	USASF# _____
Medication: _____	
Doctor: _____	

### Student #2

First Name: _____	Last Name: _____
Gender: _____	DOB: _____
School: _____	Grade: _____
Disabilities: _____	T-Shirt Size: _____
Allergies: _____	USASF# _____
Medication: _____	
Doctor: _____	

**SEE REVERSE SIDE**





### **Medical Release and Dynamic Cheer, LLC Policy Acknowledgment**

#### **Medical Release**

I, the parent or legal guardian of the above named student(s) hereafter referred to as "student", do hereby permit the student to participate in gymnastics, tumbling, cheerleading or any other physical activities while a student at Dynamic Cheer, LLC. Hereafter referred to as "DC". By granting permission for student to participate in programs at DC, I assume full responsibility for student's personal safety and release DC, its supervisors and employees from any and all liabilities that may arise due to any injury including death to student by reason of student's participation in any activity at DC or in which DC is participating elsewhere. I understand there is personal risk involved in any activity that involves motion, height or rotation and that these activities can result in serious injury, disability or death. I declare the student has been seen by a physician and is cleared to participate in physical activities such as gymnastics, cheerleading, and tumbling.

\_\_\_\_\_ **Initial**

I understand the first and last month's tuition will be required to be paid in full when registering for activities at DC. I understand that I must give 30 day written notice in advance of dropping any class/activity at DC. Furthermore, I understand that if I do not provide DC at least 30 days written notice before dropping a class/activity at DC, my last month's tuition deposit will be forfeited. I understand tuition is not prorated due to absences or holidays. Make-up classes are available. Make-up classes are by reservation and student must be currently enrolled in the program. I understand all monthly tuitions at DC are due the 15th day of each month. I understand it is my responsibility to make sure DC receives my full monthly tuition including any unpaid balance on my account on or before the 25th day of the month. I understand I will be charged a \$25.00 late fee if my account is not paid by the 25th day of the month. If tuition is not paid by the 25th, I understand DC will charge my credit card on file for monthly tuition plus late fees. If the credit card on file is declined, I understand the student may be withheld from participating in activities at DC. I understand I must pay an annual registration fee of \$50.00 for the first student and \$30 for each additional student, to enroll in any activities at DC. I understand that student is to wear proper attire. I understand any payment on my account returned unpaid for any reason will incur a \$25.00 bank fee and a \$20.00 late fee. I understand DC does not refund tuition for ANY REASON. I give DC permission to use any picture or video of the student taken at DC on their website or marketing material. DC reserves the right to change/alter/modify this form where deems fit.

\_\_\_\_\_ **Initial**

I have read, understand and execute this release and acknowledgment.

Print Name: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_



### DC All-Star Credit Card Authorization Form

I, \_\_\_\_\_, hereby authorize Dynamic Cheer, LLC, to charge my credit card each month for monthly tuition, all-star fees, and tuition payment is late fee when applicable. All paid invoices will be emailed to the parent or legal guardian by request.

Name as it Appears on your Credit Card: \_\_\_\_\_

Monthly Tuition: \_\_\_\_\_

Card Type: VISA / MASTERCARD / DISCOVER

Credit Card Number: \_\_\_\_\_

Expiration Date: \_\_\_\_/\_\_\_\_ Security Code: \_\_\_\_\_ Bank Issued: \_\_\_\_\_ Credit Card

Billing Address:

Street: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Telephone: (        ) \_\_\_\_\_ - \_\_\_\_\_

Cell Phone: (        ) \_\_\_\_\_ - \_\_\_\_\_

Email: \_\_\_\_\_

Cardholder's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**As the credit card holder, I also authorize Dynamic Cheer, LLC, to charge my credit card each month for monthly tuition, allstar fees, and late fees when applicable. To cancel, please provide written notice thirty (30) days prior. All information entered on this form is strictly confidential, and kept in a secure location.**