Annus horribilis, that's what she said

I heard it on tv or maybe I just read

Never had a clue what it all entailed

Until last June when my world was derailed

I've lived my days with a racing heart

Artificially fuelled or stressed apart

Now trying to elevate its beat

Seems to be an impossible feat

I miss our life

Love, anger and frustration

Our crazy interaction

Don't think it was my imagination

Nothing eases the pain, the sorrow, or the realisation

We have no tomorrow

Each and every day I agonise

Through held back tears and muted cries

Apparently, so I'm told, time will help

With the healing

Though up until now my memories

Its just stealing

I fill my time with situations

I hope will replace

Those overwhelming feelings of love

On seeing your handsome face

The hole your death has left

I could drive a bus through

What I'm trying to say my beautiful son

I'll always love you