INTERVIEW PREP

My Work Story

PART I

Your resume got you the interview, now your interview will get you the job. Many interviewers use behavioral interviewing questions. This means that they will ask you a question where they want to hear a Specific (S) situation (problem, project, challenge), what Action (A) you took, and the Result (R) that was achieved. You may not know what the interviewer will specifically ask, but you can be prepared by knowing your work story.

Use this guide to develop your work story that can help you answer the toughest interview questions.

List all jobs you have held
List every job, volunteer or team experience you held. (yes, even that ice cream scooping job you had as a teenager).

PART II

Now for each position you held, think back to at least two achievements you had per role. Using the Behavioral Interviewing Method, you will identify the Specific **(S)** situation, the Action **(A)** you took and the Result **(R)** achieved.

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FIND OUT

Are you doing work you don't like, feeling bored, or feeling undervalued for the work you do?

Are you feeling stuck in one job and unsure how to make a pivot that will bring challenges and excitement back into your work?

Are you seeking new employment, but searching through all the online job postings seems overwhelming, and the application process is so time-consuming?

Send me an email or visit my website to book a complimentary 30-minute career strategy consultation and learn how a Career Design Plan will put you in control of your career decisions.

Wake up every day feeling excited and in complete control of your career and your life because you designed it.



CAREER COACH



HR CONSULTANT

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