

Timetable March 2026

MONDAY



10:00am-10:50am

Beginners Pilates

4:15pm-5:00pm

Gr 3 Tap (age 9+)

5:00pm-6:00pm

Gr 1 Modern/Tap (age 5+)

6:00pm-6:30pm

Junior PBT (age 7+)

6:30pm-7:30pm

Adult Tap (Improvers)

7:30pm-8:30pm

Grade 6 Modern

4:15pm-5:00pm

Grade 2 Ballet (age 7+)

5:00pm-6:00pm

Grade 3 Ballet (exam set)

6:00pm-7:30pm

Advanced 1 Ballet & Pointe work

7:30pm-8:20pm

Inter Pilates

TUESDAY

4:45pm-5:30pm

Standard 1 Ballet (ages 5+)*NEW

5:30pm-6:30pm

Senior Ballet & Pointe work

6:30pm-7:15pm

Senior Contemporary

7:15pm-8:15pm

Beginners Adult Ballet *NEW

4:15pm-5:15pm

Grade 5 Ballet

5:15pm-6:00pm

Grade 3 Ballet (age 8+)

6:00pm-7:15pm

Advanced 1 Ballet

WEDNESDAY

4:00pm-4:45pm

Mini Street Stars (ages 4+)

4:45pm-5:30pm

Junior Jazz (age 7+)

5:30pm-6:30pm

Standard 4 Ballet

4:00pm-4:45pm

Theatre Stars (age 7+)

4:45pm-5:30pm

Mini Acrobatics (ages 4+)

5:30pm-6:15pm

Junior Contemporary (age 7+)

6:30pm-7:30pm

Invitation Ballet

7:30pm-8:30pm

Adult Ballet (Improvers)

THURSDAY

9:30am-10:30am

Adult Fitness - Natalie Byard

4:30pm-5:00pm

Junior Performance Lab

5:00pm-6:00pm

Senior Jazz

4:15pm-5:00pm

Junior Acro (age 7+)

5:00pm-6:15pm

Junior Competition Troupe

6:15pm-7:30pm

Senior Competition Troupe

7:30pm-8:00pm

Grade 5 Tap

FRIDAY

9:30am - 10:30am

Ready Set Dance! (age 2-4)

10:30am-11:20am

Beginners/Improvers Pilates

11:20onwards

Private Pilates 1:1 sessions

SATURDAY

8:30am-9:15am

Beginners/Improvers Pilates

9:00am-9:45am

Introduction Ballet (age 3-5)

10:00am-10:45am

Primary Ballet (age 4-6)

10:45am-11:30am

Gr 1 Modern/Primary Tap (6+)

11:30am-12:15pm

Mini Theatre Stars (age 4-6)

12:15pm-1:15pm

Gr 3 Modern/Gr 1 Tap (8+)

9:15am-10:00am

Grade 4 Modern (age 11+)

10:00am-10:45am

St 1 Ballet (age 6-8)

10:45am-11:30am

Beginners Modern/Tap (age 4-6)

11:30am-12:15pm

Grade 3 Ballet (age 8+)

12:15pm-1:15pm

Senior Ballet

FOR MORE CLASS INFORMATION PLEASE VISIT

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