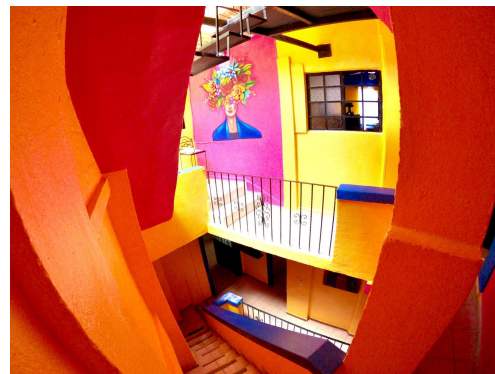


# Puerto Vallarta

Reignite Your Impact Retreat

Jan 9th - 15th, 2024

7-days/6-nights at Casa de  
Influencia with Tina Moreau-Jones  
and Cathy Derksen



We are very excited to welcome you to Casa de Influencia to reignite your impact with clarity, focus, and fun!.

Our beautiful rooftop venue is the perfect location to inspire your creative life visioning. Immerse yourself in Mexican culture, putting your stresses and distractions from home aside to embrace the magic of this culture. Experience the dynamic of collaborative feedback in a small, intimate group (maximum occupancy 12) as you share your leadership impact work with like-minded leaders.

\*Itinerary Subject to Change

Casa de Influencia

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*Day 1 - Jan 9th, 2024*

### Puerto Vallarta - Arrival

Upon arrival into Puerto Vallarta, transportation will be waiting for you to take you to Casa de Influencia. After you are settled into your room you can get acquainted with Old Town and the many Galleries, Artisan stores, boutiques and restaurants. You might like to take the short 10 minute stroll to the Malecon and Beach, or climb to the Mirador Lookout. Our welcome dinner together on the rooftop will be our first opportunity to introduce each other and our goals for the week. **(D)**

*Day 2 - Jan 10th*

### Opening Session, Group Share, Drumming Circle

After a delicious breakfast, we start the retreat with our first session, focusing on the facets of Women-Centered Leadership and how it has the potential to shape and re-shape what we are bringing to the world. There will be time for solo reflection and journaling before lunch. In the afternoon we will have a group share as each shares her expertise and what she wants to discover while on retreat. In the evening, after dinner, we will experience a drumming circle on the rooftop while the sun sets. Playing the drums together facilitates the integration of soul and body, opening our minds and hearts for creative expression. **(B,L,D)**

*Day 3 - Jan 11th*

### Individual Presentations with Collaborative Group Feedback

After breakfast, we continue the retreat with one hour Time Blocks dedicated to participants to share their work in-depth and receive generative feedback and input from the group. Lunch on the rooftop and time in the afternoon to integrate what has been shared. You can choose to explore the local beach or find a restaurant to begin your integration. Free time to shop and experience Puerto Vallarta. Enjoy your dinner on the Malecon watching the sun set (no formal group dinner) **(B,L)**



*Day 4 - Jan 12th*

### Southern Beach Tour

We depart after breakfast for a full day excursion to visit the beautiful southern beaches. We will begin at Los Arcos National Marine Park for meditation, reflection, and setting intentions for our renewed Impact when we return home. There is the opportunity to shop at an authentic Mexican outdoor market. We will then make our way to explore another one of the southern beaches. You will have the afternoon free to swim, walk the beach and relax. Wind down for the evening at Casa de Influencia with a light dinner followed by additional Individual Presentations **(B,D)**

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*Day 5 - Jan 13th*

### La Capella Brunch

We enjoy a late morning start as we head out for a short walk to La Capella for Brunch and entertainment. La Capella offers a unique experience at this opulent open-air restaurant with a beautiful view of the Lady of Guadalupe church and the Bay of Banderas. Enjoy a limitless brunch as you are entertained by local singers and musicians.

After brunch we will enjoy more Individual Presentations. Enjoy dinner as a group on the rooftop. **(BR, D)**



*Day 6 - Jan 14th*

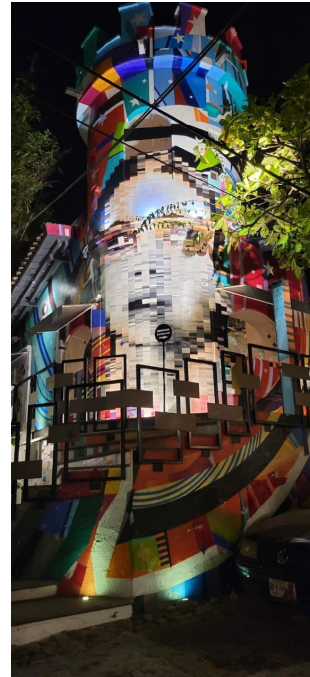
### Masterminding and Collaboration Discussion, Free Time for Exploration, Integration Ritual

For those who wish, early morning worship at Our Lady of Guadalupe Church or time for private meditation on the rooftop, followed by breakfast/lunch/relaxation at one of the beach restaurants. Free time for shopping and exploration. Farewell Celebration Dinner and Integration Ritual on the rooftop where we will explore further ways we may collaborate and partner with one another upon our return home. **(B, D)**

*Day 7 - Jan 15th*

### Departure

Closing Circle, farewells and departure. Enjoy the rest of your travels! **(B)**



### INCLUDED

Meals as shown above, B - Breakfast, BR - Brunch, L - Lunch, D - Dinner, all accommodation on a shared basis (private bedroom, shared bathroom), workshops and excursions, podcast interviews.

### NOT INCLUDED

International airfare, airport taxes and departure transfers, gratuities to local guides, items of personal nature, extra accommodation due to missed flights, alcoholic beverages, meals not included in above itinerary.

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