

Leader's Assessment & Reflection



Looking back as well as being observant today will help you see the view ahead more clearly.

Take 5 minutes to reflect.

- What's happening?
- What happened?
- What are the options?

*Don't try to calm the storm.
Calm Yourself.*

Reflect: How did this happen? What led to this point?

Reality Check: What has been said? How is the team feeling? and What is this costing you?

Cost What is this costing you?

Imagine the best case scenario

Now... What is possible? What is next? and Who might help me?



How to Cultivate a Growth Mindset

01

Embrace challenge and setbacks

Embracing challenge and setbacks is a key part of having a growth mindset. By seeing these things as opportunities to learn and grow, you'll be more likely to overcome them.

Be open to feedback

Feedback is essential for personal growth. If you're not open to hearing what others have to say, you'll never be able to improve.

02

03

Be willing to put in the work

A growth mindset doesn't mean that things will always come easy. You still have to put in the hard work if you want to see results.

Be patient

Rome wasn't built in a day and neither are successful people. It takes time to reach your goals, so be patient and don't give up.

04

05

Celebrate progress

It's important to celebrate your progress, no matter how small it may be. This will help you stay motivated and focused on your goals.

Leadership Coach



"Kimberly advocates for **your** success - in business and in your personal life."

I like to say, I'm your biggest fan and cheerleader!

I am inspired by people's courage, leadership, self-development, adventures and their BIG DREAMS!

I understand Human Resources. I know Emotional Intelligence, Positive Psychology and leading a team... if you are ready to be activated to make things happen - I'm your Leadership Coach.

You are here because you are the best at what you do., you can be compassionate and highly successful. You are busy and not everyone can keep up with you! I am here to be just as determined, just as energetic to (re-)build flourishing teams, to deliver results, and live life vibrantly successful.

Are you prepared to navigate the current environment?

There are many types of Human Resources Consultants and Leadership Coaches that provide support to Leaders.

How do you know if Leadership Coaching & Strategic HR Consulting with Kimberly, is best for you?

If you are a leader that needs a bi-weekly conversation, and a safe space to think strategically about

- ... leadership and "people issues"
- ... people and culture
- ... (re)building the team

and

- ... want to experience more adventure
- ... need to make space for so much more to achieve

Then reach out, **let's get started.**

*Unlock Potential. Decrease Mediocrity.
Rebuild. Regain Control.*

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