WHAT IS "Our Whole Lives?"

Our Whole Lives (OWL) is a series of sexuality education curricula for six age groups: grades K-1, 4-6, 7-9, 10-12, young adult and adults. The program provides accurate information and Unitarian Universalist values for children, youth, adults, and families. Our course is for Jr. High, 7th to 9th grade youth.

OWL is based on the philosophy of comprehensive sexuality education, which helps participants make informed and responsible decisions about their sexual health and behavior. Grounded in a holistic view of sexuality, OWL provides not only facts but also helps participants clarify their values, build skills, and understand the spiritual, emotional, social, and political aspects of sexuality as well.

OWL, led by a 2-person facilitation team, uses a variety of media and interactions within a confidential group setting to respond to the expressed concerns of the participants.

WHO ARE THE FACILITATORS?

There is a team of two facilitators for the course. The co-facilitators have completed intensive training for the OWL curricula provided by the Metro NY District. Each is a member of a Unitarian Universalist congregation.

WHO SPONSORS OWL?

This course is sponsored by the Long Island Area Council (LIAC) of Unitarian Universalist Congregations, supported by dues from the UU societies on Long Island.

WHO IS ELIGIBLE FOR Our Whole Lives?

Any youth in grades 7-8-9 who are associated with a Long Island UU society. Please consider your child's maturity level when considering OWL due to the sensitive nature of the material. It is recommended that young people take this course prior to taking the Coming of Age course.

WHEN IS THE COURSE?

The OWL program will involve six meetings at local Long Island congregations, Sundays from 2:00 - 8:00 pm. You can find the session dates on the back of the brochure.

There will be a *mandatory* parent/guardian meeting on (10/1/23) from 2:00 - 4:00 pm. At this time, an overview of the curriculum will be presented. There will be an opportunity to ask questions and express concerns.

WHAT DOES IT COST?

The fee for the course is \$150, payable by the first session. Please speak to your local religious educator if this poses a financial hardship.

HOW DOES ONE REGISTER?

To register, complete the registration form, have your religious educator sign the form, attach a refundable deposit of \$25, and mail the completed form by September 20 to:

Sharon Pataky, OWL Program Coordinator % SNUUC 228 S. Ocean Avenue, Freeport, NY 11520

liacuu.owlcoa@gmail.com

The balance for the course of \$125 is due at the first session. Make checks payable to "LIAC" and put "OWL" in the memo line.

WHAT ARE THE OBLIGATIONS?

Those who choose to take OWL are making the following commitments:

- -At least one parent/guardian will attend the
- orientation meeting to better understand the course; -The participant will attend all of the scheduled
- sessions and be on time;
- -The participants and parents will abide by the rules of the group concerning confidentiality and respect.

The facilitators will be available to discuss the course during the duration of the sessions, while respecting the confidentiality of the participants.

REGISTRATION FORM FOR OUR WHOLE LIVES Grades 7-9 **Must be postmarked by <u>September 20, 2023</u>**

PARTICIPANT INFORMATION

NAME
AGE GRADE GENDER PARENT/GUARDIAN INFORMATION
NAME
ADDRESS
TOWN and ZIP
Home PhCell
E-MAIL
DRE Signature
UU Congregation
I have read the brochure about the "Our Whole Lives" Course, and in submitting this registration form, agree to have my child participate in this course and will ensure attendance at the scheduled sessions in a timely manner.
Parent/Guardian signature:
Print Name
Please print clearly I agree to abide by the rules of the group and participate in an appropriate way in the course sessions.
Participant's Signature:
Print Name

Enclosed please find \$25 registration fee, payable to LIAC (please put "OWL" in Memo). We understand that this fee is refundable if we decide not to enroll our youth in the OWL Program.

Long Island UU Congregations

UU Society of South Suffolk 28 Brentwood Road, Bay Shore, NY 11706

UU Congregation of the South Fork (UUCSF) 977 Bridgehampton-Sag Harbor Turnpike, Bridgehampton, NY 11932

UU Fellowship at Stony Brook (UUFSB) 380 Nicolls Road, East Setauket, NY 11733

South Nassau UU Congregation (SNUUC) 228 So Ocean Avenue, Freeport, NY 11520

UU Congregation Central Nassau (UUCCN) 223 Stewart Avenue, Garden City, NY 11530

UU Fellowship of Huntington (UUFH) 109 Browns Road, Huntington, NY 11743

North Fork UU Fellowship (NFUUF) 1590 Main Road Jamesport, NY 11947

UU Congregation of Shelter Rock (UUCSR) 48 Shelter Rock Road, Manhasset, NY 11030

First Universalist Church of Southold 51970 Main Road, Southold, NY 11971

OWL PROGRAM

IMPORTANT DATES TO REMEMBER

Wednesday September 20, 2023 Application Deadline

Sunday October 1st from 2:00 - 4:00 pm Orientation meeting for parents/guardians

Program Sessions: Sundays 2:00 - 8:00 pm

Session 1: October 15 Session 2: October 22 Session 3: November 5 Session 4: November 19 Session 5: December 3 Session 6: December 10

Make Up Date: December 17

LOCATIONS to be Announced

The Long Island Area Council of Unitarian Universalist Congregations

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WHOLE

LIVES

A UNITARIAN UNIVERSALIST COURSE IN HUMAN SEXUALITY FOR GRADES 7-8-9 FALL 2023

LIAC website: www.LIACuu.org (for forms and information)