

C.A.N. Survey© Clinical Animal Nutrition for Cats

A System Approach to Identifying Vitamin and Mineral Imbalances and Organ Distress
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PATIENT _____ AGE _____ Weight _____ OWNER _____ DATE _____

*Put a number in the box in front of the symptom **only that applies** to your dog. 1 = mild or not often,
 2 = moderate or with some frequency, 3 = severe, a lot, or all the time. LEAVE BLANK if it does not apply.*

GROUP ONE - SYMPATHETIC			
	Dry mouth, eyes, nose		Vomits with excitement
	Keyed up, unable to relax		Tends toward aggression or anxiety
	Fur loss on tail, legs, tummy		Hides a lot
	Excessive grooming		Prowls day and night
			Skin sores, lesions
			Vomits, nervous stomach
			Sheds a lot, especially when excited
			Obsessive compulsive behavior
		SCORE GROUP ONE: Number marked =	Number divided by 36 = %

GROUP TWO - PARASYMPATHETIC			
	Joint stiffness with rising		Subject to infections
	Always seems hungry		Eyes or nose watery
	Lazy, Slow starter, slow mover		Overweight
			Poor circulation, sensitive to cold
			Constipation, diarrhea, alternating
			Sleeps more than used to
		SCORE GROUP TWO: Number marked =	Number divided by 27 = %

GROUP THREE – CARBOHYDRATE METABOLISM, SUGAR HANDLING			
	Trembles, episodes of weakness		Large amount of urine in box
	Seizures		Hungry often, eats fast
	Disoriented at times		Change in appearance of eyes
	Difficulty walking straight		Weight loss
	Wheat, corn, rice, barley, oats in diet		Walks low in rear
			Belly distended but thin along back
			Behavior changes
			Drinks a lot of water, sits at bowl
			Overweight
			Body sagging in middle
		SCORE GROUP THREE: Number marked =	Number divided by 45 = %

GROUP FOUR - CIRCULATION			
	Exercise intolerance, lethargy		Coughing
	Significant loss of muscle mass		Seems disoriented at times
	Short rapid breathing, open mouth		Vomiting
	Weight loss		Enlarged heart
			Weak in rear legs
			Difficulty breathing. Wheezing
			Cold rear legs
			Poor appetite
		SCORE GROUP FOUR: Number marked =	Number divided by 36 = %

GROUP FIVE – HEPATIC, GALL BLADDER			
	On meds over long time		Subject to allergies
	Stool watery or diarrhea		Seizures, tremors
	Appears bloated		Change in appetite
	Obese		Food sensitivities
	Recent or rapid weight loss		Anal Sac problems, Scooting
	Sporadic vomit/diarrhea		Recent stressful event
	Lethargic		Green / dark stool
			Stands with back arched
			Elevated cholesterol, triglycerides
			Elevated liver enzymes, lipase
			Ocular discharge
			Rubs at ears or face
			Increased salivation
			Restless
		SCORE GROUP FIVE: Number marked =	Number divided by 63 = %

GROUP SIX - DIGESTION			
	Picky eater or episodes or anorexia		History of pancreatitis
	Halitosis		Recurrent diarrhea
	Subject to allergies		Sores in mouth or on lips
	Sensitive stomach		Vomits fur balls
			Intermittent vomiting
			Excessive or chronic eye drainage
			Poor coat, sheds a lot
			Recent intestinal parasites
		SCORE GROUP SIX: Number marked =	Number divided by 36 = %

GROUP SEVEN – A – Endocrine			
More than 10 years old		Stiff gait Oily, greasy coat	Drinking a lot, increased urination
Weight loss		Nervous	Fast heart rate or pounding chest
Warts		Aggressiveness	Back/neck problems
Dry, scaly skin		Spastic movements, restless	Up all night, can't sleep
Hungry all the time		Diarrhea or vomiting	Looks for cool places to rest
		SCORE GROUP SEVEN A: Number marked =	Number divided by 45 = %

GROUP EIGHT – Musculoskeletal (Calcium / Magnesium Metabolism)			
Senior cat		Difficulty getting up and down	Losing muscle tone in legs or back
History of any joint surgery		Arthritic, degenerative joint disease	Stopped or reduced jumping
Back or disc problems		Back problems, stiffness	Walks low to the ground
Weak joints, poor muscles		Dental tartar or cavity	Difficulty getting into litter box
		SCORE GROUP EIGHT: Number marked =	Number divided by 36 = %

GROUP NINE			
Abnormal or frequent urination		History of bladder stones, crystals	Drinking more water
History of bladder infections		Licking at penis or vulva	Urinate outside litter box
Reduced renal function		Cries when urinating	In and out of litter box
High blood calcium or phosphorus		Can't get comfortable	Diet mostly dry food
		SCORE GROUP NINE: Number marked =	Number divided by 36 = %

GROUP TEN – Immune			
Sheds, poor fur quality, dandruff		Runny eyes	Frequent infections
Red bumps to skin		Recurrent sneezing	Dental infection
Scabs, sores, crusts to skin or mouth		Ear infections, lesions	Has had cancer
Frequently on antibiotics		Has FELV, FIV, AIDS, or Toxoplasmosis	Experienced a vaccine reaction
Gets infections easily		Is over 12 years old	Lives with 4 or more cats
		SCORE GROUP TEN: Number marked =	Number divided by 45 = %

GROUP ELEVEN – Pain			
Lameness, abnormal gait		Recent surgery, dental infection	Weeping, red, cloudy or squinting eyes
Withdrawn, hiding		Flicking tail	Shifting weight off area of body
Reluctant to move		Change in mood, grumpy	Licking excessively an area of the body
Dislike or intolerance of handling		Hunched back or sway back	Temperamental, growl at others
Overall activity less than normal		Groaning, moaning, grunting	Change in toileting habits
Looks depressed		Change in appetite & type of food willing to eat	
		SCORE GROUP ELEVEN: Number marked =	Number divided by 51 = %

SCORE / TALLY	
Primary Group:	%
Secondary Group:	%
Tertiary Group:	%

IMPORTANT

TO THE OWNER: Please list below the five main physical and or health complaints for this cat in order of importance:

1. _____
2. _____
3. _____
4. _____
5. _____