



# Christopher Ray Coleman

SPEAKER - COACH - AUTHOR



(251) - 289 - 0383



[www.ChristopherRayColeman.com](http://www.ChristopherRayColeman.com)



[info@christopherraycoleman.com](mailto:info@christopherraycoleman.com)



[linkedin.com/in/christopherraycoleman](https://linkedin.com/in/christopherraycoleman)

## BIOGRAPHY

Christopher Ray Coleman is a Keynote Speaker, Performance Strategist, and Author. He's the Founder & CVO of Triggered 2 Triumph, a brand that helps student-athletes transition to play the infinite game of life. He has over 10 years of business experience, over 20 years of coaching/consulting experience, and over 30 years of peak performance experience. And after experiencing an adverse-filled Life After Sports transition, he aims to help SAs reject burnout and choose flow.

Chris has taken all of his knowledge, experience, and wisdom and placed them in the book "Triggered 2 Triumph: A Student-Athlete's Playbook To Winning Before, During, & After The Game".



## KEY TALKS

- Triggered 2 Triumph
- 2 Infinity & Beyond
- Grow With The Flow

## TOPICS

- Life After Sports Transitions
- Peak Performance/Productivity
- Sales/Marketing
- Prospecting/Recruiting
- Personal Branding
- Purposeful Goal Setting
- Empathy/Soft Skills
- Team Culture
- Leadership Development
- Entrepreneurship

## PAST TALKS



The Collegiate Entrepreneurs' Organization  
AT UNIVERSITY OF SOUTH ALABAMA



## TESTIMONIAL

"Chris is the kind of speaker whose rawness and authenticity can make you laugh and contemplate your life decisions. His presence and delivery are unapologetically REAL."

-Maria Lloyd, Entrepreneur & Author of  
"Words Are Wealth"